About St. John Fisher College

St. John Fisher College is an independent, liberal arts institution in the Catholic tradition of American higher education. The College emphasizes liberal learning for students in traditional academic disciplines, as well as for those in more directly career-oriented fields. The College welcomes qualified students, faculty, and staff regardless of religious or cultural background.

The campus is situated on 154 park-like acres—a beautiful setting for 21 modern buildings and a warm, friendly campus community of 2,500 full-time undergraduate, 250 part-time undergraduates, and 850 graduate students. The College offers 30 academic majors in the humanities, social sciences, sciences, business, and nursing, as well as 10 pre-professional programs.

Fisher also offers 11 master’s programs: Master in Business Administration, M.S. in Human Resource Development, M.S. in International Studies, M.S. in Mathematics/Science/Technology Education, M.S. in Mental Health Counseling, M.S. in Advanced Practice Nursing, M.S. in Literacy Education, M.S. in Special Education, M.S.Ed. in Adolescence Education, M.S.Ed. in Childhood Education, and M.S.Ed. in Educational Leadership, as well as two doctoral programs: Ed.D. in Executive Leadership and the Pharm.D.

Admission Process

Admission to St. John Fisher College is based primarily on the following: high school record; scores on standardized tests (SAT/ACT); extracurricular activities and/or work experience; and the high school’s evaluation of the candidate. Interviews are also considered and strongly encouraged.

A candidate for admission to the freshman class must be a graduate of an approved secondary school and present a minimum of 16 units of college preparatory coursework in English, foreign languages, mathematics, and natural and social sciences. An applicant should present a secondary school average of 85 percent or above in these academic subjects.

Fisher welcomes qualified transfer students from two- and four-year colleges for both the fall and spring terms. To be considered for admission, transfer students must have a cumulative grade point average of 2.0 or better. If the student has obtained an A.A., A.S., or A.A.S. degree, 60 to 66 credit hours are transferred. All transfer applicants should consult the Undergraduate Bulletin for details.

For further information, contact the Office of Undergraduate Admissions, St. John Fisher College, 3690 East Avenue, Rochester, NY 14618, or call (585) 385-8064 or toll free (800) 444-4640.

Financial Aid

It is the philosophy of St. John Fisher College to admit fully qualified students who can profit from the educational experience the College offers. The financial aid programs at Fisher have been developed to help such students finance their education.

Financial assistance comes from a variety of sources, including need-based and merit-based scholarships, grants, loans, and part-time employment. Nearly all financial aid programs require applicants to file the Free Application for Federal Student Aid (FAFSA), which analyzes financial need and allows the College to extend comprehensive financial assistance. Prospective students are encouraged to submit the FAFSA, which can be obtained from the St. John Fisher College Financial Aid Office, by February 15, 2007, for fall 2007 admission.

St. John Fisher College invites students, parents, and counselors to visit the Fisher campus. The Admissions Office will arrange tours, and interviews with faculty members and admissions counselors. Call (585) 385-8064 or (800) 444-4640 for more information.

If students and their parents are interested in discussing financial aid at Fisher, appointments can be made by calling (585) 385-8042. The Admissions and Financial Aid Offices are located in Kearney Hall, the College’s administration building.

From the South:
Take Route 90 (NYS Thruway) to Exit 45. Take Interstate 490 West to Exit 25, marked Fairport Road (31F). Turn left onto Fairport Road and proceed west to the main entrance of St. John Fisher College.

Main Entrance:
The main entrance of the College is one-half mile from Interstate 490, at the traffic light where Route 31F (Fairport Road) meets Route 96 (East Avenue).

From the West:
Take Route 90 (NYS Thruway) to Exit 47, marked LeRoy. Take Interstate 490 East, marked Rochester, for approximately 25 miles to Exit 25, marked Fairport Road (31F). Turn west onto Fairport Road and proceed to the main entrance of St. John Fisher College.

