

Alfred (4-2, 1-0) -vs- Keuka (2-4, 0-1)
4/1/2026 at Keuka Park ()

Date: 4/1/2026

Score	1	2	3	4	Total
Alfred	3	2	4	1	10
Keuka	2	3	1	1	7

Alfred Goals: Morgan Wise (5); Paige Stansfield (2); Cassidy Primrose (2); Kylee Bedette (1)
Assists: Paige Stansfield (2); Kylee Bedette (2); Cassidy Primrose (1); Jessica Matson (1)

Keuka Goals: Lainie Forde (4); Liz Spin (2); Raegan Weissinger (1)
Assists: Liz Spin (2); Rylie Pratt (1); Lainie Forde (1)

Shots	1	2	3	4	Total
Alfred	6	7	9	7	29
Keuka	2	7	4	4	17

Shots On Goal	1	2	3	4	Total
Alfred	4	5	7	6	22
Keuka	2	5	2	2	11

Saves	1	2	3	4	Total
Alfred	0	3	3	2	8
Keuka	2	3	5	6	16

Turnovers	1	2	3	4	Total
Alfred	7	2	4	3	16
Keuka	7	4	5	7	23

Clears	1	2	3	4	Total
Alfred	5-5	5-5	5-5	5-5	20-20
Keuka	5-7	4-5	3-7	4-6	16-25

Ground Balls	1	2	3	4	Total
Alfred	7	4	8	9	28
Keuka	7	4	2	2	15

Draw Controls	1	2	3	4	Total
Alfred	5	1	3	0	9
Keuka	1	4	3	2	10

Free-Position Shots	1	2	3	4	Total
Alfred	1	0	2	1	4
Keuka	0	1	2	1	4

Fouls	1	2	3	4	Total
Alfred	0	0	0	0	0
Keuka	0	0	0	0	0

Stadium:
Penalties: Liz Spin 1st/12:17; Meya Caruso 2nd/00:03; Kylee Bedette 3rd/12:45; Liz Spin 3rd/09:06; Lauren Sfeir 3rd/04:41; Jessica Miller 3rd/03:18; Jessica Matson 4th/14:28; Kylee Bedette 4th/12:28; Rylie Pratt 4th/11:24; Raegan Weissinger 4th/07:08; Sydney Angelo 4th/03:46; Jessica Matson 4th/01:18; Meya Caruso 4th/01:13
Officials: James Habecker

Alfred 10

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	7	Lauren Sfeir	0	0	0	0	1	0	1	6		0
	11	Paige Stansfield	2	2	4	4	5	1	4	0		0
	13	Sydney Angelo	0	0	0	1	4	0	2	0		0
	14	Reagan Reidy	0	0	0	0	0	0	0	0		0
	15	Kylee Bedette	1	2	3	5	1	7	0	0	0-1	0
	18	Kailynn Hamilton	0	0	0	0	1	4	0	0		0
	19	Cassidy Primrose	2	1	3	3	1	1	1	0		0
	20	Jessica Matson	0	1	1	3	5	1	0	0		0
	21	Morgan Wise	5	0	5	9	2	2	1	0	0-2	0
	23	Kate Quinn	0	0	0	0	0	0	0	0		0
	24	Harper Smith	0	0	0	0	4	0	4	3		0
	28	Molly Howlett	0	0	0	0	2	0	0	0		0
	TM	Team	0	0	0	0	0	0	0	0		0
	12	Megan Rinker	0	0	0	3	1	0	0	0	0-1	0
	17	Meya Caruso	0	0	0	1	1	0	1	0		0
	Totals		10	6	16	29	28	16	14	9	0-4	0

#	Goalkeepers	Minutes	GA	Saves	Dec
28	Molly Howlett	60:00	7	8	

Keuka 7

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	1	Sarah O'Brien	0	0	0	0	1	2	0	0		0
	2	Gabby Rotoli	0	0	0	0	0	0	0	0		0
	4	Raegan Weissinger	1	0	1	2	1	1	0	0	1-1	0
	6	Rylie Pratt	0	1	1	0	1	3	1	3		0
	8	Jessica Miller	0	0	0	2	6	0	4	0	0-1	0
	11	India Tisdale	0	0	0	1	0	0	0	0		0
	12	Brooklyn Ayers	0	0	0	2	0	4	0	0		0
	16	Alexa Stuck	0	0	0	0	1	0	1	0		0
	18	Skyler Bishuk	0	0	0	0	1	2	0	0		0
	20	Lainie Forde	4	1	5	7	1	2	0	0	0-1	0
	21	Liz Spin	2	2	4	3	2	6	1	4	0-1	0
	29	Lauren Vitello	0	0	0	0	1	3	2	0		0
	TM	Team	0	0	0	0	0	0	0	3		0
		Totals	7	4	11	17	15	23	9	10	1-4	0

