

Capital (6-4, 2-1 OAC) -vs- John Carroll (10-0, 2-0 OAC)
3/29/2025 at University Hts., OH (Don Shula)

Date: 3/29/2025
Attendance: 205

Score	1	2	3	4	Total
Capital	3	4	4	2	13
John Carroll	6	5	7	3	21

Capital Goals: Grace Osborn (6); Ava Vendetti (6); Leah Leno (1)
Assists: Andi Henry (3); Grace Osborn (2); Brenna Todd (2); Dylan Smith (1)

John Carroll Goals: Anna Spitzer (5); Riley Knapp (4); Mary Grace Godleski (3); Abby Cassidy (3); Vivian Rung (3); Kenzie Krom (1); Kathleen Cagney (1); Olivia Hanulak (1)
Assists: Riley Knapp (2); Kathleen Cagney (2); Olivia Hanulak (2); Abby Cassidy (2); Vivian Rung (2); Ellie Fleischer (1)

Shots	1	2	3	4	Total
Capital	6	8	6	4	24
John Carroll	17	10	12	8	47

Shots On Goal					
Capital	4	7	6	2	19
John Carroll	11	8	9	8	36

Saves					
Capital	5	3	2	5	15
John Carroll	1	3	2	0	6

Turnovers					
Capital	3	5	5	4	17
John Carroll	2	2	4	4	12

Clears	1	2	3	4	Total
Capital	4-5	3-5	4-4	3-4	14-18
John Carroll	5-5	4-5	6-6	3-4	18-20

Ground Balls					
Capital	4	2	4	6	16
John Carroll	12	10	8	11	41

Draw Controls					
Capital	2	5	4	3	14
John Carroll	8	5	7	3	23

Free-Position Shots					
Capital	1	1	1	1	4
John Carroll	2	0	3	1	6

Fouls					
Capital	3	3	4	6	16
John Carroll	2	3	7	1	13

Stadium: Don Shula

Penalties: Ava Vendetti 3rd/10:04; Anna Spitzer 3rd/04:26; Meghan Weiner 3rd/02:36; Mary Wymard 3rd/00:44; Anna Spitzer 4th/11:55; Abby Cassidy 4th/11:14; Heather Stoner 4th/10:03; Riley Knapp 4th/03:00; Ele Shalawyo 4th/01:11

Capital 13

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
M	1	Amber Street	0	0	0	0	0	0	0	0		0
D	2	Rylee Jarvis	0	0	0	0	0	0	0	0		0
M	4	Grace Osborn	6	2	8	11	4	1	1	9	1-2	2
A	5	Ava Vendetti	6	0	6	6	3	2	0	2	1-1	2
A	6	Leah Leno	1	0	1	1	1	0	0	0		2
D	7	Holly Stoner	0	0	0	0	0	1	0	0		0
A	8	Heather Stoner	0	0	0	0	1	1	0	0		1
M	10	Brenna Todd	0	2	2	1	0	4	0	1		0
D	16	Avery Hart	0	0	0	0	1	1	0	1		5
M	19	Andi Henry	0	3	3	2	2	4	0	1	0-1	2
D	21	Grace Wolfe	0	0	0	0	1	1	1	0		0
G	30	Emily Serafinchon	0	0	0	0	2	0	0	0		0
	3	Dylan Smith	0	1	1	3	0	0	0	0		0
	13	Eleanor Walsh	0	0	0	0	1	0	1	0		1
	15	Ele Shalawylo	0	0	0	0	0	1	1	0		1
Totals			13	8	21	24	16	17	4	14	2-4	16

