

Longwood (2-1) -vs- Saint Francis (1-0) 2/22/2023 at Loretto, Pa. (DeGol Field)

Date: 2/22/2023
Attendance: 113

| Score | 1 | 2 | 3 | 4 | Total |
|---------------|---|---|---|---|-------|
| Longwood | 1 | 1 | 3 | 1 | 6 |
| Saint Francis | 5 | 5 | 2 | 4 | 16 |

Longwood Goals: MCDONALD, Riley (2); DEFILIPPO, Kendra (1); SMITH, Emily Cate (1); MELTON, Harper (1); HELFENBEIN, Miranda (1)
Assists: SMITH, Emily Cate (2); MELTON, Harper (1)

Saint Francis Goals: MCHENRY, Autumn (4); GIVENS, Julia (3); FISHER, Bella (2); RONCARATI, Christina (2); DICKSON, Kelly (2); PETRIE, Tori (1); FISHER, Lizzy (1); HERNANDEZ, Danielle (1)
Assists: DICKSON, Kelly (3); MCHENRY, Autumn (2); PATTEN, Mak (1); ESPINO, Chyler (1); FISHER, Lizzy (1); HERNANDEZ, Danielle (1)

| Shots | 1 | 2 | 3 | 4 | Total |
|---------------|----|---|---|----|-------|
| Longwood | 6 | 4 | 9 | 8 | 27 |
| Saint Francis | 10 | 9 | 8 | 10 | 37 |
| Shots On Goal | | | | | |
| Longwood | 4 | 3 | 6 | 5 | 18 |
| Saint Francis | 9 | 7 | 7 | 8 | 31 |
| Saves | | | | | |
| Longwood | 4 | 2 | 5 | 4 | 15 |
| Saint Francis | 3 | 2 | 3 | 4 | 12 |
| Turnovers | | | | | |
| Longwood | 5 | 5 | 4 | 3 | 17 |
| Saint Francis | 4 | 3 | 3 | 4 | 14 |

| Clears | 1 | 2 | 3 | 4 | Total |
|---------------------|-----|-----|-----|-----|-------|
| Longwood | 3-5 | 5-5 | 5-6 | 2-3 | 15-19 |
| Saint Francis | 5-6 | 4-5 | 1-2 | 4-6 | 14-19 |
| Ground Balls | | | | | |
| Longwood | 6 | 3 | 3 | 2 | 14 |
| Saint Francis | 7 | 4 | 8 | 4 | 23 |
| Draw Controls | | | | | |
| Longwood | 3 | 2 | 2 | 3 | 10 |
| Saint Francis | 4 | 5 | 4 | 2 | 15 |
| Free-Position Shots | | | | | |
| Longwood | 0 | 2 | 0 | 1 | 3 |
| Saint Francis | 3 | 2 | 1 | 3 | 9 |
| Fouls | | | | | |
| Longwood | 4 | 3 | 2 | 6 | 15 |
| Saint Francis | 0 | 2 | 0 | 1 | 3 |

Stadium: DeGol Field
Penalties: LACEY, Brooke 1st/04:22; ROWLISON, Ainsley 2nd/10:39; SMITH, Emily Cate 2nd/05:34; NEWSOM, Zenie 2nd/04:51; HELFENBEIN, Miranda 2nd/04:16; LIBBY, Claire 4th/03:21
Officials: Toyah Houck Nastanov; David Cook; Tom Brush

