

**RIT (0-1, 0-0) -vs- Brockport (1-1, 0-0)**  
**3/1/2023 at Brockport (Dr. Linda Arena Fiel)**

**Date:** 3/1/2023  
**Attendance:** 60

Score	1	2	3	4	Total
RIT	3	1	7	2	13
Brockport	4	2	4	4	14

**RIT Goals:** Carrissa Hlywa (4); Zoe Heffernan (3); Baylee West (2); Morgan Nichter (1); Adele Jones (1); Lily DePalma (1); Kayleigh Ground (1)

**Assists:** Adele Jones (2); Zoe Heffernan (2); Rachel Kulp (1); Serafina Kiselgof (1)

**Brockport Goals:** Cassidy Burnash (6); Courtney Cunningham (3); Alayna Foos (3); Julia Quinlan (1); Paige Thowe (1)

**Assists:** Courtney Bednarz (2); Paige Thowe (1)

Shots	1	2	3	4	Total
RIT	6	8	12	8	34
Brockport	5	7	9	6	27

**Shots On Goal**

RIT	5	4	8	4	21
Brockport	5	7	7	6	25

**Saves**

RIT	1	5	3	2	11
Brockport	2	3	1	2	8

**Turnovers**

RIT	5	6	2	4	17
Brockport	4	5	2	3	14

Clears	1	2	3	4	Total
RIT	3-4	4-5	2-2	1-3	10-14
Brockport	4-5	4-8	4-5	4-6	16-24

**Ground Balls**

RIT	4	6	1	4	15
Brockport	3	9	2	4	18

**Face Offs**

RIT	0	0	0	0	0
Brockport	0	0	0	0	0

**Extra Man Opportunities**

RIT	0	0	0	0	0-0
Brockport	0	0	0	0	1-0

**Stadium:** Dr. Linda Arena Fiel

**Penalties:** Morgan Nichter 3rd/03:39

**Officials:** Gil Burgmaster

RIT 13

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	1	Claire Templeton	0	0	0	0	2	1	2	-	-
	7	Jaimee Triolo	0	0	0	0	0	0	1	-	-
	8	Maiah Fallone	0	0	0	0	0	0	0	-	-
	18	Morgan Nichter	1	0	1	2	3	4	1	-	-
	19	Rachel Border	0	0	0	0	1	0	0	-	-
	21	Baylee West	2	0	2	7	2	2	2	-	-
	22	Adele Jones	1	2	3	3	2	4	0	-	-
	23	Rachel Kulp	0	1	1	0	0	3	0	-	-
	25	Lily DePalma	1	0	1	4	1	0	2	-	-
	30	Kayleigh Ground	1	0	1	3	0	0	0	-	-
	32	Michelle Messenger	0	0	0	0	2	0	0	-	-
	33	Zoe Heffernan	3	2	5	4	2	0	0	-	-
	2	Milena Stephen	0	0	0	0	0	0	0	-	-
	4	Jane Hudson	0	0	0	0	0	0	1	-	-
	17	Carrissa Hlywa	4	0	4	11	0	1	1	-	-
	24	Serafina Kiselgof	0	1	1	0	0	0	0	-	-
Totals			13	6	19	34	15	17	10	0-0	0-00:00
#	Goalkeepers					Minutes		GA	Saves	Dec	
32	Michelle Messenger					60:00		14	11	L	

Brockport 14

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	3	Taylor Ford	0	0	0	0	1	1	0	-	-
	5	Cassidy Burnash	6	0	6	6	2	0	0	-	-
	12	Courtney Cunningham	3	0	3	5	7	1	2	-	-
	14	Journey Naab	0	0	0	0	0	2	1	-	-
	16	Alexandria VanDerKar	0	0	0	0	0	2	1	-	-
	17	Julia Quinlan	1	0	1	4	1	2	1	-	-
	24	Paige Thowe	1	1	2	4	2	2	0	-	-
	25	Alayna Foos	3	0	3	6	4	0	1	-	-
	26	Ashley Hershfield	0	0	0	0	0	1	0	-	-
	28	Devin Tietjen	0	0	0	0	0	0	0	-	-
	29	Courtney Bednarz	0	2	2	2	0	1	0	-	-
	35	Erin Lant	0	0	0	0	1	1	0	-	-
	#		0	0	0	0	0	0	1	-	-
	TM	Team	0	0	0	0	0	1	0	-	-
	36	Hannah Parsons	0	0	0	0	0	0	0	-	-
Totals			14	3	17	27	18	14	7	0-0	0-00:00