#	Goalkeepers	Minutes	GA	Saves	Dec
29	Lauren Vitello	60:00	10	16	

Scoring Summary

Period	Time	Scored By	Assisted By	ALFRED	KEUKA
1st	11:36	Kylee Bedette (11) (UP)	Cassidy Primrose	1	0
1st	10:34	Lainie Forde (23)	Liz Spin	1	1
1st	07:34	Cassidy Primrose (2)	Unassisted	2	1
1st	05:10	Lainie Forde (24)	Liz Spin	2	2
1st	02:29	Cassidy Primrose (3)	Paige Stansfield	3	2
2nd	08:56	Morgan Wise (11)	Unassisted	4	2
2nd	08:44	Paige Stansfield (9)	Kylee Bedette	5	2
2nd	06:29	Lainie Forde (25)	Unassisted	5	3
2nd	03:36	Liz Spin (14)	Unassisted	5	4
2nd	03:26	Lainie Forde (26)	Rylie Pratt	5	5
3rd	14:04	Morgan Wise (12) (DN)	Unassisted	6	5
3rd	10:04	Morgan Wise (13)	Kylee Bedette	7	5
3rd	04:53	Morgan Wise (14)	Jessica Matson	8	5
3rd	03:50	Liz Spin (15)	Lainie Forde	8	6
3rd	02:30	Morgan Wise (15) (UP)	Paige Stansfield	9	6
4th	08:13	Paige Stansfield (11)	Unassisted	10	6
4th	06:55	Raegan Weissinger (3)	Unassisted	10	7

Penalty Summary

Period	Time	Team	Player	Type
1st	12:17	KEUKA	Liz Spin	GREEN CARD
2nd	00:03	ALFRED	Meya Caruso	YELLOW CARD
3rd	12:45	ALFRED	Kylee Bedette	GREEN CARD
3rd	09:06	KEUKA	Liz Spin	YELLOW CARD
3rd	04:41	ALFRED	Lauren Sfeir	YELLOW CARD
3rd	03:18	KEUKA	Jessica Miller	GREEN CARD
4th	14:28	ALFRED	Jessica Matson	GREEN CARD
4th	12:28	ALFRED	Kylee Bedette	GREEN CARD
4th	11:24	KEUKA	Rylie Pratt	GREEN CARD
4th	07:08	KEUKA	Raegan Weissinger	GREEN CARD
4th	03:46	ALFRED	Sydney Angelo	GREEN CARD
4th	01:18	ALFRED	Jessica Matson	GREEN CARD
4th	01:13	ALFRED	Meya Caruso	GREEN CARD

Play By Play

Time	Team	Play
15:00	ALFRED	Molly Howlett at goalie for ALFRED.
15:00	KEUKA	Lauren Vitello at goalie for KEUKA.
--	ALFRED	Draw control by ALFRED Harper Smith.
--	ALFRED	Turnover by ALFRED Kailynn Hamilton.
14:29	KEUKA	Clear attempt by KEUKA failed.
--	KEUKA	Turnover by KEUKA Lauren Vitello (caused by Paige Stansfield).
14:01	ALFRED	Ground ball pickup by ALFRED Paige Stansfield.
13:54	ALFRED	Shot by ALFRED Cassidy Primrose WIDE
--	ALFRED	Turnover by ALFRED Kailynn Hamilton.
13:41	KEUKA	Clear attempt by KEUKA failed.
--	KEUKA	Turnover by KEUKA Liz Spin.
13:11	ALFRED	Clear attempt by ALFRED good.
--	ALFRED	Turnover by ALFRED Morgan Wise (caused by Lauren Vitello).
12:26	KEUKA	Ground ball pickup by KEUKA Lauren Vitello.
--	KEUKA	Turnover by KEUKA Lauren Vitello (caused by Lauren Sfeir).
12:17	KEUKA	Green card (1:00) on KEUKA Liz Spin.
12:17	ALFRED	Ground ball pickup by ALFRED Lauren Sfeir.
12:03	ALFRED	Ground ball pickup by ALFRED Paige Stansfield.
11:36	ALFRED	GOAL by ALFRED Kylee Bedette (MAN-UP) (FIRST GOAL), Assist by Cassidy Primrose, goal number 11 for season.