Longwood 6

| Pos | # | Player | G | A | P | SH | GB | TO | CT | DC | FPS | Fouls |
|--------|----|---------------------|---|---|---|----|----|----|----|----|-----|-------|
| M/A | 1 | RUMBAUGH, Ellie | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 0-1 | 0 |
| M | 2 | ROWLISON, Ainsley | 0 | 0 | 0 | 1 | 1 | 2 | 0 | 0 | | 1 |
| D | 10 | FLYNN, Molly | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 4 |
| A/M | 13 | MCDONALD, Riley | 2 | 0 | 2 | 4 | 0 | 3 | 0 | 2 | | 1 |
| M/D | 16 | KOENIG, Julia | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 4 | | 2 |
| A | 18 | SMITH, Emily Cate | 1 | 2 | 3 | 4 | 0 | 3 | 0 | 1 | | 0 |
| M | 19 | LIBBY, Claire | 0 | 0 | 0 | 1 | 2 | 0 | 2 | 2 | | 1 |
| D/M | 21 | STOHLMAN, Lily | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | 0 |
| M | 25 | MELTON, Harper | 1 | 1 | 2 | 2 | 1 | 1 | 0 | 0 | | 0 |
| M | 26 | HELFENBEIN, Miranda | 1 | 0 | 1 | 4 | 0 | 2 | 0 | 0 | | 3 |
| M | 28 | CERRETANI, Lauren | 0 | 0 | 0 | 5 | 1 | 1 | 1 | 1 | 0-1 | 0 |
| GK | 73 | CARLILE, Amelia | 0 | 0 | 0 | 0 | 3 | 1 | 1 | 0 | | 0 |
| | 3 | NEWSOM, Zenie | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | 0 |
| | 5 | DEFILIPPO, Kendra | 1 | 0 | 1 | 2 | 0 | 2 | 0 | 0 | | 1 |
| | 7 | HAMILTON, Lexi | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0-1 | 0 |
| | 22 | HUNTER, Allison | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 2 |
| | 23 | PASSA, Sophia | 0 | 0 | 0 | 1 | 2 | 1 | 1 | 0 | | 0 |
| | 27 | WALKER, Ellie | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 |
| | 35 | MCCULLOUGH, Bella | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | 0 |
| Totals | | | 6 | 3 | 9 | 27 | 14 | 17 | 5 | 10 | 0-3 | 15 |

| # | Goalkeepers | Minutes | GA | Saves | Dec |
|----|-------------------|---------|----|-------|-----|
| 73 | CARLILE, Amelia | 48:35 | 12 | 11 | L |
| 35 | MCCULLOUGH, Bella | 11:25 | 4 | 4 | |

Saint Francis 16

| Pos | # | Player | G | A | P | SH | GB | TO | CT | DC | FPS | Fouls |
|--------|----|----------------------|----|---|----|----|----|----|----|----|-----|-------|
| D | 2 | ESPINO, Chyler | 0 | 1 | 1 | 0 | 5 | 0 | 3 | 4 | | 1 |
| A | 4 | FISHER, Bella | 2 | 0 | 2 | 6 | 1 | 1 | 0 | 5 | 1-2 | 0 |
| A | 10 | RONCARATI, Christina | 2 | 0 | 2 | 5 | 0 | 1 | 0 | 0 | 1-2 | 0 |
| D | 11 | JONES, Holly | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | | 0 |
| D | 13 | BURKE, Bella | 0 | 0 | 0 | 0 | 2 | 2 | 0 | 0 | | 0 |
| M | 15 | DICKSON, Kelly | 2 | 3 | 5 | 4 | 1 | 1 | 2 | 2 | 1-2 | 0 |
| A | 16 | FISHER, Lizzy | 1 | 1 | 2 | 2 | 3 | 2 | 0 | 1 | | 0 |
| A | 17 | HERNANDEZ, Danielle | 1 | 1 | 2 | 5 | 1 | 1 | 1 | 0 | 0-1 | 0 |
| M | 20 | GIVENS, Julia | 3 | 0 | 3 | 4 | 0 | 0 | 1 | 1 | | 0 |
| D | 22 | BARNARD, Bella | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 |
| GK | 29 | ENRIQUE, Elyssa | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | | 0 |
| M | 32 | MCHENRY, Autumn | 4 | 2 | 6 | 7 | 2 | 0 | 2 | 2 | 0-1 | 0 |
| | 1 | PATTEN, Mak | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0-1 | 0 |
| | 6 | LACEY, Brooke | 0 | 0 | 0 | 2 | 1 | 1 | 0 | 0 | | 1 |
| | 7 | PETRIE, Tori | 1 | 0 | 1 | 1 | 3 | 1 | 0 | 0 | | 0 |
| | 9 | BALDINI, Olivia | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | | 0 |
| | 19 | ELLISON, Erika | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | 1 |
| | 23 | JAMISON, Julea | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 |
| | 24 | ROCHE, Colleen | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | | 0 |
| Totals | | | 16 | 9 | 25 | 37 | 23 | 14 | 9 | 15 | 3-9 | 3 |

| # | Goalkeepers | Minutes | GA | Saves | Dec |
|----|-----------------|---------|----|-------|-----|
| 29 | ENRIQUE, Elyssa | 60:00 | 6 | 12 | W |

