

UW-River Falls (6-1-0) -vs- Plattsburgh St. (5-2-0)
11/29/2025 at Middlebury

Date: 11/29/2025
Start: 06:00 PM
Time: 0
Attendance: 215
Location: Middlebury
Officials: Referee: Haylee Mello; Referee: Charles Sisson; Linesman: Geoffrey Ulmer; Linesman: John Foster

Goals By Period	1	2	3	Total
UW-River Falls	1	1	1	3
Plattsburgh St.	0	1	0	1

URF: Goodreau, Megan (1); Larsen, Alexis (1); Hess, Sophia (1)
PSU: MacKellar, Bailey (1)

Scoring Summary

Period	Time	Team	Scored By	Assisted By	Type	URF	PSU
1st	07:39	URF	Hess, Sophia	Goodreau, Megan	EV, FG	1	0
2nd	05:10	PSU	MacKellar, Bailey	Unassisted	EV, UA	1	1
2nd	14:37	URF	Larsen, Alexis	Lavergne, Madison, Aure, MaKenna	EV, GW	2	1
3rd	18:27	URF	Goodreau, Megan	Hess, Sophia, Jones, Kylie	PP	3	1

UW-River Falls Power Plays

Plattsburgh St. Power Plays

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
1st	03:58	05:58	02:00	2	0	--
3rd	03:01	03:32	00:31	0	0	--
3rd	17:17	18:27	01:10	3	0	PPG
			03:41	5	0	1/3

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
3rd	01:01	01:32	00:31	0	0	--
			00:31	0	0	0/1

Penalty Summary

Period	Team	Player	MIN	Offense	Type	Time	PP
1st	PSU	MacKellar, Bailey	02:00	Hooking	MINOR	03:58	PP
3rd	URF	Aure, MaKenna	02:00	Interference	MINOR	01:01	PP
3rd	PSU	Ruegge, Kayson	02:00	Interference	MINOR	01:32	PP
3rd	PSU	Francis, Sydnee	02:00	High Sticking	MINOR	17:17	PP

Individual

UW-River Falls 3

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
	1	O'Kane, Jordan	0	0	0	0	0	0	0	-	-	0
	2	Pool, Sami	0	0	0	0	0	0	0	-	-	0
	3	Kadrlik, Madison	0	0	1	0	1	2	-1	-	-	0
	4	Riley, Brooklyn	0	0	0	1	0	1	2	-	-	0
	5	Seleski, Addie	0	0	1	1	0	2	0	-	-	2
	6	Stephes, Izzy	0	0	0	0	0	0	0	-	-	0
	7	Jones, Kylie	0	1	1	1	1	3	1	-	-	0
	8	McKenzie, Lily	0	0	1	0	0	1	0	1-2	-	0
	9	Smythe, Amanda	0	0	0	0	0	0	0	-	-	0
	10	Goodreau, Megan	1	1	1	0	1	2	1	-	-	0
	11	Ronn, Kaitlyn	0	0	1	0	0	1	-1	-	-	3
	12	Bielenberg-Howarth, Kennedy	0	0	0	0	0	0	-1	-	-	0
	13	Larsen, Alexis	1	0	0	1	0	1	0	5-11	-	0
	14	Lavergne, Madison	0	1	0	0	1	1	1	-	-	0
	15	Bell, Katherine	0	0	0	0	0	0	0	-	-	0
	17	Aure, MaKenna	0	1	0	2	3	5	2	-	1-2	2
	18	Kadrlik, Makenna	0	0	1	0	0	1	0	-	-	0
	20	Lindquist, Cahllilah	0	0	0	0	0	0	0	-	-	0
	21	Hess, Sophia	1	1	1	0	0	1	1	11-20	-	1
	22	Niccum, Kailey	0	0	0	1	0	1	1	-	-	0
	23	Niccum, Alexa	0	0	0	0	0	0	-1	0-1	-	0
	24	Knowles, Gracyn	0	0	1	2	2	5	0	6-15	-	1
	25	Hixson, Payton	0	0	0	0	0	0	0	-	-	0
	30	Hansen, Olivia	0	0	0	0	0	0	0	-	-	0
	33	Rader, Anna	0	0	0	0	0	0	0	-	-	0
	35	Donna, Catt	0	0	0	0	0	0	0	-	-	0
TM	TEAM		0	0	0	0	0	0	0	-	-	0
Totals			3	5	9	9	9	27	5	23-49	1-2	9