Alfred 1, Keuka 0

--	ALFRED	Draw control by ALFRED Harper Smith.
--	ALFRED	Turnover by ALFRED Kailynn Hamilton (caused by Jessica Miller).
11:12	KEUKA	Ground ball pickup by KEUKA Jessica Miller.
11:06	KEUKA	Clear attempt by KEUKA good.
10:34	KEUKA	GOAL by KEUKA Lainie Forde, Assist by Liz Spin, goal number 23 for season.

Alfred 1, Keuka 1

--	KEUKA	Draw control by KEUKA Liz Spin.
--	KEUKA	Turnover by KEUKA Brooklyn Ayers (caused by Paige Stansfield).
09:25	ALFRED	Clear attempt by ALFRED good.
08:48	ALFRED	Shot by ALFRED Morgan Wise, SAVE Lauren Vitello {free position shot}
08:47	KEUKA	Ground ball pickup by KEUKA Jessica Miller.
08:35	KEUKA	Clear attempt by KEUKA good.
--	KEUKA	Turnover by KEUKA Lainie Forde (caused by Morgan Wise).
08:20	ALFRED	Clear attempt by ALFRED good.
07:34	ALFRED	GOAL by ALFRED Cassidy Primrose, goal number 2 for season.

Alfred 2, Keuka 1

--	ALFRED	Draw control by ALFRED Harper Smith.
--	ALFRED	Turnover by ALFRED Paige Stansfield (caused by Lauren Vitello).
06:29	KEUKA	Ground ball pickup by KEUKA Jessica Miller.
06:24	KEUKA	Clear attempt by KEUKA good.
05:10	KEUKA	GOAL by KEUKA Lainie Forde, Assist by Liz Spin, goal number 24 for season.

Alfred 2, Keuka 2

--	ALFRED	Draw control by ALFRED Lauren Sfeir.
--	ALFRED	Turnover by ALFRED Kailynn Hamilton (caused by Jessica Miller).
04:48	KEUKA	Ground ball pickup by KEUKA Jessica Miller.
04:44	KEUKA	Clear attempt by KEUKA good.
04:33	KEUKA	Ground ball pickup by KEUKA Skyler Bishuk.
--	KEUKA	Turnover by KEUKA Liz Spin (caused by Paige Stansfield).
03:17	ALFRED	Ground ball pickup by ALFRED Paige Stansfield.
03:13	ALFRED	Clear attempt by ALFRED good.
02:49	ALFRED	Ground ball pickup by ALFRED Jessica Matson.
02:29	ALFRED	GOAL by ALFRED Cassidy Primrose, Assist by Paige Stansfield, goal number 3 for season.

Alfred 3, Keuka 2

--	ALFRED	Draw control by ALFRED Lauren Sfeir.
--	ALFRED	Turnover by ALFRED Kylee Bedette.
01:46	KEUKA	Clear attempt by KEUKA good.
01:10	KEUKA	Ground ball pickup by KEUKA Jessica Miller.
--	KEUKA	Turnover by KEUKA Liz Spin (caused by Paige Stansfield).