Scoring Summary

| Period | Time | Scored By | Assisted By | LWU | SFU |
|--------|-------|-------------------------------|---------------------|-----|-----|
| 1st | 14:19 | FISHER, Bella (1) | Unassisted | 0 | 1 |
| 1st | 09:04 | MCHENRY, Autumn (1) | DICKSON, Kelly | 0 | 2 |
| 1st | 08:28 | MELTON, Harper | SMITH, Emily Cate | 1 | 2 |
| 1st | 02:03 | RONCARATI, Christina (1) | Unassisted | 1 | 3 |
| 1st | 01:21 | HERNANDEZ, Danielle (1) | Unassisted | 1 | 4 |
| 1st | 00:23 | DICKSON, Kelly (1) | HERNANDEZ, Danielle | 1 | 5 |
| 2nd | 14:48 | MCHENRY, Autumn (2) | Unassisted | 1 | 6 |
| 2nd | 12:04 | GIVENS, Julia (2) | DICKSON, Kelly | 1 | 7 |
| 2nd | 11:25 | FISHER, Bella (2) | MCHENRY, Autumn | 1 | 8 |
| 2nd | 10:21 | MCHENRY, Autumn (3) (UP) | Unassisted | 1 | 9 |
| 2nd | 09:23 | HELFENBEIN, Miranda | SMITH, Emily Cate | 2 | 9 |
| 2nd | 04:39 | RONCARATI, Christina (1) (UP) | MCHENRY, Autumn | 2 | 10 |
| 3rd | 14:48 | FISHER, Lizzy (2) | ESPINO, Chyler | 2 | 11 |
| 3rd | 11:22 | GIVENS, Julia (2) | FISHER, Lizzy | 2 | 12 |
| 3rd | 08:35 | SMITH, Emily Cate | Unassisted | 3 | 12 |
| 3rd | 04:15 | DEFILIPPO, Kendra | MELTON, Harper | 4 | 12 |
| 3rd | 01:14 | MCDONALD, Riley | Unassisted | 5 | 12 |
| 4th | 10:39 | GIVENS, Julia (3) | Unassisted | 5 | 13 |
| 4th | 10:06 | MCDONALD, Riley | Unassisted | 6 | 13 |
| 4th | 01:56 | DICKSON, Kelly (2) (UP) | Unassisted | 6 | 14 |
| 4th | 01:40 | MCHENRY, Autumn (4) (UP) | DICKSON, Kelly | 6 | 15 |
| 4th | 00:20 | PETRIE, Tori (1) | PATTEN, Mak | 6 | 16 |

Penalty Summary

| Period | Time | Team | Player | Type |
|--------|-------|------|---------------------|-------------|
| 1st | 04:22 | SFU | LACEY, Brooke | YELLOW CARD |
| 2nd | 10:39 | LWU | ROWLISON, Ainsley | YELLOW CARD |
| 2nd | 05:34 | LWU | SMITH, Emily Cate | YELLOW CARD |
| 2nd | 04:51 | LWU | NEWSOM, Zenie | YELLOW CARD |
| 2nd | 04:16 | LWU | HELFENBEIN, Miranda | YELLOW CARD |
| 4th | 03:21 | LWU | LIBBY, Claire | YELLOW CARD |

