2026 Friday Night Sprints - 11/13/2026

Results - Friday Night Sprints

Event 1 Women 200 Yard Medley Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Central Connecticut State Univ-CT	A	1:46.36	1:47.39	
	1) Kenney, Addison 19	2) Townsend, Zariah B 18	3) Cowing, Lauryn 21	4) Young, Grace M 19	
	26.88	57.59 (30.71)	1:23.57 (25.98)	1:47.39 (23.82)	
2	Central Connecticut State Univ-CT	B	1:50.00	1:50.77	
	1) Milhomens, Sophie 21	2) Young, Grace 21	3) Fusco, Francesca 18	4) Suchowiecki, Katie 19	
	27.59	58.76 (31.17)	1:26.12 (27.36)	1:50.77 (24.65)	
3	Assumption University	A	2:02.83	1:51.01	
	30.32	59.88 (29.56)	1:25.11 (25.23)	1:51.01 (25.90)	
4	Central Connecticut State Univ-CT	C	NT	1:52.16	
	1) Joseph, Allison Louise 19	2) Daniels, Elizabeth 18	3) Kretkowski, Hannah 21	4) Rutledge, Maggie 21	
	29.80	1:00.90 (31.10)	1:27.44 (26.54)	1:52.16 (24.72)	
5	Central Connecticut State Univ-CT	D	NT	1:54.64	
	1) Doran, Molly 18	2) Tracy, Hazel Jean 18	3) Santora, Loretta	4) Liu, Jenney J 19	
	28.86	1:01.24 (32.38)	1:28.70 (27.46)	1:54.64 (25.94)	
6	Assumption University	B	2:10.03	1:59.70	
	1) Shew, Anna 20				
	32.78	1:01.75 (28.97)	1:32.82 (31.07)	1:59.70 (26.88)	
7	University of Saint Joseph	A	NT	2:06.96	
	1) Wysocka, Julia 19	2) Niemczyk, Alina 20	3) Agnihotri, Preksha 18	4) Omar, Sara 19	
	32.52	1:10.25 (37.73)	1:41.68 (31.43)	2:06.96 (25.28)	
8	Assumption University	C	NT	2:09.04	
	1) Kates, Emma 21	2) Thompson, Cara E 18	3) Riccobon, Ruthie E 20	4) English, Hannah M 22	
	35.18	1:08.33 (33.15)	1:40.27 (31.94)	2:09.04 (28.77)	
9	Central Connecticut State Univ-CT	E	NT	2:12.15	
	1) Talbot, Mackenzie 19	2) Vega, Izzy M 19	3) Brenson, Sofi 18	4) Cieslik, Amelia 20	
	31.04	1:05.77 (34.73)	1:35.11 (29.34)	2:12.15 (37.04)	
10	University of Saint Joseph	B	NT	2:22.90	
	1) Lowney, Kayla 18	2) Castrillo, Isabella 21	3) Towey, Delaney 20	4) Poltronieri, Charlotte 20	
	33.94	1:16.44 (42.50)	1:52.81 (36.37)	2:22.90 (30.09)	

Event 2 Men 200 Yard Medley Relay

	Team	Relay	Seed Time	Finals Time	Points
1	University of Saint Joseph	A	NT	1:49.22	
	1) Januszewski, Kyle 20	2) Brasky, Nate 20	3) Ciccarelli, Michael 18	4) Raymond, Adam 18	
	29.32	58.52 (29.20)	1:24.16 (25.64)	1:49.22 (25.06)	
2	University of Saint Joseph	B	NT	1:55.33	
	1) Capen, Christopher 21	2) Walder, Brady 19	3) Mangham, Oliver 18	4) Desyr, Josh 21	
	28.30	1:01.60 (33.30)	1:28.10 (26.50)	1:55.33 (27.23)	

