

Adelphi (0-4) -vs- East Stroudsburg (5-0)

3/7/2026 at Whiteknight Field ()

Date: 3/7/2026

Score	1	2	3	4	Total
Adelphi	3	1	3	2	9
East Stroudsburg	9	8	2	5	24

Adelphi Goals: Julia Foppiano (2); Rita Sefransky (2); Alexandra Leggio (2); Olivia Zummo (1); Ashley Kolomechuk (1); Michaela Burke (1)
Assists: Ashley Kolomechuk (2); Julia Foppiano (1); Marielle Colalillo (1)

East Stroudsburg Goals: Paige Moreland (5); Lauren Hallman (5); Sadie Kauffman (5); Katie Bullen (3); Izzie Mintz (2); Ariana Tucci (2); Hannah Schiemer (1); Jolee Roth (1)
Assists: Paige Moreland (6); Ariana Tucci (6); Jolee Roth (6); Katie Bullen (1); Lauren Hallman (1); Sadie Kauffman (1)

Shots	1	2	3	4	Total
Adelphi	5	5	5	3	18
East Stroudsburg	15	8	6	8	37
Shots On Goal					
Adelphi	4	2	4	3	13
East Stroudsburg	8	8	2	4	22
Saves					
Adelphi	0	0	0	0	0
East Stroudsburg	1	2	1	1	5
Turnovers					
Adelphi	1	1	5	6	13
East Stroudsburg	1	2	3	5	11

Cleares	1	2	3	4	Total
Adelphi	2-2	2-2	4-5	0-4	8-13
East Stroudsburg	1-1	3-3	2-2	4-4	10-10
Ground Balls					
Adelphi	2	1	3	3	9
East Stroudsburg	1	1	3	7	12
Draw Controls					
Adelphi	3	2	4	2	11
East Stroudsburg	10	6	1	3	20
Free-Position Shots					
Adelphi	0	1	0	0	1
East Stroudsburg	1	0	0	1	2
Fouls					
Adelphi	1	0	0	1	2
East Stroudsburg	0	2	1	0	3

Stadium:
Penalties: Alexandra Leggio 1st/00:53; Michaela Burke 2nd/11:06; Rory Meehan 2nd/09:25; Jolee Roth 2nd/00:36; Sadie Kauffman 3rd/12:24; Rita Sefransky 3rd/10:07; Rita Sefransky 3rd/08:37; Sonny Lionetti 4th/11:18; Elizabeth Chatfield 4th/08:38; Hannah Schiemer 4th/07:34; Kelly Quinlan 4th/00:12
Officials: Derek Pierce

Adelphi 9

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	1	Madison Howard	0	0	0	0	1	0	0	1		0
	4	Rita Sefransky	2	0	2	2	1	4	1	6		0
	6	Marielle Colalillo	0	1	1	0	1	2	1	1		0
	10	Emma Mclam	0	0	0	0	1	0	2	0		0
	14	Rory Meehan	0	0	0	0	0	1	0	0		0
	15	Payson Hedges	0	0	0	0	1	0	0	0		0
	17	Jillian McFadden	0	0	0	0	1	0	0	0		0
	20	Sophia Tsintsadze	0	0	0	0	0	0	0	0		0
	26	Michaela Burke	1	0	1	1	0	1	0	0		1
	29	Alexandra Leggio	2	0	2	5	0	1	0	0		0
	42	Sonny Lionetti	0	0	0	0	1	0	1	2		0
	TM	Team	0	0	0	0	0	1	0	0		0
	2	Julia Foppiano	2	1	3	3	1	1	0	0	1-1	0
	5	Olivia Zummo	1	0	1	1	0	0	0	0		0
	7	Ashley Kolomechuk	1	2	3	4	0	2	0	0		0
	18	Alexis Provenz	0	0	0	0	1	0	1	0		0
	22	Madison Nicolosi	0	0	0	0	0	0	0	1		0
	23	Nikola Debicka	0	0	0	2	0	0	0	0		0
	24	Erin James	0	0	0	0	0	0	0	0		0
	25	Alexandra Stec	0	0	0	0	0	0	0	0		0
	30	Isabella Tesche	0	0	0	0	0	0	0	0		1
	32	Elizabeth Chatfield	0	0	0	0	0	0	2	0		0
Totals			9	4	13	18	9	13	8	11	1-1	2