#	Goalkeepers	Minutes	GA	Saves	Dec
30	Emily Serafinchon	60:00	21	15	L

John Carroll 21

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
D	3	Jill McDonnell	0	0	0	0	4	0	1	0		2
D	4	Mary Wymard	0	0	0	1	2	0	1	0	0-1	1
A	6	Anna Spitzer	5	0	5	6	6	0	1	0		0
M	7	Riley Knapp	4	2	6	8	2	0	0	11	1-2	1
A	9	Kenzie Krom	1	0	1	3	1	0	1	0		0
M	11	Mary Grace Godleski	3	0	3	5	1	0	0	0		0
A	12	Olivia Hanulak	1	2	3	8	3	3	0	1		0
D	13	Meghan Weiner	0	0	0	0	3	0	0	0		1
A	16	Abby Cassidy	3	2	5	5	5	4	2	8	2-2	1
M	18	Karson Martin	0	0	0	0	0	0	2	1		0
D	23	Emily Van Gorder	0	0	0	0	1	0	0	0		4
G	31	Rachel Kroeger	0	0	0	0	6	0	0	0		0
	2	Hannah Weiss	0	0	0	0	1	1	0	0		0
	5	Kate Balland	0	0	0	0	0	2	0	0		0
	10	Kathleen Cagney	1	2	3	3	0	1	0	0		1
	17	Vivian Rung	3	2	5	6	3	1	0	1	0-1	1
	19	Lauren Gorcz	0	0	0	0	0	0	0	1		0
	24	Lauren Schwartz	0	0	0	0	2	0	0	0		0
	25	Daisy Thompson	0	0	0	2	0	0	0	0		0
	30	Olivia Munding	0	0	0	0	0	0	0	0		0
	37	Ellie Fleischer	0	1	1	0	1	0	0	0		0
Totals			21	11	32	47	41	12	8	23	3-6	13

#	Goalkeepers	Minutes	GA	Saves	Dec
31	Rachel Kroeger	56:21	12	6	W
30	Olivia Munding	3:39	1	0	

Scoring Summary

Period	Time	Scored By	Assisted By	CAPW	JCUW
1st	13:12	Olivia Hanulak	Unassisted	0	1
1st	13:01	Mary Grace Godleski	Riley Knapp	0	2
1st	12:15	Abby Cassidy	Unassisted	0	3
1st	10:50	Grace Osborn	Brenna Todd	1	3
1st	09:59	Ava Vendetti	Grace Osborn	2	3
1st	08:56	Riley Knapp	Unassisted	2	4
1st	02:52	Kathleen Cagney	Olivia Hanulak	2	5
1st	01:48	Ava Vendetti	Unassisted	3	5
1st	01:39	Anna Spitzer	Abby Cassidy	3	6
2nd	12:06	Anna Spitzer	Vivian Rung	3	7
2nd	11:06	Anna Spitzer	Riley Knapp	3	8
2nd	09:22	Ava Vendetti	Andi Henry	4	8
2nd	09:00	Anna Spitzer	Vivian Rung	4	9
2nd	08:06	Grace Osborn	Unassisted	5	9
2nd	07:04	Kenzie Krom	Unassisted	5	10
2nd	06:28	Grace Osborn	Dylan Smith	6	10
2nd	04:32	Ava Vendetti	Unassisted	7	10
2nd	00:33	Vivian Rung	Kathleen Cagney	7	11
3rd	13:37	Riley Knapp	Unassisted	7	12
3rd	12:35	Riley Knapp	Unassisted	7	13
3rd	11:26	Vivian Rung	Kathleen Cagney	7	14
3rd	10:21	Leah Leno	Brenna Todd	8	14
3rd	09:02	Anna Spitzer (UP)	Unassisted	8	15
3rd	08:26	Mary Grace Godleski	Olivia Hanulak	8	16
3rd	06:37	Abby Cassidy	Unassisted	8	17
3rd	05:43	Vivian Rung	Abby Cassidy	8	18
3rd	03:42	Grace Osborn (UP)	Andi Henry	9	18
3rd	01:10	Ava Vendetti	Grace Osborn	10	18
3rd	00:38	Grace Osborn (UP)	Andi Henry	11	18
4th	14:06	Abby Cassidy	Unassisted	11	19
4th	09:03	Riley Knapp	Unassisted	11	20
4th	08:28	Ava Vendetti	Unassisted	12	20
4th	02:52	Grace Osborn (UP)	Unassisted	13	20
4th	00:57	Mary Grace Godleski (UP)	Ellie Fleischer	13	21