00:43 ALFRED Ground ball pickup by ALFRED Molly Howlett.
 00:40 ALFRED Clear attempt by ALFRED good.
 00:32 ALFRED Shot by ALFRED Kylee Bedette, SAVE Lauren Vitello
 00:27 ALFRED Ground ball pickup by ALFRED Kailynn Hamilton.
 00:00 0 End-of-period.
 15:00 0
 14:24 ALFRED Shot by ALFRED Jessica Matson, SAVE Lauren Vitello
 14:16 ALFRED Ground ball pickup by ALFRED Kylee Bedette.
 14:12 ALFRED Shot by ALFRED Jessica Matson, SAVE Lauren Vitello
 13:59 KEUKA Clear attempt by KEUKA good.
 13:14 KEUKA Shot by KEUKA Lainie Forde, SAVE Molly Howlett
 13:10 ALFRED Clear attempt by ALFRED good.
 11:49 ALFRED Shot by ALFRED Paige Stansfield HIGH
 -- KEUKA Turnover by KEUKA Lauren Vitello (caused by Cassidy Primrose).
 11:16 ALFRED Ground ball pickup by ALFRED Cassidy Primrose.
 -- ALFRED Turnover by ALFRED Cassidy Primrose.
 10:49 KEUKA Clear attempt by KEUKA good.
 -- KEUKA Turnover by KEUKA Brooklyn Ayers (caused by Harper Smith).
 09:58 ALFRED Ground ball pickup by ALFRED Harper Smith.
 09:54 ALFRED Clear attempt by ALFRED good.
 08:56 ALFRED GOAL by ALFRED Morgan Wise, goal number 11 for season.

Alfred 4, Keuka 2

-- ALFRED Draw control by ALFRED Lauren Sfeir.
 08:44 ALFRED GOAL by ALFRED Paige Stansfield, Assist by Kylee Bedette, goal number 9 for season.

Alfred 5, Keuka 2

-- KEUKA Draw control by KEUKA Liz Spin.
 07:33 KEUKA Shot by KEUKA Lainie Forde, SAVE Molly Howlett {free position shot}
 06:29 KEUKA GOAL by KEUKA Lainie Forde, goal number 25 for season.

Alfred 5, Keuka 3

-- KEUKA Draw control by KEUKA Rylie Pratt.
 06:07 KEUKA Ground ball pickup by KEUKA Liz Spin.
 05:54 KEUKA Shot by KEUKA Jessica Miller WIDE
 05:11 KEUKA Shot by KEUKA Brooklyn Ayers, SAVE Molly Howlett
 05:07 ALFRED Clear attempt by ALFRED good.
 -- ALFRED Turnover by ALFRED Kylee Bedette (caused by Rylie Pratt).
 04:30 KEUKA Ground ball pickup by KEUKA Rylie Pratt.
 04:26 KEUKA Clear attempt by KEUKA good.
 03:36 KEUKA GOAL by KEUKA Liz Spin, goal number 14 for season.

Alfred 5, Keuka 4

-- KEUKA Draw control by KEUKA Rylie Pratt.
 03:26 KEUKA GOAL by KEUKA Lainie Forde, Assist by Rylie Pratt, goal number 26 for season.

Alfred 5, Keuka 5

-- KEUKA Draw control by KEUKA Liz Spin.
 03:12 KEUKA Clear attempt by KEUKA failed.
 -- KEUKA Turnover by KEUKA Liz Spin.
 02:58 ALFRED Clear attempt by ALFRED good.
 01:41 ALFRED Shot by ALFRED Jessica Matson, SAVE Lauren Vitello
 01:37 KEUKA Ground ball pickup by KEUKA Jessica Miller.
 01:32 KEUKA Clear attempt by KEUKA good.
 00:22 KEUKA Ground ball pickup by KEUKA Lainie Forde.
 -- KEUKA Turnover by KEUKA Lainie Forde (caused by Harper Smith).
 00:10 ALFRED Ground ball pickup by ALFRED Harper Smith.
 00:06 ALFRED Clear attempt by ALFRED good.
 00:03 ALFRED Shot by ALFRED Meya Caruso BLOCKED
 00:03 ALFRED Yellow card (2:00) on ALFRED Meya Caruso.
 00:00 0 End-of-period.
 15:00 0
 -- ALFRED Draw control by ALFRED Lauren Sfeir.
 14:46 ALFRED Clear attempt by ALFRED good.
 14:04 ALFRED GOAL by ALFRED Morgan Wise (MAN-DOWN), goal number 12 for season.

