

Capital (2-2) -vs- Rensselaer (2-0)
3/5/2023 at Memphis, Tenn. (Mason Field)

Date: 3/5/2023
Attendance: 50

Score	1	2	3	4	Total
Capital	1	0	1	3	5
Rensselaer	9	2	3	1	15

Capital Goals: Grace Osborn (2); Dylan Smith (1); Luci Kanowsky (1); Andi Henry (1)
Assists: Dylan Smith (1); Julia Foresi (1)

Rensselaer Goals: Ella Graff (4); Lauren DeLeo (4); Quinn Wollard (2); Rylie Maready (2); Lisa Boehmer (2); Gabbie Valle (1)
Assists: Ella Graff (2); Quinn Wollard (1); Rylie Maready (1); Lauren DeLeo (1); Molly McDonald (1)

Shots	1	2	3	4	Total
Capital	7	1	4	4	16
Rensselaer	13	7	6	10	36

Shots On Goal	1	2	3	4	Total
Capital	4	0	2	4	10
Rensselaer	13	5	5	5	28

Saves	1	2	3	4	Total
Capital	4	3	2	4	13
Rensselaer	3	0	1	1	5

Turnovers	1	2	3	4	Total
Capital	4	8	3	4	19
Rensselaer	4	3	1	2	10

Clears	1	2	3	4	Total
Capital	2-4	2-5	3-3	3-6	10-18
Rensselaer	7-8	5-8	1-2	2-2	15-20

Ground Balls	1	2	3	4	Total
Capital	3	5	2	1	11
Rensselaer	4	5	3	3	15

Draw Controls	1	2	3	4	Total
Capital	4	2	1	1	8
Rensselaer	7	1	4	3	15

Free-Position Shots	1	2	3	4	Total
Capital	2	1	2	3	8
Rensselaer	2	4	1	2	9

Fouls	1	2	3	4	Total
Capital	4	8	4	7	23
Rensselaer	4	4	5	3	16

Stadium: Mason Field
Penalties: Ella Graff 1st/11:11; Grace Osborn 1st/10:00; Rylee Jarvis 2nd/12:26; Luci Kanowsky 2nd/09:27
Officials: Danielle Donze

Capital 5

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	1	Abbey Midnight	0	0	0	0	1	0	0	0		0
	2	Rylee Jarvis	0	0	0	0	2	1	0	0		3
	3	Dylan Smith	1	1	2	2	0	1	0	0		4
	4	Grace Osborn	2	0	2	5	2	2	0	1	2-3	2
	7	Holly Stoner	0	0	0	0	1	1	0	0		2
	11	Julia Foresi	0	1	1	5	2	6	0	4	0-3	1
	12	Luci Kanowsky	1	0	1	3	0	1	0	0	0-2	0
	15	Ele Shalawylo	0	0	0	0	0	1	0	0		3
	17	Riley Johnson	0	0	0	0	2	0	1	0		3
	18	Haleigh McPhillips	0	0	0	0	0	1	0	0		2
	19	Andi Henry	1	0	1	1	1	3	1	3		1
	44	Meg Garcia	0	0	0	0	0	0	0	0		0
	5	Ava Vendetti	0	0	0	0	0	0	0	0		0
	6	Leah Leno	0	0	0	0	0	1	0	0		1
	8	Heather Stoner	0	0	0	0	0	0	0	0		1
	21	Grace Wolfe	0	0	0	0	0	0	0	0		0
	30	Emily Serafinchon	0	0	0	0	0	0	0	0		0
Totals			5	2	7	16	11	19	3	8	2-8	23

