

Sacred Heart (14-19-2, 13-12-2) -vs- Post (7-25-1, 7-19-1)
02/16/2024 at Shelton, Connecticut

Date: 02/16/2024
Start: 08:00 PM
Time: 0
Attendance: 150
Location: Shelton, Connecticut
Officials: Referee: Michael Godeanu; Referee: James Cusano;
Linesman: Robert Carnathan; Linesman: Ariel Gold

Goals By Period	1	2	3	Total
Sacred Heart	0	1	1	2
Post	0	0	0	0

SHU: Lupone, Sophie (1); Nevers, Cassie (1)
POS:

Scoring Summary

Period	Time	Team	Scored By	Assisted By	Type	SHU	POS
2nd	07:31	SHU	Nevers, Cassie	Lupone, Sophie, Limke, Grayson	EV, FG, GW	1	0
3rd	05:21	SHU	Lupone, Sophie	Chaput, Isabella	EV	2	0

Sacred Heart Power Plays						
Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
2nd	14:41	16:06	01:25	1	0	--
2nd	18:06	19:25	01:19	1	0	--
3rd	16:06	18:03	01:57	3	0	--
			04:41	5	0	0/3

Post Power Plays						
Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
2nd	08:09	10:09	02:00	0	0	--
2nd	16:41	17:25	00:44	0	0	--
3rd	14:06	16:03	01:57	1	1	--
3rd	19:11	20:00	00:49	1	0	--
			05:30	2	1	0/4

Penalty Summary

Period	Team	Player	MIN	Offense	Type	Time	PP
2nd	SHU	Rinklin, Maddie	02:00	Body checking	MINOR	08:09	PP
2nd	POS	Grom, Tymmarie	02:00	Holding	MINOR	14:41	PP
2nd	SHU	Lupone, Sophie	02:00	High Sticking	MINOR	16:06	PP
2nd	POS	Oetelaar, Caisey	02:00	Interference	MINOR	17:25	PP
3rd	SHU	Sloan, Anastasia	02:00	Body checking	MINOR	14:06	PP
3rd	POS	Grom, Tymmarie	02:00	Interference	MINOR	16:03	PP
3rd	SHU	Laroche, Olivia	02:00	Holding	MINOR	19:10 .3	
3rd	POS	Rose, Jodie	02:00	Roughing	MINOR	19:10 .3	
3rd	SHU	Limke, Grayson	02:00	Cross Checking	MINOR	19:10 .3	PP

Sacred Heart 2

Post 0

[illegible]

27	Wysocki, Julia	0	0	0	0	0	0	-1	4-7	-	1
28	Oetelaar, Caisey	0	0	0	1	0	1	0	-	1-2	1
29	Pitter, Angeline	0	0	0	0	0	0	-1	-	-	2
30	Saunders , Hannah	0	0	0	0	0	0	0	-	-	0
37	Glasrud, Grace	0	0	0	0	0	0	0	-	-	0
TM	TEAM	0	0	0	0	0	0	0	-	-	0
Totals		0	0	5	5	8	18	-10	19-43	4-8	23

Sacred Heart Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
63	Petruno, Jillian	W	60:00	0	0	5	5	8	18
30	Greene, Carly		00:00	0	0	0	0	0	0
33	Larson, Lauren		00:00	0	0	0	0	0	0
44	Elmore, Molly		00:00	0	0	0	0	0	0
TM	TEAM		00:00	0	0	0	0	0	0
Totals				0	0	5	5	8	18

Post Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
37	Glasrud, Grace	L	59:11	2	0	18	10	14	42
1	Lawrence, Hali		00:00	0	0	0	0	0	0
TM	TEAM		00:49	0	0	0	0	0	0
Totals				2	0	18	10	14	42

Sacred Heart Faceoffs

#	Player	W	L
2	Lupone, Sophie	9	3
7	Ryskamp, Iyla	7	7
29	Antonakis, Sydney	6	6
25	Limke, Grayson	1	1
26	McNeil, Paige	1	1
13	Bessinger, Nicole	0	1
Totals		24	19