Plattsburgh St. 1

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
	2	Keller, Riley	0	0	0	0	0	0	0	-	-	0
	3	Ruegge, Kayson	0	0	2	1	1	4	-1	-	1-2	1
	4	Urban, Adriana	0	0	0	1	0	1	0	-	-	3
	5	Francis, Sydnee	0	0	0	0	0	0	-1	-	1-2	2
	6	Yoo, Seoyoung	0	0	0	0	0	0	0	-	-	0
	9	Janekova, Nikola	0	0	0	0	0	0	0	-	-	2
	10	MacKellar, Bailey	1	0	0	1	3	4	1	-	1-2	1
	11	Procyk, Ella	0	0	1	0	0	1	0	-	-	0
	12	Smith, Piper	0	0	0	0	0	0	0	-	-	0
	15	Fesette, Ella	0	0	0	0	0	0	0	2-3	-	0
	17	Riggi, Molly	0	0	0	0	0	0	0	7-17	-	0
	18	Steiner, Faith	0	0	0	0	0	0	0	-	-	0
	19	Conlon, Kate	0	0	1	0	1	2	0	7-13	-	2
	20	Farris, Lauren	0	0	0	0	0	0	0	-	-	0
	21	Terry, Brooke	0	0	1	0	1	2	-1	-	-	1
	22	Kasprzak, Emily	0	0	0	0	0	0	-1	10-14	-	1
	24	Morris, Tessa	0	0	0	1	1	2	1	0-2	-	0
	27	Riley, Parker	0	0	0	0	0	0	0	-	-	0
	28	Forsyth, Maeghan	0	0	0	0	0	0	-1	-	-	2
	29	Varecka, Ava	0	0	0	0	0	0	0	-	-	0
	30	Lewis, Chloe	0	0	0	0	0	0	0	-	-	0
	31	Stetson, Maddy	0	0	0	0	0	0	0	-	-	0
	36	Balfour, Taya	0	0	1	0	0	1	-1	-	-	1
	37	Puc, Zoe	0	0	0	1	0	1	-1	-	-	0
	91	Cho, Su-An	0	0	0	1	0	1	0	-	-	0

TM	TEAM	0	0	0	0	0	0	0	-	-	0
Totals		1	0	6	6	7	19	-5	26-49	3-6	16

UW-River Falls Goalkeeping

UW-River Falls Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
1	O'Kane, Jordan	W	60:00	1	0	6	5	7	18
30	Hansen, Olivia		00:00	0	0	0	0	0	0
33	Rader, Anna		00:00	0	0	0	0	0	0
35	Donna, Catt		00:00	0	0	0	0	0	0
TM	TEAM		00:00	0	0	0	0	0	0
Totals				1	0	6	5	7	18

UW-River Falls Faceoffs

#	Player	W	L
21	Hess, Sophia	11	9
24	Knowles, Gracyn	6	9
13	Larsen, Alexis	5	6
8	McKenzie, Lily	1	1
23	Niccum, Alexa	0	1
Totals		23	26

Plattsburgh St. Goalkeeping

Plattsburgh St. Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
30	Lewis, Chloe	L	58:48	3	0	8	8	8	24
29	Varecka, Ava		00:00	0	0	0	0	0	0
31	Stetson, Maddy		00:00	0	0	0	0	0	0
TM	TEAM		01:12	0	0	0	0	0	0
Totals				3	0	8	8	8	24

Plattsburgh St. Faceoffs

#	Player	W	L
22	Kasprzak, Emily	10	4
17	Riggi, Molly	7	10
19	Conlon, Kate	7	6
15	Fesette, Ella	2	1
24	Morris, Tessa	0	2
Totals		26	23