Event 5 Women 50 Yard Breaststroke Shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Lake, Sophia	21	Assumption University	31.83	31.66	
2	Young, Grace	21	Central Connecticut State Univ-CT	31.99	32.11	
3	Campbell, Julia	17	Assumption University	32.59	32.93	
4	Townsend, Zariah B	18	Central Connecticut State Univ-CT	32.57	33.02	

Event 5 Women 50 Yard Breaststroke Shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Lake, Sophia	21	Assumption University	31.63	31.83	q
2	Young, Grace	21	Central Connecticut State Univ-CT	31.88	31.99	q
3	Townsend, Zariah B	18	Central Connecticut State Univ-CT	31.59	32.57	q

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Semi-Finals ... (Event 5 Women 50 Yard Breaststroke Shootout)

	Name	Age	School	Prelim Time	Semis Time	
4	Campbell, Julia	17	Assumption University	32.80	32.59	q
5	Niemczyk, Alina	20	University of Saint Joseph	37.96	39.07	q
6	Castrillo, Isabella	21	University of Saint Joseph	41.75	42.83	q

Event 5 Women 50 Yard Breaststroke Shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Townsend, Zariah B	18	Central Connecticut State Univ-CT	32.03	31.59	q
2	Lake, Sophia	21	Assumption University	30.24	31.63	q
3	Young, Grace	21	Central Connecticut State Univ-CT	31.09	31.88	q
4	Kenney, Addison	19	Central Connecticut State Univ-CT	32.40	32.06	q
5	Suchowiecki, Katie	19	Central Connecticut State Univ-CT	32.31	32.27	q
6	Campbell, Julia	17	Assumption University	31.56	32.80	q
7	Tracy, Hazel Jean	18	Central Connecticut State Univ-CT	33.24	33.54	q
8	Thompson, Cara E	18	Assumption University	33.13	33.58	q
9	Doran, Molly	18	Central Connecticut State Univ-CT	NT	34.38	q
10	Shew, Anna	20	Assumption University	35.75	35.33	q
11	Lynch, Regan M	20	Assumption University	36.90	36.54	q
12	Niemczyk, Alina	20	University of Saint Joseph	35.39	37.96	q
13	English, Hannah M	22	Assumption University	38.45	38.85	
14	Barnes, Sophia R	19	Assumption University	41.09	39.23	
15	Johnson, Jasmine	20	Assumption University	40.24	39.85	
16	Kates, Emma	21	Assumption University	40.38	40.75	
17	Castrillo, Isabella	21	University of Saint Joseph	40.92	41.75	
18	Collins, Courtney	18	Assumption University	45.38	42.04	
19	Downer, Lindsey K	21	Assumption University	43.11	42.51	
20	Riccobon, Ruthie E	20	Assumption University	42.84	42.75	
21	Johnson, Madison	21	University of Saint Joseph	48.65	46.97	
22	Towey, Delaney	20	University of Saint Joseph	47.10	47.81	

Event 6 Men 50 Yard Breaststroke Shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Leary, Sean P	21	Assumption University	30.08	30.32	
2	Curry, Aidan C	20	Assumption University	31.25	34.92	

Event 6 Men 50 Yard Breaststroke Shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Leary, Sean P	21	Assumption University	29.86	30.08	q
2	Curry, Aidan C	20	Assumption University	28.87	31.25	q
3	Brasky, Nate	20	University of Saint Joseph	30.14	31.46	q
4	Walder, Brady	19	University of Saint Joseph	33.74	35.71	q

Event 6 Men 50 Yard Breaststroke Shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Curry, Aidan C	20	Assumption University	29.02	28.87	q
2	Leary, Sean P	21	Assumption University	28.53	29.86	q
3	Brasky, Nate	20	University of Saint Joseph	30.00	30.14	q
4	Walder, Brady	19	University of Saint Joseph	35.28	33.74	q

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Results - Friday Night Sprints

