

**Mt. St. Vincent (2-4, 0-0) -vs- Cairn (0-5, 0-0)**  
**3/20/2025 at Langhorne, Pennsylvla (Stillman Complex)**

**Date:** 3/20/2025  
**Attendance:** 55

<b>Score</b>	<b>1</b>	<b>2</b>	<b>Total</b>
Mt. St. Vincent	4	3	7
Cairn	3	2	5

**Mt. St. Vincent Goals:** Elvis Prempeh (3); Chai Dunlap (1); Ryan Jean-Pharuns (1); Sam Hall (1); Donte Thornhill (1)  
**Assists:** Ryan Jean-Pharuns (1); Sam Hall (1); Marquis Gardner (1); Nigel Walker (1)

**Cairn Goals:** Luke Fowler (2); Jacob Lingerman (2); Adain Holliday (1)  
**Assists:** Luke Fowler (1); Jacob Lingerman (1)

<b>Shots</b>	<b>1</b>	<b>2</b>	<b>Total</b>
Mt. St. Vincent	20	9	29
Cairn	6	8	14

<b>Shots On Goal</b>			
Mt. St. Vincent	13	7	20
Cairn	3	4	7

<b>Saves</b>			
Mt. St. Vincent	0	2	2
Cairn	9	4	13

<b>Turnovers</b>			
Mt. St. Vincent	4	8	12
Cairn	8	12	20

<b>Clears</b>	<b>1</b>	<b>2</b>	<b>Total</b>
Mt. St. Vincent	6-6	2-4	8-10
Cairn	3-6	2-10	5-16

<b>Ground Balls</b>			
Mt. St. Vincent	12	6	18
Cairn	6	12	18

<b>Face Offs</b>			
Mt. St. Vincent	4	4	8
Cairn	4	2	6

<b>Extra Man Opportunities</b>			
Mt. St. Vincent	0	0	0-0
Cairn	1	1	1-2

**Stadium:** Stillman Complex

**Penalties:** Sam Hall 1st/13:10; Nathaniel Simpson 2nd/12:03

**Officials:** Rob Johnston; Hugh Gelston; Thomas Ridolfi; Jarrett Johnson

Mt. St. Vincent 7

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	2	Ryan Jean-Pharuns	1	1	2	3	2	2	0	-	-
	5	Nathanial Simpson	0	0	0	0	2	1	0	2-5	1-01:00
	11	Donte Thornhill	1	0	1	2	1	0	2	-	-
	13	Nigel Walker	0	1	1	0	1	0	1	-	-
	31	Joseph Seminatore	0	0	0	0	2	0	0	-	-
	33	Brandon Mestres	0	0	0	0	0	0	1	-	-
	0	Chai Dunlap	1	0	1	1	1	3	2	-	-
	TM	Team	0	0	0	0	0	0	0	-	-
	4	Sam Hall	1	1	2	5	1	0	0	-	1-00:30
	6	Logan Charboneau	0	0	0	4	2	0	2	-	-
	7	Marquis Gardner	0	1	1	2	1	1	0	1-1	-
	8	Walker Moore	0	0	0	0	0	2	0	-	-
	9	Elvis Prempeh	3	0	3	6	2	2	0	-	-
	14	Jakob Mahon	0	0	0	0	1	1	1	-	-
	15	Alfred Lamptey	0	0	0	1	2	0	0	5-8	-
	19	Jake Luxoro	0	0	0	1	0	0	2	-	-
	26	Rene Alamo	0	0	0	4	0	0	0	-	-
Totals			7	4	11	29	18	12	11	8-14	2-01:30