#	Goalkeepers	Minutes	GA	Saves	Dec
17	Jillian McFadden	45:00	16	0	L
25	Alexandra Stec	15:00	8	0	

East Stroudsburg 24

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	2	Paige Moreland	5	6	11	6	0	3	0	0		0
	6	Katie Bullen	3	1	4	3	3	2	3	1		0
	9	Emily Varilla	0	0	0	0	0	0	0	5		0
	18	Carly Brady	0	0	0	0	1	0	0	0		1
	19	Sydney Jarka	0	0	0	0	0	0	0	0		0
	21	Molly Atwell	0	0	0	0	3	0	3	0		0
	22	Ariana Tucci	2	6	8	6	0	1	0	0		0
	23	Alexis Neumen	0	0	0	0	1	0	1	4		0
	25	Lauren Hallman	5	1	6	5	0	0	1	0		0
	27	Sadie Kauffman	5	1	6	8	0	4	0	7	2-2	2
	28	Jolee Roth	1	6	7	2	0	0	0	2		0
	35	Abby Simonetti	0	0	0	0	1	0	1	0		0
	TM	Team	0	0	0	0	0	0	0	0		0
	3	Julianna Callison	0	0	0	0	0	0	0	0		0
	8	Courtney Reynolds	0	0	0	0	0	0	0	0		0
	10	Kelly Quinlan	0	0	0	0	0	0	0	0		0
	11	Lindsay Langella	0	0	0	0	0	0	0	0		0
	13	Hannah Schiemer	1	0	1	2	1	0	1	1		0
	14	Madisyn Marsich	0	0	0	0	0	0	0	0		0
	20	Izzie Mintz	2	0	2	5	0	1	0	0		0
	34	Madison McBride	0	0	0	0	2	0	0	0		0
Totals			24	21	45	37	12	11	10	20	2-2	3

#	Goalkeepers	Minutes	GA	Saves	Dec
35	Abby Simonetti	45:00	7	4	
34	Madison McBride	15:00	2	1	W

Scoring Summary

Period	Time	Scored By	Assisted By	ADELPHI	EAST STR
1st	13:40	Rita Sefransky	Unassisted	1	0
1st	12:53	Jolee Roth	Paige Moreland	1	1
1st	12:06	Lauren Hallman	Jolee Roth	1	2
1st	10:59	Izzie Mintz	Ariana Tucci	1	3
1st	09:39	Rita Sefransky	Unassisted	2	3
1st	08:44	Lauren Hallman	Ariana Tucci	2	4
1st	07:32	Ashley Kolomechuk	Unassisted	3	4
1st	06:56	Sadie Kauffman	Ariana Tucci	3	5
1st	05:54	Lauren Hallman	Ariana Tucci	3	6
1st	05:40	Sadie Kauffman	Unassisted	3	7
1st	04:45	Sadie Kauffman	Jolee Roth	3	8
1st	04:12	Lauren Hallman	Jolee Roth	3	9
2nd	14:30	Katie Bullen	Sadie Kauffman	3	10
2nd	14:01	Lauren Hallman	Ariana Tucci	3	11
2nd	12:07	Sadie Kauffman	Unassisted	3	12
2nd	10:47	Izzie Mintz (UP)	Paige Moreland	3	13
2nd	06:58	Paige Moreland	Jolee Roth	3	14
2nd	05:51	Ariana Tucci	Paige Moreland	3	15
2nd	03:45	Paige Moreland	Lauren Hallman	3	16
2nd	02:32	Paige Moreland	Jolee Roth	3	17
2nd	00:10	Julia Foppiano (UP)	Unassisted	4	17
3rd	13:50	Michaela Burke	Ashley Kolomechuk	5	17
3rd	11:22	Ariana Tucci (DN)	Paige Moreland	5	18
3rd	07:31	Katie Bullen	Jolee Roth	5	19
3rd	05:52	Alexandra Leggio	Julia Foppiano	6	19
3rd	00:14	Julia Foppiano	Ashley Kolomechuk	7	19
4th	12:28	Paige Moreland	Katie Bullen	7	20
4th	08:43	Paige Moreland	Ariana Tucci	7	21
4th	06:53	Katie Bullen	Paige Moreland	7	22
4th	05:01	Sadie Kauffman	Unassisted	7	23
4th	01:42	Hannah Schiemer	Paige Moreland	7	24
4th	00:12	Alexandra Leggio	Unassisted	8	24
4th	00:09	Olivia Zummo (UP)	Marielle Colalillo	9	24