Post Faceoffs

#	Player	W	L
12	Peterson, Macy	6	5
19	Grom, Tymmarie	4	8
27	Wysocki, Julia	4	3
21	Rose, Jodie	3	8
9	Desai, Sajel	1	0
11	Farberman, Noa	1	0
Totals		19	24

Play By Play

Score	PP	Play
Period #1 Plays		
0-0		[00:00] Petruno, Jillian at goalie for SHU.
0-0		[00:00] Glasrud, Grace at goalie for POS.
0-0		[00:00] Start of 1st period.
0-0		[00:00] Faceoff Ryskamp, Iyla vs Wysocki, Julia won by POS.
0-0		[00:30] Shot by SHU Wisnewski, Emily MISSED, save Glasrud, Grace.
0-0		[00:30] Faceoff Antonakis, Sydney vs Grom, Tymmarie won by SHU.
0-0		[01:05] Shot by POS Rose, Jodie MISSED, save Petruno, Jillian.
0-0		[01:57] Shot by SHU Bennetts, Peyton WIDE.
0-0		[02:59] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0		[03:32] Shot by SHU Nevers, Cassie WIDE.
0-0		[04:13] Shot by POS Grom, Tymmarie MISSED, save Petruno, Jillian.
0-0		[04:22] Faceoff Ryskamp, Iyla vs Grom, Tymmarie won by SHU.
0-0		[06:11] Shot by SHU Limke, Grayson MISSED, save Glasrud, Grace.
0-0		[06:17] Shot by SHU Nevers, Cassie MISSED, save Glasrud, Grace.
0-0		[06:25] Shot by SHU Lupone, Sophie MISSED, save Glasrud, Grace.
0-0		[07:25] Shot by SHU Limke, Grayson WIDE.
0-0		[08:03] Shot by POS Oetelaar, Caisey BLOCKED by Laroche, Olivia.
0-0		[08:32] Shot by SHU Limke, Grayson MISSED, save Glasrud, Grace.
0-0		[08:47] Shot by SHU Wisnewski, Emily BLOCKED by Wysocki, Julia.
0-0		[08:54] Shot by SHU Limke, Grayson BLOCKED by Pitter, Angeline.
0-0		[09:03] Faceoff Ryskamp, Iyla vs Rose, Jodie won by SHU.
0-0		[09:20] Shot by POS Ammons, Dani BLOCKED by McNeil, Paige.
0-0		[09:30] Shot by SHU Ryskamp, Iyla MISSED, save Glasrud, Grace.
0-0		[09:38] Faceoff Antonakis, Sydney vs Peterson, Macy won by POS.
0-0		[09:41] Faceoff Antonakis, Sydney vs Grom, Tymmarie won by SHU.
0-0		[09:42] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0		[10:01] Shot by SHU Helgeson, Kate MISSED, save Glasrud, Grace.
0-0		[10:09] Shot by SHU Chaput, Isabella BLOCKED by Peterson, Macy.
0-0		[10:15] Shot by POS Mickevicius, Celena BLOCKED by Laroche, Olivia.
0-0		[10:41] Shot by SHU Nevers, Cassie MISSED, save Glasrud, Grace.
0-0		[10:57] Shot by SHU Lupone, Sophie MISSED, save Glasrud, Grace.
0-0		[11:00] Timeout Media.
0-0		[11:00] Faceoff Lupone, Sophie vs Rose, Jodie won by SHU.
0-0		[11:06] Shot by SHU Wisnewski, Emily MISSED, save Glasrud, Grace.
0-0		[11:23] Shot by SHU Limke, Grayson WIDE.
0-0		[11:25] Faceoff Ryskamp, Iyla vs Grom, Tymmarie won by POS.
0-0		[11:40] Shot by SHU Ryskamp, Iyla MISSED, save Glasrud, Grace.
0-0		[11:55] Shot by SHU McNeil, Paige BLOCKED by Webster, Marley.
0-0		[12:19] Faceoff Antonakis, Sydney vs Rose, Jodie won by POS.
0-0		[12:33] Shot by SHU Laroche, Olivia MISSED, save Glasrud, Grace.
0-0		[12:39] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0		[13:13] Shot by SHU Sloan, Anastasia BLOCKED by Webster, Marley.
0-0		[13:18] Faceoff Ryskamp, Iyla vs Peterson, Macy won by POS.
0-0		[15:01] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0		[15:04] Faceoff Lupone, Sophie vs Grom, Tymmarie won by SHU.
0-0		[15:22] Shot by SHU Laroche, Olivia MISSED, save Glasrud, Grace.
0-0		[15:37] Shot by SHU Koman, Julianna BLOCKED by Noonan, Maddy.
0-0		[15:49] Shot by SHU Sloan, Anastasia BLOCKED by Grom, Tymmarie.
0-0		[16:16] Shot by SHU Bessinger, Nicole BLOCKED by Grom, Tymmarie.
0-0		[16:40] Shot by SHU Bessinger, Nicole WIDE.
0-0		[17:17] Shot by POS Mickevicius, Celena MISSED, save Petruno, Jillian.
0-0		[17:28] Faceoff Antonakis, Sydney vs Peterson, Macy won by POS.
0-0		[17:58] Faceoff Lupone, Sophie vs Wysocki, Julia won by SHU.
0-0		[18:18] Faceoff Lupone, Sophie vs Grom, Tymmarie won by SHU.
0-0		[19:22] Shot by SHU Limke, Grayson MISSED, save Glasrud, Grace.
0-0		[19:30] Shot by POS Luckman, Hannah MISSED, save Petruno, Jillian.
0-0		[19:46] Shot by POS Ammons, Dani MISSED, save Petruno, Jillian.