#	Goalkeepers	Minutes	GA	Saves	Dec
31	Joseph Seminatore	30:00	5	2	

Cairn 5

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	3	Ethan Meiers	0	0	0	0	1	2	1	-	-
	5	Nico Cione	0	0	0	0	3	4	0	-	-
	7	Adain Holliday	1	0	1	3	3	0	0	6-12	-
	12	Luke Fowler	2	1	3	3	3	4	1	-	-
	14	Josh Dahn	0	0	0	0	2	1	0	-	-
	17	Jason Briant	0	0	0	1	1	2	0	-	-
	20	Elijah Haney	0	0	0	0	0	0	0	-	-
	23	Cole Heffler	0	0	0	4	1	2	1	-	-
	33	Deyshon Green	0	0	0	0	2	1	0	-	-
	51	Jacob Lingerman	2	1	3	3	2	2	0	-	-
	TM	Team	0	0	0	0	0	0	0	-	-
	11	Colin Welsh	0	0	0	0	0	0	0	0-2	-
	19	Noah Jones	0	0	0	0	0	2	0	-	-
Totals			5	2	7	14	18	20	3	6-14	0-00:00

#	Goalkeepers	Minutes	GA	Saves	Dec
5	Nico Cione	30:00	7	13	

Scoring Summary

Period	Time	Scored By	Assisted By	UMSV	CAIRN
1st	13:04	Luke Fowler (4) (UP)	Jacob Lingerman	0	1
1st	11:59	Luke Fowler (5)	Unassisted	0	2
1st	09:46	Elvis Prempeh (16)	Unassisted	1	2
1st	08:33	Ryan Jean-Pharuns (9)	Unassisted	2	2
1st	07:46	Chai Dunlap (5)	Nigel Walker	3	2
1st	07:27	Jacob Lingerman (12)	Unassisted	3	3
1st	00:42	Sam Hall (4)	Ryan Jean-Pharuns	4	3
2nd	12:40	Jacob Lingerman (13)	Luke Fowler	4	4
2nd	09:36	Donte Thornhill (1)	Unassisted	5	4
2nd	07:43	Elvis Prempeh (17)	Marquis Gardner	6	4
2nd	05:34	Elvis Prempeh (18)	Sam Hall	7	4
2nd	02:37	Adain Holliday (3)	Unassisted	7	5

Penalty Summary

Period	Time	Team	Player	Min	Type
1st	13:10	UMSV	Sam Hall	00:30	PUSHING
2nd	12:03	UMSV	Nathanial Simpson	01:00	SLASHING

