

Capital (2-7-1, 1-1-0) -vs- Heidelberg (2-10-0, 0-2-0)  
10/08/2025 (Hidden Valley)

Date: 10/08/2025  
Attendance: 20  
Stadium: Hidden Valley  
Officials:

| Goals By Period | 1 | 2 | Total |
|-----------------|---|---|-------|
| Capital         | 1 | 3 | 4     |
| Heidelberg      | 0 | 0 | 0     |

Capital 4

| Pos         | #  | Player              | SH | SOG | G | A | MIN |
|-------------|----|---------------------|----|-----|---|---|-----|
| Starters    |    |                     |    |     |   |   |     |
| GK          | 1  | Ogden, Ethan        | 0  | 0   | 0 | 0 | 90  |
| DEF         | 3  | Thomas, Jack        | 1  | 0   | 0 | 0 | 76  |
| DEF         | 5  | Musgrove, Carter    | 1  | 0   | 0 | 0 | 78  |
| FWD         | 7  | Metatla, Wassim     | 4  | 2   | 1 | 1 | 65  |
| MID         | 8  | Epstein, Tony       | 0  | 0   | 0 | 0 | 46  |
| FWD         | 10 | Harris, Derrick     | 4  | 2   | 0 | 1 | 55  |
| DEF         | 13 | Terry, Jackson      | 0  | 0   | 0 | 0 | 41  |
| FWD         | 15 | Montgomery, Landon  | 2  | 2   | 1 | 1 | 65  |
| MID         | 21 | Reppeto, Jacob      | 0  | 0   | 0 | 0 | 75  |
| DEF         | 22 | Hughes, Landon      | 0  | 0   | 0 | 0 | 83  |
| MID         | 23 | Wurstner, Cade      | 2  | 1   | 1 | 0 | 68  |
| Substitutes |    |                     |    |     |   |   |     |
| FWD         | 9  | Voight, Nico        | 0  | 0   | 0 | 0 | 16  |
| DEF         | 12 | Noffsinger, Mathias | 0  | 0   | 0 | 0 | 7   |
| MID         | 14 | Monzalvo, Christian | 3  | 1   | 1 | 0 | 28  |
| MID         | 16 | Kirian, Grady       | 0  | 0   | 0 | 0 | 7   |
| FWD         | 17 | Krzeminski, Payton  | 0  | 0   | 0 | 0 | 7   |
| MID         | 18 | Stojcev, Luka       | 0  | 0   | 0 | 0 | 12  |
|             | 19 | Young, Austin       | 0  | 0   | 0 | 0 | 12  |
| DEF         | 25 | Spiers, Alex        | 0  | 0   | 0 | 0 | 14  |
| DEF         | 27 | Wilhelmsen, Filip   | 1  | 1   | 0 | 0 | 42  |
| MID         | 28 | Gewlas, Phoenix     | 1  | 1   | 0 | 0 | 30  |
| MID         | 30 | Balaban, Drew       | 0  | 0   | 0 | 0 | 7   |
| MID         | 32 | Segerstrom, Edvin   | 0  | 0   | 0 | 2 | 47  |
| DEF         | 33 | Baer, Noah          | 0  | 0   | 0 | 0 | 12  |
| FWD         | 34 | Watkins, Mikey      | 0  | 0   | 0 | 0 | 7   |
| Totals      |    |                     | 19 | 10  | 4 | 5 | 990 |

| #      | Goalkeepers  | Minutes | GA | Saves |
|--------|--------------|---------|----|-------|
| 1      | Ogden, Ethan | 90:00   | 0  | 4     |
| Totals |              |         | 0  | 4     |

| Shots By Period | 1 | 2  | Total |
|-----------------|---|----|-------|
| Capital         | 8 | 11 | 19    |
| Heidelberg      | 3 | 5  | 8     |

| Saves By Period | 1 | 2 | Total |
|-----------------|---|---|-------|
| Capital         | 1 | 3 | 4     |
| Heidelberg      | 3 | 3 | 6     |