For application and further information, write to:
Office of Undergraduate Admissions
St. John Fisher College
3690 East Avenue, Rochester, NY 14618
Call (585) 385-8064, or toll free (800) 444-4640
OR
Visit us on the Web at www.sjfc.edu
I don’t want to be overly optimistic, but on paper, this is the best team that I’ve ever coached,” says Chan, now in his fifth season at the College and the reigning Empire 8 Conference Coach of the Year. “We’re still a pretty young team, but at the same time, we have all but two players back from last year. I think if our juniors and seniors can be leaders for us and our sophomore class continues to improve, I really think we can win the Empire 8.” Fisher will play in four tournaments throughout the year in preparation for its conference schedule, battling several of the nation’s top programs. If Fisher finishes in the top four in the Empire 8, the Cardinals will qualify for the Empire 8 Conference Championship with the winner of the four-team, single-elimination tournament earning an automatic bid to the NCAA Division III Championship.

“We feel as though if you want to be the best, you have to go out and play the best teams and that’s exactly what we do,” Chan says. “Our No. 1 goal for the year is to win the Empire 8 title and go to NCAAs and we want to be prepared when that time comes.”

Chan will look to his two seniors — Kristi Pallotta and Colleen Helak — for leadership both on and off the court. Pallotta, a three-year starter, has ranked either first of second on the team in kills in each season, while also ranking among the team leaders in digs each year. Last season, Pallotta earned All-Conference honors for the second straight year and totaled 396 digs, 284 kills, 45 blocks and 35 aces. Pallotta, a three-year starter, has ranked either first of second on the team in kills in each

| 2006 ROSTER |
|------------------|--------|-----|---------|-----------------|--------|
| No. | Name | Pos. | Yr. | Ht. | High School | Hometown |
| 1  | Megan Mead | OH | Fr. | 5-9 | Victor | Victor |
| 2  | Mary Beth Dillion | L/OH | Jr. | 5-6 | Churchville-Chili | Churchville |
| 3  | Jenna Engel | OH | So. | 5-8 | Batavia | Batavia |
| 4  | Kristi Pallotta | OH | Sr. | 5-9 | Liverpool | Liverpool |
| 5  | Marissa Kamholz | S/DS | Fr. | 5-6 | Canandaigua | Canandaigua |
| 6  | Colleen Helak | L | Sr. | 5-3 | St. Mary’s | West Seneca |
| 7  | Kayleigh Cassetta | MB/RS | So. | 6-0 | Cazenovia-North Syracuse | Liverpool |
| 8  | Morgen Kandefer | MB | So. | 5-10 | Nardin Academy | Alden |
| 9  | Jenna Waldron | L | Fr. | 5-5 | Windsor | Windsor |
| 10 | Hannah Cordes | S | Jr. | 5-6 | Cazenovia | Cazenovia |
| 11 | Katy Nesbitt | RS | Fr. | 6-0 | Bishop Kearney | Irondequoit |
| 12 | Tricia Hammerl | MH/RS | Sr. | 6-0 | Byron-Bergen | Bergen |
| 13 | Jessie Pegler | OH | So. | 5-10 | Churchville-Chili | Churchville |
| 14 | Erica Henriksen | OH | Fr. | 5-8 | Sandy Creek | Sandy Creek |
| 15 | Alyssa Ziebrowski | OH | So. | 5-8 | Lewiston-Porter | Lewiston |