Event 7 Women 50 Yard Freestyle shootout

Finals

	Name	Age	School	Semis Time	Finals Time	Points
1	Young, Grace M	19	Central Connecticut State Univ-CT	30.90	24.79	
2	Suchowiecki, Katie	19	Central Connecticut State Univ-CT	26.00	26.72	
3	Omar, Sara	19	University of Saint Joseph	38.07	27.13	
4	Gilpin, Ella	20	Assumption University	36.86	27.53	

Event 7 Women 50 Yard Freestyle shootout

Semi-Finals

	Name	Age	School	Prelim Time	Semis Time	
---	Wysocka, Julia	19	University of Saint Joseph	26.29		
---	Campbell, Julia	17	Assumption University	26.95		
1	Suchowiecki, Katie	19	Central Connecticut State Univ-CT	26.00	26.00	q
2	Young, Grace M	19	Central Connecticut State Univ-CT	30.90	30.90	q
3	Gilpin, Ella	20	Assumption University	36.86	36.86	q
4	Omar, Sara	19	University of Saint Joseph	38.07	38.07	q

Event 7 Women 50 Yard Freestyle shootout

Preliminaries

	Name	Age	School	Seed Time	Prelim Time	
1	Suchowiecki, Katie	19	Central Connecticut State Univ-CT	24.20	26.00	q
2	Wysocka, Julia	19	University of Saint Joseph	27.21	26.29	q
3	Campbell, Julia	17	Assumption University	26.40	26.95	q
4	Young, Grace M	19	Central Connecticut State Univ-CT	23.05	30.90	q
5	Gilpin, Ella	20	Assumption University	27.86	36.86	q
6	Omar, Sara	19	University of Saint Joseph	27.17	38.07	q

Event 8 Men 50 Yard Freestyle shootout

Finals

	Name	Age	School	Semis Time	Finals Time	Points
1	Leary, Sean P	21	Assumption University	24.57	24.70	
2	Brasky, Nate	20	University of Saint Joseph	25.41	25.19	
3	Curry, Aidan C	20	Assumption University	24.97	25.35	
4	Morales, Alex D	19	Assumption University	24.33	25.44	

Event 8 Men 50 Yard Freestyle shootout

Semi-Finals

	Name	Age	School	Prelim Time	Semis Time	
1	Morales, Alex D	19	Assumption University	23.74	24.33	q
2	Leary, Sean P	21	Assumption University	25.12	24.57	q
3	Curry, Aidan C	20	Assumption University	25.19	24.97	q
4	Brasky, Nate	20	University of Saint Joseph	24.59	25.41	q
5	Mangham, Oliver	18	University of Saint Joseph	25.66	26.12	q
6	Raymond, Adam	18	University of Saint Joseph	26.21	26.15	q

Event 8 Men 50 Yard Freestyle shootout

Preliminaries

	Name	Age	School	Seed Time	Prelim Time	
1	Morales, Alex D	19	Assumption University	23.47	23.74	q
2	Brasky, Nate	20	University of Saint Joseph	24.17	24.59	q
3	Leary, Sean P	21	Assumption University	23.79	25.12	q
4	Curry, Aidan C	20	Assumption University	23.34	25.19	q
5	Mangham, Oliver	18	University of Saint Joseph	26.01	25.66	q

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Results - Friday Night Sprints

Preliminaries ... (Event 8 Men 50 Yard Freestyle shootout)

	Name	Age	School	Seed Time	Prelim Time	
6	Raymond, Adam	18	University of Saint Joseph	26.15	26.21	q
7	Desyr, Josh	21	University of Saint Joseph	27.67	26.36	q
8	Prochera, Karol	18	University of Saint Joseph	27.80	28.41	q