#	Goalkeepers	Minutes	GA	Saves	Dec
35	Erin Lant	55:27	9	8	W
36	Hannah Parsons	4:33	4	0	

Scoring Summary

Period	Time	Scored By	Assisted By	RIT	BROCKPOR
1st	14:17	Cassidy Burnash	Unassisted	0	1
1st	09:36	Cassidy Burnash	Unassisted	0	2
1st	07:21	Baylee West	Rachel Kulp	1	2
1st	06:41	Carrissa Hlywa	Unassisted	2	2
1st	05:14	Alayna Foos	Unassisted	2	3
1st	02:35	Adele Jones	Unassisted	3	3
1st	01:03	Julia Quinlan	Courtney Bednarz	3	4
2nd	13:03	Morgan Nichter	Unassisted	4	4
2nd	12:24	Cassidy Burnash	Unassisted	4	5
2nd	10:04	Cassidy Burnash	Unassisted	4	6
3rd	14:38	Zoe Heffernan	Unassisted	5	6
3rd	13:12	Lily DePalma	Unassisted	6	6
3rd	11:33	Kayleigh Ground	Adele Jones	7	6
3rd	10:27	Carrissa Hlywa	Serafina Kiselgof	8	6
3rd	10:05	Carrissa Hlywa	Zoe Heffernan	9	6
3rd	09:44	Zoe Heffernan	Unassisted	10	6
3rd	07:02	Courtney Cunningham	Unassisted	10	7
3rd	05:40	Cassidy Burnash	Unassisted	10	8
3rd	04:17	Paige Thowe	Unassisted	10	9
3rd	02:18	Alayna Foos (UP)	Paige Thowe	10	10
3rd	01:48	Zoe Heffernan	Unassisted	11	10
4th	12:38	Courtney Cunningham	Courtney Bednarz	11	11
4th	10:53	Courtney Cunningham	Unassisted	11	12
4th	10:10	Baylee West	Adele Jones	12	12
4th	07:45	Alayna Foos	Unassisted	12	13
4th	06:12	Cassidy Burnash	Unassisted	12	14
4th	05:43	Carrissa Hlywa	Zoe Heffernan	13	14

