

Life (7-2, 2-1) -vs- St. Thomas (4-7, 1-2)
3/25/2023 at Miami Gardens, Fla. (AutoNation Field)

Date: 3/25/2023
Attendance: 45

Score	1	2	3	4	Total
Life	7	7	5	3	22
St. Thomas	0	4	0	1	5

Life Goals: Maria Arvizu (5); Lacy Legaspi (5); Annaliese Froese (2); Annslee Warchol (2); Lexi Santiago (2); Sandra Wright (1); Nicole Ortiz (1); Peyton Sanders (1); Jazzlynn Hollerbach (1); Leanne Windon (1); Olivia Andrews (1)

Assists: Maria Arvizu (1); Peyton Sanders (1); Jazzlynn Hollerbach (1); Lacy Legaspi (1); Annaliese Froese (1); Olivia Andrews (1)

St. Thomas Goals: Kaitlyn Chmelir (4); Noelle Heggblod (1)

Assists: Kiersten Lang (1)

Shots	1	2	3	4	Total
Life	22	13	11	5	51
St. Thomas	2	7	0	1	10

Shots On Goal

Life	0	0	0	0	0
St. Thomas	0	0	0	0	0

Saves

Life	2	1	0	0	3
St. Thomas	7	2	4	2	15

Turnovers

Life	2	6	1	1	10
St. Thomas	6	6	8	5	25

Clears	1	2	3	4	Total
Life	3-3	4-7	3-3	3-3	13-16
St. Thomas	1-5	4-5	1-5	3-3	9-18

Ground Balls

Life	9	4	7	3	23
St. Thomas	3	4	4	3	14

Face Offs

Life	0	0	0	0	0
St. Thomas	0	0	0	0	0

Extra Man Opportunities

Life	0	0	0	0	1-0
St. Thomas	0	0	0	0	0-0

Stadium: AutoNation Field

Penalties: Leanne Windon 2nd/09:47; E'Mya Miller 2nd/09:37; Lacy Legaspi 3rd/03:16; Annaliese Froese 3rd/01:58; Lacy Legaspi 4th/06:38; Greta Woods 4th/06:38

Officials: Michelle Murch

Life 22

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	2	Maria Arvizu	5	1	6	9	6	0	3	-	-
	5	Nicole Oritz	1	0	1	5	1	2	0	-	-
	6	Nikiyah Solomon	0	0	0	0	0	0	0	-	-
	7	Peyton Sanders	1	1	2	4	1	0	1	-	-
	11	Leanne Windon	1	0	1	1	5	0	2	-	-
	12	Nina Sutton	0	0	0	0	1	0	1	-	-
	15	Lacy Legaspi	5	1	6	10	1	2	0	-	-
	17	Annaliese Froese	2	1	3	2	3	1	1	-	-
	18	Olivia Andrews	1	1	2	3	0	1	0	-	-
	21	Annslee Warchol	2	0	2	8	1	0	0	-	-
	22	Ashley Hammel	0	0	0	0	0	0	0	-	-
	24	Lexi Santiago	2	0	2	4	4	1	3	-	-
	TM	Team	0	0	0	2	0	3	0	-	-
	3	Sandra Wright	1	0	1	1	0	0	0	-	-
	9	Jazzlynn Hollerbach	1	1	2	2	0	0	0	-	-
Totals			22	6	28	51	23	10	11	0-0	0-00:00