Penalty Summary

Period	Time	Team	Player	Type
1st	00:53	ADELPHI	Alexandra Leggio	GREEN CARD
2nd	11:06	ADELPHI	Michaela Burke	GREEN CARD
2nd	09:25	ADELPHI	Rory Meehan	GREEN CARD
2nd	00:36	EAST STR	Jolee Roth	GREEN CARD
3rd	12:24	EAST STR	Sadie Kauffman	YELLOW CARD
3rd	10:07	ADELPHI	Rita Sefransky	GREEN CARD
3rd	08:37	ADELPHI	Rita Sefransky	GREEN CARD
4th	11:18	ADELPHI	Sonny Lionetti	YELLOW CARD
4th	08:38	ADELPHI	Elizabeth Chatfield	YELLOW CARD
4th	07:34	EAST STR	Hannah Schiemer	GREEN CARD
4th	00:12	EAST STR	Kelly Quinlan	YELLOW CARD

Play By Play

Time	Team	Play
15:00	ADELPHI	Jillian McFadden at goalie for ADELPHI.
15:00	EAST STR	Abby Simonetti at goalie for EAST STR.
--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
13:51	ADELPHI	Shot by ADELPHI Ashley Kolomechuk HIGH
13:40	ADELPHI	GOAL by ADELPHI Rita Sefransky (FIRST GOAL), goal number for season.
Adelphi 1, East Stroudsburg 0		
--	EAST STR	Draw control by EAST STR Emily Varilla.
13:23	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
12:53	EAST STR	GOAL by EAST STR Jolee Roth, Assist by Paige Moreland, goal number for season.
Adelphi 1, East Stroudsburg 1		
12:53	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
--	EAST STR	Draw control by EAST STR Sadie Kauffman.
12:45	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
12:06	EAST STR	GOAL by EAST STR Lauren Hallman, Assist by Jolee Roth, goal number for season.
Adelphi 1, East Stroudsburg 2		
12:06	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
--	EAST STR	Draw control by EAST STR Emily Varilla.
11:57	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
11:29	EAST STR	Shot by EAST STR Paige Moreland WIDE
10:59	EAST STR	GOAL by EAST STR Izzie Mintz, Assist by Ariana Tucci, goal number for season.
Adelphi 1, East Stroudsburg 3		
--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
09:39	ADELPHI	GOAL by ADELPHI Rita Sefransky, goal number for season.
Adelphi 2, East Stroudsburg 3		
--	EAST STR	Draw control by EAST STR Alexis Neumen.
09:11	EAST STR	Shot by EAST STR Sadie Kauffman WIDE
08:44	EAST STR	GOAL by EAST STR Lauren Hallman, Assist by Ariana Tucci, goal number for season.
Adelphi 2, East Stroudsburg 4		
08:44	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
--	ADELPHI	Draw control by ADELPHI Sonny Lionetti.
07:32	ADELPHI	GOAL by ADELPHI Ashley Kolomechuk, goal number for season.
Adelphi 3, East Stroudsburg 4		
--	EAST STR	Draw control by EAST STR Sadie Kauffman.
07:07	EAST STR	Shot by EAST STR Jolee Roth HIGH
07:01	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
06:56	EAST STR	GOAL by EAST STR Sadie Kauffman, Assist by Ariana Tucci, goal number for season.
Adelphi 3, East Stroudsburg 5		
06:56	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
--	EAST STR	Draw control by EAST STR Sadie Kauffman.
06:50	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
06:14	EAST STR	Shot by EAST STR Ariana Tucci HIGH
05:54	EAST STR	GOAL by EAST STR Lauren Hallman, Assist by Ariana Tucci, goal number for season.
Adelphi 3, East Stroudsburg 6		
--	EAST STR	Draw control by EAST STR Sadie Kauffman.
--	ADELPHI	Foul on ADELPHI Michaela Burke.
05:45	EAST STR	Free position attempt for EAST STR.
05:40	EAST STR	GOAL by EAST STR Sadie Kauffman (FPGOAL) {free position shot}, goal number for season.
Adelphi 3, East Stroudsburg 7		
--	EAST STR	Draw control by EAST STR Emily Varilla.
04:45	EAST STR	GOAL by EAST STR Sadie Kauffman, Assist by Jolee Roth, goal number for season.
Adelphi 3, East Stroudsburg 8		
--	EAST STR	Draw control by EAST STR Alexis Neumen.
04:12	EAST STR	GOAL by EAST STR Lauren Hallman, Assist by Jolee Roth, goal number for season.
Adelphi 3, East Stroudsburg 9		
04:12	ADELPHI	ADELPHI substitution: Isabella Tesche for Sophia Tsintsadze.
04:12	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.