Play By Play

| Time | Team | Play |
|------------------------------------|------|-------------------------------------------------------------------------------------------------|
| 15:00 | LWU | CARLILE, Amelia at goalie for LWU. |
| 15:00 | SFU | ENRIQUE, Elyssa at goalie for SFU. |
| -- | SFU | Draw control by SFU MCHENRY, Autumn. |
| -- | LWU | Foul on LWU LIBBY, Claire. |
| 14:19 | SFU | Free position attempt for SFU. |
| 14:19 | SFU | GOAL by SFU FISHER, Bella (FIRST GOAL) (FPGOAL) {free position shot}, goal number 1 for season. |
| Longwood 0, Saint Francis 1 | | |
| -- | LWU | Draw control by LWU KOENIG, Julia. |
| 13:48 | LWU | Clear attempt by LWU good. |
| 13:16 | LWU | Shot by LWU MCDONALD, Riley, SAVE ENRIQUE, Elyssa. |
| 13:04 | LWU | Shot by LWU CERRETANI, Lauren HIT POST. |
| 12:58 | SFU | Ground ball pickup by SFU BURKE, Bella. |
| 12:36 | SFU | Clear attempt by SFU good. |
| -- | LWU | Foul on LWU FLYNN, Molly. |
| 12:09 | SFU | Free position attempt for SFU. |
| 12:08 | SFU | Shot by SFU GIVENS, Julia, SAVE CARLILE, Amelia. |
| 12:04 | SFU | Ground ball pickup by SFU FISHER, Lizzy. |
| 11:58 | SFU | Turnover by SFU DICKSON, Kelly (caused by LIBBY, Claire). |
| 11:50 | LWU | Ground ball pickup by LWU LIBBY, Claire. |
| 11:31 | LWU | Clear attempt by LWU good. |
| 10:46 | LWU | Turnover by LWU ROWLISON, Ainsley. |
| 10:41 | SFU | Ground ball pickup by SFU ENRIQUE, Elyssa. |
| 10:20 | SFU | Turnover by SFU JONES, Holly (caused by CERRETANI, Lauren). |
| 10:13 | LWU | Ground ball pickup by LWU CERRETANI, Lauren. |
| 10:10 | SFU | Clear attempt by SFU failed. |
| 09:44 | LWU | Shot by LWU HELFENBEIN, Miranda, SAVE ENRIQUE, Elyssa. |
| 09:24 | SFU | Clear attempt by SFU good. |
| -- | LWU | Foul on LWU KOENIG, Julia. |
| 09:16 | SFU | Free position attempt for SFU. |
| 09:16 | SFU | Shot by SFU HERNANDEZ, Danielle BLOCKED {free position shot}. |
| 09:16 | SFU | Ground ball pickup by SFU FISHER, Lizzy. |
| 09:04 | SFU | GOAL by SFU MCHENRY, Autumn, Assist by DICKSON, Kelly, goal number 1 for season. |
| Longwood 0, Saint Francis 2 | | |
| 09:04 | LWU | Timeout by LWU. |
| -- | LWU | Draw control by LWU MCDONALD, Riley. |
| 08:28 | LWU | GOAL by LWU MELTON, Harper, Assist by SMITH, Emily Cate. |
| Longwood 1, Saint Francis 2 | | |
| -- | LWU | Draw control by LWU MCDONALD, Riley. |
| 07:13 | LWU | Turnover by LWU SMITH, Emily Cate (caused by GIVENS, Julia). |
| 06:58 | SFU | Clear attempt by SFU good. |
| 06:33 | SFU | Turnover by SFU FISHER, Lizzy. |
| 06:12 | LWU | Clear attempt by LWU good. |
| 05:39 | LWU | Turnover by LWU MCDONALD, Riley. |
| 05:17 | SFU | Clear attempt by SFU good. |
| 05:01 | SFU | Shot by SFU HERNANDEZ, Danielle, SAVE CARLILE, Amelia. |
| -- | SFU | Yellow card on SFU LACEY, Brooke. |
| 04:07 | LWU | Shot by LWU PASSA, Sophia, SAVE ENRIQUE, Elyssa. |
| 04:02 | LWU | Ground ball pickup by LWU PASSA, Sophia. |
| 03:43 | LWU | Shot by LWU CERRETANI, Lauren WIDE. |
| 03:07 | SFU | Ground ball pickup by SFU ESPINO, Chyler. |
| 02:37 | SFU | Shot by SFU FISHER, Bella, SAVE CARLILE, Amelia. |
| 02:32 | LWU | Ground ball pickup by LWU CARLILE, Amelia. |
| 02:26 | LWU | Turnover by LWU CARLILE, Amelia (caused by MCHENRY, Autumn). |
| 02:20 | SFU | Ground ball pickup by SFU MCHENRY, Autumn. |
| 02:15 | SFU | Clear attempt by SFU good. |
| 02:13 | LWU | Clear attempt by LWU failed. |
| -- | LWU | Foul on LWU KOENIG, Julia. |
| 02:03 | SFU | Free position attempt for SFU. |