Event 9 Women 100 Yard IM shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Kenney, Addison	19	Central Connecticut State Univ-CT	1:01.85	1:02.74	
	28.26	1:02.74 (34.48)				
2	Daniels, Elizabeth	18	Central Connecticut State Univ-CT	1:04.91	1:06.81	
	30.81	1:06.81 (36.00)				
3	Lake, Sophia	21	Assumption University	1:06.37	1:07.44	
	32.20	1:07.44 (35.24)				
4	Agnihotri, Preksha	18	University of Saint Joseph	1:07.54	1:10.66	
	32.81	1:10.66 (37.85)				

Event 9 Women 100 Yard IM shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Kenney, Addison	19	Central Connecticut State Univ-CT	59.91	1:01.85	q
	27.98	1:01.85 (33.87)				
2	Daniels, Elizabeth	18	Central Connecticut State Univ-CT	1:03.38	1:04.91	q
	29.99	1:04.91 (34.92)				
3	Lake, Sophia	21	Assumption University	1:05.91	1:06.37	q
	31.95	1:06.37 (34.42)				
4	Agnihotri, Preksha	18	University of Saint Joseph	1:06.85	1:07.54	q
	30.82	1:07.54 (36.72)				
5	Thompson, Cara E	18	Assumption University	1:07.88	1:09.06	q
	32.51	1:09.06 (36.55)				
6	Wysocka, Julia	19	University of Saint Joseph	1:11.83	1:15.05	q
	33.79	1:15.05 (41.26)				

Event 9 Women 100 Yard IM shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Kenney, Addison	19	Central Connecticut State Univ-CT	58.93	59.91	q
	26.86	59.91 (33.05)				
2	Daniels, Elizabeth	18	Central Connecticut State Univ-CT	1:03.86	1:03.38	q
	29.32	1:03.38 (34.06)				
3	Kretkowski, Hannah	21	Central Connecticut State Univ-CT	NT	1:03.81	q
	29.05	1:03.81 (34.76)				
4	Lord, Lauren H	19	Central Connecticut State Univ-CT	1:04.25	1:04.01	q
	29.78	1:04.01 (34.23)				
5	Cowing, Lauryn	21	Central Connecticut State Univ-CT	1:01.56	1:04.48	q
	29.77	1:04.48 (34.71)				
6	Young, Grace	21	Central Connecticut State Univ-CT	1:05.15	1:04.83	q
	30.20	1:04.83 (34.63)				
7	Liu, Jenney J	19	Central Connecticut State Univ-CT	1:05.43	1:05.21	q
	30.26	1:05.21 (34.95)				
8	Fusco, Francesca	18	Central Connecticut State Univ-CT	NT	1:05.37	q
	29.20	1:05.37 (36.17)				
9	Lake, Sophia	21	Assumption University	1:03.56	1:05.91	q
	32.19	1:05.91 (33.72)				

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Results - Friday Night Sprints

Preliminaries ... (Event 9 Women 100 Yard IM shootout)