Play By Play

Score	PP	Play
Period #1 Plays		
0-0		[00:00] O'Kane, Jordan at goalie for URF.
0-0		[00:00] Lewis, Chloe at goalie for PSU.
0-0		[00:00] Start of 1st period.
0-0		[00:00] Faceoff Hess, Sophia vs Riggi, Molly won by PSU.
0-0		[00:25] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by PSU.
0-0		[00:31] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by URF.
0-0		[00:46] Shot by URF Ronn, Kaitlyn BLOCKED by Urban, Adriana.
0-0		[01:11] Shot by PSU Terry, Brooke WIDE.
0-0		[03:14] Shot by PSU Ruegge, Kayson MISSED, save O'Kane, Jordan.
0-0		[03:45] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by URF.
0-0		[03:58] Penalty on MacKellar, Bailey PSU 2 minutes for Hooking.
0-0	PP URF	[03:58] Start power play for URF.
0-0	PP URF	[03:58] Faceoff Hess, Sophia vs Riggi, Molly won by URF.
0-0	PP URF	[04:28] Shot by URF Riley, Brooklyn WIDE.
0-0	PP URF	[05:27] Shot by URF Ronn, Kaitlyn MISSED, save Lewis, Chloe.
0-0	PP URF	[05:27] Faceoff Knowles, Gracyn vs Riggi, Molly won by URF.
0-0	PP URF	[05:37] Shot by URF Knowles, Gracyn MISSED, save Lewis, Chloe.
0-0	PP URF	[05:58] MacKellar, Bailey (PSU) penalty complete.
0-0	PP URF	[05:58] End power play for URF.
0-0		[06:01] Faceoff Knowles, Gracyn vs Morris, Tessa won by URF.
0-0		[07:38] Shot by URF Goodreau, Megan MISSED, save Lewis, Chloe.
0-0		[07:39] GOAL by UW-River Falls Hess, Sophia (EVEN STRENGTH, FIRST GOAL), Assist by Goodreau, Megan and , , On ice for URF: Hess, Sophia; Goodreau, Megan; Jones, Kylie; Riley, Brooklyn; Aure, MaKenna, On ice for PSU: Yoo, Seoyoung; Terry, Brooke; Cho, Su-An; Kasprzak, Emily; Francis, Sydnee, goal number 4 for season.
UW-River Falls 1, Plattsburgh St. 0		
1-0		[07:39] Faceoff Hess, Sophia vs Conlon, Kate won by URF.
1-0		[08:38] Faceoff McKenzie, Lily vs Fesette, Ella won by URF.
1-0		[08:53] Shot by URF McKenzie, Lily MISSED, save Lewis, Chloe.
1-0		[09:05] Shot by PSU Procyk, Ella MISSED, save O'Kane, Jordan.
1-0		[09:52] Faceoff Hess, Sophia vs Riggi, Molly won by PSU.
1-0		[09:58] Shot by PSU Morris, Tessa WIDE.
1-0		[10:10] Shot by PSU Balfour, Taya MISSED, save O'Kane, Jordan.
1-0		[10:10] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by PSU.
1-0		[10:52] Shot by URF Riley, Brooklyn BLOCKED by MacKellar, Bailey.
1-0		[12:01] Faceoff Hess, Sophia vs Conlon, Kate won by URF.
1-0		[12:19] Shot by URF Hess, Sophia BLOCKED by Francis, Sydnee.
1-0		[12:38] Shot by URF Goodreau, Megan BLOCKED by Janekova, Nikola.
1-0		[13:03] Shot by URF Knowles, Gracyn WIDE.
1-0		[13:29] Shot by URF Kadrlik, Madison MISSED, save Lewis, Chloe.
1-0		[13:46] Faceoff Larsen, Alexis vs Riggi, Molly won by URF.
1-0		[13:55] Shot by PSU Ruegge, Kayson MISSED, save O'Kane, Jordan.
1-0		[13:55] Faceoff Larsen, Alexis vs Riggi, Molly won by PSU.
1-0		[14:21] Shot by URF Kadrlik, Makenna MISSED, save Lewis, Chloe.
1-0		[14:23] Faceoff Hess, Sophia vs Kasprzak, Emily won by URF.
1-0		[14:31] Shot by URF Seleski, Addie MISSED, save Lewis, Chloe.
1-0		[14:40] Shot by PSU MacKellar, Bailey WIDE.
1-0		[15:25] Faceoff Knowles, Gracyn vs Conlon, Kate won by PSU.
1-0		[15:40] Shot by PSU Cho, Su-An BLOCKED by Aure, MaKenna.
1-0		[16:01] Shot by PSU Terry, Brooke MISSED, save O'Kane, Jordan.
1-0		[16:04] Shot by PSU Conlon, Kate MISSED, save O'Kane, Jordan.
1-0		[16:48] Shot by URF Bielenberg-Howarth, Kennedi BLOCKED by Balfour, Taya.
1-0		[17:28] Faceoff Hess, Sophia vs Riggi, Molly won by URF.
1-0		[17:50] Shot by URF Kadrlik, Makenna WIDE.
1-0		[17:57] Shot by URF Jones, Kylie BLOCKED by Janekova, Nikola.
1-0		[19:41] Shot by URF Niccum, Kailey WIDE.
1-0		[19:50] Shot by URF Jones, Kylie MISSED, save Lewis, Chloe.
1-0		[20:00] End of period.