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| 02:03 | SFU | GOAL by SFU RONCARATI, Christina (FPGOAL) {free position shot}, goal number 1 for season. |
| Longwood 1, Saint Francis 3 | | |
| -- | SFU | Draw control by SFU ESPINO, Chyler. |
| 01:21 | SFU | GOAL by SFU HERNANDEZ, Danielle, goal number 1 for season. |
| Longwood 1, Saint Francis 4 | | |
| -- | SFU | Draw control by SFU DICKSON, Kelly. |
| 00:45 | SFU | Shot by SFU FISHER, Lizzy, SAVE CARLILE, Amelia. |
| 00:42 | LWU | Ground ball pickup by LWU KOENIG, Julia. |
| 00:34 | LWU | Turnover by LWU KOENIG, Julia. |
| 00:29 | SFU | Ground ball pickup by SFU FISHER, Lizzy. |
| 00:23 | SFU | GOAL by SFU DICKSON, Kelly, Assist by HERNANDEZ, Danielle, goal number 1 for season. |
| Longwood 1, Saint Francis 5 | | |
| 00:23 | LWU | Clear attempt by LWU failed. |
| -- | SFU | Draw control by SFU ESPINO, Chyler. |
| 00:05 | SFU | Turnover by SFU FISHER, Bella (caused by CARLILE, Amelia). |
| 00:00 | LWU | Ground ball pickup by LWU CARLILE, Amelia. |
| 15:00 | 0 | |
| -- | SFU | Draw control by SFU MCHENRY, Autumn. |
| 14:48 | SFU | GOAL by SFU MCHENRY, Autumn, goal number 2 for season. |
| Longwood 1, Saint Francis 6 | | |
| -- | LWU | Draw control by LWU KOENIG, Julia. |
| 13:50 | LWU | Turnover by LWU MCDONALD, Riley (caused by ESPINO, Chyler). |
| 13:41 | SFU | Ground ball pickup by SFU ESPINO, Chyler. |
| 13:35 | SFU | Clear attempt by SFU good. |
| 13:33 | SFU | Turnover by SFU RONCARATI, Christina. |
| 13:11 | LWU | Clear attempt by LWU good. |
| 12:44 | LWU | Turnover by LWU MCDONALD, Riley. |
| 12:04 | SFU | GOAL by SFU GIVENS, Julia, Assist by DICKSON, Kelly, goal number 2 for season. |
| Longwood 1, Saint Francis 7 | | |
| -- | SFU | Draw control by SFU FISHER, Bella. |
| -- | LWU | Foul on LWU FLYNN, Molly. |
| 11:55 | SFU | Free position attempt for SFU. |
| 11:25 | SFU | GOAL by SFU FISHER, Bella, Assist by MCHENRY, Autumn, goal number 2 for season. |
| Longwood 1, Saint Francis 8 | | |
| 11:25 | LWU | MCCULLOUGH, Bella at goalie for LWU. |
| -- | SFU | Draw control by SFU FISHER, Bella. |
| -- | LWU | Yellow card on LWU ROWLISON, Ainsley. |
| 10:39 | SFU | Free position attempt for SFU. |
| 10:21 | SFU | GOAL by SFU MCHENRY, Autumn (MAN-UP), goal number 3 for season. |
| Longwood 1, Saint Francis 9 | | |
| -- | SFU | Draw control by SFU FISHER, Bella. |
| -- | LWU | Foul on LWU HELFENBEIN, Miranda. |
| 10:11 | SFU | Free position attempt for SFU. |
| 10:11 | SFU | Shot by SFU FISHER, Bella WIDE {free position shot}. |
| 09:46 | LWU | Clear attempt by LWU good. |
| 09:23 | LWU | GOAL by LWU HELFENBEIN, Miranda, Assist by SMITH, Emily Cate. |
| Longwood 2, Saint Francis 9 | | |
| -- | LWU | Draw control by LWU SMITH, Emily Cate. |
| 08:48 | LWU | Shot by LWU CERRETANI, Lauren, SAVE ENRIQUE, Elyssa. |
| 08:12 | LWU | Turnover by LWU DEFILIPPO, Kendra. |
| 08:06 | SFU | Ground ball pickup by SFU LACEY, Brooke. |
| 08:03 | SFU | Turnover by SFU LACEY, Brooke. |
| 08:00 | LWU | Ground ball pickup by LWU NEWSOM, Zenie. |
| 07:56 | SFU | Clear attempt by SFU failed. |
| -- | SFU | Foul on SFU ELLISON, Erika. |
| 07:28 | LWU | Free position attempt for LWU. |
| 07:28 | LWU | Shot by LWU HAMILTON, Lexi, SAVE ENRIQUE, Elyssa {free position shot}. |
| 07:13 | SFU | Clear attempt by SFU good. |
| 06:33 | SFU | Turnover by SFU HERNANDEZ, Danielle. |
| 06:30 | LWU | Ground ball pickup by LWU STOHLMAN, Lily. |
| 06:12 | LWU | Clear attempt by LWU good. |