Alfred 6, Keuka 5

-- ALFRED Draw control by ALFRED Lauren Sfeir.
 13:39 ALFRED Ground ball pickup by ALFRED Paige Stansfield.
 -- ALFRED Turnover by ALFRED Kylee Bedette (caused by Jessica Miller).
 12:45 ALFRED Green card (1:00) on ALFRED Kylee Bedette.
 12:32 KEUKA Clear attempt by KEUKA good.
 -- KEUKA Turnover by KEUKA Raegan Weissinger.
 11:39 ALFRED Ground ball pickup by ALFRED Sydney Angelo.
 11:36 ALFRED Clear attempt by ALFRED good.
 10:17 ALFRED Shot by ALFRED Paige Stansfield, SAVE Lauren Vitello
 10:04 ALFRED GOAL by ALFRED Morgan Wise, Assist by Kylee Bedette, goal number 13 for season.

Alfred 7, Keuka 5

-- KEUKA Draw control by KEUKA Team.
 09:56 KEUKA Clear attempt by KEUKA good.
 09:36 KEUKA Shot by KEUKA Jessica Miller, SAVE Molly Howlett {free position shot}
 09:29 ALFRED Clear attempt by ALFRED good.
 09:06 KEUKA Yellow card (2:00) on KEUKA Liz Spin.
 08:25 ALFRED Shot by ALFRED Megan Rinker, SAVE Lauren Vitello {free position shot}
 08:04 KEUKA Clear attempt by KEUKA failed.
 -- KEUKA Turnover by KEUKA Sarah O'Brien.
 07:26 ALFRED Ground ball pickup by ALFRED Jessica Matson.
 07:19 ALFRED Shot by ALFRED Megan Rinker, SAVE Lauren Vitello
 07:15 KEUKA Clear attempt by KEUKA failed.
 -- KEUKA Turnover by KEUKA Liz Spin.
 06:46 ALFRED Ground ball pickup by ALFRED Morgan Wise.
 -- ALFRED Turnover by ALFRED Jessica Matson (caused by Liz Spin).
 06:19 KEUKA Ground ball pickup by KEUKA Liz Spin.
 06:16 KEUKA Clear attempt by KEUKA failed.
 -- KEUKA Turnover by KEUKA Brooklyn Ayers (caused by Harper Smith).
 06:08 ALFRED Ground ball pickup by ALFRED Harper Smith.
 05:20 ALFRED Ground ball pickup by ALFRED Jessica Matson.
 -- ALFRED Turnover by ALFRED Kylee Bedette.
 05:02 KEUKA Clear attempt by KEUKA failed.
 -- KEUKA Turnover by KEUKA Rylie Pratt.
 04:54 ALFRED Ground ball pickup by ALFRED Jessica Matson.
 04:53 ALFRED GOAL by ALFRED Morgan Wise, Assist by Jessica Matson, goal number 14 for season.

Alfred 8, Keuka 5

-- KEUKA Draw control by KEUKA Liz Spin.
 04:41 ALFRED Yellow card (2:00) on ALFRED Lauren Sfeir.
 03:50 KEUKA GOAL by KEUKA Liz Spin, Assist by Lainie Forde, goal number 15 for season.

Alfred 8, Keuka 6

-- KEUKA Draw control by KEUKA Rylie Pratt.
 03:37 KEUKA Shot by KEUKA Brooklyn Ayers, SAVE Molly Howlett
 03:21 ALFRED Clear attempt by ALFRED good.
 03:18 KEUKA Green card (1:00) on KEUKA Jessica Miller.
 02:30 ALFRED GOAL by ALFRED Morgan Wise (MAN-UP), Assist by Paige Stansfield, goal number 15 for season.

Alfred 9, Keuka 6

-- ALFRED Draw control by ALFRED Lauren Sfeir.
 -- ALFRED Turnover by ALFRED Morgan Wise.
 02:04 KEUKA Ground ball pickup by KEUKA Sarah O'Brien.
 01:57 KEUKA Clear attempt by KEUKA good.
 01:00 KEUKA Shot by KEUKA Liz Spin, SAVE Molly Howlett {free position shot}
 01:00 ALFRED Ground ball pickup by ALFRED Sydney Angelo.
 00:57 ALFRED Clear attempt by ALFRED good.
 00:46 ALFRED Shot by ALFRED Morgan Wise, SAVE Lauren Vitello
 00:33 ALFRED Shot by ALFRED Morgan Wise, SAVE Lauren Vitello {free position shot}
 00:00 0 End-of-period.
 15:00 0
 -- ALFRED Turnover by ALFRED Kylee Bedette (caused by Jessica Miller).
 14:39 KEUKA Ground ball pickup by KEUKA Alexa Stuck.
 14:28 ALFRED Green card (1:00) on ALFRED Jessica Matson.
 14:26 KEUKA Clear attempt by KEUKA good.
 -- KEUKA Turnover by KEUKA Skyler Bishuk (caused by Sydney Angelo).