--	EAST STR	Draw control by EAST STR Emily Varilla.
04:04	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
03:42	EAST STR	Shot by EAST STR Izzie Mintz WIDE
--	EAST STR	Turnover by EAST STR Sadie Kauffman (caused by Emma Mclam).
03:08	ADELPHI	Ground ball pickup by ADELPHI Emma Mclam.
02:49	ADELPHI	Clear attempt by ADELPHI good.
02:30	ADELPHI	Shot by ADELPHI Nikola Debicka, SAVE Abby Simonetti
01:57	EAST STR	Shot by EAST STR Ariana Tucci BLOCKED
01:47	ADELPHI	Ground ball pickup by ADELPHI Madison Howard.
01:24	ADELPHI	Clear attempt by ADELPHI good.
--	ADELPHI	Turnover by ADELPHI Ashley Kolomechuk (caused by Molly Atwell).
00:53	EAST STR	Ground ball pickup by EAST STR Molly Atwell.
00:53	ADELPHI	Green card (1:00) on ADELPHI Alexandra Leggio.
00:44	EAST STR	Clear attempt by EAST STR good.
00:00	0	End-of-period.
15:00	0	
15:00	ADELPHI	ADELPHI substitution: Nikola Debicka for Erin James.
15:00	ADELPHI	Alexandra Stec at goalie for ADELPHI.
14:40	EAST STR	EAST STR substitution: Jolee Roth for Hannah Schiemer.
14:30	EAST STR	GOAL by EAST STR Katie Bullen, Assist by Sadie Kauffman, goal number for season.

Adelphi 3, East Stroudsburg 10

14:30	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
14:30	ADELPHI	ADELPHI substitution: Emma Mclam for Ashley Kolomechuk.
--	EAST STR	Draw control by EAST STR Jolee Roth.
14:22	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
14:15	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Madison Nicolosi.
14:01	EAST STR	GOAL by EAST STR Lauren Hallman, Assist by Ariana Tucci, goal number for season.