#	Goalkeepers	Minutes	GA	Saves	Dec
22	Ashley Hammel	60:00	5	3	W

St. Thomas 5

Pos	#	Player	G	A	P	SH	GB	TO	CT	FO	PEN
	2	Presley Sartori	0	0	0	1	0	1	0	-	-
	3	Isabel Beltran	0	0	0	0	1	1	0	-	-
	7	Kaitlyn Chmelir	4	0	4	4	2	4	1	-	-
	10	E'Mya Miller	0	0	0	3	1	3	0	-	-
	13	Isis Robinson	0	0	0	0	0	0	0	-	-
	14	Jenna Lytch	0	0	0	0	1	1	1	-	-
	15	Jorja Schooler	0	0	0	0	3	1	0	-	-
	16	Mia Arnone	0	0	0	0	1	3	0	-	-
	17	Brandy Walters	0	0	0	0	0	0	0	-	-
	21	Amber Wallace	0	0	0	0	3	1	0	-	-
	23	Kiersten Lang	0	1	1	0	0	5	0	-	-
	31	Emily Dawson	0	0	0	0	2	2	1	-	-
	TM	Team	0	0	0	0	0	1	0	-	-
	1	Greta Woods	0	0	0	0	0	1	0	-	-
	9	Noelle Heggblod	1	0	1	2	0	1	0	-	-
	19	Gabriella Barroso	0	0	0	0	0	0	0	-	-
	22	McKenzie King	0	0	0	0	0	0	0	-	-
Totals			5	1	6	10	14	25	3	0-0	0-00:00

#	Goalkeepers	Minutes	GA	Saves	Dec
31	Emily Dawson	60:00	22	15	L

Scoring Summary

Period	Time	Scored By	Assisted By	LIFE	STU
1st	13:22	Lexi Santiago	Unassisted	1	0
1st	11:33	Lacy Legaspi	Maria Arvizu	2	0
1st	08:25	Lacy Legaspi	Unassisted	3	0
1st	07:19	Lexi Santiago	Lacy Legaspi	4	0
1st	06:17	Olivia Andrews	Peyton Sanders	5	0
1st	02:12	Lacy Legaspi	Unassisted	6	0
1st	00:41	Leanne Windon	Unassisted	7	0
2nd	14:46	Noelle Heggblod	Unassisted	7	1
2nd	12:17	Nicole Oritz	Unassisted	8	1
2nd	12:03	Kaitlyn Chmelir	Unassisted	8	2
2nd	10:54	Maria Arvizu	Unassisted	9	2
2nd	09:47	Kaitlyn Chmelir	Unassisted	9	3
2nd	07:31	Lacy Legaspi (UP)	Unassisted	10	3
2nd	06:16	Kaitlyn Chmelir	Kiersten Lang	10	4
2nd	02:08	Maria Arvizu	Unassisted	11	4
2nd	01:06	Annaliese Froese	Unassisted	12	4
2nd	01:02	Maria Arvizu	Unassisted	13	4
2nd	00:49	Peyton Sanders	Olivia Andrews	14	4
3rd	14:46	Lacy Legaspi	Jazzlynn Hollerbach	15	4
3rd	13:33	Maria Arvizu	Unassisted	16	4
3rd	11:48	Sandra Wright	Unassisted	17	4
3rd	10:06	Annaliese Froese	Unassisted	18	4
3rd	01:06	Annslee Warchol	Unassisted	19	4
4th	13:13	Annslee Warchol	Annaliese Froese	20	4
4th	08:36	Kaitlyn Chmelir	Unassisted	20	5
4th	04:58	Jazzlynn Hollerbach	Unassisted	21	5
4th	03:27	Maria Arvizu (DN)	Unassisted	22	5

Penalty Summary

Period	Time	Team	Player	Min	Type
2nd	09:47	LIFE	Leanne Windon	00:00	YELLOW CARD
2nd	09:37	STU	E'Mya Miller	00:00	YELLOW CARD
3rd	03:16	LIFE	Lacy Legaspi	00:00	YELLOW CARD
3rd	01:58	LIFE	Annaliese Froese	00:00	YELLOW CARD
4th	06:38	LIFE	Lacy Legaspi	00:00	YELLOW CARD
4th	06:38	STU	Greta Woods	00:00	YELLOW CARD