0-0	[19:46] Faceoff Antonakis, Sydney vs Rose, Jodie won by SHU.
0-0	[20:00] End of period.
Period #2 Plays	
0-0	[00:00] Start of 2nd period.
0-0	[00:00] Faceoff Ryskamp, Iyla vs Wysocki, Julia won by POS.
0-0	[00:22] Shot by POS Oetelaar, Caisey BLOCKED by Koman, Julianna.
0-0	[00:50] Shot by SHU Wisnewski, Emily MISSED, save Glasrud, Grace.
0-0	[02:04] Shot by SHU Nevers, Cassie WIDE.
0-0	[02:57] Shot by SHU Helgeson, Kate BLOCKED by Desai, Sajel.
0-0	[03:05] Shot by SHU Laroche, Olivia BLOCKED by Desai, Sajel.
0-0	[03:14] Shot by SHU Ryskamp, Iyla MISSED, save Glasrud, Grace.
0-0	[03:17] Faceoff Ryskamp, Iyla vs Peterson, Macy won by SHU.
0-0	[03:19] Shot by SHU Wisnewski, Emily MISSED, save Glasrud, Grace.
0-0	[03:23] Shot by SHU Smith, Kailey WIDE.
0-0	[03:43] Shot by SHU Ryskamp, Iyla WIDE.
0-0	[03:53] Shot by POS Mickevicius, Celena MISSED, save Petruno, Jillian.
0-0	[04:27] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0	[04:32] Faceoff Antonakis, Sydney vs Wysocki, Julia won by SHU.
0-0	[04:56] Shot by SHU Chaput, Isabella WIDE.
0-0	[05:14] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0	[05:20] Shot by SHU Laroche, Olivia BLOCKED by Kubichek, Holly.
0-0	[05:27] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
0-0	[05:32] Faceoff Bessinger, Nicole vs Grom, Tymmarie won by POS.
0-0	[05:40] Shot by POS Currie, Tristan BLOCKED by Laroche, Olivia.
0-0	[06:00] Shot by POS Pitter, Angeline BLOCKED by Koman, Julianna.
0-0	[06:37] Shot by SHU Lupone, Sophie MISSED, save Glasrud, Grace.
0-0	[07:11] Faceoff Lupone, Sophie vs Grom, Tymmarie won by POS.
0-0	[07:24] Shot by SHU Limke, Grayson BLOCKED by Webster, Marley.
0-0	[07:31] GOAL by Sacred Heart Nevers, Cassie (EVEN STRENGTH, FIRST GOAL, GAME WINNING GOAL), Assist by Lupone, Sophie and Limke, Grayson , On ice for SHU: Nevers, Cassie; Lupone, Sophie; Rinklin, Maddie; Limke, Grayson ; Sloan, Anastasia, On ice for POS: Noonan, Maddy; Grom, Tymmarie; Webster, Marley; Pitter, Angeline; Luckman, Hannah, goal number 10 for season.
Sacred Heart 1, Post 0	
1-0	[07:31] Faceoff Ryskamp, Iyla vs Rose, Jodie won by POS.
1-0	[07:40] Shot by POS Devlin, Jet WIDE.
1-0	[08:09] Penalty on Rinklin, Maddie SHU 2 minutes for BodyChecking.
1-0	PP POS [08:09] Start power play for POS.
1-0	PP POS [08:09] Faceoff Antonakis, Sydney vs Grom, Tymmarie won by POS.
1-0	PP POS [10:09] Rinklin, Maddie (SHU) penalty complete.
1-0	PP POS [10:09] End power play for POS.
1-0	[10:26] Shot by SHU McNeil, Paige BLOCKED by Rose, Jodie.
1-0	[11:24] Shot by POS Grom, Tymmarie MISSED, save Petruno, Jillian.
1-0	[11:55] Shot by SHU Helgeson, Kate WIDE.
1-0	[12:27] Timeout Media.
1-0	[12:27] Faceoff Lupone, Sophie vs Peterson, Macy won by SHU.
1-0	[12:56] Faceoff Lupone, Sophie vs Farberman, Noa won by POS.
1-0	[12:58] Faceoff Ryskamp, Iyla vs Peterson, Macy won by SHU.
1-0	[13:00] Faceoff Ryskamp, Iyla vs Rose, Jodie won by SHU.
1-0	[13:50] Shot by SHU Helgeson, Kate MISSED, save Glasrud, Grace.
1-0	[14:31] Shot by SHU Bessinger, Nicole WIDE.
1-0	[14:41] Penalty on Grom, Tymmarie POS 2 minutes for Holding.
1-0	PP SHU [14:41] Start power play for SHU.
1-0	PP SHU [14:41] Faceoff McNeil, Paige vs Rose, Jodie won by SHU.
1-0	PP SHU [14:46] Shot by SHU Laroche, Olivia BLOCKED by Rose, Jodie.
1-0	PP SHU [15:19] Shot by SHU Laroche, Olivia BLOCKED by Oetelaar, Caisey.
1-0	PP SHU [15:24] Shot by SHU Koman, Julianna MISSED, save Glasrud, Grace.
1-0	PP SHU [15:31] Shot by SHU Koman, Julianna WIDE.
1-0	PP SHU [15:37] Shot by SHU Antonakis, Sydney BLOCKED by Pitter, Angeline.
1-0	PP SHU [15:42] Shot by SHU Laroche, Olivia BLOCKED by Rose, Jodie.
1-0	PP SHU [15:49] Shot by SHU Laroche, Olivia BLOCKED by Rose, Jodie.
1-0	PP SHU [16:06] Penalty on Lupone, Sophie SHU 2 minutes for HighSticking.
1-0	PP SHU [16:06] End power play for SHU.