Scoring Summary

| Time  | Team | Goal Scorer       | Assist                               | Description                                                                    |
|-------|------|-------------------|--------------------------------------|--------------------------------------------------------------------------------|
| 08:20 | CAP  | Wassim Metatla    | Derrick Harris                       | GOAL by CAP Metatla, Wassim Assist by Harris, Derrick.                         |
| 62:43 | CAP  | Landon Montgomery | Edvin Segerstrom                     | GOAL by CAP Montgomery, Landon Assist by Segerstrom, Edvin.                    |
| 71:29 | CAP  | Cade Wurstner     | Landon Montgomery , Edvin Segerstrom | GOAL by CAP Wurstner, Cade Assist by Montgomery, Landon and Segerstrom, Edvin. |

Heidelberg 0

| Pos         | #  | Player              | SH | SOG | G | A | MIN |
|-------------|----|---------------------|----|-----|---|---|-----|
| Starters    |    |                     |    |     |   |   |     |
| GK          | 1  | Biehler, Collin     | 0  | 0   | 0 | 0 | 72  |
| DEF         | 2  | Williams Jr., Andre | 0  | 0   | 0 | 0 | 76  |
| DEF         | 4  | Haswell, Liam       | 1  | 0   | 0 | 0 | 90  |
| DEF         | 5  | Mangone, Nick       | 0  | 0   | 0 | 0 | 64  |
| MID         | 8  | Schweitzer, Ethan   | 0  | 0   | 0 | 0 | 62  |
| MID         | 10 | Clark, Zachary      | 2  | 1   | 0 | 0 | 83  |
| FWD         | 11 | Eagan, Nate         | 1  | 0   | 0 | 0 | 80  |
| FWD         | 20 | Johnston, Evan      | 0  | 0   | 0 | 0 | 76  |
| MID         | 22 | Reed, Kaiden        | 0  | 0   | 0 | 0 | 78  |
| MID         | 27 | Everett, Travis     | 1  | 1   | 0 | 0 | 50  |
| DEF         | 37 | Cheezum, Conner     | 0  | 0   | 0 | 0 | 62  |
| Substitutes |    |                     |    |     |   |   |     |
| GK          | 0  | Paulson, Mikael     | 0  | 0   | 0 | 0 | 18  |
| MID         | 7  | Faraj, Hassen       | 0  | 0   | 0 | 0 | 8   |
| DEF         | 9  | Rahal, Hamza        | 0  | 0   | 0 | 0 | 28  |
| MID         | 12 | Figley, Zac         | 0  | 0   | 0 | 0 | 7   |
| FWD         | 17 | Focinos, Inigo      | 0  | 0   | 0 | 0 | 14  |
| FWD         | 19 | Honniball, Logan    | 0  | 0   | 0 | 0 | 29  |
| MID         | 23 | Wilson, Heath       | 0  | 0   | 0 | 0 | 18  |
| DEF         | 32 | Springer, Cody      | 2  | 2   | 0 | 0 | 42  |
| DEF         | 36 | Rowland, Cole       | 1  | 0   | 0 | 0 | 23  |
| FWD         | 39 | Curtis, Brayden     | 0  | 0   | 0 | 0 | 10  |
| Totals      |    |                     | 8  | 4   | 0 | 0 | 990 |

| #      | Goalkeepers     | Minutes | GA | Saves |
|--------|-----------------|---------|----|-------|
| 0      | Paulson, Mikael | 18:31   | 1  | 1     |
| 1      | Biehler, Collin | 71:29   | 3  | 5     |
| Totals |                 |         | 4  | 6     |

| Corner Kicks By Period | 1 | 2 | Total |
|------------------------|---|---|-------|
| Capital                | 3 | 2 | 5     |
| Heidelberg             | 3 | 2 | 5     |

| Fouls By Period | 1 | 2 | Total |
|-----------------|---|---|-------|
| Capital         | 4 | 5 | 9     |
| Heidelberg      | 6 | 1 | 7     |

71:50 CAP Christian Monzalvo

Wassim Metatla

GOAL by CAP Monzalvo, Christian Assist by Metatla, Wassim.

