

Western Wash. (14-1-6, 11-0-3) -vs- Simon Fraser (13-2-5, 9-2-3)  
11/15/2025 at Burnaby, BC (SFU Stadium at Terry Fox Field)

Date: 11/15/2025  
Attendance: 656  
Stadium: SFU Stadium at Terry Fox Field  
Officials: Referee, Richard Meeks Asst. Referee, Liam Abreo Asst. Referee, Ben Anthony Alt. Official, Chris Turner

| Goals By Period | 1 | 2 | OT-1 | OT-2 | OT-3 | Total |
|-----------------|---|---|------|------|------|-------|
| Western Wash.   | 0 | 0 | 0    | 0    | 0    | 0     |
| Simon Fraser    | 0 | 0 | 0    | 0    | 0    | 0     |

Western Wash. 0

| Pos         | #  | Player            | SH | SOG | G | A | MIN  |
|-------------|----|-------------------|----|-----|---|---|------|
| Starters    |    |                   |    |     |   |   |      |
| DEF         | 2  | Hardin, Asia      | 0  | 0   | 0 | 0 | 110  |
| FWD         | 7  | Hmura, Jane       | 0  | 0   | 0 | 0 | 82   |
| MID         | 8  | Cairns, Mie       | 3  | 0   | 0 | 0 | 110  |
| FWD         | 10 | Potter, Claire    | 0  | 0   | 0 | 0 | 89   |
| DEF         | 12 | Rice, Emily       | 0  | 0   | 0 | 0 | 86   |
| MID         | 13 | Holdridge, Audrey | 1  | 1   | 0 | 0 | 67   |
| MID         | 18 | Walker, Reese     | 4  | 3   | 0 | 0 | 87   |
| DEF         | 21 | Connell, Olivia   | 0  | 0   | 0 | 0 | 110  |
| DEF         | 22 | Muscutt, Kascia   | 1  | 1   | 0 | 0 | 97   |
| FWD         | 23 | Holdridge, Emily  | 1  | 0   | 0 | 0 | 65   |
| GK          | 27 | McGowan, Ellie    | 0  | 0   | 0 | 0 | 110  |
| Substitutes |    |                   |    |     |   |   |      |
| FWD         | 11 | Fojo, Emily       | 0  | 0   | 0 | 0 | 12   |
| FWD         | 14 | Mitchell, Triya   | 1  | 0   | 0 | 0 | 51   |
| FWD         | 15 | Eslinger, Avah    | 1  | 0   | 0 | 0 | 45   |
| DEF         | 17 | Sprink, Kate      | 0  | 0   | 0 | 0 | 6    |
| MID         | 20 | Abraham, Bayla    | 0  | 0   | 0 | 0 | 48   |
| FWD         | 32 | Kravtsov, Alina   | 2  | 2   | 0 | 0 | 29   |
| Totals      |    |                   | 14 | 7   | 0 | 0 | 1204 |

| #      | Goalkeepers    | Minutes | GA | Saves |
|--------|----------------|---------|----|-------|
| 27     | McGowan, Ellie | 110:00  | 0  | 7     |
| Totals |                |         | 0  | 7     |

| Shots By Period | 1 | 2 | OT-1 | OT-2 | OT-3 | Total |
|-----------------|---|---|------|------|------|-------|
| Western Wash.   | 5 | 7 | 1    | 1    | 0    | 14    |
| Simon Fraser    | 6 | 2 | 3    | 3    | 0    | 14    |

| Saves By Period | 1 | 2 | OT-1 | OT-2 | OT-3 | Total |
|-----------------|---|---|------|------|------|-------|
| Western Wash.   | 4 | 1 | 0    | 2    | 0    | 7     |
| Simon Fraser    | 4 | 3 | 0    | 0    | 0    | 7     |

Scoring Summary

| Time | Team | Goal Scorer | Assist | Description |
|------|------|-------------|--------|-------------|
|------|------|-------------|--------|-------------|

Cautions and Ejections: There were no penalties in this game.