Play By Play

Time	Team	Play
15:00	STU	Emily Dawson at goalie for STU.
15:00	LIFE	Ashley Hammel at goalie for LIFE.
--	LIFE	Draw control by LIFE Maria Arvizu.
--	LIFE	Turnover by LIFE Nicole Oritz (caused by Kaitlyn Chmelir).
14:44	STU	Ground ball pickup by STU E'Mya Miller.
14:28	STU	Shot by STU Presley Sartori, SAVE Ashley Hammel
14:10	LIFE	Clear attempt by LIFE good.
13:34	LIFE	Shot by LIFE Annslee Warchol HIT CROSSBAR
13:22	LIFE	Shot by LIFE Team HIT POST
13:22	LIFE	Free position attempt for LIFE.
13:22	LIFE	GOAL by LIFE Lexi Santiago (FIRST GOAL) (FPGOAL) {free position shot}, goal number for season.
Life 1, St. Thomas 0		
--	LIFE	Draw control by LIFE Annslee Warchol.
12:41	LIFE	Shot by LIFE Lacy Legaspi WIDE
12:23	LIFE	Shot by LIFE Team BLOCKED
12:19	LIFE	Ground ball pickup by LIFE Maria Arvizu.
12:09	LIFE	Shot by LIFE Annslee Warchol, SAVE Emily Dawson
12:06	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Emily Dawson.
11:33	LIFE	Shot by LIFE Nicole Oritz WIDE
11:33	LIFE	Free position attempt for LIFE.
11:33	LIFE	GOAL by LIFE Lacy Legaspi, Assist by Maria Arvizu, goal number for season.
Life 2, St. Thomas 0		
--	LIFE	Draw control by LIFE Lexi Santiago.
11:26	LIFE	Shot by LIFE Lexi Santiago, SAVE Emily Dawson
10:42	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Emily Dawson.
10:37	LIFE	Ground ball pickup by LIFE Maria Arvizu.
10:35	LIFE	Shot by LIFE Annslee Warchol WIDE
10:11	LIFE	Shot by LIFE Lacy Legaspi, SAVE Emily Dawson
10:02	STU	Ground ball pickup by STU Kaitlyn Chmelir.
09:59	STU	Clear attempt by STU good.
08:52	STU	Free position attempt for STU.
08:50	STU	Shot by STU E'Mya Miller, SAVE Ashley Hammel {free position shot}
08:39	LIFE	Ground ball pickup by LIFE Nicole Oritz.
08:34	LIFE	Clear attempt by LIFE good.
08:25	LIFE	GOAL by LIFE Lacy Legaspi, goal number for season.
Life 3, St. Thomas 0		
--	STU	Draw control by STU Jorja Schooler.
--	STU	Turnover by STU E'Mya Miller (caused by Maria Arvizu).
07:54	LIFE	Ground ball pickup by LIFE Maria Arvizu.
07:19	LIFE	GOAL by LIFE Lexi Santiago, Assist by Lacy Legaspi, goal number for season.
Life 4, St. Thomas 0		
07:19	STU	Timeout by STU.
--	STU	Draw control by STU Jorja Schooler.
--	STU	Turnover by STU Mia Arnone.
06:45	LIFE	Ground ball pickup by LIFE Maria Arvizu.
06:39	LIFE	Clear attempt by LIFE good.
06:17	LIFE	GOAL by LIFE Olivia Andrews, Assist by Peyton Sanders, goal number for season.
Life 5, St. Thomas 0		
--	LIFE	Draw control by LIFE Maria Arvizu.
05:28	LIFE	Free position attempt for LIFE.
05:28	LIFE	Shot by LIFE Maria Arvizu WIDE {free position shot}
05:19	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Isabel Beltran (caused by Lexi Santiago).
04:38	LIFE	Ground ball pickup by LIFE Lexi Santiago.
03:47	LIFE	Shot by LIFE Lexi Santiago WIDE
03:29	LIFE	Shot by LIFE Peyton Sanders, SAVE Emily Dawson