#	Goalkeepers	Minutes	GA	Saves	Dec
44	Meg Garcia	15:00	9	4	L
30	Emily Serafinchon	34:03	6	9	

Rensselaer 15

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
	3	Sofia Cedrone	0	0	0	0	3	0	2	0		0
	5	Sophie Goddard	0	0	0	2	0	0	0	0		0
	6	Mia Banglmaier	0	0	0	2	3	1	1	0	0-1	0
	10	Quinn Wollard	2	1	3	5	0	0	1	0	1-2	1
	11	Rylie Maready	2	1	3	2	1	0	0	4		0
	14	Ella Graff	4	2	6	5	0	1	0	0	2-2	1
	15	Lauren DeLeo	4	1	5	7	2	1	1	0	1-2	0
	21	Kat Cama	0	0	0	0	0	0	0	0		2
	22	Megan Shay	0	0	0	1	0	1	0	3		2
	25	Lisa Boehmer	2	0	2	2	0	1	0	8	1-1	1
	28	Bethy Spizzo	0	0	0	0	0	1	0	0		2
	35	Jenny Canfield	0	0	0	0	1	1	0	0		0
	00	Olivia Kimball	0	0	0	0	0	0	0	0		0
	TM	Team	0	0	0	0	0	1	0	0		0
	1	Gabbie Valle	1	0	1	3	0	0	0	0		0
	4	Kaitlyn Kemp	0	0	0	0	1	0	0	0		2
	8	Kaylee Schaefer-Hood	0	0	0	0	0	0	0	0		0
	9	Riley Eldredge	0	0	0	0	0	0	0	0		0
	12	Julianna Lucas	0	0	0	0	1	0	0	0		0
	13	Roya Lewis	0	0	0	1	0	1	0	0		1
	18	Llana McCarthy	0	0	0	2	1	0	0	0		0
	19	Molly McDonald	0	1	1	2	0	0	0	0		1
	23	Cara Nalbandian	0	0	0	2	0	0	0	0	0-1	2
	24	Elyssa Yonta	0	0	0	0	2	1	0	0		1
Totals			15	6	21	36	15	10	5	15	5-9	16

#	Goalkeepers	Minutes	GA	Saves	Dec
35	Jenny Canfield	25:31	1	3	W
00	Olivia Kimball	19:29	1	1	
12	Julianna Lucas	4:03	3	1	

Scoring Summary

Period	Time	Scored By	Assisted By	CAPW	RPI
1st	14:26	Ella Graff	Unassisted	0	1
1st	14:13	Lauren DeLeo	Unassisted	0	2
1st	10:57	Luci Kanowsky (UP)	Dylan Smith	1	2
1st	10:00	Quinn Wollard (UP)	Lauren DeLeo	1	3
1st	08:49	Rylie Maready	Ella Graff	1	4
1st	05:12	Lisa Boehmer	Unassisted	1	5
1st	03:43	Lauren DeLeo	Rylie Maready	1	6
1st	03:34	Rylie Maready	Quinn Wollard	1	7
1st	02:48	Ella Graff	Unassisted	1	8
1st	00:28	Lauren DeLeo	Molly McDonald	1	9
2nd	10:55	Lisa Boehmer (UP)	Unassisted	1	10
2nd	07:38	Gabbie Valle	Ella Graff	1	11
3rd	14:50	Dylan Smith	Julia Foresi	2	11
3rd	14:09	Ella Graff	Unassisted	2	12
3rd	13:09	Lauren DeLeo	Unassisted	2	13
3rd	08:44	Ella Graff	Unassisted	2	14
4th	11:26	Andi Henry	Unassisted	3	14
4th	03:48	Grace Osborn	Unassisted	4	14
4th	01:39	Grace Osborn	Unassisted	5	14
4th	00:00	Quinn Wollard	Unassisted	5	15

Penalty Summary

Period	Time	Team	Player	Type
1st	11:11	RPI	Ella Graff	YELLOW CARD
1st	10:00	CAPW	Grace Osborn	YELLOW CARD
2nd	12:26	CAPW	Rylee Jarvis	YELLOW CARD
2nd	09:27	CAPW	Luci Kanowsky	YELLOW CARD