Head Coach: James Chan
Assistant Coach: Kelly Kochems
Manager: Mallory Perez

St. John Fisher College volleyball head coach James Chan is fairly confident about his team’s chances of going to the postseason for the 32nd time in the program’s 33-year history.
## Name | G | K | K/G | E | TA | Pct | A | A/G | SA | SE | SA/G | RE | DIG | D/G | BS | BA | Total | B/G | BE | BHE
Hannah Cordes | 108 | 122 | 1.13 | 30 | 442 | 0.208 | 977 | 9.05 | 30 | 19 | 0.28 | 0 | 290 | 2.69 | 8 | 24 | 32 | 0.30 | 29 | 0 | 
Jessie Pegler | 23 | 37 | 1.61 | 19 | 102 | 0.176 | 1 | 0.04 | 7 | 10 | 0.30 | 0 | 23 | 1.00 | 1 | 2 | 3 | 0.13 | 4 | 0 | 
Jenna Engel | 104 | 272 | 2.62 | 133 | 853 | 0.163 | 17 | 0.16 | 36 | 60 | 0.35 | 0 | 329 | 3.16 | 16 | 29 | 45 | 0.43 | 24 | 0 | 
Alyssa Ziobrowski | 109 | 284 | 2.81 | 158 | 1087 | 0.163 | 17 | 0.17 | 35 | 57 | 0.35 | 0 | 396 | 3.92 | 27 | 38 | 65 | 0.45 | 26 | 0 | 
Kristi Pallotta | 24 | 20 | 0.83 | 13 | 82 | 0.113 | 4 | 0.17 | 0 | 0 | 0.00 | 0 | 16 | 0.67 | 13 | 7 | 20 | 0.83 | 11 | 0 | 
Emily Engle | 109 | 245 | 2.25 | 144 | 924 | 0.187 | 71 | 0.65 | 42 | 33 | 0.39 | 0 | 436 | 4.00 | 27 | 37 | 64 | 0.59 | 35 | 0 | 
Morgen Kandefer | 104 | 59 | 0.57 | 35 | 275 | 0.087 | 3 | 0.03 | 1 | 2 | 0.01 | 0 | 34 | 0.33 | 36 | 50 | 86 | 0.83 | 58 | 0 | 
Mary Beth Dillon | 11 | 2 | 0.18 | 2 | 11 | 0.00 | 1 | 0.09 | 3 | 1 | 0.27 | 0 | 16 | 1.45 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Rachel Cvey | 2 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Erica Quist | 6 | 0 | 0.00 | 0 | 0 | 0.00 | 7 | 1.17 | 0 | 1 | 0.00 | 0 | 0 | 0.00 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Colleen Helak | 84 | 5 | 0.06 | 12 | 70 | 0.100 | 10 | 0.12 | 29 | 19 | 0.35 | 0 | 483 | 5.75 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Emily Hogan | 1 | 0 | 0.00 | 1 | 6 | 0.00 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Brianna Karksi | 34 | 0 | 0.00 | 2 | 10 | 0.00 | 2 | 0.06 | 1 | 3 | 0.03 | 0 | 118 | 3.47 | 0 | 0 | 0 | 0.00 | 0 | 0 | 
Melissa Peruzzini | 5 | 0 | 0.00 | 1 | 2 | 0.00 | 0 | 0.00 | 0 | 0 | 0.00 | 0 | 14 | 2.80 | 0 | 0 | 0 | 0.00 | 0 | 0 | 

### 2005 Statistics

#### 2005 Results

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 9</td>
<td>Wellesley</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 9</td>
<td>John Carroll</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 10</td>
<td>Brockport</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 10</td>
<td>Oneonta</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Sept. 13</td>
<td>SUNY Cortland</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 14</td>
<td>SUNY Oswego</td>
<td>W 3-1</td>
</tr>
<tr>
<td>Sept. 16</td>
<td>CLARKSON</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Sept. 16</td>
<td>SUNY Cortland</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 17</td>
<td>@ R.I.T.</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Sept. 17</td>
<td>Nazareth College</td>
<td>W 3-2</td>
</tr>
<tr>
<td>Sept. 22</td>
<td>UNIVERSITY OF ROCHESTER</td>
<td>L 1-3</td>
</tr>
<tr>
<td>Sept. 29</td>
<td>BUFFALO STATE</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Oct. 1</td>
<td>Saint Mary’s</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Oct. 1</td>
<td>SUNY Geneseo</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Oct. 2</td>
<td>@ SUNY Ononta</td>
<td>L 1-3</td>
</tr>
<tr>
<td>Oct. 2</td>
<td>ITHACA COLLEGE</td>
<td>W 3-2</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>@ R.I.T.</td>
<td>L 1-3</td>
</tr>
<tr>
<td>Oct. 7</td>
<td>New York University</td>
<td>L 1-3</td>
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<tr>
<td>Oct. 7</td>
<td>R.I.T.</td>
<td>L 1-3</td>
</tr>
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<td>Oct. 7</td>
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<td>Oct. 8</td>
<td>Emmanuel</td>
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<tr>
<td>Oct. 8</td>
<td>Plymouth State</td>
<td>W 3-1</td>
</tr>
<tr>
<td>Oct. 12</td>
<td>@ Alfred University</td>
<td>W 3-1</td>
</tr>
<tr>
<td>Oct. 18</td>
<td>NAZARETH COLLEGE</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Oct. 22</td>
<td>Elmira College</td>
<td>W 3-1</td>
</tr>
<tr>
<td>Oct. 22</td>
<td>Utica College</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Oct. 23</td>
<td>ITHACA COLLEGE</td>
<td>L 0-3</td>
</tr>
<tr>
<td>Oct. 23</td>
<td>Hartwick College</td>
<td>W 3-1</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>R.I.T.</td>
<td>L 1-3</td>
</tr>
<tr>
<td>Nov. 11</td>
<td>Elmira College</td>
<td>W 3-0</td>
</tr>
<tr>
<td>Nov. 11</td>
<td>SUNY New Paltz</td>
<td>L 0-3</td>
</tr>
</tbody>
</table>