Simon Fraser 0

| Pos         | #  | Player               | SH | SOG | G | A | MIN  |
|-------------|----|----------------------|----|-----|---|---|------|
| Starters    |    |                      |    |     |   |   |      |
| DEF         | 4  | Beaudry, Elyse       | 1  | 1   | 0 | 0 | 109  |
| DEF         | 5  | Smith, Kate          | 0  | 0   | 0 | 0 | 110  |
| MID         | 6  | Clark, Alyssa        | 2  | 0   | 0 | 0 | 110  |
| FWD         | 9  | Scott, Kiera         | 2  | 1   | 0 | 0 | 94   |
| DEF         | 11 | Simpson, Abbey       | 0  | 0   | 0 | 0 | 110  |
| DEF         | 12 | Lafontaine, Eve      | 1  | 0   | 0 | 0 | 110  |
| MID         | 17 | Sherwood, Kaiden     | 3  | 1   | 0 | 0 | 110  |
| MID         | 18 | Crocq, Chelsea       | 1  | 0   | 0 | 0 | 40   |
| FWD         | 19 | Caravatta, Sarah     | 0  | 0   | 0 | 0 | 110  |
| MID         | 23 | Faremo, Sofia        | 3  | 3   | 0 | 0 | 110  |
| GK          | 24 | Loewen, Sarah        | 0  | 0   | 0 | 0 | 110  |
| Substitutes |    |                      |    |     |   |   |      |
| MID         | 10 | Napier-Ganley, Jensa | 1  | 1   | 0 | 0 | 86   |
| DEF         | 21 | MacAdam, Emi         | 0  | 0   | 0 | 0 | 1    |
| Totals      |    |                      | 14 | 7   | 0 | 0 | 1210 |

| #      | Goalkeepers   | Minutes | GA | Saves |
|--------|---------------|---------|----|-------|
| 24     | Loewen, Sarah | 110:00  | 0  | 7     |
| Totals |               |         | 0  | 7     |

| Corner Kicks By Period | 1 | 2 | OT-1 | OT-2 | OT-3 | Total |
|------------------------|---|---|------|------|------|-------|
| Western Wash.          | 2 | 3 | 1    | 0    | 0    | 6     |
| Simon Fraser           | 5 | 3 | 0    | 0    | 0    | 8     |

| Fouls By Period | 1 | 2 | OT-1 | OT-2 | OT-3 | Total |
|-----------------|---|---|------|------|------|-------|
| Western Wash.   | 4 | 3 | 0    | 2    | 0    | 9     |
| Simon Fraser    | 4 | 4 | 1    | 0    | 0    | 9     |