1-0 [16:06] Faceoff Limke, Grayson vs Peterson, Macy won by SHU.
1-0 [16:41] Grom, Tymmarie (POS) penalty complete.
1-0 PP POS [16:41] Start power play for POS.
1-0 PP POS [17:09] Shot by POS Oetelaar, Caisey BLOCKED by Sloan, Anastasia.
1-0 PP POS [17:25] Penalty on Oetelaar, Caisey POS 2 minutes for Interference.
1-0 PP POS [17:25] End power play for POS.
1-0 [17:25] Faceoff Limke, Grayson vs Desai, Sajel won by POS.
1-0 [17:56] Shot by POS Desai, Sajel MISSED, save Petruno, Jillian.
1-0 [18:02] Shot by POS Desai, Sajel MISSED, save Petruno, Jillian.
1-0 [18:06] Lupone, Sophie (SHU) penalty complete.
1-0 PP SHU [18:06] Start power play for SHU.
1-0 PP SHU [18:17] Faceoff Lupone, Sophie vs Peterson, Macy won by SHU.
1-0 PP SHU [19:02] Faceoff Antonakis, Sydney vs Peterson, Macy won by POS.
1-0 PP SHU [19:21] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
1-0 PP SHU [19:25] Oetelaar, Caisey (POS) penalty complete.
1-0 PP SHU [19:25] End power play for SHU.
1-0 [19:46] Shot by POS Oetelaar, Caisey MISSED, save Petruno, Jillian.
1-0 [19:54] Shot by POS Grom, Tymmarie WIDE.
1-0 [20:00] End of period.