Play By Play

Time	Team	Play
15:00	CAPW	Meg Garcia at goalie for CAPW.
15:00	RPI	Jenny Canfield at goalie for RPI.
--	CAPW	Draw control by CAPW Julia Foresi.
--	RPI	Foul on RPI Kat Cama.
14:26	CAPW	Free position attempt for CAPW.
14:26	CAPW	Shot by CAPW Luci Kanowsky WIDE {free position shot}.
14:26	CAPW	Ground ball pickup by CAPW Abbey Midnight.
14:26	CAPW	Shot by CAPW Dylan Smith WIDE.
14:26	RPI	Clear attempt by RPI good.
14:26	RPI	GOAL by RPI Ella Graff (FIRST GOAL).
Capital 0, Rensselaer 1		
--	RPI	Draw control by RPI Rylie Maready.
14:21	RPI	Shot by RPI Sophie Goddard, SAVE Meg Garcia.
14:13	RPI	Ground ball pickup by RPI Lauren DeLeo.
--	CAPW	Foul on CAPW Andi Henry.
14:13	RPI	Free position attempt for RPI.
14:13	RPI	GOAL by RPI Lauren DeLeo (FPGOAL) {free position shot}.
Capital 0, Rensselaer 2		
--	RPI	Draw control by RPI Lisa Boehmer.
12:29	RPI	Turnover by RPI Mia Banglmaier.
12:14	CAPW	Ground ball pickup by CAPW Rylee Jarvis.
12:04	CAPW	Shot by CAPW Julia Foresi, SAVE Jenny Canfield.
12:00	RPI	Ground ball pickup by RPI Jenny Canfield.
11:53	RPI	Clear attempt by RPI good.
--	RPI	Foul on RPI Ella Graff.
--	RPI	Yellow card on RPI Ella Graff.
11:05	CAPW	Clear attempt by CAPW good.
10:59	RPI	Turnover by RPI Ella Graff.
--	RPI	Foul on RPI Bethy Spizzo.
10:57	CAPW	Free position attempt for CAPW.
10:57	CAPW	Shot by CAPW Grace Osborn, SAVE Jenny Canfield {free position shot}.
10:57	RPI	Clear attempt by RPI failed.
10:57	RPI	Turnover by RPI Lisa Boehmer.
10:57	CAPW	GOAL by CAPW Luci Kanowsky (MAN-UP), Assist by Dylan Smith.
Capital 1, Rensselaer 2		
--	CAPW	Draw control by CAPW Andi Henry.
10:00	CAPW	Shot by CAPW Grace Osborn HIGH.
--	CAPW	Yellow card on CAPW Grace Osborn.
10:00	RPI	Clear attempt by RPI good.
10:00	RPI	GOAL by RPI Quinn Wollard (MAN-UP), Assist by Lauren DeLeo.
Capital 1, Rensselaer 3		
--	RPI	Draw control by RPI Lisa Boehmer.
08:49	RPI	GOAL by RPI Rylie Maready, Assist by Ella Graff.
Capital 1, Rensselaer 4		
--	RPI	Draw control by RPI Rylie Maready.
08:10	RPI	Shot by RPI Quinn Wollard, SAVE Meg Garcia.
07:35	RPI	Shot by RPI Megan Shay, SAVE Meg Garcia.
07:28	CAPW	Clear attempt by CAPW failed.
07:14	CAPW	Turnover by CAPW Holly Stoner.
07:03	RPI	Ground ball pickup by RPI Mia Banglmaier.
06:58	RPI	Clear attempt by RPI good.
--	CAPW	Foul on CAPW Haleigh McPhillips.
06:19	RPI	Shot by RPI Sophie Goddard, SAVE Meg Garcia.
06:09	CAPW	Clear attempt by CAPW good.
05:53	CAPW	Turnover by CAPW Andi Henry.
05:48	RPI	Clear attempt by RPI good.
05:15	CAPW	Timeout by CAPW.
--	CAPW	Draw control by CAPW Julia Foresi.