Adelphi 3, East Stroudsburg 11

--	ADELPHI	Draw control by ADELPHI Madison Nicolosi.
13:54	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
13:50	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Madison Nicolosi.
13:08	ADELPHI	Shot by ADELPHI Alexandra Leggio WIDE
13:04	ADELPHI	Ground ball pickup by ADELPHI Payson Hedges.
12:52	ADELPHI	Shot by ADELPHI Alexandra Leggio, SAVE Abby Simonetti
12:48	EAST STR	Ground ball pickup by EAST STR Carly Brady.
12:39	EAST STR	Clear attempt by EAST STR good.
12:37	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
12:07	EAST STR	GOAL by EAST STR Sadie Kauffman, goal number for season.

Adelphi 3, East Stroudsburg 12

--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
11:54	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Madison Nicolosi.
11:50	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
11:25	ADELPHI	Shot by ADELPHI Ashley Kolomechuk, SAVE Abby Simonetti
11:06	ADELPHI	Green card (1:00) on ADELPHI Michaela Burke.
11:06	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
11:03	EAST STR	Clear attempt by EAST STR good.
10:47	EAST STR	GOAL by EAST STR Izzie Mintz (MAN-UP), Assist by Paige Moreland, goal number for season.

Adelphi 3, East Stroudsburg 13

--	EAST STR	Draw control by EAST STR Emily Varilla.
09:38	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Madison Nicolosi.
09:30	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
09:25	ADELPHI	Green card (1:00) on ADELPHI Rory Meehan.
--	EAST STR	Turnover by EAST STR Paige Moreland.
09:00	ADELPHI	Clear attempt by ADELPHI good.
--	ADELPHI	Turnover by ADELPHI Rita Sefransky (caused by Lauren Hallman).
07:53	ADELPHI	ADELPHI substitution: Alexis Provenz for Nikola Debicka.
07:50	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
07:39	EAST STR	Clear attempt by EAST STR good.
06:58	EAST STR	GOAL by EAST STR Paige Moreland, Assist by Jolee Roth, goal number for season.