Period #2 Plays

1-0	[00:00] Start of 2nd period.
1-0	[00:00] Faceoff Hess, Sophia vs Riggi, Molly won by URF.
1-0	[01:52] Faceoff Knowles, Gracyn vs Conlon, Kate won by PSU.
1-0	[02:48] Shot by URF Kadrlik, Makenna BLOCKED by Terry, Brooke.
1-0	[04:01] Faceoff Knowles, Gracyn vs Riggi, Molly won by URF.
1-0	[04:34] Shot by PSU Urban, Adriana MISSED, save O'Kane, Jordan.
1-0	[05:10] GOAL by Plattsburgh St. MacKellar, Bailey (EVEN STRENGTH, UNASSISTED), On ice for PSU: MacKellar, Bailey; Yoo, Seoyoung; Riggi, Molly; Cho, Su-An; Morris, Tessa, On ice for URF: Kadrlik, Madison; Bielenberg-Howarth, Kennedy; Larsen, Alexis; Ronn, Kaitlyn; Niccum, Alexa, goal number 2 for season.

UW-River Falls 1, Plattsburgh St. 1

1-1	[05:10] Faceoff Larsen, Alexis vs Kasprzak, Emily won by URF.
1-1	[05:20] Shot by URF Niccum, Kailey MISSED, save Lewis, Chloe.
1-1	[06:19] Shot by URF Jones, Kylie MISSED, save Lewis, Chloe.
1-1	[06:29] Shot by URF Aure, MaKenna MISSED, save Lewis, Chloe.
1-1	[06:40] Shot by URF Aure, MaKenna BLOCKED by Conlon, Kate.
1-1	[07:10] Shot by URF Knowles, Gracyn MISSED, save Lewis, Chloe.
1-1	[07:17] Shot by URF Kadrlik, Madison BLOCKED by Urban, Adriana.
1-1	[08:15] Shot by URF Seleski, Addie MISSED, save Lewis, Chloe.
1-1	[09:00] Shot by PSU Ruegge, Kayson BLOCKED by Seleski, Addie.
1-1	[09:12] Shot by PSU Kasprzak, Emily BLOCKED by Seleski, Addie.
1-1	[09:46] Faceoff McKenzie, Lily vs Kasprzak, Emily won by PSU.
1-1	[10:37] Shot by URF Bielenberg-Howarth, Kennedy BLOCKED by Conlon, Kate.
1-1	[11:00] Shot by URF Kadrlik, Madison BLOCKED by Urban, Adriana.
1-1	[11:53] Shot by URF Riley, Brooklyn MISSED, save Lewis, Chloe.
1-1	[12:02] Faceoff Hess, Sophia vs Fesette, Ella won by PSU.
1-1	[12:46] Shot by PSU Puc, Zoe MISSED, save O'Kane, Jordan.
1-1	[13:24] Shot by PSU Ruegge, Kayson MISSED, save O'Kane, Jordan.
1-1	[13:24] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by PSU.
1-1	[13:33] Shot by PSU Janekova, Nikola BLOCKED by Ronn, Kaitlyn.
1-1	[13:37] Shot by PSU Morris, Tessa MISSED, save O'Kane, Jordan.
1-1	[13:54] Shot by URF Knowles, Gracyn MISSED, save Lewis, Chloe.
1-1	[14:12] Faceoff Larsen, Alexis vs Conlon, Kate won by URF.
1-1	[14:28] Shot by URF Aure, MaKenna MISSED, save Lewis, Chloe.
1-1	[14:28] Faceoff Larsen, Alexis vs Riggi, Molly won by URF.
1-1	[14:37] GOAL by UW-River Falls Larsen, Alexis (EVEN STRENGTH, GAME WINNING GOAL), Assist by Lavergne, Madison and Aure, MaKenna, On ice for URF: Larsen, Alexis; Lavergne, Madison; Aure, MaKenna; Riley, Brooklyn; Niccum, Kailey, On ice for PSU: Puc, Zoe; Riggi, Molly; Balfour, Taya; Forsyth, Maeghan; Ruegge, Kayson, goal number 1 for season.