Penalty Summary

Period	Time	Team	Player	Type
3rd	10:04	CAPW	Ava Vendetti	GREEN CARD
3rd	04:26	JCUW	Anna Spitzer	GREEN CARD
3rd	02:36	JCUW	Meghan Weiner	YELLOW CARD
3rd	00:44	JCUW	Mary Wymard	YELLOW CARD
4th	11:55	JCUW	Anna Spitzer	YELLOW CARD
4th	11:14	JCUW	Abby Cassidy	GREEN CARD
4th	10:03	CAPW	Heather Stoner	GREEN CARD
4th	03:00	JCUW	Riley Knapp	GREEN CARD
4th	01:11	CAPW	Ele Shalawylo	YELLOW CARD

Play By Play

Time	Team	Play
15:00	CAPW	Emily Serafinchon at goalie for CAPW.
15:00	JCUW	Rachel Kroeger at goalie for JCUW.
--	JCUW	Draw control by JCUW Abby Cassidy.
14:24	JCUW	Shot by JCUW Olivia Hanulak, SAVE Emily Serafinchon.
14:19	CAPW	Ground ball pickup by CAPW Emily Serafinchon.
14:12	CAPW	Clear attempt by CAPW good.
13:46	CAPW	Turnover by CAPW Grace Osborn.
13:42	JCUW	Ground ball pickup by JCUW Mary Wymard.
13:38	JCUW	Clear attempt by JCUW good.
13:12	JCUW	GOAL by JCUW Olivia Hanulak (FIRST GOAL).
Capital 0, John Carroll 1		
--	JCUW	Draw control by JCUW Riley Knapp.
13:01	JCUW	GOAL by JCUW Mary Grace Godleski, Assist by Riley Knapp.
Capital 0, John Carroll 2		
--	JCUW	Draw control by JCUW Riley Knapp.
12:52	JCUW	Shot by JCUW Riley Knapp HIT POST.
12:37	JCUW	Ground ball pickup by JCUW Olivia Hanulak.
--	CAPW	Foul on CAPW Grace Osborn.
12:15	JCUW	GOAL by JCUW Abby Cassidy (FPGOAL) {free position shot}.
Capital 0, John Carroll 3		
--	JCUW	Draw control by JCUW Riley Knapp.
--	CAPW	Foul on CAPW Avery Hart.
12:04	JCUW	Free position attempt for JCUW.
12:04	JCUW	Shot by JCUW Riley Knapp, SAVE Emily Serafinchon {free position shot}.
11:43	CAPW	Clear attempt by CAPW good.
10:50	CAPW	GOAL by CAPW Grace Osborn, Assist by Brenna Todd.
Capital 1, John Carroll 3		
--	CAPW	Draw control by CAPW Ava Vendetti.
09:59	CAPW	GOAL by CAPW Ava Vendetti, Assist by Grace Osborn.
Capital 2, John Carroll 3		
--	JCUW	Draw control by JCUW Olivia Hanulak.
09:27	JCUW	Shot by JCUW Abby Cassidy, SAVE Emily Serafinchon.
09:24	JCUW	Ground ball pickup by JCUW Mary Grace Godleski.
09:06	JCUW	Ground ball pickup by JCUW Abby Cassidy.
08:56	JCUW	GOAL by JCUW Riley Knapp.
Capital 2, John Carroll 4		
--	JCUW	Draw control by JCUW Abby Cassidy.
08:41	JCUW	Clear attempt by JCUW good.
--	CAPW	Foul on CAPW Avery Hart.
08:10	JCUW	Shot by JCUW Olivia Hanulak WIDE.
07:40	CAPW	Clear attempt by CAPW good.
06:53	CAPW	Turnover by CAPW Brenna Todd (caused by Jill McDonnell).
06:46	JCUW	Ground ball pickup by JCUW Jill McDonnell.
06:44	JCUW	Clear attempt by JCUW good.
06:41	JCUW	Shot by JCUW Olivia Hanulak HIT POST.
06:10	JCUW	Shot by JCUW Mary Grace Godleski, SAVE Emily Serafinchon.
06:08	JCUW	Ground ball pickup by JCUW Anna Spitzer.
05:53	JCUW	Turnover by JCUW Abby Cassidy (caused by Grace Wolfe).
05:49	CAPW	Ground ball pickup by CAPW Grace Wolfe.
05:47	CAPW	Clear attempt by CAPW failed.
05:42	CAPW	Turnover by CAPW Grace Wolfe (caused by Abby Cassidy).
05:39	JCUW	Ground ball pickup by JCUW Emily Van Gorder.
05:35	JCUW	Clear attempt by JCUW good.
05:12	JCUW	Ground ball pickup by JCUW Olivia Hanulak.
05:08	JCUW	Turnover by JCUW Olivia Hanulak.
05:05	CAPW	Ground ball pickup by CAPW Grace Osborn.
05:00	CAPW	Clear attempt by CAPW good.