05:12	RPI	GOAL by RPI Lisa Boehmer.
Capital 1, Rensselaer 5		
04:36	CAPW	Shot by CAPW Julia Foresi, SAVE Jenny Canfield.
04:28	RPI	Clear attempt by RPI good.
03:43	RPI	GOAL by RPI Lauren DeLeo, Assist by Rylie Maready.
Capital 1, Rensselaer 6		
--	RPI	Draw control by RPI Lisa Boehmer.
03:34	RPI	GOAL by RPI Rylie Maready, Assist by Quinn Wollard.
Capital 1, Rensselaer 7		
--	RPI	Draw control by RPI Megan Shay.
--	CAPW	Foul on CAPW Dylan Smith.
--	CAPW	Foul on CAPW Ele Shalawylo.
02:48	RPI	Free position attempt for RPI.
02:48	RPI	GOAL by RPI Ella Graff (FPGOAL) {free position shot}.
Capital 1, Rensselaer 8		
--	CAPW	Draw control by CAPW Julia Foresi.
--	RPI	Foul on RPI Megan Shay.
02:14	CAPW	Turnover by CAPW Julia Foresi.
02:08	RPI	Ground ball pickup by RPI Mia Banglmaier.
01:58	RPI	Clear attempt by RPI good.
01:13	RPI	Turnover by RPI Megan Shay.
01:08	CAPW	Ground ball pickup by CAPW Julia Foresi.
01:04	CAPW	Clear attempt by CAPW failed.
00:59	CAPW	Turnover by CAPW Leah Leno.
00:28	RPI	GOAL by RPI Lauren DeLeo, Assist by Molly McDonald.
Capital 1, Rensselaer 9		
--	RPI	Draw control by RPI Lisa Boehmer.
00:00	0	
15:00	0	
15:00	CAPW	Emily Serafinchon at goalie for CAPW.
--	CAPW	Draw control by CAPW Julia Foresi.
14:12	CAPW	Turnover by CAPW Julia Foresi.
14:05	RPI	Ground ball pickup by RPI Sofia Cedrone.
14:00	RPI	Clear attempt by RPI failed.
13:50	CAPW	Ground ball pickup by CAPW Rylee Jarvis.
13:29	CAPW	Turnover by CAPW Andi Henry (caused by Sofia Cedrone).
13:24	RPI	Ground ball pickup by RPI Sofia Cedrone.
--	CAPW	Foul on CAPW Haleigh McPhillips.
13:03	RPI	Clear attempt by RPI good.
--	CAPW	Yellow card on CAPW Rylee Jarvis.
--	CAPW	Foul on CAPW Holly Stoner.
12:26	RPI	Free position attempt for RPI.
12:26	RPI	Shot by RPI Ella Graff BLOCKED.
12:26	CAPW	Ground ball pickup by CAPW Grace Osborn.
12:26	CAPW	Clear attempt by CAPW failed.
12:26	CAPW	Turnover by CAPW Haleigh McPhillips (caused by Lauren DeLeo).
12:26	RPI	Ground ball pickup by RPI Lauren DeLeo.
--	CAPW	Foul on CAPW Dylan Smith.
--	CAPW	Foul on CAPW Grace Osborn.
11:03	RPI	Free position attempt for RPI.
10:55	RPI	GOAL by RPI Lisa Boehmer (MAN-UP) (FPGOAL) {free position shot}.
Capital 1, Rensselaer 10		
--	CAPW	Draw control by CAPW Grace Osborn.
--	CAPW	Yellow card on CAPW Luci Kanowsky.
09:27	CAPW	Turnover by CAPW Luci Kanowsky.
09:27	RPI	Clear attempt by RPI good.
08:45	RPI	Shot by RPI Lauren DeLeo, SAVE Emily Serafinchon.
--	CAPW	Foul on CAPW Ele Shalawylo.
08:45	RPI	Free position attempt for RPI.
08:45	RPI	Shot by RPI Quinn Wollard, SAVE Emily Serafinchon {free position shot}.
08:45	CAPW	Ground ball pickup by CAPW Grace Osborn.

-- RPI Foul on RPI Megan Shay.
08:45 CAPW Clear attempt by CAPW failed.
08:45 CAPW Turnover by CAPW Julia Foresi.
08:45 RPI Ground ball pickup by RPI Sofia Cedrone.
08:45 RPI Clear attempt by RPI good.
08:36 RPI Turnover by RPI Roya Lewis.
-- RPI Foul on RPI Quinn Wollard.
08:11 CAPW Clear attempt by CAPW failed.
08:06 CAPW Turnover by CAPW Ele Shalawyo.
07:58 RPI Clear attempt by RPI good.
07:38 RPI GOAL by RPI Gabbie Valle, Assist by Ella Graff.