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| -- | SFU | Foul on SFU LACEY, Brooke. |
| 05:41 | LWU | Free position attempt for LWU. |
| 05:41 | LWU | Shot by LWU CERRETANI, Lauren WIDE {free position shot}. |
| 05:39 | SFU | Ground ball pickup by SFU ELLISON, Erika. |
| -- | LWU | Yellow card on LWU SMITH, Emily Cate. |
| 05:15 | SFU | Clear attempt by SFU good. |
| -- | LWU | Yellow card on LWU NEWSOM, Zenie. |
| 04:46 | SFU | Shot by SFU HERNANDEZ, Danielle WIDE. |
| 04:39 | SFU | GOAL by SFU RONCARATI, Christina (MAN-UP), Assist by MCHENRY, Autumn, goal number 1 for season. |

Longwood 2, Saint Francis 10

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| -- | SFU | Draw control by SFU DICKSON, Kelly. |
| -- | LWU | Yellow card on LWU HELFENBEIN, Miranda. |
| -- | LWU | Foul on LWU ROWLISON, Ainsley. |
| 03:46 | SFU | Free position attempt for SFU. |
| 03:46 | SFU | Shot by SFU DICKSON, Kelly, SAVE MCCULLOUGH, Bella {free position shot}. |
| 03:44 | LWU | Ground ball pickup by LWU MCCULLOUGH, Bella. |
| 03:16 | LWU | Clear attempt by LWU good. |
| 02:46 | LWU | Turnover by LWU MELTON, Harper. |
| 01:11 | SFU | Shot by SFU FISHER, Bella, SAVE MCCULLOUGH, Bella. |
| 00:45 | SFU | Clear attempt by SFU good. |
| 00:28 | LWU | Clear attempt by LWU good. |
| 00:24 | LWU | Turnover by LWU HELFENBEIN, Miranda (caused by ESPINO, Chyler). |
| 00:15 | SFU | Ground ball pickup by SFU ESPINO, Chyler. |
| 00:00 | 0 | End-of-period. |
| 15:00 | 0 | |
| -- | SFU | Draw control by SFU ESPINO, Chyler. |
| 14:48 | SFU | GOAL by SFU FISHER, Lizzy, Assist by ESPINO, Chyler, goal number 2 for season. |

Longwood 2, Saint Francis 11

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| -- | SFU | Draw control by SFU FISHER, Lizzy. |
| 14:36 | SFU | Shot by SFU LACEY, Brooke, SAVE MCCULLOUGH, Bella. |
| 13:44 | LWU | Clear attempt by LWU good. |
| 13:35 | LWU | Shot by LWU RUMBAUGH, Ellie, SAVE ENRIQUE, Elyssa. |
| 13:17 | SFU | Clear attempt by SFU failed. |
| 13:13 | SFU | Turnover by SFU BURKE, Bella. |
| 12:54 | LWU | Turnover by LWU CERRETANI, Lauren. |
| 12:49 | SFU | Ground ball pickup by SFU ESPINO, Chyler. |
| -- | LWU | Foul on LWU FLYNN, Molly. |
| 12:39 | SFU | Free position attempt for SFU. |
| 12:23 | SFU | Ground ball pickup by SFU FISHER, Bella. |
| 12:04 | SFU | Turnover by SFU FISHER, Lizzy. |
| 12:01 | LWU | Ground ball pickup by LWU ROWLISON, Ainsley. |
| 11:57 | LWU | Turnover by LWU ROWLISON, Ainsley (caused by HERNANDEZ, Danielle). |
| 11:53 | SFU | Ground ball pickup by SFU HERNANDEZ, Danielle. |
| 11:51 | LWU | Clear attempt by LWU failed. |
| 11:22 | SFU | GOAL by SFU GIVENS, Julia, Assist by FISHER, Lizzy, goal number 2 for season. |

Longwood 2, Saint Francis 12

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| -- | LWU | Draw control by LWU KOENIG, Julia. |
| 09:54 | LWU | Clear attempt by LWU good. |
| 09:21 | LWU | Shot by LWU SMITH, Emily Cate, SAVE ENRIQUE, Elyssa. |
| 09:10 | LWU | Ground ball pickup by LWU MELTON, Harper. |
| 09:03 | LWU | Shot by LWU MELTON, Harper WIDE. |
| 08:35 | LWU | GOAL by LWU SMITH, Emily Cate. |

