

Post (0-2-0, 0-0-0) -vs- Southern Conn. St. (1-0-1, 0-0-0)
09/01/2026 (Jess Dow Field)

Date: 09/01/2026
Attendance: 120
Stadium: Jess Dow Field
Officials:

Goals By Period	1	2	Total
Post	0	0	0
Southern Conn. St.	2	5	7

Post 0

Pos	#	Player	SH	SOG	G	A	MIN
Starters							
MID	2	Grzeszczak, Audrey	1	1	0	0	86
	6	Rainon, Alissa	0	0	0	0	90
FWD	7	Burns, Avia	0	0	0	0	90
MID	8	Velasquez, Emely	0	0	0	0	79
FWD	9	Perry-Rice, Yori	0	0	0	0	67
MID	10	Kloetzer, Reese	0	0	0	0	69
MID	12	Cruz, Kaira	0	0	0	0	33
FWD	13	Constante, Lizbeth	0	0	0	0	75
DEF	18	Kin, Lindsay	0	0	0	0	90
DEF	22	Griffith, KiAndra	0	0	0	0	90
GK	62	Nisbet, Aryn	0	0	0	0	62
Substitutes							
GK	1	Gubser, Celine	0	0	0	0	15
DEF	3	Videhult, Elsa	1	1	0	0	63
DEF	5	Morales, Taylor	0	0	0	0	42
DEF	20	Downs, Jordyn	0	0	0	0	11
GK	55	Gaeta, Maya	0	0	0	0	28
Totals			2	2	0	0	990

#	Goalkeepers	Minutes	GA	Saves
55	Gaeta, Maya	28:13	1	2
62	Nisbet, Aryn	61:47	6	10
Totals			7	12

Shots By Period	1	2	Total
Post	1	1	2
Southern Conn. St.	12	17	29

Saves By Period	1	2	Total
Post	4	8	12
Southern Conn. St.	1	1	2

Scoring Summary

Time	Team	Goal Scorer	Assist	Description
09:34	SCSU	Elizabeth Bishop	Frida Norret	GOAL by SCSU Bishop, Elizabeth Assist by Norret, Frida.
23:04	SCSU	Elizabeth Bishop		GOAL by SCSU Bishop, Elizabeth.
50:29	SCSU	Isabella LaPerle		GOAL by SCSU LaPerle, Isabella.
53:39	SCSU	Ryleigh Phillips		GOAL by SCSU Phillips, Ryleigh.
54:36	SCSU	Julia Salley	Isabella LaPerle	GOAL by SCSU Salley, Julia Assist by LaPerle, Isabella.
61:47	SCSU	Frida Norret	Jamie Greenman	GOAL by SCSU Norret, Frida Assist by Greenman, Jamie.
65:31	SCSU	Frida Norret		GOAL by SCSU Norret, Frida.

Southern Conn. St. 7

Pos	#	Player	SH	SOG	G	A	MIN
Starters							
GK	00	Pastreck, Makenzi	0	0	0	0	69
FWD	2	Pena, Gigi	2	1	0	0	64
MID	3	LaPerle, Isabella	2	2	1	1	74
	5	Norret, Frida	6	6	2	1	72
	7	Sanders, Gracie	3	1	0	0	83
	9	Salley, Julia	2	2	1	0	58
	11	Phillips, Ryleigh	4	3	1	0	65
	13	Mottonen, Saga	0	0	0	0	84
	18	Tellier, Maya	0	0	0	0	55
	25	Bishop, Elizabeth	7	3	2	0	65
	29	Miettinen, Nelli	0	0	0	0	87
Substitutes							
GK	1	Iafrate, Olivia	0	0	0	0	21
MID	4	Hargraves, Julia	2	1	0	0	21
FWD	8	Isberg, Nikki	0	0	0	0	24
DEF	14	Bloxon, Layla	0	0	0	0	17
	16	Modig, Lova	0	0	0	0	21
DEF	17	Schmidt, Madelyn	0	0	0	0	25
	20	Radzik, Mia	0	0	0	0	31
FWD	24	Greenman, Jamie	0	0	0	1	13
	27	Morrisette, Olivia	1	0	0	0	38
Totals			29	19	7	3	987

#	Goalkeepers	Minutes	GA	Saves
1	Iafrate, Olivia	21:01	0	0
00	Pastreck, Makenzi	68:59	0	2
Totals			0	2

Corner Kicks By Period	1	2	Total
Post	0	1	1
Southern Conn. St.	4	4	8

Fouls By Period	1	2	Total
Post	5	3	8
Southern Conn. St.	4	2	6

Cautions and Ejections: 50:29 (YELLOW), #5 Taylor Morales (POST) 56:02 (YELLOW), #8 Emely Velasquez (POST)