Penalty Summary

Period	Time	Team	Player	Min	Type
3rd	03:39	RIT	Morgan Nichter	00:00	YELLOW CARD

## Play By Play

Time	Team	Play
15:00	BROCKPOR	Erin Lant at goalie for BROCKPOR.
15:00	RIT	Michelle Messenger at goalie for RIT.
--	BROCKPOR	Draw control by BROCKPOR Taylor Ford.
14:17	BROCKPOR	GOAL by BROCKPOR Cassidy Burnash (FIRST GOAL).
<b>RIT 0, Brockport 1</b>		
--	BROCKPOR	Draw control by BROCKPOR Courtney Cunningham.
13:29	BROCKPOR	Shot by BROCKPOR Julia Quinlan, SAVE Michelle Messenger.
13:15	RIT	Ground ball pickup by RIT Rachel Border.
13:11	RIT	Clear attempt by RIT good.
12:45	RIT	Turnover by RIT Morgan Nichter (caused by #).
12:28	BROCKPOR	Ground ball pickup by BROCKPOR Taylor Ford.
12:25	BROCKPOR	Clear attempt by BROCKPOR good.
12:18	BROCKPOR	Turnover by BROCKPOR Ashley Hershfield.
12:12	RIT	Ground ball pickup by RIT Morgan Nichter.
12:06	RIT	Clear attempt by RIT failed.
12:03	RIT	Turnover by RIT Morgan Nichter.
11:24	BROCKPOR	Turnover by BROCKPOR Paige Thowe (caused by Lily DePalma).
11:12	RIT	Ground ball pickup by RIT Morgan Nichter.
11:10	RIT	Clear attempt by RIT good.
10:49	RIT	Turnover by RIT Rachel Kulp (caused by Journey Naab).
10:40	BROCKPOR	Ground ball pickup by BROCKPOR Courtney Cunningham.
10:36	BROCKPOR	Clear attempt by BROCKPOR good.
09:36	BROCKPOR	GOAL by BROCKPOR Cassidy Burnash (FPGOAL) {free position shot}.
<b>RIT 0, Brockport 2</b>		
--	RIT	Draw control by RIT Serafina Kiselgof.
08:36	RIT	Shot by RIT Carrissa Hlywa, SAVE Erin Lant.
08:30	BROCKPOR	Clear attempt by BROCKPOR failed.
08:19	BROCKPOR	Turnover by BROCKPOR Erin Lant.
07:45	RIT	Shot by RIT Baylee West WIDE.
07:21	RIT	GOAL by RIT Baylee West, Assist by Rachel Kulp.
<b>RIT 1, Brockport 2</b>		
--	RIT	Draw control by RIT Maiah Fallone.
06:41	RIT	GOAL by RIT Carrissa Hlywa (FPGOAL) {free position shot}.
<b>RIT 2, Brockport 2</b>		
--	RIT	Draw control by RIT Adele Jones.
06:20	RIT	Shot by RIT Carrissa Hlywa, SAVE Erin Lant {free position shot}.
06:02	BROCKPOR	Clear attempt by BROCKPOR good.
05:14	BROCKPOR	GOAL by BROCKPOR Alayna Foos (FPGOAL) {free position shot}.
<b>RIT 2, Brockport 3</b>		
05:14	RIT	RIT substitution: Milena Stephen for Lily DePalma.
--	RIT	Draw control by RIT Rachel Kulp.
04:49	RIT	Turnover by RIT Adele Jones.
04:39	BROCKPOR	Clear attempt by BROCKPOR good.
03:26	BROCKPOR	Turnover by BROCKPOR Courtney Cunningham (caused by Jane Hudson).
03:18	RIT	Ground ball pickup by RIT Michelle Messenger.
03:11	RIT	Clear attempt by RIT good.
02:35	RIT	GOAL by RIT Adele Jones.
<b>RIT 3, Brockport 3</b>		
--	BROCKPOR	Draw control by BROCKPOR Taylor Ford.
01:03	BROCKPOR	GOAL by BROCKPOR Julia Quinlan, Assist by Courtney Bednarz.
<b>RIT 3, Brockport 4</b>		
--	RIT	Draw control by RIT Baylee West.
00:02	RIT	Turnover by RIT Adele Jones.
00:02	BROCKPOR	Ground ball pickup by BROCKPOR Alayna Foos.
00:00	0	
15:00	0	
--	BROCKPOR	Draw control by BROCKPOR Courtney Bednarz.