04:49	CAPW	Timeout by CAPW.
03:49	CAPW	Shot by CAPW Andi Henry HIT POST.
03:44	CAPW	Ground ball pickup by CAPW Grace Osborn.
03:40	CAPW	Shot by CAPW Grace Osborn, SAVE Rachel Kroeger.
03:34	JCUW	Ground ball pickup by JCUW Meghan Weiner.
03:28	JCUW	Clear attempt by JCUW good.
03:20	JCUW	Shot by JCUW Mary Grace Godleski HIGH.
02:52	JCUW	GOAL by JCUW Kathleen Cagney, Assist by Olivia Hanulak.
Capital 2, John Carroll 5		
--	CAPW	Draw control by CAPW Grace Osborn.
--	JCUW	Foul on JCUW Jill McDonnell.
02:23	CAPW	Free position attempt for CAPW.
02:14	CAPW	Shot by CAPW Andi Henry HIGH {free position shot}.
01:48	CAPW	GOAL by CAPW Ava Vendetti.
Capital 3, John Carroll 5		
--	JCUW	Draw control by JCUW Abby Cassidy.
01:39	JCUW	GOAL by JCUW Anna Spitzer, Assist by Abby Cassidy.
Capital 3, John Carroll 6		
--	JCUW	Draw control by JCUW Abby Cassidy.
01:39	JCUW	Shot by JCUW Kenzie Krom WIDE.
01:39	JCUW	Ground ball pickup by JCUW Anna Spitzer.
01:39	JCUW	Ground ball pickup by JCUW Anna Spitzer.
01:39	JCUW	Shot by JCUW Abby Cassidy WIDE.
01:39	JCUW	Ground ball pickup by JCUW Anna Spitzer.
01:39	JCUW	Shot by JCUW Anna Spitzer, SAVE Emily Serafinchon.
--	JCUW	Foul on JCUW Kathleen Cagney.
00:00	0	End-of-period.
15:00	0	
--	JCUW	Draw control by JCUW Riley Knapp.
--	CAPW	Foul on CAPW Avery Hart.
15:00	JCUW	Free position attempt for JCUW.
--	CAPW	Foul on CAPW Avery Hart.
14:00	JCUW	Shot by JCUW Olivia Hanulak HIT POST.
13:55	CAPW	Ground ball pickup by CAPW Avery Hart.
13:48	CAPW	Clear attempt by CAPW good.
13:21	CAPW	Shot by CAPW Brenna Todd, SAVE Rachel Kroeger.
13:03	JCUW	Ground ball pickup by JCUW Riley Knapp.
12:59	JCUW	Clear attempt by JCUW good.
--	CAPW	Foul on CAPW Avery Hart.
12:35	JCUW	Ground ball pickup by JCUW Jill McDonnell.
12:06	JCUW	GOAL by JCUW Anna Spitzer, Assist by Vivian Rung.
Capital 3, John Carroll 7		
--	CAPW	Draw control by CAPW Grace Osborn.
11:43	CAPW	Turnover by CAPW Heather Stoner.
11:37	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
11:12	JCUW	Clear attempt by JCUW good.
11:06	JCUW	GOAL by JCUW Anna Spitzer, Assist by Riley Knapp.
Capital 3, John Carroll 8		
--	JCUW	Draw control by JCUW Abby Cassidy.
11:06	JCUW	Turnover by JCUW Abby Cassidy (caused by Grace Osborn).
11:06	CAPW	Ground ball pickup by CAPW Grace Osborn.
11:06	CAPW	Clear attempt by CAPW good.
09:22	CAPW	GOAL by CAPW Ava Vendetti, Assist by Andi Henry.
Capital 4, John Carroll 8		
--	JCUW	Draw control by JCUW Riley Knapp.
09:00	JCUW	GOAL by JCUW Anna Spitzer, Assist by Vivian Rung.
Capital 4, John Carroll 9		
--	CAPW	Draw control by CAPW Ava Vendetti.
08:45	CAPW	Shot by CAPW Dylan Smith WIDE.
--	JCUW	Foul on JCUW Emily Van Gorder.
08:06	CAPW	Free position attempt for CAPW.