Capital 1, Rensselaer 11

-- RPI Draw control by RPI Lisa Boehmer.
-- CAPW Foul on CAPW Holly Stoner.
05:29 RPI Free position attempt for RPI.
05:29 RPI Shot by RPI Lauren DeLeo, SAVE Emily Serafinchon {free position shot}.
05:29 CAPW Clear attempt by CAPW good.
05:29 CAPW Turnover by CAPW Julia Foresi (caused by Sofia Cedrone).
05:29 RPI Ground ball pickup by RPI Rylie Maready.
05:29 RPI Clear attempt by RPI failed.
05:29 RPI Turnover by RPI Jenny Canfield.
05:29 CAPW Ground ball pickup by CAPW Riley Johnson.
-- RPI Foul on RPI Bethy Spizzo.
05:16 CAPW Free position attempt for CAPW.
05:09 CAPW Shot by CAPW Julia Foresi WIDE {free position shot}.
04:51 RPI Clear attempt by RPI good.
04:29 RPI Olivia Kimball at goalie for RPI.
-- CAPW Foul on CAPW Leah Leno.
01:49 RPI Free position attempt for RPI.
01:44 RPI Shot by RPI Cara Nalbandian HIGH {free position shot}.
01:38 CAPW Clear attempt by CAPW good.
-- RPI Foul on RPI Roya Lewis.
-- CAPW Foul on CAPW Grace Osborn.
00:15 CAPW Turnover by CAPW Grace Osborn.
00:05 RPI Clear attempt by RPI failed.
00:02 RPI Turnover by RPI Bethy Spizzo (caused by Riley Johnson).
00:00 CAPW Ground ball pickup by CAPW Riley Johnson.
00:00 0
15:00 0
-- CAPW Draw control by CAPW Andi Henry.
14:50 CAPW GOAL by CAPW Dylan Smith, Assist by Julia Foresi.

Capital 2, Rensselaer 11

-- RPI Draw control by RPI Megan Shay.
14:09 RPI GOAL by RPI Ella Graff.

Capital 2, Rensselaer 12

-- RPI Draw control by RPI Rylie Maready.
13:09 RPI GOAL by RPI Lauren DeLeo.

Capital 2, Rensselaer 13

-- RPI Draw control by RPI Megan Shay.
10:42 RPI Shot by RPI Quinn Wollard WIDE.
10:35 CAPW Clear attempt by CAPW good.
09:50 CAPW Turnover by CAPW Andi Henry (caused by Mia Banglmaier).
09:43 RPI Ground ball pickup by RPI Kaitlyn Kemp.
-- CAPW Foul on CAPW Dylan Smith.
09:35 RPI Clear attempt by RPI good.
-- CAPW Foul on CAPW Riley Johnson.
-- CAPW Foul on CAPW Rylee Jarvis.
08:48 RPI Free position attempt for RPI.
08:44 RPI GOAL by RPI Ella Graff (FPGOAL) {free position shot}.

Capital 2, Rensselaer 14

-- RPI Draw control by RPI Lisa Boehmer.

--	CAPW	Foul on CAPW Riley Johnson.
06:02	RPI	Shot by RPI Roya Lewis, SAVE Emily Serafinchon.
05:58	CAPW	Clear attempt by CAPW good.
--	RPI	Foul on RPI Cara Nalbandian.
--	RPI	Foul on RPI Kaitlyn Kemp.
04:53	CAPW	Free position attempt for CAPW.
04:39	CAPW	Turnover by CAPW Julia Foresi.
04:33	RPI	Ground ball pickup by RPI Elyssa Yonta.
04:28	RPI	Clear attempt by RPI failed.
04:23	RPI	Turnover by RPI Elyssa Yonta (caused by Andi Henry).
04:15	CAPW	Ground ball pickup by CAPW Andi Henry.
--	RPI	Foul on RPI Kaitlyn Kemp.
03:28	CAPW	Free position attempt for CAPW.
03:18	CAPW	Shot by CAPW Luci Kanowsky WIDE {free position shot}.
02:37	CAPW	Turnover by CAPW Julia Foresi.
02:34	RPI	Ground ball pickup by RPI Llana McCarthy.
01:52	RPI	Shot by RPI Mia Banglmaier, SAVE Emily Serafinchon.
01:47	CAPW	Ground ball pickup by CAPW Holly Stoner.
--	RPI	Foul on RPI Cara Nalbandian.
01:34	CAPW	Clear attempt by CAPW good.
00:54	CAPW	Shot by CAPW Grace Osborn WIDE.
--	RPI	Foul on RPI Molly McDonald.
00:19	CAPW	Free position attempt for CAPW.
00:07	CAPW	Shot by CAPW Julia Foresi, SAVE Olivia Kimball {free position shot}.
00:00	0	
15:00	0	
15:00	RPI	Julianna Lucas at goalie for RPI.
--	RPI	Draw control by RPI Lisa Boehmer.
--	CAPW	Foul on CAPW Rylee Jarvis.
14:10	RPI	Shot by RPI Lauren DeLeo, SAVE Emily Serafinchon.
13:59	CAPW	Clear attempt by CAPW good.
13:11	CAPW	Turnover by CAPW Grace Osborn.
13:04	RPI	Ground ball pickup by RPI Elyssa Yonta.
--	CAPW	Foul on CAPW Rylee Jarvis.
12:59	RPI	Clear attempt by RPI good.
--	CAPW	Foul on CAPW Riley Johnson.
12:43	RPI	Free position attempt for RPI.
12:33	RPI	Shot by RPI Mia Banglmaier WIDE {free position shot}.
12:02	RPI	Turnover by RPI Lauren DeLeo.
11:26	CAPW	GOAL by CAPW Andi Henry.