14:31	BROCKPOR	Shot by BROCKPOR Alayna Foos, SAVE Michelle Messenger.
14:14	RIT	Clear attempt by RIT failed.
14:11	RIT	Turnover by RIT Rachel Kulp (caused by Courtney Cunningham).
13:43	BROCKPOR	Ground ball pickup by BROCKPOR Courtney Cunningham.
13:38	RIT	RIT substitution: Jane Hudson for Carrissa Hlywa.
13:31	BROCKPOR	Turnover by BROCKPOR Julia Quinlan (caused by Lily DePalma).
13:17	RIT	Ground ball pickup by RIT Lily DePalma.
13:08	RIT	Clear attempt by RIT good.
13:03	RIT	GOAL by RIT Morgan Nichter.
RIT 4, Brockport 4		
--	BROCKPOR	Draw control by BROCKPOR Journey Naab.
12:24	BROCKPOR	GOAL by BROCKPOR Cassidy Burnash.
RIT 4, Brockport 5		
12:24	BROCKPOR	BROCKPOR substitution: Ashley Hershfield for Paige Thowe.
--	RIT	Draw control by RIT Baylee West.
10:59	RIT	Shot by RIT Adele Jones WIDE.
10:57	RIT	Shot clock violation by RIT.
10:50	BROCKPOR	Clear attempt by BROCKPOR good.
10:04	BROCKPOR	GOAL by BROCKPOR Cassidy Burnash.
RIT 4, Brockport 6		
10:04	RIT	Timeout by RIT.
--	RIT	Draw control by RIT Baylee West.
09:40	RIT	Shot by RIT Lily DePalma, SAVE Erin Lant.
09:31	BROCKPOR	Ground ball pickup by BROCKPOR Courtney Cunningham.
09:26	BROCKPOR	Clear attempt by BROCKPOR failed.
09:24	BROCKPOR	Turnover by BROCKPOR Taylor Ford (caused by Morgan Nichter).
09:07	RIT	Ground ball pickup by RIT Morgan Nichter.
08:33	RIT	Shot by RIT Baylee West WIDE {free position shot}.
07:58	BROCKPOR	Clear attempt by BROCKPOR failed.
07:54	BROCKPOR	Turnover by BROCKPOR Journey Naab (caused by Carrissa Hlywa).
07:23	RIT	Shot by RIT Baylee West HIT POST.
07:17	BROCKPOR	Ground ball pickup by BROCKPOR Alayna Foos.
07:10	BROCKPOR	Clear attempt by BROCKPOR good.
06:20	BROCKPOR	Shot by BROCKPOR Alayna Foos, SAVE Michelle Messenger.
06:17	BROCKPOR	Ground ball pickup by BROCKPOR Paige Thowe.
06:00	BROCKPOR	Turnover by BROCKPOR Julia Quinlan (caused by Claire Templeton).
05:36	RIT	Ground ball pickup by RIT Claire Templeton.
05:31	RIT	Clear attempt by RIT good.
05:09	RIT	Shot by RIT Carrissa Hlywa, SAVE Erin Lant.
05:04	RIT	Ground ball pickup by RIT Zoe Heffernan.
04:53	RIT	Turnover by RIT Baylee West.
04:47	BROCKPOR	Ground ball pickup by BROCKPOR Alayna Foos.
04:35	BROCKPOR	Clear attempt by BROCKPOR good.
03:55	BROCKPOR	Shot by BROCKPOR Paige Thowe, SAVE Michelle Messenger {free position shot}.
03:37	BROCKPOR	Ground ball pickup by BROCKPOR Courtney Cunningham.
03:33	BROCKPOR	Shot by BROCKPOR Courtney Cunningham, SAVE Michelle Messenger.
03:25	RIT	Clear attempt by RIT good.
02:54	RIT	Shot by RIT Baylee West, SAVE Erin Lant.
02:49	RIT	Ground ball pickup by RIT Adele Jones.
02:45	RIT	Turnover by RIT Adele Jones (caused by Alexandria VanDerKar).
02:37	BROCKPOR	Ground ball pickup by BROCKPOR Erin Lant.
02:29	BROCKPOR	Shot by BROCKPOR Courtney Bednarz, SAVE Michelle Messenger {free position shot}.
02:29	RIT	Clear attempt by RIT good.
02:25	BROCKPOR	Clear attempt by BROCKPOR good.
01:42	BROCKPOR	Ground ball pickup by BROCKPOR Alayna Foos.
01:42	RIT	Turnover by RIT Carrissa Hlywa (caused by Alayna Foos).
01:42	BROCKPOR	Timeout by BROCKPOR.
01:42	BROCKPOR	Clear attempt by BROCKPOR failed.
01:32	BROCKPOR	Turnover by BROCKPOR Alexandria VanDerKar (caused by Baylee West).
01:26	RIT	Ground ball pickup by RIT Baylee West.
01:08	RIT	Shot by RIT Baylee West WIDE {free position shot}.
00:32	RIT	Turnover by RIT Morgan Nichter (caused by Julia Quinlan).