03:25	LIFE	Ground ball pickup by LIFE Lexi Santiago.
03:16	LIFE	Shot by LIFE Maria Arvizu, SAVE Emily Dawson
02:50	LIFE	Free position attempt for LIFE.
02:37	LIFE	Shot by LIFE Peyton Sanders, SAVE Emily Dawson {free position shot}
02:34	LIFE	Ground ball pickup by LIFE Annslee Warchol.
02:14	LIFE	Free position attempt for LIFE.
02:12	LIFE	GOAL by LIFE Lacy Legaspi (FPGOAL) {free position shot}, goal number for season.
Life 6, St. Thomas 0		
--	LIFE	Draw control by LIFE Lexi Santiago.
--	LIFE	Turnover by LIFE Lexi Santiago.
01:12	STU	Ground ball pickup by STU Jorja Schooler.
01:02	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Greta Woods.
00:47	LIFE	Ground ball pickup by LIFE Lacy Legaspi.
00:41	LIFE	GOAL by LIFE Leanne Windon, goal number for season.
Life 7, St. Thomas 0		
--	LIFE	Draw control by LIFE Olivia Andrews.
00:32	LIFE	Free position attempt for LIFE.
00:32	LIFE	Shot by LIFE Maria Arvizu, SAVE Emily Dawson {free position shot}
00:00	0	End-of-period.
15:00	0	
--	STU	Draw control by STU Noelle Heggblod.
14:53	STU	Free position attempt for STU.
14:46	STU	GOAL by STU Noelle Heggblod (FPGOAL) {free position shot}, goal number for season.
Life 7, St. Thomas 1		
--	STU	Draw control by STU Jorja Schooler.
--	STU	Turnover by STU Mia Arnone.
13:45	LIFE	Ground ball pickup by LIFE Leanne Windon.
13:37	LIFE	Clear attempt by LIFE failed.
--	LIFE	Turnover by LIFE Olivia Andrews.
13:37	STU	Ground ball pickup by STU Amber Wallace.
13:00	STU	Free position attempt for STU.
13:00	STU	Shot by STU Noelle Heggblod HIGH
12:41	LIFE	Clear attempt by LIFE good.
12:17	LIFE	GOAL by LIFE Nicole Oritz, goal number for season.
Life 8, St. Thomas 1		
--	STU	Draw control by STU Kaitlyn Chmelir.
12:03	STU	Free position attempt for STU.
12:03	STU	GOAL by STU Kaitlyn Chmelir (FPGOAL) {free position shot}, goal number for season.
Life 8, St. Thomas 2		
--	LIFE	Draw control by LIFE Maria Arvizu.
11:13	LIFE	Shot by LIFE Nicole Oritz HIGH
11:02	LIFE	Free position attempt for LIFE.
11:02	LIFE	Shot by LIFE Olivia Andrews HIGH
10:54	LIFE	GOAL by LIFE Maria Arvizu, goal number for season.
Life 9, St. Thomas 2		
--	STU	Draw control by STU E'Mya Miller.
10:18	STU	Free position attempt for STU.
10:18	STU	Shot by STU E'Mya Miller, SAVE Ashley Hammel {free position shot}
--	LIFE	Yellow card on LIFE Leanne Windon.
09:47	STU	Free position attempt for STU.
09:47	STU	GOAL by STU Kaitlyn Chmelir (FPGOAL) {free position shot}, goal number for season.
Life 9, St. Thomas 3		
--	LIFE	Draw control by LIFE Maria Arvizu.
--	STU	Yellow card on STU E'Mya Miller.
--	LIFE	Turnover by LIFE Nicole Oritz.
08:41	STU	Clear attempt by STU good.
--	STU	Turnover by STU Kaitlyn Chmelir.
08:16	LIFE	Shot by LIFE Jazzlynn Hollerbach WIDE
08:10	LIFE	Free position attempt for LIFE.
07:42	LIFE	Shot by LIFE Lacy Legaspi WIDE