08:06	CAPW	GOAL by CAPW Grace Osborn (FPGOAL) {free position shot}.
Capital 5, John Carroll 9		
--	JCUW	Draw control by JCUW Lauren Gorcz.
--	JCUW	Foul on JCUW Riley Knapp.
07:41	CAPW	Shot by CAPW Dylan Smith, SAVE Rachel Kroeger.
07:37	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
07:29	JCUW	Clear attempt by JCUW good.
07:23	JCUW	Ground ball pickup by JCUW Olivia Hanulak.
07:04	JCUW	GOAL by JCUW Kenzie Krom.
Capital 5, John Carroll 10		
--	CAPW	Draw control by CAPW Grace Osborn.
--	JCUW	Foul on JCUW Emily Van Gorder.
06:28	CAPW	GOAL by CAPW Grace Osborn, Assist by Dylan Smith.
Capital 6, John Carroll 10		
--	CAPW	Draw control by CAPW Grace Osborn.
05:27	CAPW	Turnover by CAPW Brenna Todd.
05:24	JCUW	Ground ball pickup by JCUW Meghan Weiner.
05:21	JCUW	Clear attempt by JCUW failed.
05:13	JCUW	Turnover by JCUW Olivia Hanulak.
04:32	CAPW	GOAL by CAPW Ava Vendetti.
Capital 7, John Carroll 10		
--	CAPW	Draw control by CAPW Brenna Todd.
04:25	CAPW	Turnover by CAPW Brenna Todd (caused by Abby Cassidy).
04:20	JCUW	Ground ball pickup by JCUW Abby Cassidy.
04:18	JCUW	Shot by JCUW Riley Knapp WIDE.
04:02	CAPW	Clear attempt by CAPW good.
03:38	CAPW	Shot by CAPW Grace Osborn, SAVE Rachel Kroeger.
03:33	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
03:19	JCUW	Clear attempt by JCUW good.
02:33	JCUW	Shot by JCUW Kenzie Krom, SAVE Emily Serafinchon.
02:20	CAPW	Clear attempt by CAPW failed.
02:03	CAPW	Turnover by CAPW Brenna Todd (caused by Kenzie Krom).
01:59	JCUW	Ground ball pickup by JCUW Kenzie Krom.
01:37	JCUW	Shot by JCUW Olivia Hanulak, SAVE Emily Serafinchon.
01:23	CAPW	Clear attempt by CAPW failed.
01:21	CAPW	Turnover by CAPW Avery Hart (caused by Anna Spitzer).
01:17	JCUW	Ground ball pickup by JCUW Anna Spitzer.
00:33	JCUW	GOAL by JCUW Vivian Rung, Assist by Kathleen Cagney.
Capital 7, John Carroll 11		
--	JCUW	Draw control by JCUW Riley Knapp.
00:03	JCUW	Shot by JCUW Kathleen Cagney, SAVE Emily Serafinchon.
00:00	0	End-of-period.
15:00	0	
--	CAPW	Draw control by CAPW Grace Osborn.
--	JCUW	Foul on JCUW Emily Van Gorder.
14:24	CAPW	Free position attempt for CAPW.
14:24	CAPW	Shot by CAPW Grace Osborn, SAVE Rachel Kroeger {free position shot}.
14:24	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
14:24	JCUW	Clear attempt by JCUW good.
14:24	JCUW	Shot by JCUW Olivia Hanulak HIGH.
--	CAPW	Foul on CAPW Andi Henry.
13:40	JCUW	Free position attempt for JCUW.
13:37	JCUW	GOAL by JCUW Riley Knapp (FPGOAL) {free position shot}.
Capital 7, John Carroll 12		
--	JCUW	Foul on JCUW.
13:14	CAPW	Turnover by CAPW Andi Henry.
12:59	JCUW	Clear attempt by JCUW good.
12:35	JCUW	GOAL by JCUW Riley Knapp.
Capital 7, John Carroll 13		
--	CAPW	Draw control by CAPW Andi Henry.
12:21	CAPW	Clear attempt by CAPW good.