	Name	Age	School	Seed Time	Prelim Time	
10	Agnihotri, Preksha	18	University of Saint Joseph	1:07.18	1:06.85	q
	30.25	1:06.85 (36.60)				
11	Vega, Izzy M	19	Central Connecticut State Univ-CT	NT	1:07.41	q
	31.20	1:07.41 (36.21)				
12	Talbot, Mackenzie	19	Central Connecticut State Univ-CT	NT	1:07.54	q
	31.02	1:07.54 (36.52)				
13	Thompson, Cara E	18	Assumption University	1:11.99	1:07.88	
	33.01	1:07.88 (34.87)				
14	Joseph, Allison Louise	19	Central Connecticut State Univ-CT	NT	1:08.05	
	30.51	1:08.05 (37.54)				
15	Rutledge, Maggie	21	Central Connecticut State Univ-CT	NT	1:08.87	
	32.33	1:08.87 (36.54)				
16	Campbell, Julia	17	Assumption University	1:13.99	1:09.36	
	33.10	1:09.36 (36.26)				
17	Shew, Anna	20	Assumption University	1:15.99	1:11.08	
	33.25	1:11.08 (37.83)				
*18	Johnson, Jasmine	20	Assumption University	1:12.61	1:11.83	
	33.26	1:11.83 (38.57)				
*18	Wysocka, Julia	19	University of Saint Joseph	1:09.28	1:11.83	
	33.73	1:11.83 (38.10)				
20	Lowney, Kayla	18	University of Saint Joseph	1:12.22	1:11.94	
	32.92	1:11.94 (39.02)				
21	English, Hannah M	22	Assumption University	1:17.77	1:12.11	
	32.85	1:12.11 (39.26)				
22	Lynch, Regan M	20	Assumption University	1:11.99	1:13.32	
	36.48	1:13.32 (36.84)				
23	Kates, Emma	21	Assumption University	1:15.99	1:13.93	
	33.43	1:13.93 (40.50)				
24	Collins, Courtney	18	Assumption University	1:26.58	1:15.19	
	34.61	1:15.19 (40.58)				
25	Downer, Lindsey K	21	Assumption University	1:14.44	1:17.15	
	35.52	1:17.15 (41.63)				
26	Riccobon, Ruthie E	20	Assumption University	1:13.99	1:18.85	
	34.48	1:18.85 (44.37)				
27	Barnes, Sophia R	19	Assumption University	1:28.99	1:19.19	
	37.21	1:19.19 (41.98)				

Event 10 Men 100 Yard IM shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Leary, Sean P	21	Assumption University	1:01.32	1:00.91	
	28.52	1:00.91 (32.39)				
2	Curry, Aidan C	20	Assumption University	1:06.99	1:11.85	
	32.16	1:11.85 (39.69)				

Event 10 Men 100 Yard IM shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Leary, Sean P	21	Assumption University	1:01.06	1:01.32	q
	28.63	1:01.32 (32.69)				
2	Curry, Aidan C	20	Assumption University	1:05.92	1:06.99	q
	31.15	1:06.99 (35.84)				

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Results - Friday Night Sprints

Semi-Finals ... (Event 10 Men 100 Yard IM shootout)

	Name	Age	School	Prelim Time	Semis Time	
3	Capen, Christopher	21	University of Saint Joseph	1:04.39	1:07.73	q
	30.70	1:07.73 (37.03)				
4	Walder, Brady	19	University of Saint Joseph	1:11.23	1:09.76	q
	32.51	1:09.76 (37.25)				

Event 10 Men 100 Yard IM shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Leary, Sean P	21	Assumption University	1:03.99	1:01.06	q
	28.83	1:01.06 (32.23)				
2	Capen, Christopher	21	University of Saint Joseph	1:02.20	1:04.39	q
	29.12	1:04.39 (35.27)				
3	Curry, Aidan C	20	Assumption University	NT	1:05.92	q
	29.33	1:05.92 (36.59)				
4	Walder, Brady	19	University of Saint Joseph	1:07.88	1:11.23	q
	31.75	1:11.23 (39.48)				
5	Otten, Jake	18	University of Saint Joseph	1:11.51	1:13.05	q
	33.77	1:13.05 (39.28)				

Event 11 Women 50 Yard Backstroke Shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Doran, Molly	18	Central Connecticut State Univ-CT	29.98	28.93	
2	Fusco, Francesca	18	Central Connecticut State Univ-CT	31.11	29.68	
3	Campbell, Julia	17	Assumption University	31.87	32.58	
4	Poltronieri, Charlotte	20	University of Saint Joseph	34.15	34.78	

Event 11 Women 50 Yard Backstroke Shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Doran, Molly	18	Central Connecticut State Univ-CT	28.78	29.98	q
2	Fusco, Francesca	18	Central Connecticut State Univ-CT	29.00	31.11	q
3	Campbell, Julia	17	Assumption University	33.60	31.87	q
4	Poltronieri, Charlotte	20	University of Saint Joseph	34.15	34.15	q
5	Gilpin, Ella	20	Assumption University	30.54	39.98	q
6	Lowney, Kayla	18	University of Saint Joseph	33.81	46.78	q