**Cautions and Ejections: 51:50 (YELLOW), #37 Conner Cheezum (HEI)**

## Play By Play

| Time                           | Team | Play                                                                                                                                                                                                                                    |
|--------------------------------|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 00:00                          | HEI  | Biehler, Collin at goalie for Heidelberg                                                                                                                                                                                                |
| 00:00                          | CAP  | Ogden, Ethan at goalie for Capital                                                                                                                                                                                                      |
| 05:59                          | HEI  | Shot by HEI Eagan, Nate, out right.                                                                                                                                                                                                     |
| 07:10                          | HEI  | Foul on Mangone, Nick.                                                                                                                                                                                                                  |
| 07:57                          | CAP  | Shot by CAP Harris, Derrick, bottom center, saved by Biehler, Collin.                                                                                                                                                                   |
| 08:20                          | CAP  | GOAL by CAP Metatla, Wassim Assist by Harris, Derrick.                                                                                                                                                                                  |
| <b>Capital 1, Heidelberg 0</b> |      |                                                                                                                                                                                                                                         |
| 10:13                          | HEI  | Foul on Schweitzer, Ethan.                                                                                                                                                                                                              |
| 12:42                          | CAP  | Shot by CAP Harris, Derrick, out top.                                                                                                                                                                                                   |
| 12:56                          | CAP  | Corner kick [12:56].                                                                                                                                                                                                                    |
| 13:22                          | CAP  | Shot by CAP Musgrove, Carter, out top.                                                                                                                                                                                                  |
| 13:30                          | CAP  | Corner kick [13:30].                                                                                                                                                                                                                    |
| 14:26                          | CAP  | Foul on Reppeto, Jacob.                                                                                                                                                                                                                 |
| 15:48                          | CAP  | Shot by CAP Thomas, Jack.                                                                                                                                                                                                               |
| 15:59                          | CAP  | Corner kick [15:59].                                                                                                                                                                                                                    |
| 16:34                          | HEI  | HEI substitution: Honniball, Logan for Everett, Travis.                                                                                                                                                                                 |
| 16:53                          | CAP  | Shot by CAP Metatla, Wassim, bottom center, saved by Biehler, Collin.                                                                                                                                                                   |
| 18:59                          | CAP  | Foul on Epstein, Tony.                                                                                                                                                                                                                  |
| 18:59                          | CAP  | CAP substitution: Wilhelmsen, Filip for Terry, Jackson.                                                                                                                                                                                 |
| 19:09                          | HEI  | Shot by HEI Clark, Zachary, out right.                                                                                                                                                                                                  |
| 19:42                          | HEI  | Foul on Schweitzer, Ethan.                                                                                                                                                                                                              |
| 22:18                          | CAP  | CAP substitution: Gewlas, Phoenix for Epstein, Tony.                                                                                                                                                                                    |
| 25:19                          | HEI  | Shot by HEI Clark, Zachary, bottom right, saved by Ogden, Ethan.                                                                                                                                                                        |
| 25:28                          | HEI  | Corner kick [25:28].                                                                                                                                                                                                                    |
| 26:06                          | CAP  | Foul on Wurstner, Cade.                                                                                                                                                                                                                 |
| 26:53                          | HEI  | Offside against Heidelberg.                                                                                                                                                                                                             |
| 27:27                          | CAP  | Shot by CAP Wurstner, Cade, left woodwork.                                                                                                                                                                                              |