Play By Play

Time	Team	Play
00:00	SCSU	Pastreck, Makenzi at goalie for Southern Conn. St.
00:00	POST	Nisbet, Aryn at goalie for Post
00:50	SCSU	Foul on Norret, Frida.
04:32	POST	Foul on Griffith, KiAndra.
04:59	SCSU	Corner kick [04:59].
05:45	SCSU	Shot by SCSU Phillips, Ryleigh, out top right.
06:32	SCSU	Shot by SCSU Phillips, Ryleigh, bottom center, saved by Nisbet, Aryn.
07:08	SCSU	Offside against Southern Conn. St..
08:12	SCSU	Shot by SCSU Sanders, Gracie, bottom center, saved by Nisbet, Aryn.
09:34	SCSU	GOAL by SCSU Bishop, Elizabeth Assist by Norret, Frida.
Post 0, Southern Conn. St. 1		
10:50	SCSU	Offside against Southern Conn. St..
12:40	SCSU	Shot by SCSU Bishop, Elizabeth.
13:07	SCSU	Shot by SCSU Bishop, Elizabeth, out top.
14:06	SCSU	Corner kick [14:06].
14:56	SCSU	Shot by SCSU Norret, Frida, bottom center, saved by Nisbet, Aryn.
15:56	POST	Foul on Griffith, KiAndra.
17:53	SCSU	Foul on Sanders, Gracie.
21:02	SCSU	Shot by SCSU Pena, Gigi, out top right.
21:36	POST	Foul on Burns, Avia.
22:08	SCSU	Foul on LaPerle, Isabella.
23:04	SCSU	Shot by SCSU Bishop, Elizabeth, bottom center, saved by Nisbet, Aryn.
23:04	SCSU	GOAL by SCSU Bishop, Elizabeth.
Post 0, Southern Conn. St. 2		
23:35	SCSU	Shot by SCSU Bishop, Elizabeth, out right.
24:28	SCSU	Corner kick [24:28].
26:49	POST	POST substitution: Videhult, Elsa for Perry-Rice, Yori.
26:49	POST	Foul on Videhult, Elsa.
31:47	POST	Shot by POST Videhult, Elsa, bottom center, saved by Pastreck, Makenzi.
32:14	POST	POST substitution: Morales, Taylor for Cruz, Kaira.
33:11	SCSU	Foul on Salley, Julia.
33:54	SCSU	SCSU substitution: Morrisette, Olivia for Pena, Gigi.
35:46	SCSU	Corner kick [35:46].
36:14	SCSU	Shot by SCSU Bishop, Elizabeth, out top.
37:33	POST	Foul on Griffith, KiAndra.
38:27	POST	POST substitution: Downs, Jordyn for Velasquez, Emely.
40:28	SCSU	SCSU substitution: Hargraves, Julia for Salley, Julia.
40:28	SCSU	SCSU substitution: Radzik, Mia for Phillips, Ryleigh.
45:00	0	End of period [45:00].
45:00	SCSU	SCSU substitution: Phillips, Ryleigh for Morrisette, Olivia.
45:00	SCSU	SCSU substitution: Pena, Gigi for Hargraves, Julia.
45:00	SCSU	SCSU substitution: Salley, Julia for Radzik, Mia.
45:00	0	Start of 2nd period [45:00].
45:00	POST	FOR POST: , #62 Nisbet, Aryn, #2 Grzeszczak, Audrey, #6 Rainon, Alissa, #7 Burns, Avia, #20 Downs, Jordyn, #3 Videhult, Elsa, #10 Kloetzer, Reese, #5 Morales, Taylor, #13 Constante, Lizbeth, #18 Kin, Lindsay, #22 Griffith, KiAndra.
45:00	SCSU	FOR SCSU: , #00 Pastreck, Makenzi, #11 Phillips, Ryleigh, #3 LaPerle, Isabella, #5 Norret, Frida, #7 Sanders, Gracie, #2 Pena, Gigi, #9 Salley, Julia, #13 Mottonen, Saga, #18 Tellier, Maya, #25 Bishop, Elizabeth, #29 Miettinen, Nelli.
47:27	SCSU	Foul on LaPerle, Isabella.
48:43	POST	Corner kick [48:43].
49:48	POST	POST substitution: Perry-Rice, Yori for Downs, Jordyn.
49:48	POST	POST substitution: Velasquez, Emely for Morales, Taylor.
50:12	SCSU	Shot by SCSU Salley, Julia, bottom center, saved by Nisbet, Aryn.
50:29	POST	Yellow card on POST Morales, Taylor.
50:29	SCSU	GOAL by SCSU LaPerle, Isabella.
Post 0, Southern Conn. St. 3		
52:05	SCSU	Shot by SCSU LaPerle, Isabella, top, saved by Nisbet, Aryn.
53:39	SCSU	Shot by SCSU Norret, Frida, bottom center, saved by Nisbet, Aryn.
53:39	SCSU	Shot by SCSU Phillips, Ryleigh, bottom center, saved by Nisbet, Aryn.