## Play By Play

Time	Team	Play
15:00	CAIRN	Nico Cione at goalie for CAIRN.
15:00	UMSV	Joseph Seminatore at goalie for UMSV.
15:00	UMSV	Faceoff Marquis Gardner vs Adain Holliday won by UMSV, [15:00] Ground ball pickup by UMSV Chai Dunlap.
--	UMSV	Turnover by UMSV Elvis Prempeh (caused by Luke Fowler).
13:39	CAIRN	Ground ball pickup by CAIRN Luke Fowler.
13:10	UMSV	Penalty on UMSV Sam Hall (PUSHING/0:30) Extra-man opportunity.
13:04	CAIRN	GOAL by CAIRN Luke Fowler (MAN-UP) (FIRST GOAL), Assist by Jacob Lingerma, goal number 4 for season.
<b>Mt. St. Vincent 0, Cairn 1</b>		
13:04	CAIRN	Faceoff Nathaniel Simpson vs Adain Holliday won by CAIRN, [13:04] Ground ball pickup by CAIRN Jason Briant.
11:59	CAIRN	GOAL by CAIRN Luke Fowler, goal number 5 for season.
<b>Mt. St. Vincent 0, Cairn 2</b>		
11:59	CAIRN	Faceoff Nathaniel Simpson vs Adain Holliday won by CAIRN (on faceoff violation).
11:43	UMSV	Shot by UMSV Marquis Gardner, SAVE Nico Cione
11:32	UMSV	Ground ball pickup by UMSV Joseph Seminatore.
11:28	UMSV	Clear attempt by UMSV good.
10:52	UMSV	Shot by UMSV Rene Alamo BLOCKED
10:46	UMSV	Ground ball pickup by UMSV Nigel Walker.
10:31	UMSV	Shot by UMSV Rene Alamo HIGH
09:54	UMSV	Ground ball pickup by UMSV Logan Charboneau.
09:46	UMSV	GOAL by UMSV Elvis Prempeh, goal number 16 for season.
<b>Mt. St. Vincent 1, Cairn 2</b>		
09:46	CAIRN	Faceoff Alfred Lamptey vs Adain Holliday won by CAIRN, [09:46] Ground ball pickup by CAIRN Adain Holliday.
--	CAIRN	Turnover by CAIRN Luke Fowler (caused by Jakob Mahon).
09:31	UMSV	Ground ball pickup by UMSV Jakob Mahon.
--	UMSV	Turnover by UMSV Jakob Mahon (caused by Cole Heffler).
09:24	CAIRN	Ground ball pickup by CAIRN Cole Heffler.
08:58	CAIRN	Shot by CAIRN Adain Holliday WIDE
--	CAIRN	Turnover by CAIRN Jacob Lingerma.
08:42	UMSV	Ground ball pickup by UMSV Donte Thornhill.
08:34	UMSV	Clear attempt by UMSV good.
08:33	UMSV	GOAL by UMSV Ryan Jean-Pharuns, goal number 9 for season.
<b>Mt. St. Vincent 2, Cairn 2</b>		
08:33	UMSV	Faceoff Alfred Lamptey vs Adain Holliday won by UMSV, [08:33] Ground ball pickup by UMSV Alfred Lamptey.
07:46	UMSV	GOAL by UMSV Chai Dunlap, Assist by Nigel Walker, goal number 5 for season.
<b>Mt. St. Vincent 3, Cairn 2</b>		
07:46	CAIRN	Faceoff Alfred Lamptey vs Adain Holliday won by CAIRN, [07:46] Ground ball pickup by CAIRN Adain Holliday.
07:37	CAIRN	Shot by CAIRN Cole Heffler WIDE
07:27	CAIRN	GOAL by CAIRN Jacob Lingerma, goal number 12 for season.
<b>Mt. St. Vincent 3, Cairn 3</b>		
07:27	UMSV	Faceoff Alfred Lamptey vs Adain Holliday won by UMSV, [07:27] Ground ball pickup by UMSV Alfred Lamptey.
07:18	UMSV	Shot by UMSV Alfred Lamptey, SAVE Nico Cione
07:16	UMSV	Ground ball pickup by UMSV Elvis Prempeh.
07:07	UMSV	Shot by UMSV Logan Charboneau, SAVE Nico Cione
06:51	UMSV	Ground ball pickup by UMSV Ryan Jean-Pharuns.
06:37	UMSV	Shot by UMSV Sam Hall WIDE
06:12	UMSV	Shot by UMSV Sam Hall BLOCKED
06:06	CAIRN	Ground ball pickup by CAIRN Ethan Meiers.
06:04	CAIRN	Clear attempt by CAIRN good.
--	CAIRN	Turnover by CAIRN Ethan Meiers (caused by Logan Charboneau).
--	UMSV	Turnover by UMSV Ryan Jean-Pharuns.
05:22	CAIRN	Clear attempt by CAIRN good.
04:57	CAIRN	Shot by CAIRN Cole Heffler WIDE
--	CAIRN	Turnover by CAIRN Cole Heffler.
04:22	UMSV	Clear attempt by UMSV good.
04:08	UMSV	Shot by UMSV Ryan Jean-Pharuns, SAVE Nico Cione
--	UMSV	Turnover by UMSV Chai Dunlap.
03:55	CAIRN	Clear attempt by CAIRN failed.