12:05	CAPW	Ground ball pickup by CAPW Heather Stoner.
11:46	CAPW	Turnover by CAPW Andi Henry.
11:41	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
--	CAPW	Foul on CAPW Leah Leno.
11:29	JCUW	Clear attempt by JCUW good.
11:26	JCUW	GOAL by JCUW Vivian Rung, Assist by Kathleen Cagney.
Capital 7, John Carroll 14		
--	JCUW	Draw control by JCUW Riley Knapp.
11:24	CAPW	Turnover by CAPW Holly Stoner.
11:24	CAPW	Clear attempt by CAPW good.
10:21	CAPW	GOAL by CAPW Leah Leno, Assist by Brenna Todd.
Capital 8, John Carroll 14		
--	JCUW	Draw control by JCUW Vivian Rung.
--	CAPW	Green card on CAPW Ava Vendetti.
09:53	JCUW	Ground ball pickup by JCUW Vivian Rung.
--	CAPW	Foul on CAPW Eleanor Walsh.
09:25	JCUW	Free position attempt for JCUW.
09:20	JCUW	Shot by JCUW Vivian Rung, SAVE Emily Serafinchon {free position shot}.
09:16	JCUW	Ground ball pickup by JCUW Vivian Rung.
09:02	JCUW	GOAL by JCUW Anna Spitzer (MAN-UP).
Capital 8, John Carroll 15		
09:02	CAPW	Timeout by CAPW.
--	JCUW	Draw control by JCUW Riley Knapp.
08:26	JCUW	GOAL by JCUW Mary Grace Godleski, Assist by Olivia Hanulak.
Capital 8, John Carroll 16		
--	JCUW	Draw control by JCUW Abby Cassidy.
08:14	JCUW	Turnover by JCUW Olivia Hanulak.
08:09	CAPW	Ground ball pickup by CAPW Andi Henry.
08:07	CAPW	Clear attempt by CAPW good.
--	JCUW	Foul on JCUW Meghan Weiner.
07:17	CAPW	Free position attempt for CAPW.
07:17	JCUW	Shot by JCUW Mary Wymard, SAVE Emily Serafinchon {free position shot}.
07:17	JCUW	Ground ball pickup by JCUW Abby Cassidy.
07:17	JCUW	Clear attempt by JCUW good.
06:58	JCUW	Shot by JCUW Vivian Rung WIDE.
06:37	JCUW	GOAL by JCUW Abby Cassidy.
Capital 8, John Carroll 17		
--	JCUW	Draw control by JCUW Karson Martin.
06:05	JCUW	Shot by JCUW Daisy Thompson WIDE.
05:43	JCUW	GOAL by JCUW Vivian Rung, Assist by Abby Cassidy.
Capital 8, John Carroll 18		
--	JCUW	Draw control by JCUW Abby Cassidy.
04:48	JCUW	Turnover by JCUW Abby Cassidy.
--	JCUW	Foul on JCUW Abby Cassidy.
--	JCUW	Green card on JCUW Anna Spitzer.
--	JCUW	Foul on JCUW Jill McDonnell.
04:06	CAPW	Free position attempt for CAPW.
03:42	CAPW	GOAL by CAPW Grace Osborn (MAN-UP), Assist by Andi Henry.
Capital 9, John Carroll 18		
--	CAPW	Draw control by CAPW Grace Osborn.
--	JCUW	Foul on JCUW Mary Wymard.
--	JCUW	Yellow card on JCUW Meghan Weiner.
02:35	CAPW	Free position attempt for CAPW.
02:35	CAPW	Turnover by CAPW Andi Henry (caused by Karson Martin).
02:35	JCUW	Ground ball pickup by JCUW Rachel Kroeger.
02:35	JCUW	Clear attempt by JCUW good.
02:35	JCUW	Ground ball pickup by JCUW Vivian Rung.
--	JCUW	Foul on JCUW Vivian Rung.
02:35	JCUW	Turnover by JCUW Vivian Rung.
02:35	JCUW	Clear attempt by JCUW good.
01:22	CAPW	Shot by CAPW Grace Osborn, SAVE Rachel Kroeger.