Event 11 Women 50 Yard Backstroke Shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Doran, Molly	18	Central Connecticut State Univ-CT	28.75	28.78	q
2	Fusco, Francesca	18	Central Connecticut State Univ-CT	28.48	29.00	q
3	Santora, Loretta		Central Connecticut State Univ-CT	NT	29.98	q
4	Joseph, Allison Louise	19	Central Connecticut State Univ-CT	29.84	30.29	q
5	Gilpin, Ella	20	Assumption University	30.77	30.54	q
6	Schaeffner, Rainey		Central Connecticut State Univ-CT	NT	31.11	q
7	Tracy, Hazel Jean	18	Central Connecticut State Univ-CT	NT	31.87	q
8	Shew, Anna	20	Assumption University	32.29	32.96	q
9	Lake, Sophia	21	Assumption University	33.73	33.41	q
10	Campbell, Julia	17	Assumption University	35.46	33.60	q
11	Johnson, Jasmine	20	Assumption University	32.26	33.69	q
12	Lowney, Kayla	18	University of Saint Joseph	34.47	33.81	q
13	Poltronieri, Charlotte	20	University of Saint Joseph	NT	34.15	

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Preliminaries ... (Event 11 Women 50 Yard Backstroke Shootout)

	Name	Age	School	Seed Time	Prelim Time	
14	Thompson, Cara E	18	Assumption University	35.17	34.88	
15	English, Hannah M	22	Assumption University	34.32	35.01	
16	Collins, Courtney	18	Assumption University	34.75	35.32	
17	Kates, Emma	21	Assumption University	34.84	35.44	
18	Downer, Lindsey K	21	Assumption University	36.58	36.39	
19	Lynch, Regan M	20	Assumption University	36.55	37.01	
20	Barnes, Sophia R	19	Assumption University	37.51	38.58	
21	Mackenzie, Ella	20	University of Saint Joseph	40.69	39.98	
22	Capel, Carolyn	20	University of Saint Joseph	39.31	40.63	
23	Cieslik, Amelia	20	Central Connecticut State Univ-CT	43.83	46.78	

Event 12 Men 50 Yard Backstroke Shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Leary, Sean P	21	Assumption University	29.36	28.70	
2	Capen, Christopher	21	University of Saint Joseph	29.50	29.36	

Event 12 Men 50 Yard Backstroke Shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Leary, Sean P	21	Assumption University	29.18	29.36	q
2	Capen, Christopher	21	University of Saint Joseph	28.76	29.50	q
3	Januszewski, Kyle	20	University of Saint Joseph	29.92	31.30	q
4	Ciccarelli, Michael	18	University of Saint Joseph	29.32	32.35	q

Event 12 Men 50 Yard Backstroke Shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Capen, Christopher	21	University of Saint Joseph	28.12	28.76	q
2	Leary, Sean P	21	Assumption University	29.02	29.18	q
3	Ciccarelli, Michael	18	University of Saint Joseph	28.49	29.32	q
4	Januszewski, Kyle	20	University of Saint Joseph	29.76	29.92	q
5	Curry, Aidan C	20	Assumption University	29.09	30.96	q

Event 13 Women 50 Yard Butterfly shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
*1	Kretkowski, Hannah	21	Central Connecticut State Univ-CT	27.33	27.83	
*1	Cowing, Lauryn	21	Central Connecticut State Univ-CT		27.83	
3	Omar, Sara	19	University of Saint Joseph	31.84	28.78	
4	Agnihotri, Preksha	18	University of Saint Joseph		29.37	

Event 13 Women 50 Yard Butterfly shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Kretkowski, Hannah	21	Central Connecticut State Univ-CT	27.01	27.33	q
2	Lake, Sophia	21	Assumption University	29.28	30.07	q
3	Omar, Sara	19	University of Saint Joseph	29.61	31.84	q