Adelphi 3, East Stroudsburg 14

--	EAST STR	Draw control by EAST STR Sadie Kauffman.
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05:58	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
05:54	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Caitlin Becker.
05:51	EAST STR	GOAL by EAST STR Ariana Tucci, Assist by Paige Moreland, goal number for season.
Adelphi 3, East Stroudsburg 15		
--	EAST STR	Draw control by EAST STR Alexis Neumen.
04:03	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
03:58	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Caitlin Becker.
03:45	EAST STR	GOAL by EAST STR Paige Moreland, Assist by Lauren Hallman, goal number for season.
Adelphi 3, East Stroudsburg 16		
03:28	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
--	EAST STR	Draw control by EAST STR Jolee Roth.
02:32	EAST STR	GOAL by EAST STR Paige Moreland, Assist by Jolee Roth, goal number for season.
Adelphi 3, East Stroudsburg 17		
--	EAST STR	Draw control by EAST STR Alexis Neumen.
01:16	EAST STR	EAST STR substitution: Hannah Schiemer for Sydney Jarka.
01:12	ADELPHI	ADELPHI substitution: Ashley Kolomechuk for Caitlin Becker.
--	EAST STR	Foul on EAST STR Sadie Kauffman.
--	EAST STR	Turnover by EAST STR Sadie Kauffman (caused by Alexis Provenz).
00:36	EAST STR	Green card (1:00) on EAST STR Jolee Roth.
00:36	EAST STR	EAST STR substitution: Sydney Jarka for Hannah Schiemer.
00:28	ADELPHI	Clear attempt by ADELPHI good.
00:12	ADELPHI	Shot by ADELPHI Nikola Debicka HIGH
00:10	ADELPHI	GOAL by ADELPHI Julia Foppiano (MAN-UP) (FPGOAL) {free position shot}, goal number for season.
Adelphi 4, East Stroudsburg 17		
--	EAST STR	Foul on EAST STR Carly Brady.
00:08	ADELPHI	Free position attempt for ADELPHI.
00:00	0	End-of-period.
15:00	0	
15:00	ADELPHI	Jillian McFadden at goalie for ADELPHI.
--	ADELPHI	Draw control by ADELPHI Madison Howard.
14:30	ADELPHI	Clear attempt by ADELPHI good.
13:50	ADELPHI	GOAL by ADELPHI Michaela Burke, Assist by Ashley Kolomechuk, goal number for season.
Adelphi 5, East Stroudsburg 17		
12:24	EAST STR	Yellow card (2:00) on EAST STR Sadie Kauffman.
--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
11:49	ADELPHI	Shot by ADELPHI Julia Foppiano WIDE
--	ADELPHI	Turnover by ADELPHI Alexandra Leggio (caused by Alexis Neumen).
11:36	EAST STR	Ground ball pickup by EAST STR Alexis Neumen.
11:31	EAST STR	EAST STR substitution: Hannah Schiemer for Sydney Jarka.
11:26	EAST STR	Clear attempt by EAST STR good.
11:22	EAST STR	GOAL by EAST STR Ariana Tucci (MAN-DOWN), Assist by Paige Moreland, goal number for season.
Adelphi 5, East Stroudsburg 18		
11:01	EAST STR	EAST STR substitution: Sydney Jarka for Hannah Schiemer.
--	ADELPHI	Draw control by ADELPHI Sonny Lionetti.
10:07	ADELPHI	Green card (1:00) on ADELPHI Rita Sefransky.
--	ADELPHI	Turnover by ADELPHI Rita Sefransky (caused by Katie Bullen).
10:07	EAST STR	Ground ball pickup by EAST STR Katie Bullen.
10:07	EAST STR	EAST STR substitution: Hannah Schiemer for Sydney Jarka.
09:28	EAST STR	Shot by EAST STR Sadie Kauffman WIDE
--	EAST STR	Turnover by EAST STR Katie Bullen (caused by Rita Sefransky).
08:46	ADELPHI	Ground ball pickup by ADELPHI Rita Sefransky.
08:43	EAST STR	EAST STR substitution: Sydney Jarka for Hannah Schiemer.
08:37	ADELPHI	Green card (1:00) on ADELPHI Rita Sefransky.
--	ADELPHI	Turnover by ADELPHI Rita Sefransky.
08:37	ADELPHI	Clear attempt by ADELPHI failed.
08:37	EAST STR	EAST STR substitution: Hannah Schiemer for Sydney Jarka.
08:03	EAST STR	Shot by EAST STR Sadie Kauffman HIT POST
07:31	EAST STR	GOAL by EAST STR Katie Bullen, Assist by Jolee Roth, goal number for season.
Adelphi 5, East Stroudsburg 19		
07:18	ADELPHI	ADELPHI substitution: Michaela Burke for Emma Mclam.
--	EAST STR	Draw control by EAST STR Sadie Kauffman.

--	EAST STR	Turnover by EAST STR Sadie Kauffman (caused by Sonny Lionetti).
06:08	ADELPHI	Ground ball pickup by ADELPHI Sonny Lionetti.
06:06	EAST STR	EAST STR substitution: Sydney Jarka for Izzie Mintz.
06:00	ADELPHI	Clear attempt by ADELPHI good.
05:52	ADELPHI	GOAL by ADELPHI Alexandra Leggio, Assist by Julia Foppiano, goal number for season.

