The GYM is Manuel Rivero Hall
Directions to LINCOLN UNIVERSITY

From Reading
Take Route 176 South toward Morgantown. Follow signs for Route 10 South to Honey Brook. Follow Route 10 South approx. 16 miles. Turn Left on Newark Rd. (Route 896). Go one mile and turn Right on University Rd. Go 1.6 miles and turn Right onto Baltimore Pike. Follow to Lincoln University.

From Philadelphia
Take Route 1 South towards Baltimore. Exit at Route 896; turn left. Turn right at flashing red light, onto Baltimore Pike. Proceed one mile to Lincoln University.

From Washington/Baltimore
Take Interstate 95 north toward New York. Leave Route 95 at Exit #100 (Northeast and Rising Sun, Maryland); turn left. Continue on Route 272 North for approximately 10 miles. (Watch for Route 272 to turn left at Chrome, Pennsylvania.) Turn right onto Route 1 North. Exit at Route 896; turn left. Turn right at flashing red light, onto Baltimore Pike. Proceed one mile to Lincoln University.

From Harrisburg and Points West
Take 283 South to Route 30 at Lancaster. Take Route 30 toward Philadelphia. Turn right onto Route 896 toward Strasburg. Continue on Route 896 approximately 22 miles, until you cross Route 1. Turn right at flashing red light, onto Baltimore Pike. Proceed one mile to Lincoln University.

From New York, New Jersey and Delaware
Take Interstate 295 or the New Jersey Turnpike South, across the Delaware Memorial Bridge. Proceed on Interstate 95 South. Exit at Route 896 (University of Delaware). Stay on Route 896 North approximately 22 miles, into Pennsylvania. Turn left at flashing red light onto Baltimore Pike. Proceed one mile to Lincoln University. 
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take Interstate 295 or the New Jersey Turnpike South, across the Delaware Memorial Bridge. Bear left, look for Route 141 North (exit #5 for Newport/Lancaster). Route 141 exits left, then continue to bear left. On Route 141, follow signs for Route 41 North (exit #6B, Lancaster/Newport). This is a right exit onto Route 2; at third traffic light turn right onto Route 41. Follow Route 41 towards Lancaster; turn left at Route 1 South. Exit at Route 896; turn left. Turn right at flashing red light, onto Baltimore Pike. Proceed one mile to Lincoln University.

(From Delaware Memorial Bridge to Lincoln University is approximately 27 miles.)