Longwood 3, Saint Francis 12

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| -- | SFU | Draw control by SFU FISHER, Bella. |
| 08:06 | SFU | Shot by SFU RONCARATI, Christina, SAVE MCCULLOUGH, Bella. |
| -- | LWU | Foul on LWU HELFENBEIN, Miranda. |
| 08:02 | SFU | Free position attempt for SFU. |
| 08:02 | SFU | Shot by SFU RONCARATI, Christina BLOCKED {free position shot}. |
| 15:00 | LWU | CARLILE, Amelia at goalie for LWU. |
| 07:56 | LWU | Clear attempt by LWU good. |
| 07:54 | LWU | Shot by LWU HELFENBEIN, Miranda, SAVE ENRIQUE, Elyssa. |
| 06:18 | SFU | Timeout by SFU. |

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|-------|-----|------------------------------------------------------------------|
| 05:42 | SFU | Ground ball pickup by SFU PETRIE, Tori. |
| 05:15 | SFU | Shot by SFU DICKSON, Kelly, SAVE CARLILE, Amelia. |
| 05:03 | LWU | Turnover by LWU HELFENBEIN, Miranda (caused by MCHENRY, Autumn). |
| 04:58 | SFU | Ground ball pickup by SFU MCHENRY, Autumn. |
| 04:15 | LWU | GOAL by LWU DEFILIPPO, Kendra, Assist by MELTON, Harper. |

Longwood 4, Saint Francis 12

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| -- | LWU | Draw control by LWU LIBBY, Claire. |
| 03:42 | LWU | Shot by LWU MCDONALD, Riley WIDE. |
| 03:23 | LWU | Shot by LWU DEFILIPPO, Kendra HIT POST. |
| 03:10 | SFU | Ground ball pickup by SFU BALDINI, Olivia. |
| 01:37 | SFU | Shot by SFU MCHENRY, Autumn, SAVE CARLILE, Amelia. |
| 01:16 | LWU | Clear attempt by LWU good. |
| 01:14 | LWU | GOAL by LWU MCDONALD, Riley. |

Longwood 5, Saint Francis 12

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|-------|-----|-----------------------------------------------------------|
| -- | SFU | Draw control by SFU ESPINO, Chyler. |
| 00:55 | SFU | Shot by SFU LACEY, Brooke, SAVE CARLILE, Amelia. |
| 00:52 | SFU | Ground ball pickup by SFU PETRIE, Tori. |
| 00:47 | SFU | Turnover by SFU PETRIE, Tori (caused by PASSA, Sophia). |
| 00:44 | LWU | Ground ball pickup by LWU PASSA, Sophia. |
| 00:39 | LWU | Clear attempt by LWU good. |
| 00:34 | LWU | Turnover by LWU PASSA, Sophia (caused by ESPINO, Chyler). |
| 00:31 | SFU | Ground ball pickup by SFU ESPINO, Chyler. |
| 00:26 | SFU | Clear attempt by SFU good. |
| 00:00 | 0 | End-of-period. |

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| 15:00 | 0 | |
| -- | LWU | Draw control by LWU LIBBY, Claire. |
| 14:16 | LWU | Turnover by LWU SMITH, Emily Cate. |
| 13:37 | SFU | Shot by SFU HERNANDEZ, Danielle, SAVE CARLILE, Amelia. |
| 12:24 | LWU | Turnover by LWU DEFILIPPO, Kendra (caused by DICKSON, Kelly). |
| 12:17 | SFU | Ground ball pickup by SFU DICKSON, Kelly. |
| 12:14 | SFU | Turnover by SFU ENRIQUE, Elyssa. |
| 12:09 | SFU | Clear attempt by SFU failed. |
| 11:40 | LWU | Shot by LWU HELFENBEIN, Miranda, SAVE ENRIQUE, Elyssa. |
| 11:20 | SFU | Clear attempt by SFU good. |
| -- | LWU | Foul on LWU MCDONALD, Riley. |
| 11:12 | SFU | Free position attempt for SFU. |
| -- | LWU | Foul on LWU FLYNN, Molly. |
| 11:06 | SFU | Free position attempt for SFU. |
| 10:39 | SFU | GOAL by SFU GIVENS, Julia, goal number 3 for season. |