### 2006 Schedule

#### Cardinals 2006 Volleyball Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Opponent</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 8-9</td>
<td>Fri.-Sat.</td>
<td>@ Ithaca Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Sept. 13</td>
<td>Wed.</td>
<td>@ SUNY Oswego</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Sept. 15-16</td>
<td>Fri.-Sat.</td>
<td>@ R.I.T. Invitational</td>
<td>TBA</td>
</tr>
<tr>
<td>Sept. 19</td>
<td>Sat.</td>
<td>@ Medaille College</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Sept. 27</td>
<td>Wed.</td>
<td>SUNY GENSEEO</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Sept. 29-30</td>
<td>Fri.-Sat.</td>
<td>@ SUNY Oneonta Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 3</td>
<td>Tue.</td>
<td>R.I.T. *</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 6-7</td>
<td>Fri.-Sat.</td>
<td>@ NYU Invitational</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 11</td>
<td>Wed.</td>
<td>ALFRED UNIVERSITY *</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 17</td>
<td>Tue.</td>
<td>@ Nazareth College *</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 19</td>
<td>Thur.</td>
<td>@ Buffalo State</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 21-22</td>
<td>Sat.-Sun.</td>
<td>@ Empire 8 Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 25</td>
<td>Wed.</td>
<td>@ SUNY Fredonia</td>
<td>7 p.m.</td>
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<tr>
<td>Nov. 4</td>
<td>Sat.</td>
<td>Empire 8 Championship</td>
<td>TBA</td>
</tr>
</tbody>
</table>

All dates are subject to change. Home games are in caps.

* Denotes Empire 8 Conference match. For all the latest information, visit the St. John Fisher College Athletics Web site: http://www.sjfc.edu/athletics
**KRISTI PALLOTTA**

*High School: Liverpool*
*Hometown: Liverpool, NY*

** OH Sr. 5-9

2005: Started in 30 of Fisher’s 31 matches and played in 101 games … Empire 8 All-Conference Honorable Mention selection … Led Fisher with 284 kills … Ranked third on the team with 396 digs and 35 aces … Fourth on the squad with 45 blocks … Named Fisher’s Female Athlete of the Week and the Empire 8 Conference’s Player of the Week, 10/2 … Also selected to the All-Tournament Team at the SUNY Oneonta Invitational … Career-high 21 digs vs. Plymouth State, 10/8 … Career-high 36 digs in win over Ithaca, 10/2 … Named to the Empire 8 Conference President’s List for having a 3.75 grade point average or higher in the fall semester.

2004: Played in 35 matches … Ranked second on the team in digs (471), kills (296), and aces (36) … Also tallied 25 blocks … Named to the SUNY Oneonta All-Tournament Team … Received Empire 8 All-Conference Honorable Mention status … Posted a season-high 19 kills vs. R.I.T., 10/5 … Season-high 19 digs vs. Elizabethtown, 10/3 … Fisher Female Athlete of the Week, 9/13 … Secretary of the Student-Athlete Advisory Committee … Named to the Empire 8 Conference President’s List in the spring semester for having a grade point average of 3.75 or higher.