13:41 ALFRED Ground ball pickup by ALFRED Molly Howlett.
13:38 ALFRED Clear attempt by ALFRED good.
13:25 ALFRED Shot by ALFRED Kylee Bedette, SAVE Lauren Vitello {free position shot}
13:00 ALFRED Ground ball pickup by ALFRED Morgan Wise.
12:55 ALFRED Shot by ALFRED Morgan Wise, SAVE Lauren Vitello
12:28 ALFRED Green card (1:00) on ALFRED Kylee Bedette.
12:28 KEUKA Clear attempt by KEUKA good.
-- KEUKA Turnover by KEUKA Brooklyn Ayers (caused by Harper Smith).
12:05 ALFRED Ground ball pickup by ALFRED Harper Smith.
12:02 ALFRED Clear attempt by ALFRED good.
11:53 ALFRED Shot by ALFRED Megan Rinker, SAVE Lauren Vitello
-- KEUKA Turnover by KEUKA Rylie Pratt.
11:24 KEUKA Green card (1:00) on KEUKA Rylie Pratt.
11:24 ALFRED Ground ball pickup by ALFRED Megan Rinker.
10:36 ALFRED Shot by ALFRED Kylee Bedette, SAVE Lauren Vitello
10:33 ALFRED Ground ball pickup by ALFRED Paige Stansfield.
09:35 ALFRED Shot by ALFRED Sydney Angelo, SAVE Lauren Vitello
09:24 KEUKA Clear attempt by KEUKA failed.
-- KEUKA Turnover by KEUKA Sarah O'Brien (caused by Meya Caruso).
08:13 ALFRED GOAL by ALFRED Paige Stansfield, goal number 11 for season.

Alfred 10, Keuka 6

-- KEUKA Draw control by KEUKA Team.
07:08 KEUKA Shot by KEUKA Raegan Weissinger, SAVE Molly Howlett
07:08 KEUKA Green card (1:00) on KEUKA Raegan Weissinger.
06:55 KEUKA GOAL by KEUKA Raegan Weissinger (FPGOAL) {free position shot}, goal number 3 for season.

Alfred 10, Keuka 7

-- KEUKA Draw control by KEUKA Team.
-- KEUKA Turnover by KEUKA Rylie Pratt (caused by Sydney Angelo).
06:16 ALFRED Ground ball pickup by ALFRED Sydney Angelo.
06:11 ALFRED Clear attempt by ALFRED good.
05:34 ALFRED Shot by ALFRED Kylee Bedette, SAVE Lauren Vitello
05:31 ALFRED Ground ball pickup by ALFRED Meya Caruso.
05:02 KEUKA Shot by KEUKA India Tisdale, SAVE Molly Howlett
04:57 KEUKA Clear attempt by KEUKA failed.
-- KEUKA Turnover by KEUKA Liz Spin.
04:35 ALFRED Ground ball pickup by ALFRED Jessica Matson.
-- ALFRED Turnover by ALFRED Kylee Bedette.
04:19 KEUKA Clear attempt by KEUKA good.
03:46 ALFRED Green card (1:00) on ALFRED Sydney Angelo.
-- KEUKA Turnover by KEUKA Skyler Bishuk.
02:19 ALFRED Clear attempt by ALFRED good.
-- ALFRED Turnover by ALFRED Kylee Bedette (caused by Alexa Stuck).
01:34 KEUKA Ground ball pickup by KEUKA Raegan Weissinger.
01:18 ALFRED Green card (1:00) on ALFRED Jessica Matson.
01:13 ALFRED Green card (1:00) on ALFRED Meya Caruso.
01:12 KEUKA Clear attempt by KEUKA good.
00:47 KEUKA Shot by KEUKA Lainie Forde HIT POST
00:40 ALFRED Ground ball pickup by ALFRED Sydney Angelo.
00:36 ALFRED Clear attempt by ALFRED good.
00:00 0 End-of-period.