UW-River Falls 2, Plattsburgh St. 1

2-1	[14:37] Faceoff Hess, Sophia vs Conlon, Kate won by URF.
2-1	[14:45] Faceoff Hess, Sophia vs Conlon, Kate won by PSU.
2-1	[15:41] Faceoff Knowles, Gracyn vs Morris, Tessa won by URF.
2-1	[16:06] Shot by PSU Janekova, Nikola BLOCKED by Knowles, Gracyn.
2-1	[16:31] Shot by PSU Kasprzak, Emily BLOCKED by Ronn, Kaitlyn.
2-1	[16:39] Shot by PSU Cho, Su-An MISSED, save O'Kane, Jordan.
2-1	[19:22] Faceoff Larsen, Alexis vs Conlon, Kate won by PSU.
2-1	[20:00] End of period.

Period #3 Plays

2-1	[00:00] Start of 3rd period.
2-1	[00:00] Faceoff Hess, Sophia vs Riggi, Molly won by URF.
2-1	[00:31] Shot by PSU Riggi, Molly WIDE.
2-1	[01:01] Penalty on Aure, MaKenna URF 2 minutes for Interference.
2-1	[01:01] Faceoff Niccum, Alexa vs Kasprzak, Emily won by PSU.
2-1	PP PSU [01:01] Start power play for PSU.
2-1	PP PSU [01:29] Shot by PSU Ruegge, Kayson HIT PIPE.
2-1	PP PSU [01:32] Penalty on Ruegge, Kayson PSU 2 minutes for Interference.
2-1	PP PSU [01:32] End power play for PSU.
2-1	[01:32] Faceoff Hess, Sophia vs Riggi, Molly won by PSU.
2-1	[03:01] Aure, MaKenna (URF) penalty complete.
2-1	PP URF [03:01] Start power play for URF.
2-1	PP URF [03:05] Faceoff Hess, Sophia vs Riggi, Molly won by PSU.
2-1	PP URF [03:32] Ruegge, Kayson (PSU) penalty complete.

2-1 PP URF [03:32] End power play for URF.

2-1 [03:39] Shot by URF Jones, Kylie BLOCKED by Forsyth, Maeghan.

2-1 [04:30] Faceoff Larsen, Alexis vs Fesette, Ella won by PSU.

2-1 [06:12] Shot by URF Ronn, Kaitlyn BLOCKED by Francis, Sydnee.

2-1 [06:26] Faceoff Larsen, Alexis vs Riggi, Molly won by URF.

2-1 [06:57] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by PSU.

2-1 [07:37] Shot by PSU Morris, Tessa MISSED, save O'Kane, Jordan.

2-1 [07:38] Faceoff Hess, Sophia vs Conlon, Kate won by URF.

2-1 [08:02] Shot by PSU Terry, Brooke MISSED, save O'Kane, Jordan.

2-1 [09:31] Shot by URF Aure, MaKenna MISSED, save Lewis, Chloe.

2-1 [09:31] Faceoff Knowles, Gracyn vs Riggi, Molly won by PSU.