Adelphi 6, East Stroudsburg 19

--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
04:39	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
03:58	ADELPHI	Shot by ADELPHI Ashley Kolomechuk, SAVE Abby Simonetti
03:54	ADELPHI	Ground ball pickup by ADELPHI Julia Foppiano.
--	ADELPHI	Turnover by ADELPHI Rita Sefransky.
03:40	ADELPHI	ADELPHI substitution: Alexis Provenz for Nikola Debicka.
03:34	EAST STR	EAST STR substitution: Izzie Mintz for Sydney Jarka.
03:26	EAST STR	Clear attempt by EAST STR good.
03:12	ADELPHI	ADELPHI substitution: Marielle Colalillo for Payson Hedges.
02:50	EAST STR	Shot by EAST STR Ariana Tucci HIT POST
02:29	EAST STR	Shot by EAST STR Ariana Tucci WIDE
02:17	ADELPHI	ADELPHI substitution: Emma Mclam for Rita Sefransky.
02:12	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
02:07	EAST STR	EAST STR substitution: Kelly Quinlan for Sydney Jarka.
02:02	ADELPHI	Clear attempt by ADELPHI good.
--	ADELPHI	Turnover by ADELPHI Julia Foppiano (caused by Abby Simonetti).
01:31	EAST STR	Ground ball pickup by EAST STR Abby Simonetti.
01:25	EAST STR	EAST STR substitution: Izzie Mintz for Kelly Quinlan.
--	EAST STR	Foul on EAST STR Sadie Kauffman.
--	EAST STR	Turnover by EAST STR Sadie Kauffman.
00:54	ADELPHI	Clear attempt by ADELPHI good.
00:50	ADELPHI	ADELPHI substitution: Elizabeth Chatfield for Madison Howard.
00:42	EAST STR	EAST STR substitution: Hannah Schiemer for Sadie Kauffman.
00:14	ADELPHI	GOAL by ADELPHI Julia Foppiano, Assist by Ashley Kolomechuk, goal number for season.

Adelphi 7, East Stroudsburg 19

00:00	EAST STR	Madison McBride at goalie for EAST STR.
00:00	0	End-of-period.
15:00	0	
--	ADELPHI	Draw control by ADELPHI Rita Sefransky.
--	ADELPHI	Turnover by ADELPHI Marielle Colalillo (caused by Katie Bullen).
14:03	EAST STR	Ground ball pickup by EAST STR Katie Bullen.
--	EAST STR	Turnover by EAST STR Katie Bullen (caused by Marielle Colalillo).
13:56	ADELPHI	Ground ball pickup by ADELPHI Marielle Colalillo.
13:52	ADELPHI	Clear attempt by ADELPHI failed.
--	ADELPHI	Turnover by ADELPHI Ashley Kolomechuk (caused by Molly Atwell).
13:34	EAST STR	Ground ball pickup by EAST STR Molly Atwell.
13:30	EAST STR	EAST STR substitution: Izzie Mintz for Kelly Quinlan.
13:26	EAST STR	Clear attempt by EAST STR good.
13:04	EAST STR	Shot by EAST STR Izzie Mintz WIDE
--	EAST STR	Turnover by EAST STR Paige Moreland (caused by Elizabeth Chatfield).
12:43	EAST STR	EAST STR substitution: Kelly Quinlan for Izzie Mintz.
12:37	ADELPHI	Clear attempt by ADELPHI failed.
--	ADELPHI	Turnover by ADELPHI (caused by Katie Bullen).
12:36	EAST STR	Ground ball pickup by EAST STR Katie Bullen.
12:28	EAST STR	GOAL by EAST STR Paige Moreland, Assist by Katie Bullen, goal number for season.

Adelphi 7, East Stroudsburg 20

12:07	ADELPHI	ADELPHI substitution: Isabella Tesche for Sophia Tsintsadze.
--	EAST STR	Draw control by EAST STR Hannah Schiemer.
11:18	ADELPHI	Yellow card (2:00) on ADELPHI Sonny Lionetti.
10:50	EAST STR	Shot by EAST STR Izzie Mintz HIGH
--	EAST STR	Turnover by EAST STR Paige Moreland (caused by Elizabeth Chatfield).
10:35	ADELPHI	Ground ball pickup by ADELPHI Alexis Provenz.
10:25	EAST STR	EAST STR substitution: Kelly Quinlan for Izzie Mintz.
--	ADELPHI	Turnover by ADELPHI Marielle Colalillo.
09:26	EAST STR	Ground ball pickup by EAST STR Madison McBride.
09:22	EAST STR	EAST STR substitution: Izzie Mintz for Kelly Quinlan.

