Lenoir-Rhyne University Track & Field Scholarship Standards				
Event	**D-2 National Qual.**	**HS Target**	**HS Minimum**	**HS Recruited Roster Spot**
100 (m)	10.29	10.50	10.65	10.90
100 (w)	11.59	11.70	11.99	12.20
200 (m)	20.89	21.35	21.70	22.10
200 (w)	23.68	23.98	24.61	25.00
400 (m)	46.64	47.40	48.50	48.80
400 (w)	54.08	55.60	56.80	58.00
800 (m)	1:48.6	1:51.5	1:54.0	1:56.5
800 (w)	2:08.1	2:10.5	2:14.0	2:18.0
1500 (m)	3:43.6	N/A	N/A	N/A
1500 (w)	4:25.4	N/A	N/A	N/A
1600 (m)	N/A	4:10	4:15	4:22
1600 (w)	N/A	4:50	5:05	5:20
3k Steeple (m)	8:58	N/A	N/A	N/A
3k Steeple (w)	10:36	N/A	N/A	N/A
3200 (m)	N/A	9:06	9:15	9:25
3200 (w)	N/A	10:42	10:58	11:20
5k (m)	14:02	N/A	N/A	N/A
5k (w)	16:36	N/A	N/A	N/A
10k (m)	29:40	N/A	N/A	N/A
10k (w)	34:56	N/A	N/A	N/A
110HH (m)	14.00	13.90 (39")	14.20 (39")	14.50 (39")
110HH (w)	13.77	14.00	14.30	14.80
300H/400H (m)	51.84	37.0/53.5	38.0/55.0	39.0/56.0
300H/400H (w)	59.58	44.5/1:00.85	45.5/1:01.9	46.9/1:03
LJ (m)	24' 7"	23' 10"	23'2"	22' 10"
LJ (w)	19' 10"	18' 10"	18'3"	17' 6"
TJ (m)	50'	48'6"	46'9"	45'
TJ (w)	40'4"	38'6"	37'9"	35'6"
HJ (m)	6' 11"	6' 8"	6' 5"	6' 4"
HJ (w)	5' 8"	5' 6"	5' 2"	5'
PV (m)	16' 11"	15' 9"	15'	14' 6"
PV (w)	13'	12' 9"	12' 3"	11' 9"
SP (m)	64'	60'	54'	47'
SP (w)	48'	46'	43'	40'
Discus (m)	180'	170'	160'	150'
Discus (w)	158'	139'	129'	115'