01:18	CAPW	Ground ball pickup by CAPW Ava Vendetti.
01:10	CAPW	GOAL by CAPW Ava Vendetti, Assist by Grace Osborn.
Capital 10, John Carroll 18		
--	CAPW	Draw control by CAPW Avery Hart.
--	JCUW	Yellow card on JCUW Mary Wymard.
00:38	CAPW	GOAL by CAPW Grace Osborn (MAN-UP), Assist by Andi Henry.

Capital 11, John Carroll 18

--	JCUW	Draw control by JCUW Riley Knapp.
--	CAPW	Foul on CAPW Ava Vendetti.
00:16	JCUW	Turnover by JCUW Kate Balland.
00:12	CAPW	Ground ball pickup by CAPW Andi Henry.
00:09	CAPW	Clear attempt by CAPW good.
00:03	CAPW	Turnover by CAPW Ava Vendetti (caused by Mary Wymard).
00:00	JCUW	Ground ball pickup by JCUW Mary Wymard.
00:00	0	End-of-period.

15:00 0

--	JCUW	Draw control by JCUW Abby Cassidy.
--	CAPW	Foul on CAPW Grace Osborn.
14:04	JCUW	Free position attempt for JCUW.
14:06	JCUW	GOAL by JCUW Abby Cassidy (FPGOAL) {free position shot}.

Capital 11, John Carroll 19

--	JCUW	Draw control by JCUW Riley Knapp.
13:48	JCUW	Ground ball pickup by JCUW Lauren Schwartz.
--	CAPW	Foul on CAPW Andi Henry.
13:36	JCUW	Shot by JCUW Riley Knapp, SAVE Emily Serafinchon.
13:31	JCUW	Ground ball pickup by JCUW Abby Cassidy.
13:26	JCUW	Shot by JCUW Kathleen Cagney, SAVE Emily Serafinchon.
13:08	CAPW	Clear attempt by CAPW failed.
13:05	CAPW	Turnover by CAPW Ele Shalawylo.
12:21	JCUW	Turnover by JCUW Abby Cassidy (caused by Eleanor Walsh).
12:16	CAPW	Ground ball pickup by CAPW Eleanor Walsh.
--	JCUW	Yellow card on JCUW Anna Spitzer.
11:44	CAPW	Clear attempt by CAPW good.
11:28	CAPW	Shot by CAPW Dylan Smith WIDE.
11:23	CAPW	Ground ball pickup by CAPW Leah Leno.
--	JCUW	Green card on JCUW Abby Cassidy.
11:03	CAPW	Turnover by CAPW Andi Henry.
10:48	JCUW	Ground ball pickup by JCUW Riley Knapp.
10:44	JCUW	Clear attempt by JCUW good.
10:20	JCUW	Ground ball pickup by JCUW Jill McDonnell.
--	CAPW	Green card on CAPW Heather Stoner.
09:57	JCUW	Shot by JCUW Vivian Rung, SAVE Emily Serafinchon.
09:57	JCUW	Ground ball pickup by JCUW Abby Cassidy.
09:03	JCUW	GOAL by JCUW Riley Knapp.