Longwood 5, Saint Francis 13

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| -- | LWU | Draw control by LWU KOENIG, Julia. |
| 10:23 | LWU | Shot by LWU SMITH, Emily Cate WIDE. |
| 10:06 | LWU | GOAL by LWU MCDONALD, Riley. |

Longwood 6, Saint Francis 13

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| -- | SFU | Draw control by SFU GIVENS, Julia. |
| 09:16 | SFU | Shot by SFU RONCARATI, Christina HIGH. |
| 08:45 | SFU | Turnover by SFU ROCHE, Colleen. |
| 08:26 | LWU | Clear attempt by LWU good. |
| 08:06 | LWU | Shot by LWU ROWLISON, Ainsley, SAVE ENRIQUE, Elyssa. |
| 07:39 | SFU | Clear attempt by SFU good. |
| -- | LWU | Foul on LWU HUNTER, Allison. |
| 07:35 | SFU | Free position attempt for SFU. |
| 07:35 | SFU | Shot by SFU PATTEN, Mak, SAVE CARLILE, Amelia {free position shot}. |
| 07:11 | LWU | Ground ball pickup by LWU CARLILE, Amelia. |
| 07:07 | SFU | Ground ball pickup by SFU BURKE, Bella. |
| 07:07 | LWU | Clear attempt by LWU failed. |
| -- | LWU | Foul on LWU DEFILIPPO, Kendra. |
| 07:07 | SFU | Free position attempt for SFU. |
| 07:07 | SFU | Shot by SFU MCHENRY, Autumn, SAVE CARLILE, Amelia {free position shot}. |
| 05:52 | LWU | Shot by LWU CERRETANI, Lauren HIGH. |
| 05:25 | SFU | Turnover by SFU BURKE, Bella (caused by LIBBY, Claire). |
| 05:22 | LWU | Ground ball pickup by LWU LIBBY, Claire. |

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| 05:20 | SFU | Clear attempt by SFU failed. |
| 05:07 | LWU | Shot by LWU LIBBY, Claire, SAVE ENRIQUE, Elyssa. |
| 04:47 | SFU | Clear attempt by SFU good. |
| 04:41 | SFU | Timeout by SFU. |
| 04:36 | SFU | Shot by SFU MCHENRY, Autumn WIDE. |
| 04:25 | SFU | Turnover by SFU ROCHE, Colleen. |
| 04:13 | LWU | Clear attempt by LWU good. |
| 04:10 | LWU | Shot by LWU SMITH, Emily Cate, SAVE ENRIQUE, Elyssa. |
| -- | SFU | Foul on SFU ESPINO, Chyler. |
| 03:30 | LWU | Free position attempt for LWU. |
| 03:30 | LWU | Shot by LWU RUMBAUGH, Ellie HIGH {free position shot}. |
| -- | LWU | Yellow card on LWU LIBBY, Claire. |
| 03:13 | SFU | Clear attempt by SFU good. |
| 02:17 | SFU | Shot by SFU FISHER, Bella, SAVE CARLILE, Amelia. |
| 02:14 | SFU | Ground ball pickup by SFU PETRIE, Tori. |
| -- | LWU | Foul on LWU HUNTER, Allison. |
| 02:07 | SFU | Free position attempt for SFU. |
| -- | LWU | Foul on LWU HELFENBEIN, Miranda. |
| 01:56 | SFU | Free position attempt for SFU. |
| 01:56 | SFU | GOAL by SFU DICKSON, Kelly (MAN-UP) (FPGOAL) {free position shot}, goal number 2 for season. |
| Longwood 6, Saint Francis 14 | | |
| -- | SFU | Draw control by SFU FISHER, Bella. |
| 01:40 | SFU | GOAL by SFU MCHENRY, Autumn (MAN-UP), Assist by DICKSON, Kelly, goal number 4 for season. |
| Longwood 6, Saint Francis 15 | | |
| -- | LWU | Draw control by LWU CERRETANI, Lauren. |
| 01:05 | LWU | Turnover by LWU SMITH, Emily Cate (caused by DICKSON, Kelly). |
| 01:01 | SFU | Ground ball pickup by SFU BALDINI, Olivia. |
| 00:20 | SFU | GOAL by SFU PETRIE, Tori, Assist by PATTEN, Mak, goal number 1 for season. |
| Longwood 6, Saint Francis 16 | | |
| 00:00 | 0 | End-of-period. |