07:31	LIFE	Free position attempt for LIFE.
07:31	LIFE	GOAL by LIFE Lacy Legaspi (MAN-UP) (FPGOAL) {free position shot}, goal number for season.
Life 10, St. Thomas 3		
--	LIFE	Draw control by LIFE Nicole Oritz.
--	LIFE	Turnover by LIFE Lacy Legaspi.
07:17	STU	Ground ball pickup by STU Emily Dawson.
07:15	STU	Clear attempt by STU good.
--	STU	Turnover by STU Jenna Lytch.
06:50	LIFE	Ground ball pickup by LIFE Annaliese Froese.
06:36	LIFE	Clear attempt by LIFE good.
--	LIFE	Turnover by LIFE.
06:22	STU	Ground ball pickup by STU Mia Arnone.
06:18	STU	Clear attempt by STU good.
06:16	STU	GOAL by STU Kaitlyn Chmelir, Assist by Kiersten Lang, goal number for season.
Life 10, St. Thomas 4		
--	STU	Draw control by STU Jenna Lytch.
--	STU	Turnover by STU Kaitlyn Chmelir (caused by Lexi Santiago).
05:50	LIFE	Ground ball pickup by LIFE Lexi Santiago.
05:41	LIFE	Clear attempt by LIFE failed.
--	LIFE	Turnover by LIFE.
05:18	LIFE	Clear attempt by LIFE good.
05:05	LIFE	Shot by LIFE Olivia Andrews, SAVE Emily Dawson
04:57	STU	Clear attempt by STU good.
04:04	STU	Shot by STU E'Mya Miller WIDE
04:04	LIFE	Clear attempt by LIFE failed.
--	LIFE	Turnover by LIFE Annaliese Froese (caused by Jenna Lytch).
03:53	STU	Ground ball pickup by STU Jenna Lytch.
--	STU	Turnover by STU Kiersten Lang.
03:02	LIFE	Clear attempt by LIFE good.
02:08	LIFE	Free position attempt for LIFE.
02:08	LIFE	GOAL by LIFE Maria Arvizu, goal number for season.
Life 11, St. Thomas 4		
--	LIFE	Draw control by LIFE Peyton Sanders.
01:51	LIFE	Shot by LIFE Peyton Sanders, SAVE Emily Dawson
01:48	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Amber Wallace (caused by Annaliese Froese).
01:09	LIFE	Ground ball pickup by LIFE Annaliese Froese.
01:06	LIFE	GOAL by LIFE Annaliese Froese, goal number for season.
Life 12, St. Thomas 4		
--	LIFE	Draw control by LIFE Lexi Santiago.
01:02	LIFE	GOAL by LIFE Maria Arvizu, goal number for season.
Life 13, St. Thomas 4		
--	LIFE	Draw control by LIFE Olivia Andrews.
00:49	LIFE	GOAL by LIFE Peyton Sanders, Assist by Olivia Andrews, goal number for season.
Life 14, St. Thomas 4		
00:00	0	End-of-period.
15:00	0	
--	LIFE	Draw control by LIFE Nicole Oritz.
14:46	LIFE	GOAL by LIFE Lacy Legaspi, Assist by Jazzlynn Hollerbach, goal number for season.
Life 15, St. Thomas 4		
--	LIFE	Draw control by LIFE Jazzlynn Hollerbach.
13:33	LIFE	GOAL by LIFE Maria Arvizu, goal number for season.
Life 16, St. Thomas 4		
--	STU	Draw control by STU E'Mya Miller.
--	STU	Turnover by STU E'Mya Miller.
12:06	LIFE	Ground ball pickup by LIFE Leanne Windon.
11:48	LIFE	GOAL by LIFE Sandra Wright, goal number for season.
Life 17, St. Thomas 4		
--	STU	Draw control by STU E'Mya Miller.
--	STU	Turnover by STU E'Mya Miller (caused by Maria Arvizu).
10:48	LIFE	Ground ball pickup by LIFE Annaliese Froese.