Event 13 Women 50 Yard Butterfly shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Kretkowski, Hannah	21	Central Connecticut State Univ-CT	27.08	27.01	q

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Preliminaries ... (Event 13 Women 50 Yard Butterfly shootout)

	Name	Age	School	Seed Time	Prelim Time	
2	Cowing, Lauryn	21	Central Connecticut State Univ-CT	26.21	27.08	q
3	Milhomens, Sophie	21	Central Connecticut State Univ-CT	NT	27.33	q
4	Townsend, Zariah B	18	Central Connecticut State Univ-CT	NT	27.99	q
5	Santora, Loretta		Central Connecticut State Univ-CT	29.13	28.06	q
6	Lord, Lauren H	19	Central Connecticut State Univ-CT	28.02	28.19	q
7	Young, Grace M	19	Central Connecticut State Univ-CT	NT	28.25	q
8	Lake, Sophia	21	Assumption University	29.44	29.28	q
9	Omar, Sara	19	University of Saint Joseph	29.01	29.61	q
10	Brenson, Sofi	18	Central Connecticut State Univ-CT	30.40	29.71	q
11	Agnihotri, Preksha	18	University of Saint Joseph	29.66	29.77	q
12	Talbot, Mackenzie	19	Central Connecticut State Univ-CT	NT	30.07	q
13	English, Hannah M	22	Assumption University	30.19	30.25	
14	Vega, Izzy M	19	Central Connecticut State Univ-CT	29.08	30.96	
15	Johnson, Jasmine	20	Assumption University	30.30	31.20	
16	Campbell, Julia	17	Assumption University	29.91	31.54	
17	Rutledge, Maggie	21	Central Connecticut State Univ-CT	NT	31.84	
18	Thompson, Cara E	18	Assumption University	33.11	31.89	
19	Kates, Emma	21	Assumption University	31.78	32.04	
20	Shew, Anna	20	Assumption University	32.49	32.95	
21	Riccobon, Ruthie E	20	Assumption University	31.71	33.31	
22	Collins, Courtney	18	Assumption University	34.92	33.70	
23	Gilpin, Ella	20	Assumption University	32.73	34.82	
24	Downer, Lindsey K	21	Assumption University	34.86	35.68	

Event 14 Men 50 Yard Butterfly shootout

	Name	Age	School	Semis Time	Finals Time	Points
Finals						
1	Leary, Sean P	21	Assumption University	26.33	26.31	
2	Ciccarelli, Michael	18	University of Saint Joseph	26.99	27.45	
3	Januszewski, Kyle	20	University of Saint Joseph	27.34	27.93	
4	Mangham, Oliver	18	University of Saint Joseph	27.22	28.22	

Event 14 Men 50 Yard Butterfly shootout

	Name	Age	School	Prelim Time	Semis Time	
Semi-Finals						
1	Leary, Sean P	21	Assumption University	26.89	26.33	q
2	Ciccarelli, Michael	18	University of Saint Joseph	26.57	26.99	q
3	Mangham, Oliver	18	University of Saint Joseph	27.29	27.22	q
4	Januszewski, Kyle	20	University of Saint Joseph	27.01	27.34	q
5	Desyr, Josh	21	University of Saint Joseph	29.81	30.73	q

Event 14 Men 50 Yard Butterfly shootout

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Ciccarelli, Michael	18	University of Saint Joseph	26.01	26.57	q
2	Leary, Sean P	21	Assumption University	26.97	26.89	q
3	Januszewski, Kyle	20	University of Saint Joseph	26.89	27.01	q
4	Mangham, Oliver	18	University of Saint Joseph	27.02	27.29	q
5	Morales, Alex D	19	Assumption University	25.84	28.66	q
6	Desyr, Josh	21	University of Saint Joseph	29.95	29.81	q
7	Raymond, Adam	18	University of Saint Joseph	29.59	30.29	q
8	Otten, Jake	18	University of Saint Joseph	30.72	31.44	q