Capital 3, Rensselaer 14

--	RPI	Draw control by RPI Rylie Maready.
10:13	RPI	Shot by RPI Molly McDonald, SAVE Emily Serafinchon.
10:03	CAPW	Clear attempt by CAPW good.
--	RPI	Foul on RPI Kat Cama.
09:23	CAPW	Free position attempt for CAPW.
09:14	CAPW	Shot by CAPW Julia Foresi, SAVE Julianna Lucas {free position shot}.
09:03	RPI	Ground ball pickup by RPI Julianna Lucas.
09:00	RPI	Clear attempt by RPI good.
08:50	RPI	Shot by RPI Cara Nalbandian WIDE.
08:12	CAPW	Clear attempt by CAPW failed.
07:57	CAPW	Turnover by CAPW Rylee Jarvis.
07:09	RPI	Shot by RPI Gabbie Valle, SAVE Emily Serafinchon.
06:41	RPI	Shot by RPI Molly McDonald WIDE.
06:28	RPI	Shot by RPI Llana McCarthy WIDE.
06:15	RPI	30-second clock violation by RPI.
06:12	RPI	Turnover by RPI (caused by TEAM).
05:54	CAPW	Clear attempt by CAPW failed.
05:48	CAPW	Turnover by CAPW Dylan Smith.
05:42	RPI	Ground ball pickup by RPI Mia Banglmaier.
--	CAPW	Foul on CAPW Dylan Smith.
04:39	RPI	Shot by RPI Llana McCarthy, SAVE Emily Serafinchon.

04:31	CAPW	Clear attempt by CAPW good.
--	RPI	Foul on RPI Elyssa Yonta.
03:50	CAPW	Free position attempt for CAPW.
03:48	CAPW	GOAL by CAPW Grace Osborn (FPGOAL) {free position shot}.

Capital 4, Rensselaer 14

--	CAPW	Draw control by CAPW Andi Henry.
--	RPI	Foul on RPI Lisa Boehmer.
01:59	CAPW	Free position attempt for CAPW.
01:39	CAPW	GOAL by CAPW Grace Osborn (FPGOAL) {free position shot}.

Capital 5, Rensselaer 14

--	RPI	Draw control by RPI Lisa Boehmer.
--	CAPW	Foul on CAPW Heather Stoner.
--	CAPW	Foul on CAPW Ele Shalawylo.
00:55	RPI	Shot by RPI Gabbie Valle HIT POST.
00:41	CAPW	Ground ball pickup by CAPW Julia Foresi.
00:28	CAPW	Clear attempt by CAPW failed.
00:28	CAPW	Turnover by CAPW (caused by Quinn Wollard).
--	CAPW	Foul on CAPW Julia Foresi.
00:01	RPI	Free position attempt for RPI.
00:00	RPI	GOAL by RPI Quinn Wollard (FPGOAL) {free position shot}.

Capital 5, Rensselaer 15

00:00 0