TRACK AND FIELD RECRUITING STANDARDS

MEN'S INDOOR

JUNIOR

60M DASH

TIME

JUNIOR:
7.25

200M

TIME

JUNIOR:
23.5

400M

TIME

JUNIOR:
51.5

60H

TIME

JUNIOR:
9.0

SENIOR

60M DASH

TIME

SENIOR:
6.8

200M

TIME

SENIOR:
22.8

400M

TIME

SENIOR:
49.5

60H

TIME

SENIOR:
8.5

TRACK AND FIELD RECRUITING STANDARDS

MEN'S INDOOR

JUNIOR

800M

TIME

JUNIOR: 02:00.8

1600M/MILE

TIME

JUNIOR: 4:32/ 4:34

3K/32

TIME

JUNIOR: 9:05.5/ 9:40.8

HJ

DISTANCE

JUNIOR: 5'10

SENIOR

800M

TIME

SENIOR: 01:57.5

MILE

TIME

SENIOR: 04:30.5

3K/32

TIME

SENIOR: 9:00/9:37

HJ

DISTANCE

SENIOR: 6'1

TRACK AND FIELD RECRUITING STANDARDS

MEN'S INDOOR

JUNIOR

PV

DISTANCE

JUNIOR:
11'6

LJ

DISTANCE

JUNIOR:
19'10

TJ

DISTANCE

JUNIOR:
42'10

SENIOR

PV

DISTANCE

SENIOR:
12'0

LJ

DISTANCE

SENIOR:
20'3

TJ

DISTANCE

SENIOR:
43'11

TRACK AND FIELD RECRUITING STANDARDS

MEN'S OUTDOOR

JUNIOR

100M

TIME

JUNIOR:
11.25

200M

TIME

JUNIOR:
23.0

400M

TIME

JUNIOR:
50.0

110/400H

TIME

JUNIOR:
110H: 15.8
400H: 58.0

SENIOR

100M

TIME

SENIOR:
10.7

200M

TIME

SENIOR:
22.0

400M

TIME

SENIOR:
48.5

110/400H

TIME

SENIOR:
110H: 14.5
400H: 57.0

TRACK AND FIELD RECRUITING STANDARDS

MEN'S OUTDOOR

JUNIOR

800M

TIME

JUNIOR: 01:59.5

1500/1600M

TIME

JUNIOR: 4:20/4:36.5

3200M

TIME

JUNIOR: 09:35.5

2KSC

TIME

JUNIOR: 6:35

SENIOR

800M

TIME

SENIOR: 01:56.9

1500/1600M

TIME

SENIOR: 4:09.2/ 4:25.8

3200M

TIME

SENIOR: 09:25.8

2KSC

TIME

SENIOR: 6:20

TRACK AND FIELD RECRUITING STANDARDS

MEN'S OUTDOOR

JUNIOR

HJ

DISTANCE

JUNIOR:
6'0

PV

DISTANCE

JUNIOR:
12'6

LJ

DISTANCE

JUNIOR:
20'8

TJ

DISTANCE

JUNIOR:
43'0

SENIOR

HJ

DISTANCE

SENIOR:
6'1

PV

DISTANCE

SENIOR:
13'0

LJ

DISTANCE

SENIOR:
21'0

TJ

DISTANCE

SENIOR:
44'2

TRACK AND FIELD RECRUITING STANDARDS

MEN'S THROWING

JUNIOR

SHOT PUT	DISCUS	HAMMER	JAVELIN
DISTANCE	DISTANCE	DISTANCE	DISTANCE
46'	140'	150'	165'

SENIOR

SHOT PUT	DISCUS	HAMMER	JAVELIN
DISTANCE	DISTANCE	DISTANCE	DISTANCE
50'	150'	165'	180'