Rowan (5-3) -vs- Lynchburg (4-5)
9/26/2026 at Lynchburg, VA, 24501 (Shellenberger Field)

Date: 9/26/2026
Attendance: 102
Stadium: Shellenberger Field
Officials: Scorer, Ely Shilling

Goals By Period	1	2	3	4	Total
Rowan	1	0	0	1	**2**
Lynchburg	0	1	0	0	**1**

Rowan 2

Pos	#	Player	SH	SOG	G	A	Ds	Fouls	MIN
		Starters							
M	3	Sophia Weisler	0	0	0	0	0	6	60
F	7	Gracie Merrick	1	1	0	0	0	4	60
B	9	Olivia Griffin	0	0	0	0	0	3	7
F	10	Peyton Ryan	3	3	0	0	0	4	32
F	11	Mia Foti	5	3	1	0	0	5	47
M	14	Ella Toll	1	1	0	0	0	8	60
B	21	Sydney Kowalczyk	5	2	1	0	0	10	55
M	26	Tori Tullio	1	1	0	0	0	2	31
B	28	Aurelia McManis	0	0	0	1	1	1	60
D	35	Kasey Abbott	0	0	0	0	0	0	60
GK	77	Ella Morton	0	0	0	0	0	0	60
		Substitutes							
M	2	Ava Fisher	0	0	0	0	0	0	7
F	8	Kaylee Wonsetler	0	0	0	0	0	0	34
M	20	Grace Angelo	0	0	0	0	0	2	10
F	30	Olivia Nicolucci	0	0	0	0	0	0	14
B	34	Riley McClelland	0	0	0	0	0	1	53
D	36	Chloe Yoder	0	0	0	0	0	0	14
		Totals	**16**	**11**	**2**	**1**	**1**	**46**	**664**

#	Goalkeepers	Minutes	GA	Saves
77	Ella Morton	60:00	1	3
	Totals		**1**	**3**

Lynchburg 1

Pos	#	Player	SH	SOG	G	A	Ds	Fouls	MIN
		Starters							
M	1	Khanyisile Mzizi	2	2	1	0	0	9	60
M	7	Allie Freeman	2	1	0	1	0	9	60
F	9	Sofia Boon	1	1	0	0	0	4	27
D	14	Grace Ver Planck	0	0	0	0	0	4	40
M	15	Avery Watkins	0	0	0	0	0	4	60
M	20	Abigail Junker	0	0	0	0	0	2	51
M	23	Grace Peterson	1	1	0	0	0	4	60
F	24	Lauren Mark	0	0	0	0	0	0	9
M	26	Megan Mitchell	0	0	0	0	0	4	50
M	28	Taylor Secrist	2	0	0	0	0	3	60
GK	95	Shay Schoones	0	0	0	0	0	0	60
		Substitutes							
M	2	Sydney Cappallo	0	0	0	0	0	3	21
M	3	Tatum Humphries	1	0	0	0	0	2	51
B	10	Ellie Bisch	0	0	0	0	0	0	6
F	19	Callie Short	0	0	0	0	0	1	31
		Totals	**9**	**5**	**1**	**1**	**0**	**49**	**646**

#	Goalkeepers	Minutes	GA	Saves
95	Shay Schoones	60:00	2	9
	Totals		**2**	**9**

Shots By Period	1	2	3	4	Total
Rowan	7	2	4	3	16
Lynchburg	3	2	2	2	9

Saves By Period					
Rowan	1	1	1	1	4
Lynchburg	4	2	2	1	9

Penalty Corners By Period	1	2	3	4	Total
Rowan	3	0	2	3	8
Lynchburg	0	1	1	2	4

Fouls By Period					
Rowan	10	15	8	15	48
Lynchburg	8	12	17	14	51

Scoring Summary

Time	Team	Goal Scorer	Assist	Description
11:14	ROWAN	Sydney Kowalczyk		GOAL by Rowan Sydney Kowalczyk (FIRST GOAL)
29:29	LYNCHBUR	Khanyisile Mzizi	Allie Freeman	GOAL by Lynchburg Khanyisile Mzizi, Assist by Allie Freeman
55:47	ROWAN	Mia Foti	Aurelia McManis	GOAL by Rowan Mia Foti, Assist by Aurelia McManis

Cautions and Ejections: 27:14 (GREEN), #26 Megan Mitchell (LYNCHBUR) 33:44 (GREEN), #2 Sydney Cappallo (LYNCHBUR) 38:37 (GREEN), #20 Grace Angelo (ROWAN) 45:00 (YELLOW), #28 Aurelia McManis (ROWAN)