00:27	BROCKPOR	Ground ball pickup by BROCKPOR Julia Quinlan.
00:23	BROCKPOR	Clear attempt by BROCKPOR failed.
00:00	0	
15:00	0	
15:00	BROCKPOR	Hannah Parsons at goalie for BROCKPOR.
--	RIT	Draw control by RIT Baylee West.
14:38	RIT	GOAL by RIT Zoe Heffernan.
RIT 5, Brockport 6		
--	RIT	Draw control by RIT Adele Jones.
13:12	RIT	GOAL by RIT Lily DePalma (FPGOAL) {free position shot}.
RIT 6, Brockport 6		
--	BROCKPOR	Draw control by BROCKPOR Taylor Ford.
13:01	BROCKPOR	Clear attempt by BROCKPOR good.
12:35	BROCKPOR	Turnover by BROCKPOR Courtney Bednarz (caused by Claire Templeton).
12:28	RIT	Ground ball pickup by RIT Claire Templeton.
12:25	RIT	Clear attempt by RIT good.
12:03	RIT	Shot by RIT Lily DePalma WIDE.
11:33	RIT	GOAL by RIT Kayleigh Ground, Assist by Adele Jones.
RIT 7, Brockport 6		
--	RIT	Draw control by RIT Rachel Kulp.
10:27	RIT	GOAL by RIT Carrissa Hlywa, Assist by Serafina Kiselgof.
RIT 8, Brockport 6		
10:27	BROCKPOR	Timeout by BROCKPOR.
10:27	BROCKPOR	Erin Lant at goalie for BROCKPOR.
--	RIT	Draw control by RIT Serafina Kiselgof.
10:05	RIT	GOAL by RIT Carrissa Hlywa, Assist by Zoe Heffernan.
RIT 9, Brockport 6		
--	RIT	Draw control by RIT Adele Jones.
09:44	RIT	GOAL by RIT Zoe Heffernan.
RIT 10, Brockport 6		
--	RIT	Draw control by RIT Baylee West.
09:27	RIT	Shot by RIT Carrissa Hlywa, SAVE Erin Lant {free position shot}.
08:47	BROCKPOR	Clear attempt by BROCKPOR failed.
08:45	BROCKPOR	Turnover by BROCKPOR Alexandria VanDerKar (caused by Jaimee Triolo).
08:13	RIT	Shot by RIT Morgan Nichter HIT POST.
07:38	RIT	Turnover by RIT Morgan Nichter (caused by Courtney Cunningham).
07:32	BROCKPOR	Ground ball pickup by BROCKPOR Courtney Cunningham.
07:28	BROCKPOR	Clear attempt by BROCKPOR good.
07:10	BROCKPOR	Free position attempt for BROCKPOR.
07:02	BROCKPOR	GOAL by BROCKPOR Courtney Cunningham (FPGOAL) {free position shot}.
RIT 10, Brockport 7		
--	RIT	Draw control by RIT Rachel Kulp.
06:31	RIT	Turnover by RIT Rachel Kulp.
06:25	BROCKPOR	Clear attempt by BROCKPOR good.
05:55	BROCKPOR	Shot by BROCKPOR Courtney Cunningham WIDE.
05:40	BROCKPOR	GOAL by BROCKPOR Cassidy Burnash (FPGOAL) {free position shot}.
RIT 10, Brockport 8		
--	BROCKPOR	Draw control by BROCKPOR Courtney Cunningham.
05:12	BROCKPOR	Shot by BROCKPOR Julia Quinlan WIDE.
04:17	BROCKPOR	GOAL by BROCKPOR Paige Thowe (FPGOAL) {free position shot}.
RIT 10, Brockport 9		
--	RIT	Draw control by RIT Adele Jones.
--	RIT	Yellow card on RIT Morgan Nichter.
03:37	BROCKPOR	Clear attempt by BROCKPOR good.
02:53	BROCKPOR	Shot by BROCKPOR Alayna Foos, SAVE Michelle Messenger.
02:48	BROCKPOR	Ground ball pickup by BROCKPOR Paige Thowe.
02:18	BROCKPOR	GOAL by BROCKPOR Alayna Foos (MAN-UP), Assist by Paige Thowe.
RIT 10, Brockport 10		
--	RIT	Draw control by RIT Baylee West.
01:48	RIT	GOAL by RIT Zoe Heffernan.

**RIT 11, Brockport 10**

-- BROCKPOR Draw control by BROCKPOR Julia Quinlan.  
00:40 BROCKPOR Shot by BROCKPOR Paige Thowe, SAVE Michelle Messenger.  
00:40 BROCKPOR Shot by BROCKPOR Paige Thowe, SAVE Michelle Messenger {free position shot}.  
00:35 RIT Clear attempt by RIT good.  
00:13 RIT Shot by RIT Carrissa Hlywa WIDE {free position shot}.  
00:05 RIT Shot by RIT Adele Jones WIDE.  
00:00 0  
15:00 0

-- RIT Draw control by RIT Adele Jones.  
13:34 RIT Shot by RIT Carrissa Hlywa WIDE.  
13:28 RIT Ground ball pickup by RIT Adele Jones.  
13:22 RIT Shot clock violation by RIT.  
13:03 BROCKPOR Clear attempt by BROCKPOR good.  
12:38 BROCKPOR GOAL by BROCKPOR Courtney Cunningham, Assist by Courtney Bednarz.