09:16	EAST STR	Clear attempt by EAST STR good.
09:09	ADELPHI	ADELPHI substitution: Erin James for Sonny Lionetti.
08:57	ADELPHI	ADELPHI substitution: Payson Hedges for Ashley Kolomechuk.
08:43	EAST STR	GOAL by EAST STR Paige Moreland, Assist by Ariana Tucci, goal number for season.
Adelphi 7, East Stroudsburg 21		
08:38	ADELPHI	Yellow card (2:00) on ADELPHI Elizabeth Chatfield.
08:38	ADELPHI	ADELPHI substitution: Michaela Burke for Rita Sefransky.
--	EAST STR	Turnover by EAST STR Izzie Mintz (caused by Emma Mclam).
07:59	ADELPHI	Ground ball pickup by ADELPHI Jillian McFadden.
07:53	EAST STR	EAST STR substitution: Kelly Quinlan for Izzie Mintz.
--	ADELPHI	Turnover by ADELPHI Rory Meehan (caused by Hannah Schiemer).
07:46	ADELPHI	Clear attempt by ADELPHI failed.
07:44	EAST STR	Ground ball pickup by EAST STR Hannah Schiemer.
07:44	EAST STR	Shot by EAST STR Hannah Schiemer HIGH
07:40	ADELPHI	Timeout by ADELPHI.
07:34	EAST STR	Green card (1:00) on EAST STR Hannah Schiemer.
07:30	ADELPHI	Clear attempt by ADELPHI failed.
--	ADELPHI	Turnover by ADELPHI Michaela Burke (caused by Molly Atwell).
07:24	EAST STR	Ground ball pickup by EAST STR Molly Atwell.
07:21	EAST STR	Clear attempt by EAST STR good.
06:53	EAST STR	GOAL by EAST STR Katie Bullen, Assist by Paige Moreland, goal number for season.
Adelphi 7, East Stroudsburg 22		
06:28	EAST STR	EAST STR substitution: Julianna Callison for Izzie Mintz.
06:21	EAST STR	EAST STR substitution: Hannah Schiemer for Lauren Hallman.
--	EAST STR	Draw control by EAST STR Sadie Kauffman.
05:39	EAST STR	EAST STR substitution: Izzie Mintz for Kelly Quinlan.
--	ADELPHI	Foul on ADELPHI Isabella Tesche.
05:06	EAST STR	Free position attempt for EAST STR.
05:01	EAST STR	GOAL by EAST STR Sadie Kauffman (FPGOAL) {free position shot}, goal number for season.
Adelphi 7, East Stroudsburg 23		
--	EAST STR	Draw control by EAST STR Katie Bullen.
--	EAST STR	Turnover by EAST STR Ariana Tucci.
03:35	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
03:04	ADELPHI	Shot by ADELPHI Alexandra Leggio, SAVE Madison McBride
02:59	EAST STR	Ground ball pickup by EAST STR Madison McBride.
02:53	ADELPHI	ADELPHI substitution: Alexis Provenz for Nikola Debicka.
02:50	EAST STR	EAST STR substitution: Izzie Mintz for Kelly Quinlan.
02:39	EAST STR	Clear attempt by EAST STR good.
01:51	EAST STR	EAST STR substitution: Lindsay Langella for Emily Varilla.
01:42	EAST STR	GOAL by EAST STR Hannah Schiemer, Assist by Paige Moreland, goal number for season.
Adelphi 7, East Stroudsburg 24		
--	ADELPHI	Draw control by ADELPHI Marielle Colalillo.
00:30	ADELPHI	ADELPHI substitution: Nikola Debicka for Alexis Provenz.
00:12	EAST STR	Yellow card (2:00) on EAST STR Kelly Quinlan.
00:12	ADELPHI	GOAL by ADELPHI Alexandra Leggio, goal number for season.
Adelphi 8, East Stroudsburg 24		
00:09	ADELPHI	GOAL by ADELPHI Olivia Zummo (MAN-UP), Assist by Marielle Colalillo, goal number for season.
Adelphi 9, East Stroudsburg 24		
00:00	0	End-of-period.