Kennesaw State University Track and Field
Walk-On/Scholarship Standards

Women

Event	Walk-On	Scholarship
100m	12.2	11.8
200m	25	24.4
400m	58	56
800m	2:19	2:14
Mile	5:20	5:08
3200m	11:30	11:00
100H	14.80	14.30
300H	45.00	44.00
Long Jump	18'	19'
Triple Jump	38'	39'
High Jump	5'4	5'6
Pole Vault	11'6	12'
Shot Put	40'	44'
Discus	125'	140'
Hammer	45m	50m
Weight	14.5m	16m
Javelin	35m	40m

Men

Event	Walk-On	Scholarship
100m	10.8	10.6
200m	21.9	21.5
400m	49	48
800m	1:57	1:53
Mile	4:26	4:18
3200m	9:50	9:25
110H	14.40	14.10
300H	38.50	37.80
Long Jump	23'	24'
Triple Jump	48'	49'
High Jump	6'7	6'9
Pole Vault	15'	15'8
Shot Put	56'	59'
Discus	170'	180'
Hammer	55m	58m
Weight	17m	19m
Javelin	50m	55m