Azusa Pacific University Track & Field

2025 Team Standards

**Hitting these marks does not guarantee a roster spot, just consideration for a roster spot*

Event	Women	Men
100	13.30	11.60
200	27.50	24.00
300H	50.0	43.0
400	63.50	53.0
400H	68.0	58.0
110H/100H	16.80	17.00
800	2:30	2:07
1600	6:00	4:45
3200	13:30	11:00
Heptathlon	3 marks	–
Decathlon	–	4 marks
Long Jump	15’6”	20’0”
Triple Jump	32’	39’
Pole Vault	9’6”	12’
High Jump	4’9”	5’8”
Shot Put	30’	40’
Discus	110’	130’
Weight Throw	45’	48’
Hammer	85’	110’
Javelin	95’	130’