| 27:52                          | CAP  | CAP substitution: Monzalvo, Christian for Harris, Derrick.                                                                                                                                                                              |
| 28:23                          | CAP  | Foul on Wurstner, Cade.                                                                                                                                                                                                                 |
| 30:39                          | HEI  | HEI substitution: Faraj, Hassen for Mangone, Nick.                                                                                                                                                                                      |
| 30:39                          | HEI  | HEI substitution: Springer, Cody for Schweitzer, Ethan.                                                                                                                                                                                 |
| 30:39                          | HEI  | HEI substitution: Rahal, Hamza for Cheezum, Conner.                                                                                                                                                                                     |
| 34:44                          | HEI  | Foul on Eagan, Nate.                                                                                                                                                                                                                    |
| 35:14                          | CAP  | CAP substitution: Segerstrom, Edvin for Metatla, Wassim.                                                                                                                                                                                |
| 35:39                          | HEI  | HEI substitution: Rowland, Cole for Honniball, Logan.                                                                                                                                                                                   |
| 37:12                          | CAP  | Shot by CAP Gewlas, Phoenix, bottom center, saved by Biehler, Collin.                                                                                                                                                                   |
| 38:18                          | HEI  | HEI substitution: Wilson, Heath for Faraj, Hassen.                                                                                                                                                                                      |
| 40:19                          | HEI  | Corner kick [40:19].                                                                                                                                                                                                                    |
| 40:48                          | HEI  | Corner kick [40:48].                                                                                                                                                                                                                    |
| 42:34                          | HEI  | Foul on Springer, Cody.                                                                                                                                                                                                                 |
| 43:30                          | HEI  | Foul on Wilson, Heath.                                                                                                                                                                                                                  |
| 45:00                          | 0    | End of period [45:00].                                                                                                                                                                                                                  |
| 45:00                          | 0    | Start of 2nd period [45:00].                                                                                                                                                                                                            |
| 45:00                          | CAP  | FOR CAP: , #1 Ogden, Ethan, #3 Thomas, Jack, #5 Musgrove, Carter, #32 Segerstrom, Edvin, #28 Gewlas, Phoenix, #7 Metatla, Wassim, #27 Wilhelmsen, Filip, #8 Epstein, Tony, #10 Harris, Derrick, #22 Hughes, Landon, #23 Wurstner, Cade. |
| 45:00                          | HEI  | FOR HEI: , #1 Biehler, Collin, #2 Williams Jr., Andre, #4 Haswell, Liam, #5 Mangone, Nick, #32 Springer, Cody, #10 Clark, Zachary, #11 Eagan, Nate, #20 Johnston, Evan, #22 Reed, Kaiden, #8 Schweitzer, Ethan, #37 Cheezum, Conner.    |
| 45:00                          | HEI  | HEI substitution: Mangone, Nick for Wilson, Heath.                                                                                                                                                                                      |
| 45:00                          | HEI  | HEI substitution: Schweitzer, Ethan for Rowland, Cole.                                                                                                                                                                                  |
| 45:00                          | HEI  | HEI substitution: Cheezum, Conner for Rahal, Hamza.                                                                                                                                                                                     |
| 45:00                          | CAP  | CAP substitution: Metatla, Wassim for Monzalvo, Christian.                                                                                                                                                                              |
| 45:00                          | CAP  | CAP substitution: Epstein, Tony for Montgomery, Landon.                                                                                                                                                                                 |
| 45:00                          | CAP  | CAP substitution: Harris, Derrick for Reppeto, Jacob.                                                                                                                                                                                   |
| 49:51                          | CAP  | Foul on Wurstner, Cade.                                                                                                                                                                                                                 |
| 50:46                          | CAP  | Shot by CAP Metatla, Wassim, out top.                                                                                                                                                                                                   |
| 51:00                          | CAP  | Offside against Capital.                                                                                                                                                                                                                |
| 51:50                          | HEI  | Yellow card on HEI Cheezum, Conner.                                                                                                                                                                                                     |
| 52:01                          | CAP  | Shot by CAP Wilhelmsen, Filip, bottom center, saved by Biehler, Collin.                                                                                                                                                                 |