--	CAIRN	Turnover by CAIRN Jason Briant (caused by Nigel Walker).
03:29	UMSV	Clear attempt by UMSV good.
03:28	UMSV	Shot by UMSV Jake Luxoro, SAVE Nico Cione
03:22	CAIRN	Clear attempt by CAIRN good.
--	CAIRN	Turnover by CAIRN Cole Heffler (caused by Donte Thornhill).
03:02	UMSV	Clear attempt by UMSV good.
02:30	UMSV	Shot by UMSV Logan Charboneau WIDE
02:03	UMSV	Shot by UMSV Logan Charboneau, SAVE Nico Cione
01:58	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Nico Cione.
01:38	UMSV	Clear attempt by UMSV good.
01:35	UMSV	Shot by UMSV Elvis Prempeh, SAVE Nico Cione
01:32	UMSV	Ground ball pickup by UMSV Elvis Prempeh.
01:16	UMSV	Shot by UMSV Logan Charboneau, SAVE Nico Cione
01:14	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Nico Cione.
00:45	UMSV	Ground ball pickup by UMSV Sam Hall.
00:45	UMSV	Shot by UMSV Sam Hall, SAVE Nico Cione
00:42	UMSV	GOAL by UMSV Sam Hall, Assist by Ryan Jean-Pharuns, goal number 4 for season.
<b>Mt. St. Vincent 4, Cairn 3</b>		
00:42	UMSV	Faceoff Alfred Lamptey vs Adain Holliday won by UMSV (on faceoff violation).
00:18	UMSV	Shot by UMSV Donte Thornhill WIDE
00:05	UMSV	Shot by UMSV Rene Alamo WIDE
00:00	0	End-of-period.
15:00	0	
15:00	UMSV	Faceoff Nathaniel Simpson vs Adain Holliday won by UMSV, [15:00] Ground ball pickup by UMSV Nathaniel Simpson.
14:06	UMSV	Shot by UMSV Sam Hall, SAVE Nico Cione
--	UMSV	Turnover by UMSV Ryan Jean-Pharuns.
13:43	CAIRN	Ground ball pickup by CAIRN Josh Dahn.
13:40	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Josh Dahn (caused by Brandon Mestres).
12:53	UMSV	Shot by UMSV Elvis Prempeh, SAVE Nico Cione
12:49	CAIRN	Clear attempt by CAIRN good.
12:43	CAIRN	Ground ball pickup by CAIRN Luke Fowler.
12:40	CAIRN	GOAL by CAIRN Jacob Lingeran, Assist by Luke Fowler, goal number 13 for season.
<b>Mt. St. Vincent 4, Cairn 4</b>		
12:40	CAIRN	Faceoff Nathaniel Simpson vs Adain Holliday won by CAIRN, [12:40] Ground ball pickup by CAIRN Adain Holliday.
12:07	CAIRN	Shot by CAIRN Cole Heffler BLOCKED
12:03	UMSV	Penalty on UMSV Nathaniel Simpson (SLASHING/1:00) Extra-man opportunity.
11:17	CAIRN	Shot by CAIRN Luke Fowler, SAVE Joseph Seminatore
11:11	UMSV	Ground ball pickup by UMSV Joseph Seminatore.
11:01	UMSV	Clear attempt by UMSV good.
10:45	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Nico Cione.
10:30	CAIRN	Ground ball pickup by CAIRN Nico Cione.
10:30	CAIRN	30-second clock violation by CAIRN.
09:50	UMSV	Shot by UMSV Ryan Jean-Pharuns HIGH
09:50	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Nico Cione (caused by Donte Thornhill).
09:36	UMSV	GOAL by UMSV Donte Thornhill, goal number 1 for season.
<b>Mt. St. Vincent 5, Cairn 4</b>		
09:36	UMSV	Faceoff Alfred Lamptey vs Colin Welsh won by UMSV (on faceoff violation).
--	UMSV	Turnover by UMSV Elvis Prempeh.
09:10	CAIRN	Ground ball pickup by CAIRN Josh Dahn.
09:08	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Luke Fowler (caused by Chai Dunlap).
09:00	UMSV	Shot by UMSV Elvis Prempeh WIDE
08:57	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Ethan Meiers.
08:29	UMSV	Clear attempt by UMSV good.
07:43	UMSV	GOAL by UMSV Elvis Prempeh, Assist by Marquis Gardner, goal number 17 for season.
<b>Mt. St. Vincent 6, Cairn 4</b>		