2003: Saw action in 32 matches and 121 games … Ranked second on the team in kills with 267 … Third on the squad with 232 digs … Fisher Female Athlete of the Week, 10/27 … Season-high 17 kills vs. Elizabethtown, 9/27 … Season-high 17 digs vs. Buffalo State, 10/2.

**High School:** Played two years of volleyball at Liverpool … Named team MVP her senior year … Also named to All-League Team twice.

**Personal:** Kristi is the daughter of Nicholas and Colleen Pallotta … Born December 18, 1984 … Majoring in History.

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**HANNAH CORDES**

*High School: Cazenovia*
*Hometown: Cazenovia, NY*

** S Jr. 5-6

2005: Started in all 31 matches … Named to the Empire 8 All-Conference Second Team … Paced the Cardinals with a team-high 977 assists, good for seventh on Fisher’s single-season record list … Named fourth on the team in service aces and fifth on the squad in digs (290) and kills (122) … Also totaled 32 blocks … Two-time Fisher Female Athlete of the Week … Earned All-Tournament honors at the Oneonta Invitational after leading the Cardinals to a first-place finish … Career-high 51 assists in win over Ithaca, 10/2 … Career-high 22 digs in ECAC Upstate Championship vs. SUNY New Paltz, 11/12 … Tied for seventh on Fisher’s single-season record list with a .490 hitting percentage … Tied for third on the team with 32 aces … Received All-Conference Honorable Mention status … Season-high 45 assists in 3-1 win over Medaille, 9/27 … Season-high 17 digs vs. R.I.T., 10/5 … Named Fisher’s Female Athlete of the Week, 10/3.

**High School:** Played four seasons of varsity volleyball … Four-time All-League selection … Two-time Section III First-Team selection … Named to the All-State Fourth Team as a junior … Three-time-team Most Valuable Player … Paced team to a league title in her senior year and was named MVP at two tournaments throughout the year … Also participated in track and field for four years and was a two-time All-League selection in both the high jump and long jump … National Honor Society inductee.

**Personal:** Hannah is the daughter of Diana and Bruce Cordes … Born October 28, 1986 … Majoring in Psychology.

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**COLLEEN HELAK**

*High School: St. Mary’s*
*Hometown: West Seneca, NY*

** L Sr. 5-3

2005: Played in 29 of 31 matches and appeared in 84 games … Led Fisher with 483 digs and ranked first in the Empire 8 Conference with 5.75 digs per game … Also totaled 29 aces and 10 assists on the year … Career-high 40 digs in win over Ithaca, 10/2 … Tied for seventh on Fisher’s single-season record list with a .490 hitting percentage … Career-high 21 aces … Season-high 24 digs vs. R.I.T., 10/6 … Also tallied 20 or more digs in two other contests … Career-high five aces in win over Baruch, 10/2. 2003: Saw action in 22 matches and 70 games … Placed sixth on the team with 173 digs … Season-high 18 digs in just three games vs. Alfred, 9/9 … Enjoyed double-digit totals in digs in seven other matches.

**High School:** Played four years of volleyball at St. Mary’s … Named to All-Western New York Volleyball Team … Earned team MVP honors her senior year … Also named to All-League Team twice. 2002: Saw action in seven matches and appeared in 11 games … Ended the season with 16 digs, three aces, two kills and one assist.

2004: Appeared in eight matches … Finished the year with 27 digs, six kills, six aces, and one solo block … Career-high nine digs in 3-1 win over Alfred, 10/13.

**High School:** Played three seasons of varsity softball and volleyball and two years of varsity tennis … Earned First-Team All-Monroe County honors in all three sports as a senior … Paced Churchville-Chili to a Monroe County title in softball as senior. 2005: Saw action in seven matches and appeared in 11 games … Ended the season with 16 digs, three aces, two kills and one assist.

2004: Appeared in eight matches … Finished the year with 27 digs, six kills, six aces, and one solo block … Career-high nine digs in 3-1 win over Alfred, 10/13.

**High School:** Played three seasons of varsity softball and volleyball and two years of varsity tennis … Earned First-Team All-Monroe County honors in all three sports as a senior … Paced Churchville-Chili to a Monroe County title in softball as senior. 2005: Saw action in seven matches and appeared in 11 games … Ended the season with 16 digs, three aces, two kills and one assist.