Capital 11, John Carroll 20

--	CAPW	Draw control by CAPW Grace Osborn.
--	JCUW	Foul on JCUW Emily Van Gorder.
08:28	CAPW	Free position attempt for CAPW.
08:28	CAPW	GOAL by CAPW Ava Vendetti (FPGOAL) {free position shot}.

Capital 12, John Carroll 20

--	CAPW	Draw control by CAPW Grace Osborn.
07:53	CAPW	Ground ball pickup by CAPW Ava Vendetti.
07:45	CAPW	Turnover by CAPW Ava Vendetti (caused by Karson Martin).
--	CAPW	Foul on CAPW Leah Leno.
07:28	JCUW	Clear attempt by JCUW good.
07:15	JCUW	Ground ball pickup by JCUW Lauren Schwartz.
06:58	JCUW	Ground ball pickup by JCUW Anna Spitzer.
--	CAPW	Foul on CAPW Ele Shalawylo.
06:39	JCUW	Shot by JCUW Olivia Hanulak, SAVE Emily Serafinchon.
05:42	JCUW	Shot by JCUW Daisy Thompson, SAVE Emily Serafinchon.
05:39	CAPW	Ground ball pickup by CAPW Emily Serafinchon.

05:15	CAPW	Clear attempt by CAPW good.
05:03	CAPW	Timeout by CAPW.
04:18	CAPW	Ground ball pickup by CAPW Grace Osborn.
04:01	CAPW	Shot clock violation by CAPW.
03:39	JCUW	Olivia Munding at goalie for JCUW.
03:24	JCUW	Turnover by JCUW Kate Balland.
03:06	CAPW	Clear attempt by CAPW good.
--	JCUW	Green card on JCUW Riley Knapp.
02:52	CAPW	GOAL by CAPW Grace Osborn (MAN-UP).

Capital 13, John Carroll 20

--	CAPW	Draw control by CAPW Grace Osborn.
02:21	CAPW	Shot by CAPW Grace Osborn WIDE.
--	CAPW	Foul on CAPW Heather Stoner.
01:53	JCUW	Ground ball pickup by JCUW Meghan Weiner.
01:47	JCUW	Clear attempt by JCUW good.
01:33	JCUW	Ground ball pickup by JCUW Ellie Fleischer.
--	CAPW	Yellow card on CAPW Ele Shalawlyo.
00:57	JCUW	GOAL by JCUW Mary Grace Godleski (MAN-UP), Assist by Ellie Fleischer.

Capital 13, John Carroll 21

--	JCUW	Draw control by JCUW Riley Knapp.
00:42	JCUW	Turnover by JCUW Hannah Weiss (caused by Ele Shalawlyo).
00:37	CAPW	Ground ball pickup by CAPW Ava Vendetti.
--	CAPW	Foul on CAPW Ava Vendetti.
00:30	JCUW	Ground ball pickup by JCUW Jill McDonnell.
00:16	JCUW	Turnover by JCUW Kathleen Cagney.
00:09	JCUW	Clear attempt by JCUW failed.
00:01	JCUW	Ground ball pickup by JCUW Hannah Weiss.
00:00	0	End-of-period.