07:43	UMSV	Faceoff Alfred Lamptey vs Adain Holliday won by UMSV (on faceoff violation).
07:11	UMSV	Shot by UMSV Marquis Gardner, SAVE Nico Cione
07:07	CAIRN	Ground ball pickup by CAIRN Nico Cione.
07:05	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Noah Jones (caused by Logan Charboneau).
06:51	UMSV	Ground ball pickup by UMSV Logan Charboneau.
06:30	UMSV	Shot by UMSV Rene Alamo, SAVE Nico Cione
06:26	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Jason Briant (caused by Jake Luxoro).
06:08	UMSV	Ground ball pickup by UMSV Ryan Jean-Pharuns.
05:34	UMSV	GOAL by UMSV Elvis Prempeh, Assist by Sam Hall, goal number 18 for season.

#### Mt. St. Vincent 7, Cairn 4

05:34	CAIRN	Timeout by CAIRN.
05:34	CAIRN	Faceoff Alfred Lamptey vs Adain Holliday won by CAIRN (on faceoff violation).
04:59	CAIRN	Ground ball pickup by CAIRN Luke Fowler.
04:36	CAIRN	Shot by CAIRN Adain Holliday WIDE
04:00	CAIRN	30-second clock violation by CAIRN.
--	UMSV	Turnover by UMSV Chai Dunlap.
03:17	CAIRN	Shot by CAIRN Jason Briant WIDE
02:53	CAIRN	Shot by CAIRN Cole Heffler, SAVE Joseph Seminatore
02:37	CAIRN	GOAL by CAIRN Adain Holliday, goal number 3 for season.

#### Mt. St. Vincent 7, Cairn 5

02:37	UMSV	Faceoff Nathaniel Simpson vs Colin Welsh won by UMSV, [02:37] Ground ball pickup by UMSV Nathaniel Simpson.
--	UMSV	Turnover by UMSV Nathaniel Simpson.
02:14	CAIRN	Clear attempt by CAIRN good.
--	CAIRN	Turnover by CAIRN Luke Fowler.
02:02	UMSV	Ground ball pickup by UMSV Marquis Gardner.
--	UMSV	Turnover by UMSV Marquis Gardner (caused by Ethan Meiers).
01:47	CAIRN	Ground ball pickup by CAIRN Nico Cione.
01:46	CAIRN	Clear attempt by CAIRN failed.
--	CAIRN	Turnover by CAIRN Noah Jones (caused by Chai Dunlap).
--	UMSV	Turnover by UMSV Chai Dunlap.
01:20	CAIRN	Ground ball pickup by CAIRN Deyshon Green.
01:03	CAIRN	Ground ball pickup by CAIRN Jacob Lingerman.
01:01	CAIRN	Shot by CAIRN Jacob Lingerman WIDE
00:58	CAIRN	Ground ball pickup by CAIRN Deyshon Green.
--	CAIRN	Turnover by CAIRN Deyshon Green.
00:51	UMSV	Clear attempt by UMSV failed.
--	UMSV	Turnover by UMSV Walker Moore.
00:24	CAIRN	Timeout by CAIRN.
--	CAIRN	Turnover by CAIRN Luke Fowler.
00:17	UMSV	Clear attempt by UMSV failed.
--	UMSV	Turnover by UMSV Walker Moore.
00:03	CAIRN	Ground ball pickup by CAIRN Jacob Lingerman.
--	CAIRN	Turnover by CAIRN Jacob Lingerman (caused by Jake Luxoro).
--	UMSV	Lightning Delay
00:00	0	End-of-period.