Play By Play

Time	Team	Play
0:00	ROWAN	Ella Morton at goalie for Rowan.
0:00	LYNCHBUR	Shay Schoones at goalie for Lynchburg.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
4:14	ROWAN	Shot by Rowan Sydney Kowalczyk, Hit Post.
4:42	ROWAN	Rowan substitution: Olivia Nicolucci for Mia Foti.
4:42	ROWAN	Rowan substitution: Mia Foti for Mia Foti.
5:02	ROWAN	Rowan substitution: Kaylee Wonsetler for Peyton Ryan.
6:09	LYNCHBUR	Shot by Lynchburg Tatum Humphries, Blocked.
--	ROWAN	Foul on Rowan.
7:06	ROWAN	Rowan substitution: Riley McClelland for Olivia Griffin.
7:41	LYNCHBUR	Lynchburg substitution: Tatum Humphries for Lauren Mark.
7:52	LYNCHBUR	Lynchburg substitution: Callie Short for Sofia Boon.
8:00	ROWAN	Rowan substitution: Mia Foti for Olivia Nicolucci.
8:18	LYNCHBUR	Shot by Lynchburg Khanyisile Mzizi, Save (by goalie) Ella Morton.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
9:32	ROWAN	Shot by Rowan Mia Foti, Save (by goalie) Shay Schoones.
10:22	ROWAN	Shot by Rowan Mia Foti, null.
10:22	ROWAN	Penalty corner by Rowan Aurelia McManis [10:22].
10:36	ROWAN	Rowan substitution: Peyton Ryan for Tori Tullio.
10:53	ROWAN	Penalty corner by Rowan Aurelia McManis [10:53].
11:12	ROWAN	Shot by Rowan Gracie Merrick, Save (by goalie) Shay Schoones.
11:14	ROWAN	GOAL by Rowan Sydney Kowalczyk (FIRST GOAL)
		Rowan 1, Lynchburg 0
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
12:46	LYNCHBUR	Shot by Lynchburg Taylor Secrist, Blocked.
12:58	ROWAN	Rowan substitution: Sydney Kowalczyk for Grace Angelo.
--	ROWAN	Foul on Rowan.
13:52	ROWAN	Shot by Rowan Ella Toll, Save (by goalie) Shay Schoones.
14:02	ROWAN	Penalty corner by Rowan Aurelia McManis [14:02].
14:29	ROWAN	Shot by Rowan Peyton Ryan, Save (by goalie) Shay Schoones.
--	LYNCHBUR	Foul on Lynchburg.
15:00	0	End of period [15:00].
15:00	0	Start of 2nd period [15:00].
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
19:01	LYNCHBUR	Shot by Lynchburg Sofia Boon, Save (by goalie) Ella Morton.

19:28	ROWAN	Rowan substitution: Olivia Nicolucci for Mia Foti.
19:28	ROWAN	Rowan substitution: Kaylee Wonsetler for Tori Tullio.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
21:23	LYNCHBUR	Lynchburg substitution: Callie Short for Abigail Junker.
21:23	ROWAN	Rowan substitution: Chloe Yoder for Peyton Ryan.
22:20	ROWAN	Shot by Rowan Sydney Kowalczyk, Save (by goalie) Shay Schoones.
--	LYNCHBUR	Foul on Lynchburg.
23:46	LYNCHBUR	Lynchburg substitution: Tatum Humphries for Lauren Mark.
23:46	ROWAN	Rowan substitution: Grace Angelo for Sydney Kowalczyk.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
24:29	ROWAN	Rowan substitution: Mia Foti for Olivia Nicolucci.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
26:28	LYNCHBUR	Lynchburg substitution: Sydney Cappallo for Callie Short.
26:28	LYNCHBUR	Lynchburg substitution: Abigail Junker for Sofia Boon.
26:28	ROWAN	Rowan substitution: Peyton Ryan for Kaylee Wonsetler.
27:14	LYNCHBUR	Green card on Lynchburg Megan Mitchell.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
27:53	ROWAN	Shot by Rowan Peyton Ryan, Save (by goalie) Shay Schoones.
28:21	ROWAN	Rowan substitution: Sydney Kowalczyk for Grace Angelo.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
28:59	LYNCHBUR	Penalty corner by Lynchburg Grace Peterson [28:59].
29:29	LYNCHBUR	GOAL by Lynchburg Khanyisile Mzizi, Assist by Allie Freeman
		Rowan 1, Lynchburg 1
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
30:00	0	End of period [30:00].
30:00	0	Start of 3rd period [30:00].
--	LYNCHBUR	Foul on Lynchburg.
31:09	LYNCHBUR	Shot by Lynchburg Taylor Secrist, Blocked.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
33:44	LYNCHBUR	Green card on Lynchburg Sydney Cappallo.
34:13	ROWAN	Rowan substitution: Tori Tullio for Peyton Ryan.
34:38	LYNCHBUR	Shot by Lynchburg Grace Peterson, Defensive Save by Aurelia McManis.
--	ROWAN	Foul on Rowan.
34:42	LYNCHBUR	Penalty corner by Lynchburg Grace Peterson [34:42].
34:42	ROWAN	Rowan substitution: Chloe Yoder for Mia Foti.
--	LYNCHBUR	Foul on Lynchburg.
35:10	ROWAN	Rowan substitution: Olivia Nicolucci for Grace Angelo.
35:10	ROWAN	Rowan substitution: Grace Angelo for Chloe Yoder.
--	LYNCHBUR	Foul on Lynchburg.
35:22	ROWAN	Penalty corner by Rowan Aurelia McManis [35:22].
35:30	ROWAN	Shot by Rowan Sydney Kowalczyk, Wide.
35:42	LYNCHBUR	Lynchburg substitution: Callie Short for Sydney Cappallo.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
37:45	ROWAN	Shot by Rowan Peyton Ryan, Save (by goalie) Shay Schoones.
--	LYNCHBUR	Foul on Lynchburg.
38:22	ROWAN	Shot by Rowan Sydney Kowalczyk, Wide.