Period #3 Plays

1-0 [00:00] Start of 3rd period.
1-0 [00:00] Faceoff McNeil, Paige vs Wysocki, Julia won by POS.
1-0 [00:27] Shot by POS Farberman, Noa MISSED, save Petruno, Jillian.
1-0 [01:47] Shot by SHU Bennetts, Peyton MISSED, save Glasrud, Grace.
1-0 [01:48] Faceoff Antonakis, Sydney vs Rose, Jodie won by SHU.
1-0 [03:41] Shot by SHU Bennetts, Peyton BLOCKED by Peterson, Macy.
1-0 [04:03] Shot by SHU McNeil, Paige MISSED, save Glasrud, Grace.
1-0 [04:12] Shot by SHU Antonakis, Sydney BLOCKED by Farberman, Noa.
1-0 [04:17] Shot by SHU Laroche, Olivia MISSED, save Glasrud, Grace.
1-0 [04:29] Faceoff Antonakis, Sydney vs Wysocki, Julia won by POS.
1-0 [05:18] Shot by SHU McNeil, Paige MISSED, save Glasrud, Grace.
1-0 [05:21] GOAL by Sacred Heart Lupone, Sophie (EVEN STRENGTH), Assist by Chaput, Isabella and , , On ice for SHU: Lupone, Sophie; Limke, Grayson ; Bessinger, Nicole; Sloan, Anastasia; Chaput, Isabella, On ice for POS: Wysocki, Julia; Noonan, Maddy; Webster, Marley; Currie, Tristan ; Ammons, Dani, goal number 5 for season.

Sacred Heart 2, Post 0

2-0 [05:21] Faceoff Ryskamp, Iyla vs Grom, Tymmarie won by SHU.
2-0 [05:22] Shot by SHU McNeil, Paige WIDE.
2-0 [06:29] Shot by SHU Helgeson, Kate WIDE.
2-0 [06:38] Shot by SHU Rinklin, Maddie MISSED, save Glasrud, Grace.
2-0 [06:50] Shot by SHU Helgeson, Kate MISSED, save Glasrud, Grace.
2-0 [07:00] Shot by SHU Rinklin, Maddie BLOCKED by Devlin, Jet.
2-0 [08:26] Shot by POS Devlin, Jet MISSED, save Petruno, Jillian.
2-0 [08:32] Shot by POS Peterson, Macy MISSED, save Petruno, Jillian.
2-0 [09:44] Shot by SHU Ryskamp, Iyla WIDE.
2-0 [09:52] Shot by SHU Ryskamp, Iyla WIDE.
2-0 [10:08] Shot by POS Patfield, Rylee BLOCKED by Ryskamp, Iyla.
2-0 [10:15] Timeout Media.
2-0 [10:15] Faceoff Lupone, Sophie vs Grom, Tymmarie won by SHU.
2-0 [10:55] Shot by POS Grom, Tymmarie MISSED, save Petruno, Jillian.
2-0 [11:01] Faceoff Ryskamp, Iyla vs Rose, Jodie won by POS.
2-0 [11:27] Shot by POS Ammons, Dani MISSED, save Petruno, Jillian.
2-0 [12:13] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.
2-0 [12:18] Shot by SHU Rinklin, Maddie MISSED, save Glasrud, Grace.
2-0 [13:06] Shot by POS Mickevicius, Celena BLOCKED by Koman, Julianna.
2-0 [13:25] Faceoff Ryskamp, Iyla vs Peterson, Macy won by POS.
2-0 [13:41] Shot by SHU Ryskamp, Iyla MISSED, save Glasrud, Grace.
2-0 [13:47] Shot by SHU McNeil, Paige MISSED, save Glasrud, Grace.
2-0 [14:06] Penalty on Sloan, Anastasia SHU 2 minutes for BodyChecking.
2-0 PP POS [14:06] Start power play for POS.
2-0 PP POS [14:06] Faceoff Lupone, Sophie vs Wysocki, Julia won by SHU.
2-0 PP POS [14:52] Shot by POS Ammons, Dani MISSED, save Petruno, Jillian.
2-0 PP POS [15:08] Shot by SHU Chaput, Isabella MISSED, save Glasrud, Grace.