**RIT 11, Brockport 11**

-- RIT Draw control by RIT Adele Jones.  
11:54 RIT Shot by RIT Zoe Heffernan, SAVE Erin Lant.  
11:49 BROCKPOR Clear attempt by BROCKPOR good.  
10:53 BROCKPOR GOAL by BROCKPOR Courtney Cunningham.

**RIT 11, Brockport 12**

-- RIT Draw control by RIT Baylee West.  
10:10 RIT GOAL by RIT Baylee West, Assist by Adele Jones.

**RIT 12, Brockport 12**

-- BROCKPOR Draw control by BROCKPOR Julia Quinlan.  
09:21 BROCKPOR Turnover by BROCKPOR Paige Thowe.  
09:16 RIT Ground ball pickup by RIT Michelle Messenger.  
08:53 RIT Clear attempt by RIT failed.  
08:50 RIT Turnover by RIT Baylee West.  
08:44 BROCKPOR Ground ball pickup by BROCKPOR Cassidy Burnash.  
08:38 RIT RIT substitution: Lily DePalma for Jane Hudson.  
08:15 RIT RIT substitution: Morgan Nichter for Milena Stephen.  
07:45 BROCKPOR GOAL by BROCKPOR Alayna Foos.

**RIT 12, Brockport 13**

-- RIT Draw control by RIT Baylee West.  
06:58 RIT Shot by RIT Lily DePalma WIDE.  
06:52 RIT Ground ball pickup by RIT Zoe Heffernan.  
06:40 RIT Shot by RIT Kayleigh Ground WIDE.  
06:38 RIT Shot by RIT Kayleigh Ground HIT POST {free position shot}.  
06:34 BROCKPOR Ground ball pickup by BROCKPOR Cassidy Burnash.  
06:31 BROCKPOR Clear attempt by BROCKPOR good.  
06:12 BROCKPOR GOAL by BROCKPOR Cassidy Burnash.

**RIT 12, Brockport 14**

06:12 BROCKPOR BROCKPOR substitution: Paige Thowe for Ashley Hershfield.  
06:12 RIT RIT substitution: Milena Stephen for Morgan Nichter.  
-- RIT Draw control by RIT Adele Jones.  
05:43 RIT GOAL by RIT Carrissa Hlywa, Assist by Zoe Heffernan.

**RIT 13, Brockport 14**

-- BROCKPOR Draw control by BROCKPOR Taylor Ford.  
05:26 BROCKPOR Clear attempt by BROCKPOR good.  
05:03 BROCKPOR Shot by BROCKPOR Julia Quinlan, SAVE Michelle Messenger.  
04:59 RIT Clear attempt by RIT failed.  
04:42 RIT Turnover by RIT Claire Templeton.  
04:39 BROCKPOR Ground ball pickup by BROCKPOR Courtney Cunningham.  
03:24 BROCKPOR Shot by BROCKPOR Courtney Bednarz, SAVE Michelle Messenger.  
03:21 BROCKPOR Ground ball pickup by BROCKPOR Courtney Cunningham.  
02:39 BROCKPOR Timeout by BROCKPOR.  
02:16 BROCKPOR Shot clock violation by BROCKPOR.  
02:14 RIT Clear attempt by RIT good.  
01:37 RIT Shot by RIT Carrissa Hlywa, SAVE Erin Lant.  
01:31 BROCKPOR Clear attempt by BROCKPOR failed.



00:53	BROCKPOR	Turnover by BROCKPOR Journey Naab (caused by Baylee West).
00:46	RIT	Ground ball pickup by RIT Baylee West.
00:26	RIT	Turnover by RIT Adele Jones.
00:21	BROCKPOR	Clear attempt by BROCKPOR failed.
00:00	0	