10:06	LIFE	GOAL by LIFE Annaliese Froese, goal number for season.
Life 18, St. Thomas 4		
--	STU	Draw control by STU Jenna Lytch.
--	STU	Turnover by STU Jorja Schooler.
08:08	LIFE	Ground ball pickup by LIFE Leanne Windon.
08:01	LIFE	Clear attempt by LIFE good.
07:34	LIFE	Shot by LIFE Annslee Warchol BLOCKED
07:29	LIFE	Ground ball pickup by LIFE Peyton Sanders.
06:58	LIFE	Shot by LIFE Lacy Legaspi HIGH
06:46	LIFE	Free position attempt for LIFE.
06:46	LIFE	Shot by LIFE Lacy Legaspi, SAVE Emily Dawson {free position shot}
06:33	STU	Ground ball pickup by STU Amber Wallace.
06:30	STU	Clear attempt by STU good.
--	STU	Turnover by STU Kiersten Lang (caused by Nina Sutton).
06:01	LIFE	Ground ball pickup by LIFE Nina Sutton.
05:59	LIFE	Clear attempt by LIFE good.
--	LIFE	Turnover by LIFE.
05:52	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Kiersten Lang (caused by Maria Arvizu).
05:32	LIFE	Ground ball pickup by LIFE Maria Arvizu.
04:42	LIFE	Shot by LIFE Annslee Warchol, SAVE Emily Dawson
04:32	STU	Ground ball pickup by STU Amber Wallace.
04:30	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Kaitlyn Chmelir (caused by Peyton Sanders).
03:26	LIFE	Free position attempt for LIFE.
03:24	LIFE	Shot by LIFE Annslee Warchol, SAVE Emily Dawson {free position shot}
03:19	STU	Ground ball pickup by STU Jorja Schooler.
--	LIFE	Yellow card on LIFE Lacy Legaspi.
02:46	STU	Clear attempt by STU failed.
--	STU	Turnover by STU.
02:41	LIFE	Ground ball pickup by LIFE Maria Arvizu.
02:08	LIFE	Shot by LIFE Nicole Oritz, SAVE Emily Dawson
02:06	STU	Ground ball pickup by STU Jorja Schooler.
--	LIFE	Yellow card on LIFE Annaliese Froese.
01:58	STU	Clear attempt by STU failed.
--	STU	Turnover by STU Kaitlyn Chmelir.
01:35	LIFE	Clear attempt by LIFE good.
01:06	LIFE	GOAL by LIFE Annslee Warchol, goal number for season.
Life 19, St. Thomas 4		
00:00	0	End-of-period.
15:00	0	
--	STU	Draw control by STU Kaitlyn Chmelir.
--	STU	Turnover by STU Noelle Heggblad.
13:28	LIFE	Ground ball pickup by LIFE Leanne Windon.
13:13	LIFE	GOAL by LIFE Annslee Warchol, Assist by Annaliese Froese, goal number for season.
Life 20, St. Thomas 4		
--	LIFE	Draw control by LIFE Maria Arvizu.
11:27	LIFE	Shot by LIFE Nicole Oritz, SAVE Emily Dawson
11:19	STU	Ground ball pickup by STU Kaitlyn Chmelir.
11:17	STU	Clear attempt by STU good.
--	STU	Turnover by STU Kiersten Lang (caused by Lexi Santiago).
10:08	LIFE	Ground ball pickup by LIFE Lexi Santiago.
10:06	LIFE	Clear attempt by LIFE good.
--	LIFE	Turnover by LIFE Lacy Legaspi (caused by Emily Dawson).
09:33	STU	Ground ball pickup by STU Emily Dawson.
09:19	STU	Clear attempt by STU good.
08:42	STU	Free position attempt for STU.
08:36	STU	Free position attempt for STU.
08:36	STU	GOAL by STU Kaitlyn Chmelir (FPGOAL) {free position shot}, goal number for season.
Life 20, St. Thomas 5		
--	STU	Draw control by STU Jenna Lytch.
--	STU	Turnover by STU Kiersten Lang (caused by Leanne Windon).

07:43	LIFE	Ground ball pickup by LIFE Leanne Windon.
07:41	LIFE	Clear attempt by LIFE good.
--	LIFE	Yellow card on LIFE Lacy Legaspi.
--	STU	Yellow card on STU Greta Woods.
06:03	LIFE	Shot by LIFE Maria Arvizu, SAVE Emily Dawson
05:59	STU	Ground ball pickup by STU Isabel Beltran.
05:34	STU	Clear attempt by STU good.
--	STU	Turnover by STU Mia Arnone (caused by Leanne Windon).
05:09	LIFE	Clear attempt by LIFE good.
04:58	LIFE	GOAL by LIFE Jazzlynn Hollerbach, goal number for season.

Life 21, St. Thomas 5

--	LIFE	Draw control by LIFE Lexi Santiago.
03:27	LIFE	GOAL by LIFE Maria Arvizu (MAN-DOWN), goal number for season.

Life 22, St. Thomas 5

--	STU	Draw control by STU E'Mya Miller.
00:36	STU	Free position attempt for STU.
--	LIFE	Foul on LIFE Team.
00:00	STU	Free position attempt for STU.
--	STU	Turnover by STU Presley Sartori.