2-0 PP POS [15:44] Shot by POS Desai, Sajel WIDE.
2-0 PP POS [16:03] Penalty on Grom, Tymmarie POS 2 minutes for Interference.
2-0 PP POS [16:03] End power play for POS.
2-0 [16:03] Faceoff Ryskamp, Iyla vs Rose, Jodie won by SHU.
2-0 [16:06] Sloan, Anastasia (SHU) penalty complete.
2-0 PP SHU [16:06] Start power play for SHU.
2-0 PP SHU [16:23] Shot by SHU McNeil, Paige WIDE.
2-0 PP SHU [16:40] Shot by SHU Ryskamp, Iyla BLOCKED by Desai, Sajel.
2-0 PP SHU [16:59] Faceoff Lupone, Sophie vs Peterson, Macy won by POS.
2-0 PP SHU [17:22] Shot by SHU Sloan, Anastasia BLOCKED by Peterson, Macy.
2-0 PP SHU [17:33] Shot by SHU Wisniewski, Emily MISSED, save Glasrud, Grace.
2-0 PP SHU [17:45] Shot by SHU Nevers, Cassie MISSED, save Glasrud, Grace.
2-0 PP SHU [17:51] Shot by SHU Nevers, Cassie MISSED, save Glasrud, Grace.
2-0 PP SHU [17:53] Faceoff Antonakis, Sydney vs Rose, Jodie won by SHU.
2-0 PP SHU [18:03] Grom, Tymmarie (POS) penalty complete.
2-0 PP SHU [18:03] End power play for SHU.
2-0 [18:03] Shot by SHU Laroche, Olivia WIDE.
2-0 [19:04] Shot by POS Rose, Jodie MISSED, save Petruno, Jillian.
2-0 [19:11] Penalty on Laroche, Olivia SHU 2 minutes for Holding.
2-0 [19:11] Penalty on Rose, Jodie POS 2 minutes for Roughing.
2-0 [19:11] Penalty on Limke, Grayson SHU 2 minutes for CrossChecking.
2-0 PP POS [19:11] Start power play for POS.
2-0 PP POS [19:11] Faceoff Lupone, Sophie vs Grom, Tymmarie won by SHU.
2-0 PP POS [19:11] EMPTY NET at goalie for POS.
2-0 PP POS [19:45] Shot by POS Ammons, Dani MISSED, save Petruno, Jillian.
2-0 PP POS [20:00] End of period.
2-0 PP POS [20:00] Rose, Jodie (POS) penalty complete.
2-0 PP POS [20:00] Limke, Grayson (SHU) penalty complete.
2-0 PP POS [20:00] End power play for POS.
2-0 [20:00] Laroche, Olivia (SHU) penalty complete.