|                                |     |                                                                                |
|--------------------------------|-----|--------------------------------------------------------------------------------|
| 52:30                          | CAP | CAP substitution: Reppeto, Jacob for Gewlas, Phoenix.                          |
| 54:14                          | HEI | Corner kick [54:14].                                                           |
| 54:46                          | HEI | Shot by HEI Haswell, Liam, out top.                                            |
| 56:50                          | HEI | HEI substitution: Everett, Travis for Schweitzer, Ethan.                       |
| 57:13                          | HEI | Foul on Mangone, Nick.                                                         |
| 57:51                          | CAP | CAP substitution: Montgomery, Landon for Wurstner, Cade.                       |
| 60:03                          | HEI | Corner kick [60:03].                                                           |
| 60:51                          | HEI | HEI substitution: Honniball, Logan for Springer, Cody.                         |
| 60:51                          | CAP | CAP substitution: Terry, Jackson for Wilhelmsen, Filip.                        |
| 62:43                          | CAP | GOAL by CAP Montgomery, Landon Assist by Segerstrom, Edvin.                    |
| <b>Capital 2, Heidelberg 0</b> |     |                                                                                |
| 64:17                          | CAP | Shot by CAP Harris, Derrick, out top.                                          |
| 65:21                          | CAP | Foul on Epstein, Tony.                                                         |
| 66:08                          | CAP | Shot by CAP Harris, Derrick, bottom center, saved by Biehler, Collin.          |
| 66:31                          | CAP | Shot by CAP Metatla, Wassim, out right.                                        |
| 67:06                          | CAP | CAP substitution: Wurstner, Cade for Epstein, Tony.                            |
| 70:21                          | HEI | HEI substitution: Schweitzer, Ethan for Honniball, Logan.                      |
| 71:29                          | CAP | GOAL by CAP Wurstner, Cade Assist by Montgomery, Landon and Segerstrom, Edvin. |
| <b>Capital 3, Heidelberg 0</b> |     |                                                                                |
| 71:29                          | HEI | HEI substitution: Paulson, Mikael for Biehler, Collin.                         |
| 71:29                          | CAP | CAP substitution: Monzalvo, Christian for Harris, Derrick.                     |
| 71:50                          | CAP | GOAL by CAP Monzalvo, Christian Assist by Metatla, Wassim.                     |
| <b>Capital 4, Heidelberg 0</b> |     |                                                                                |
| 72:09                          | CAP | Shot by CAP Monzalvo, Christian, top woodwork.                                 |
| 73:40                          | CAP | Shot by CAP Montgomery, Landon, top, saved by Paulson, Mikael.                 |
| 74:00                          | CAP | CAP substitution: Voight, Nico for Metatla, Wassim.                            |
| 74:03                          | CAP | Corner kick [74:03].                                                           |
| 74:32                          | CAP | Offside against Capital.                                                       |
| 75:28                          | HEI | HEI substitution: Rahal, Hamza for Williams Jr., Andre.                        |
| 75:28                          | HEI | HEI substitution: Rowland, Cole for Johnston, Evan.                            |
| 75:28                          | HEI | HEI substitution: Focinos, Inigo for Cheezum, Conner.                          |
| 75:28                          | CAP | CAP substitution: Spiers, Alex for Thomas, Jack.                               |
| 75:59                          | CAP | Corner kick [75:59].                                                           |
| 77:04                          | CAP | Shot by CAP Monzalvo, Christian, out left.                                     |
| 77:19                          | HEI | HEI substitution: Springer, Cody for Reed, Kaiden.                             |
| 77:25                          | HEI | HEI substitution: Wilson, Heath for Mangone, Nick.                             |
| 77:25                          | CAP | CAP substitution: Stojcev, Luka for Wurstner, Cade.                            |
| 77:25                          | CAP | CAP substitution: Young, Austin for Montgomery, Landon.                        |
| 77:25                          | CAP | CAP substitution: Baer, Noah for Musgrove, Carter.                             |
| 79:25                          | HEI | HEI substitution: Curtis, Brayden for Eagan, Nate.                             |
| 79:48                          | CAP | Foul on Terry, Jackson.                                                        |
| 80:20                          | HEI | Shot by HEI Springer, Cody, bottom center, saved by Ogden, Ethan.              |
| 81:18                          | CAP | Offside against Capital.                                                       |
| 82:10                          | HEI | HEI substitution: Figley, Zac for Clark, Zachary.                              |
| 82:10                          | CAP | CAP substitution: Kirian, Grady for Segerstrom, Edvin.                         |
| 82:10                          | CAP | CAP substitution: Noffsinger, Mathias for Reppeto, Jacob.                      |
| 82:10                          | CAP | CAP substitution: Krzeminski, Payton for Terry, Jackson.                       |
| 82:10                          | CAP | CAP substitution: Watkins, Mikey for Monzalvo, Christian.                      |
| 82:10                          | CAP | CAP substitution: Balaban, Drew for Hughes, Landon.                            |
| 82:59                          | HEI | Shot by HEI Everett, Travis, top, saved by Ogden, Ethan.                       |
| 85:13                          | HEI | Shot by HEI Rowland, Cole, out top left.                                       |
| 86:11                          | HEI | Shot by HEI Springer, Cody, bottom right, saved by Ogden, Ethan.               |
| 88:12                          | CAP | Foul on Spiers, Alex.                                                          |
| 90:00                          | 0   | End of period [90:00].                                                         |