--	LYNCHBUR	Foul on Lynchburg.
38:37	ROWAN	Green card on Rowan Grace Angelo.
--	ROWAN	Foul on Rowan.
39:15	ROWAN	Rowan substitution: Riley McClelland for Olivia Nicolucci.
39:15	ROWAN	Rowan substitution: Mia Foti for Olivia Nicolucci.
39:15	LYNCHBUR	Lynchburg substitution: Sydney Cappallo for Callie Short.
39:15	LYNCHBUR	Lynchburg substitution: Abigail Junker for Megan Mitchell.
--	LYNCHBUR	Foul on Lynchburg.
39:36	ROWAN	Penalty corner by Rowan Aurelia McManis [39:36].
39:43	ROWAN	Shot by Rowan Mia Foti, Save (by goalie) Shay Schoones.
39:53	LYNCHBUR	Lynchburg substitution: Sofia Boon for Grace Ver Planck.
40:33	ROWAN	Rowan substitution: Kaylee Wonsetler for Grace Angelo.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
43:06	LYNCHBUR	Lynchburg substitution: Megan Mitchell for Ellie Bisch.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
45:00	ROWAN	Yellow card on Rowan Aurelia McManis.
45:00	0	End of period [45:00].
45:00	0	Start of 4th period [45:00].
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
46:07	ROWAN	Penalty corner by Rowan Ella Toll [46:07].
46:20	ROWAN	Shot by Rowan Mia Foti, Blocked.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
47:31	ROWAN	Rowan substitution: Ava Fisher for Peyton Ryan.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
50:00	ROWAN	Rowan substitution: Kaylee Wonsetler for Mia Foti.
50:00	ROWAN	Rowan substitution: Peyton Ryan for Tori Tullio.
--	ROWAN	Foul on Rowan.
50:24	LYNCHBUR	Penalty corner by Lynchburg Grace Peterson [50:24].
50:34	LYNCHBUR	Shot by Lynchburg Allie Freeman, Blocked.
50:53	LYNCHBUR	Lynchburg substitution: Callie Short for Sydney Cappallo.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
51:44	LYNCHBUR	Penalty corner by Lynchburg Grace Peterson [51:44].
51:50	LYNCHBUR	Shot by Lynchburg Allie Freeman, Save (by goalie) Ella Morton.
--	LYNCHBUR	Foul on Lynchburg.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
53:20	ROWAN	Rowan substitution: Mia Foti for Kaylee Wonsetler.
--	ROWAN	Foul on Rowan.
53:43	ROWAN	Rowan substitution: Riley McClelland for Olivia Griffin.
53:43	LYNCHBUR	Lynchburg substitution: Ellie Bisch for Megan Mitchell.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
54:46	ROWAN	Rowan substitution: Olivia Nicolucci for Ava Fisher.
54:46	LYNCHBUR	Lynchburg substitution: Abigail Junker for Sofia Boon.
55:18	ROWAN	Rowan substitution: Tori Tullio for Peyton Ryan.
55:18	LYNCHBUR	Lynchburg substitution: Tatum Humphries for Lauren Mark.
--	LYNCHBUR	Foul on Lynchburg.

55:46	ROWAN	Penalty corner by Rowan Aurelia McManis [55:46].
55:47	ROWAN	GOAL by Rowan Mia Foti, Assist by Aurelia McManis
		Rowan 2, Lynchburg 1
--	LYNCHBUR	Foul on Lynchburg.
55:48	ROWAN	Penalty corner by Rowan Aurelia McManis [55:48].
55:49	LYNCHBUR	Lynchburg substitution: Sofia Boon for Abigail Junker.
55:55	ROWAN	Shot by Rowan Tori Tullio, Save (by goalie) Shay Schoones.
--	LYNCHBUR	Foul on Lynchburg.
56:39	ROWAN	Rowan substitution: Peyton Ryan for Olivia Nicolucci.
--	ROWAN	Foul on Rowan.
--	LYNCHBUR	Foul on Lynchburg.
--	ROWAN	Foul on Rowan.
58:40	LYNCHBUR	Lynchburg substitution: Lauren Mark for Tatum Humphries.
--	ROWAN	Foul on Rowan.
--	ROWAN	Foul on Rowan.
60:00	0	End of period [60:00].