53:39	SCSU	GOAL by SCSU Phillips, Ryleigh.
Post 0, Southern Conn. St. 4		
54:08	SCSU	SCSU substitution: Bloxon, Layla for Tellier, Maya.
54:36	SCSU	GOAL by SCSU Salley, Julia Assist by LaPerle, Isabella.
Post 0, Southern Conn. St. 5		
56:02	POST	Yellow card on POST Velasquez, Emely.
56:02	SCSU	Offside against Southern Conn. St..
56:40	SCSU	Shot by SCSU Pena, Gigi, bottom center, saved by Nisbet, Aryn.
56:49	SCSU	Shot by SCSU Norret, Frida, bottom center, saved by Nisbet, Aryn.
58:46	SCSU	SCSU substitution: Greenman, Jamie for LaPerle, Isabella.
59:12	POST	Foul on Griffith, KiAndra.
60:11	POST	Shot by POST Grzeszczak, Audrey, bottom center, saved by Pastreck, Makenzi.
61:04	POST	Foul on Velasquez, Emely.
61:04	SCSU	SCSU substitution: Morrisette, Olivia for Phillips, Ryleigh.
61:04	SCSU	SCSU substitution: Radzik, Mia for Sanders, Gracie.
61:47	SCSU	GOAL by SCSU Norret, Frida Assist by Greenman, Jamie.
Post 0, Southern Conn. St. 6		
61:47	POST	POST substitution: Gaeta, Maya for Nisbet, Aryn.
61:47	SCSU	SCSU substitution: Sanders, Gracie for Salley, Julia.
62:36	SCSU	Foul on Norret, Frida.
63:59	SCSU	Shot by SCSU Norret, Frida, bottom center, saved by Gaeta, Maya.
64:08	SCSU	Corner kick [64:08].
64:44	SCSU	SCSU substitution: Schmidt, Madelyn for Bishop, Elizabeth.
64:44	POST	POST substitution: Morales, Taylor for Grzeszczak, Audrey.
65:31	SCSU	GOAL by SCSU Norret, Frida.
Post 0, Southern Conn. St. 7		
65:31	SCSU	SCSU substitution: Isberg, Nikki for Mottonen, Saga.
68:02	SCSU	Corner kick [68:02].
68:11	SCSU	SCSU substitution: Modig, Lova for Miettinen, Nelli.
68:11	POST	POST substitution: Grzeszczak, Audrey for Kloetzer, Reese.
68:43	SCSU	Shot by SCSU Sanders, Gracie.
68:59	SCSU	SCSU substitution: Iafrate, Olivia for Pastreck, Makenzi.
70:39	SCSU	Corner kick [70:39].
71:01	SCSU	Shot by SCSU Sanders, Gracie.
71:59	SCSU	SCSU substitution: Miettinen, Nelli for Greenman, Jamie.
71:59	SCSU	SCSU substitution: Hargraves, Julia for Norret, Frida.
71:59	SCSU	SCSU substitution: Mottonen, Saga for Bloxon, Layla.
72:03	SCSU	Shot by SCSU Hargraves, Julia, bottom center, saved by Gaeta, Maya.
74:42	SCSU	SCSU substitution: LaPerle, Isabella for Pena, Gigi.
74:42	POST	POST substitution: Gubser, Celine for Constante, Lizbeth.
77:02	POST	Foul on Kin, Lindsay.
82:31	SCSU	SCSU substitution: Phillips, Ryleigh for Sanders, Gracie.
85:15	SCSU	Shot by SCSU Morrisette, Olivia, out left.
85:31	SCSU	Corner kick [85:31].
86:02	SCSU	Shot by SCSU Hargraves, Julia.
86:17	SCSU	Offside against Southern Conn. St..
90:00	0	End of period [90:00].