2026 Friday Night Sprints - 11/13/2026

Results - Friday Night Sprints

Preliminaries ... (Event 14 Men 50 Yard Butterfly shootout)

	Name	Age	School	Seed Time	Prelim Time	
9	Prochera, Karol	18	University of Saint Joseph	31.18	31.80	q

Event 15 Women 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	Central Connecticut State Univ-C	A	1:37.06	1:39.84	
	1) Young, Grace M 19	2) Cowing, Lauryn 21	3) Kenney, Addison 19	4) Suchowiecki, Katie 19	
	25.05	50.17 (25.12)	1:14.80 (24.63)	1:39.84 (25.04)	
2	Central Connecticut State Univ-C	B	1:40.00	1:42.35	
	1) Townsend, Zariah B 18	2) Rutledge, Maggie 21	3) Milhomens, Sophie 21	4) Kretkowski, Hannah 21	
	25.93	51.01 (25.08)	1:16.34 (25.33)	1:42.35 (26.01)	
3	Central Connecticut State Univ-C	C	NT	1:45.76	
	1) Joseph, Allison Louise 19	2) Fusco, Francesca 18	3) Lord, Lauren H 19	4) Doran, Molly 18	
	26.39	53.04 (26.65)	1:19.12 (26.08)	1:45.76 (26.64)	
4	Central Connecticut State Univ-C	D	NT	1:47.48	
	1) Daniels, Elizabeth 18	2) Tracy, Hazel Jean 18	3) Young, Grace 21	4) Liu, Jenney J 19	
	26.98	54.79 (27.81)	1:21.46 (26.67)	1:47.48 (26.02)	
5	Assumption University	B	1:59.05	1:49.10	
	23.86	52.78 (28.92)	1:21.39 (28.61)	1:49.10 (27.71)	
6	Assumption University	A	1:51.33	1:49.95	
	28.41	55.79 (27.38)	1:23.57 (27.78)	1:49.95 (26.38)	
7	University of Saint Joseph	A	NT	1:51.76	
	1) Agnihotri, Preksha 18	2) Wysocka, Julia 19	3) Niemczyk, Alina 20	4) Omar, Sara 19	
	27.60	56.02 (28.42)	1:25.11 (29.09)	1:51.76 (26.65)	
8	Assumption University	C	NT	1:56.12	
	31.04	59.61 (28.57)	1:29.97 (30.36)	1:56.12 (26.15)	
9	Central Connecticut State Univ-C	E	NT	2:02.01	
	1) Brenson, Sofi 18	2) Santora, Loretta	3) Talbot, Mackenzie 19	4) Cieslik, Amelia 20	
	28.99	55.91 (26.92)	1:23.21 (27.30)	2:02.01 (38.80)	
10	University of Saint Joseph	B	NT	2:12.64	
	1) Towey, Delaney 20	2) Poltronieri, Charlotte 20	3) Mackenzie, Ella 20	4) Capel, Carolyn 20	
	31.18	1:01.44 (30.26)	1:36.96 (35.52)	2:12.64 (35.68)	

Event 16 Men 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time	Points
1	University of Saint Joseph	A	NT	1:42.30	
	1) Mangham, Oliver 18	2) Ciccarelli, Michael 18	3) Capen, Christopher 21	4) Brasky, Nate 20	
	25.69	53.47 (27.78)	1:18.16 (24.69)	1:42.30 (24.14)	
2	University of Saint Joseph	B	NT	1:48.82	
	1) Raymond, Adam 18	2) Prochera, Karol 18	3) Desyr, Josh 21	4) Januszewski, Kyle 20	
	26.78	54.83 (28.05)	1:22.81 (27.98)	1:48.82 (26.01)	