2004: Appeared in eight matches … Finished the year with 27 digs, six kills, six aces, and one solo block … Career-high nine digs in 3-1 win over Alfred, 10/13.

**High School:** Played three seasons of varsity softball and volleyball and two years of varsity tennis … Earned First-Team All-Monroe County honors in all three sports as a senior … Paced Churchville-Chili to a Monroe County title in softball as senior. 2005: Saw action in seven matches and appeared in 11 games … Ended the season with 16 digs, three aces, two kills and one assist.
ALYSSA ZIOBROWSKI

**High School:** Lewiston-Porter  
**Hometown:** Lewiston, NY

**MB So. 5-8**

**2005:** Played in all 31 matches and 109 games ... Empire 8 Conference Rookie of the Year ... Also earned All-Conference Honorable Mention status ... Led the Cardinals with 90 blocks ... Fourth on the team with 221 kills ... Also collected 101 digs and 23 aces on the year ... Tallied a career-high 10 blocks in her first collegiate match vs. Wellesley, 9/9 ... Career-high 17 kills vs. R.I.T., 11/4 ... Posted a career-high 12 digs vs. Alfred, 10/12 ... Five aces vs. Nazareth, 9/17.

**High School:** Played three seasons of varsity volleyball ... Three-time All-Niagara Frontier League selection ... Two-time team MVP and team captain ... All-Western New York Second Team selection as a senior ... Paced team to a Section VI and a Niagara Frontier League title in her sophomore season ... Totaled 603 kills over her three-year career ... Also a standout softball player, she batted over .500 in her sophomore and seniors seasons, while earned All-League honors on three occasions ... Named Lew-Port's Most Outstanding Senior Female Athlete.  

**Personal:** Alyssa is the daughter of Glenn and Jane Ziobrowski ... Born February 26, 1987 ... Majoring in Accounting.

KAYLEIGH CASSETTA

**High School:** Cicero-North Syracuse  
**Hometown:** Liverpool, NY

**MB So. 6-0**

**2005:** Saw action in 17 matches and 24 games ... Finished the season with 20 kills, 20 blocks, 16 digs and four aces ... Career-high 11 digs vs. Brockport, 9/10 ... Totaled three blocks in win over SUNY Oswego, 9/14 ... Four kills vs. R.I.T., 10/7.  

**High School:** Played four seasons of varsity volleyball ... Named team’s Most Improved Player as a senior after leading her squad in blocks ... Also earned All-League honors on three occasions ... Named Lew-Port’s Most Outstanding Senior Female Athlete.  

**Personal:** Kayleigh is the daughter of Frank and Kathleen Cassetta ... Born July 20, 1987 ... Majoring in Communication/Journalism.

MORGEN KANDEFER

**High School:** Nardin Academy  
**Hometown:** Alden, NY

**MB So. 5-10**

**2005:** Played in all 31 matches and 104 games ... Ranked second team with 86 blocks ... Also notched 59 kills and 34 digs on the year ... Career-high six blocks on four different occasions ... Talled eight digs in win over Emmanuel, 10/8 ... Added a career-best six kills vs. SUNY Oneonta, 9/10.  

**High School:** Played two years of varsity volleyball ... Named to the All-Catholic Second Team ... All-Western New York Coaches Award ... Led team in blocking and served as a team captain in her senior season ... Helped team win a Monsignor Martin League title in her final year and paced Nardin to a runner-up finish in the state tournament.  

**Personal:** Morgen is the daughter of Joseph and Marie Kandefer ... Born July 23, 1987 ... Majoring in Childhood Education.

JESSICA PEGLER

**High School:** Churchville-Chili  
**Hometown:** Rochester, NY

**OH So. 5-10**

**2005:** Played in 14 matches and 23 games ... Finished the year with 37 kills, 23 digs, seven aces and three blocks ... Career-high eight kills vs. SUNY Cortland, 9/16 ... Career-high five digs vs. St. Mary’s 10/1 ... Named to the Empire 8 Conference President’s List for having a 3.75 grade point average or higher in the fall semester.  