2-1 [10:44] Shot by PSU MacKellar, Bailey MISSED, save O'Kane, Jordan.

2-1 [10:53] Shot by PSU Cho, Su-An BLOCKED by Ronn, Kaitlyn.

2-1 [11:02] Shot by PSU MacKellar, Bailey MISSED, save O'Kane, Jordan.

2-1 [11:02] Faceoff Larsen, Alexis vs Kasprzak, Emily won by PSU.

2-1 [11:07] Shot by PSU MacKellar, Bailey MISSED, save O'Kane, Jordan.

2-1 [11:39] Shot by URF Lavergne, Madison MISSED, save Lewis, Chloe.

2-1 [11:39] Faceoff Knowles, Gracyn vs Conlon, Kate won by PSU.

2-1 [11:47] Shot by URF Seleski, Addie BLOCKED by Forsyth, Maeghan.

2-1 [12:15] Shot by URF Knowles, Gracyn MISSED, save Lewis, Chloe.

2-1 [12:23] Shot by URF Kadrlik, Madison MISSED, save Lewis, Chloe.

2-1 [12:47] Faceoff Hess, Sophia vs Riggi, Molly won by URF.

2-1 [13:00] Shot by PSU Ruegge, Kayson MISSED, save O'Kane, Jordan.

2-1 [14:07] Shot by PSU Cho, Su-An BLOCKED by Aure, MaKenna.

2-1 [14:14] Faceoff Knowles, Gracyn vs Kasprzak, Emily won by PSU.

2-1 [14:51] Shot by URF Kadrlik, MaKenna BLOCKED by Kasprzak, Emily.

2-1 [16:02] Shot by URF Jones, Kylie MISSED, save Lewis, Chloe.

2-1 [16:02] Faceoff Larsen, Alexis vs Kasprzak, Emily won by PSU.

2-1 [16:58] Shot by URF Knowles, Gracyn MISSED, save Lewis, Chloe.

2-1 [17:17] Penalty on Francis, Sydnee PSU 2 minutes for HighSticking.

2-1 PP URF [17:17] Start power play for URF.

2-1 PP URF [17:17] Faceoff Hess, Sophia vs Riggi, Molly won by PSU.

2-1 PP URF [17:38] Shot by URF Hess, Sophia BLOCKED by Ruegge, Kayson.

2-1 PP URF [17:55] Shot by URF Aure, MaKenna MISSED, save Lewis, Chloe.

2-1 PP URF [18:13] Shot by URF Aure, MaKenna MISSED, save Lewis, Chloe.

2-1 PP URF [18:27] GOAL by UW-River Falls Goodreau, Megan (POWER-PLAY), Assist by Hess, Sophia and Jones, Kylie, On ice for URF: Goodreau, Megan; Hess, Sophia; Jones, Kylie; Riley, Brooklyn; Aure, MaKenna, On ice for PSU: Riggi, Molly; Urban, Adriana; Ruegge, Kayson; Yoo, Seoyoung, goal number 7 for season.

UW-River Falls 3, Plattsburgh St. 1

3-1 PP URF [18:27] Francis, Sydnee (PSU) penalty complete.

3-1 PP URF [18:27] End power play for URF.

3-1 [18:27] Faceoff Larsen, Alexis vs Kasprzak, Emily won by PSU.

3-1 [18:48] EMPTY NET at goalie for PSU.

3-1 [18:55] Shot by URF Larsen, Alexis WIDE.

3-1 [19:08] Shot by PSU Kasprzak, Emily WIDE.

3-1 [19:34] Faceoff Hess, Sophia vs Conlon, Kate won by PSU.

3-1 [19:45] Shot by PSU Conlon, Kate MISSED, save O'Kane, Jordan.

3-1 [19:45] Faceoff Hess, Sophia vs Conlon, Kate won by PSU.

3-1 [19:50] Shot by PSU Urban, Adriana WIDE.

3-1 [19:55] Shot by PSU Urban, Adriana BLOCKED by Hess, Sophia.

3-1 [19:55] Faceoff Hess, Sophia vs Conlon, Kate won by URF.

3-1 [20:00] End of period.