**High School:** Played four years of varsity volleyball ... Named team’s Best Offensive Player and Earned Second-Team All-County honors in her senior season ... Also the Most Valuable Player on Churchville-Chili’s cross-country and track and field teams in her final year ... Graduated in the top 10 in her class.  

**Personal:** Jessica is the daughter of Juergen and Regina Pegler ... Born August 25, 1987 ... Majoring in Accounting.

TRICIA HAMMERL

**High School:** Byron-Bergen  
**Hometown:** Bergen, NY

**MH/RS Sr. 6-0**

MARISSA KAMHOLTZ

**High School:** Canandaigua Academy  
**Hometown:** Canandaigua, NY

**S/DS Fr. 5-6**

2005: A top player for Canandaigua Academy, Marrisah Kamholtz helped lead the Gaels to a sectional title and a spot in the high school volleyball state tournament. She is also a three-sport athlete who excelled in basketball and softball.  

**Personal:** Marrisah is the daughter of John and Karen Kamholtz ... Born July 14, 1987 ... Majoring in Mathematics.

KATY NESBITT

**High School:** Bishop Kearney  
**Hometown:** Rochester, NY

**RS Fr. 6-0**

2005: A starting middle for Bishop Kearney, Katy Nesbitt helped lead the Golden Eagles to a sectional title and a spot in the high school volleyball state tournament. She is a three-sport athlete who excelled in basketball and softball.  

**Personal:** Katy is the daughter of Brian and Brenda Nesbitt ... Born May 10, 1987 ... Majoring in Social Work.

Megan Mead

**High School:** Victor  
**Hometown:** Victor, NY

**OH Fr. 5-9**

2005: A top player for Victor, Megan Mead helped lead the Blue Devils to a sectional title and a spot in the high school volleyball state tournament. She is a three-sport athlete who excelled in basketball and softball.  

**Personal:** Megan is the daughter of David and Shari Mead ... Born August 21, 1987 ... Majoring in Criminal Justice.

Jessica Pegler

**High School:** Churchville-Chili  
**Hometown:** Rochester, NY

**OH Sr. 5-10**

2005: A top player for Churchville-Chili, Jessica Pegler helped lead the Eagles to a sectional title and a spot in the high school volleyball state tournament. She is a three-sport athlete who excelled in basketball and softball.  

**Personal:** Jessica is the daughter of John and Mary Pegler ... Born November 8, 1987 ... Majoring in Accounting.
### CAREER RECORDS

#### KILLS
1. Katy Stratton 1,555 (96-99)  
2. Michelle Fillion 1,146 (88-91)  
3. Lori Holleran 1,121 (89-92)  
4. Donna Blancato 1,118 (79-82)  
5. Kim Crawford 1,095 (95-98)  
6. Amy Modafferi 1,023 (97-00)  
7. Jen Bahr 978 (90-93)  
8. Coriza Bueso 923 (96-99)  
9. Chrissy Wren 919 (00-02)  
10. Noelle Navarro 918 (78-81)  

#### TOTAL BLOCKS
1. Katy Stratton 748 (96-99)  
2. Coriza Bueso 474 (96-99)  
3. Amy Modafferi 476 (97-00)  
4. Angela Blauvelt 463 (99-02)  
5. Sonja Harstad 410 (92-95)  
6. Julie Carreo 338 (91-94)  
7. Lori Holleran 337 (89-92)  
8. Lisa Holleran 314 (89-90)  
9. Patti James 263 (83-86)  
10. Michelle Woods 257 (83-86)  

#### SERVICE ACES
1. Erin Pellegrin 247 (00-03)  
2. Cassandra Camille 171 (92-95)  
3. Jen Bahr 170 (90-93)  
4. Emily Engle 168 (01-04)  
5. Katy Stratton 155 (96-99)  
6. Julie Carreo 149 (91-94)  
7. Becky Mulvaney 132 (97-00)  
8. Caroline Boyzuck 132 (97-00)  
9. Emily Engle 126 (02-04)  
10. Carrie Potempa 123 (92-93)  

#### ASSISTS
1. Erin Pellegrin 4,171 (00-03)  
2. Angela Modafferi 3,315 (93-96)  
3. Christie Potempa 2,326 (87-90)  
4. Carrie Potempa 1,916 (92-93)  
5. Bridget Martin 1,500 (89-92)  
6. Angela Grajczyk 1,158 (99-00)  
7. Daina Ledins 1,086 (77-80)  
9. Caroline Boyzuck 772 (97-00)  
10. Jeannie Smith 765 (78-81)  

#### DIGS
1. Kim Crawford 1,885 (95-98)  
2. Cassandra Camille 1,727 (92-95)  
3. Katy Stratton 1,668 (96-99)  
4. Erin Pellegrin 1,349 (00-03)  
5. Angela Modafferi 1,306 (93-96)  
6. Jodi Altman 1,182 (96-97)  
7. Maureen MacIsaac 1,164 (00-03)  
8. Jen Bahr 1,144 (90-93)  
9. Coriza Bueso 1,118 (96-99)  
10. Kristi Pallotta 1,099 (02-04)  

### SINGLE-SEASON RECORDS

#### KILLS
7. Lori Holleran 366 (1992)  

#### TOTAL BLOCKS

#### SERVICE ACES
2. Erin Pellegrin 83 (2001)  
5. Carm Fragnito 73 (1996)  

#### DIGS

#### ASSISTS
1. Angela Modafferi 1,483 (1996)  
4. Angela Grajczyk 1,117 (1999)  
5. Carrie Potempa 1,049 (1993)  
8. Erin Pellegrin 967 (2001)  

#### DIGS
1. Kim Crawford 1,885 (95-98)  
2. Cassandra Camille 1,727 (92-95)  
3. Katy Stratton 1,668 (96-99)  
4. Erin Pellegrin 1,349 (00-03)  
5. Angela Modafferi 1,306 (93-96)  
6. Jodi Altman 1,182 (96-97)  
7. Maureen MacIsaac 1,164 (00-03)  
8. Jen Bahr 1,144 (90-93)  
9. Coriza Bueso 1,118 (96-99)  
10. Kristi Pallotta 1,099 (02-04)
### Cardinals 2006 Volleyball Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Opponent</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 8-9</td>
<td>Fri.-Sat.</td>
<td>@ Ithaca Tournament</td>
<td>TBA</td>
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<tr>
<td>Sept. 13</td>
<td>Wed.</td>
<td>@ SUNY Oswego</td>
<td>7 p.m.</td>
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<tr>
<td>Sept. 15-16</td>
<td>Fri.-Sat.</td>
<td>@ R.I.T. Invitational</td>
<td>TBA</td>
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<tr>
<td>Sept. 19</td>
<td>Sat.</td>
<td>@ Medaille College</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Sept. 27</td>
<td>Wed.</td>
<td>SUNY GENESEO</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Sept. 29-30</td>
<td>Fri.-Sat.</td>
<td>@ SUNY Oneonta Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 3</td>
<td>Tue.</td>
<td>R.I.T. *</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 6-7</td>
<td>Fri.-Sat.</td>
<td>@ NYU Invitational</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 11</td>
<td>Wed.</td>
<td>ALFRED UNIVERSITY *</td>
<td>7 p.m.</td>
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<tr>
<td>Oct. 17</td>
<td>Tue.</td>
<td>@ Nazareth College *</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Oct. 19</td>
<td>Thur.</td>
<td>@ Buffalo State</td>
<td>7 p.m.</td>
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<tr>
<td>Oct. 21-22</td>
<td>Sat.-Sun.</td>
<td>@ Empire 8 Tournament</td>
<td>TBA</td>
</tr>
<tr>
<td>Oct. 25</td>
<td>Wed.</td>
<td>@ SUNY Fredonia</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>Sat.</td>
<td>Empire 8 Championship</td>
<td>TBA</td>
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</table>

* Denotes Empire 8 Conference match. For all the latest information, visit the St. John Fisher College Athletics Web site: [http://www.sjfc.edu/athletics](http://www.sjfc.edu/athletics)

All dates are subject to change. Home games are in caps.