## Play By Play

| Time  | Team | Play                                                                                                                                                                                                                                  |
|-------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 00:00 | WWU  | McGowan, Ellie at goalie for Western Wash.                                                                                                                                                                                            |
| 00:00 | SFU  | Loewen, Sarah at goalie for Simon Fraser                                                                                                                                                                                              |
| 05:47 | SFU  | Shot by SFU Sherwood, Kaiden, bottom center, saved by McGowan, Ellie.                                                                                                                                                                 |
| 09:54 | WWU  | Foul on Walker, Reese.                                                                                                                                                                                                                |
| 10:25 | WWU  | Foul on Muscutt, Kascia.                                                                                                                                                                                                              |
| 11:11 | SFU  | Shot by SFU Crocq, Chelsea, out top.                                                                                                                                                                                                  |
| 11:42 | WWU  | Shot by WWU Walker, Reese, bottom right, saved by Loewen, Sarah.                                                                                                                                                                      |
| 11:50 | WWU  | Corner kick [11:50].                                                                                                                                                                                                                  |
| 16:49 | SFU  | Shot by SFU Clark, Alyssa.                                                                                                                                                                                                            |
| 19:57 | WWU  | Foul on Potter, Claire.                                                                                                                                                                                                               |
| 20:31 | SFU  | Corner kick [20:31].                                                                                                                                                                                                                  |
| 22:21 | WWU  | WWU substitution: Kravtsov, Alina for Holdridge, Audrey.                                                                                                                                                                              |
| 23:20 | WWU  | Shot by WWU Muscutt, Kascia, bottom center, saved by Loewen, Sarah.                                                                                                                                                                   |
| 23:50 | SFU  | SFU substitution: Napier-Ganley, Jensa for Crocq, Chelsea.                                                                                                                                                                            |
| 24:57 | SFU  | Foul on Simpson, Abbey.                                                                                                                                                                                                               |
| 25:47 | WWU  | Shot by WWU Walker, Reese, bottom center, saved by Loewen, Sarah.                                                                                                                                                                     |
| 26:16 | WWU  | WWU substitution: Mitchell, Triya for Holdridge, Emily.                                                                                                                                                                               |
| 28:28 | WWU  | Corner kick [28:28].                                                                                                                                                                                                                  |
| 30:51 | SFU  | Shot by SFU Faremo, Sofia, top, saved by McGowan, Ellie.                                                                                                                                                                              |
| 31:26 | WWU  | Shot by WWU Kravtsov, Alina, bottom left, saved by Loewen, Sarah.                                                                                                                                                                     |
| 31:57 | WWU  | WWU substitution: Abraham, Bayla for Potter, Claire.                                                                                                                                                                                  |
| 31:57 | WWU  | WWU substitution: Eslinger, Avah for Walker, Reese.                                                                                                                                                                                   |
| 31:57 | WWU  | WWU substitution: Fojo, Emily for Muscutt, Kascia.                                                                                                                                                                                    |
| 33:08 | SFU  | Shot by SFU Napier-Ganley, Jensa, top left, saved by McGowan, Ellie.                                                                                                                                                                  |
| 33:24 | SFU  | Corner kick [33:24].                                                                                                                                                                                                                  |
| 33:54 | SFU  | Corner kick [33:54].                                                                                                                                                                                                                  |
| 33:54 | SFU  | Corner kick [33:54].                                                                                                                                                                                                                  |
| 34:06 | SFU  | Corner kick [34:06].                                                                                                                                                                                                                  |
| 35:33 | SFU  | Shot by SFU Beaudry, Elyse, top left, saved by McGowan, Ellie.                                                                                                                                                                        |
| 37:45 | WWU  | WWU substitution: Sprink, Kate for Kravtsov, Alina.                                                                                                                                                                                   |
| 38:24 | WWU  | Shot by WWU Cairns, Mie.                                                                                                                                                                                                              |
| 38:32 | WWU  | Foul on Cairns, Mie.                                                                                                                                                                                                                  |
| 42:01 | SFU  | Foul on Sherwood, Kaiden.                                                                                                                                                                                                             |
| 42:46 | WWU  | Offside against Western Wash..                                                                                                                                                                                                        |
| 43:49 | SFU  | Foul on Napier-Ganley, Jensa.                                                                                                                                                                                                         |
| 45:00 | 0    | End of period [45:00].                                                                                                                                                                                                                |
| 45:00 | WWU  | WWU substitution: Potter, Claire for Hmura, Jane.                                                                                                                                                                                     |
| 45:00 | WWU  | WWU substitution: Holdridge, Audrey for Rice, Emily.                                                                                                                                                                                  |
| 45:00 | WWU  | WWU substitution: Walker, Reese for Sprink, Kate.                                                                                                                                                                                     |
| 45:00 | WWU  | WWU substitution: Muscutt, Kascia for Fojo, Emily.                                                                                                                                                                                    |
| 45:00 | WWU  | WWU substitution: Holdridge, Emily for Mitchell, Triya.                                                                                                                                                                               |
| 45:00 | 0    | Start of 2nd period [45:00].                                                                                                                                                                                                          |
| 45:00 | SFU  | FOR SFU: , #24 Loewen, Sarah, #4 Beaudry, Elyse, #5 Smith, Kate, #6 Clark, Alyssa, #9 Scott, Kiera, #11 Simpson, Abbey, #12 Lafontaine, Eve, #17 Sherwood, Kaiden, #10 Napier-Ganley, Jensa, #19 Caravatta, Sarah, #23 Faremo, Sofia. |
| 45:00 | WWU  | FOR WWU: , #27 McGowan, Ellie, #2 Hardin, Asia, #10 Potter, Claire, #8 Cairns, Mie, #20 Abraham, Bayla, #13 Holdridge, Audrey, #18 Walker, Reese, #15 Eslinger, Avah, #21 Connell, Olivia, #22 Muscutt, Kascia, #23 Holdridge, Emily. |
| 45:34 | SFU  | Foul on Faremo, Sofia.                                                                                                                                                                                                                |
| 46:05 | WWU  | Offside against Western Wash..                                                                                                                                                                                                        |
| 46:54 | SFU  | Corner kick [46:54].                                                                                                                                                                                                                  |
| 48:12 | SFU  | Foul on Beaudry, Elyse.                                                                                                                                                                                                               |
| 50:14 | WWU  | Corner kick [50:14].                                                                                                                                                                                                                  |
| 52:40 | SFU  | Offside against Simon Fraser.                                                                                                                                                                                                         |
| 57:03 | WWU  | Shot by WWU Eslinger, Avah, out top.                                                                                                                                                                                                  |
| 57:26 | WWU  | Corner kick [57:26].                                                                                                                                                                                                                  |
| 58:10 | SFU  | SFU substitution: Crocq, Chelsea for Scott, Kiera.                                                                                                                                                                                    |
| 60:07 | WWU  | Corner kick [60:07].                                                                                                                                                                                                                  |
| 60:45 | WWU  | Shot by WWU Walker, Reese, bottom center, saved by Loewen, Sarah.                                                                                                                                                                     |
| 61:19 | WWU  | Shot by WWU Cairns, Mie.                                                                                                                                                                                                              |

|        |     |                                                                                                                                                                                                                                       |
|--------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 62:49  | WWU | Foul on Holdridge, Emily.                                                                                                                                                                                                             |
| 65:05  | WWU | WWU substitution: Kravtsov, Alina for Holdridge, Audrey.                                                                                                                                                                              |
| 65:05  | WWU | WWU substitution: Mitchell, Triya for Holdridge, Emily.                                                                                                                                                                               |
| 67:41  | WWU | WWU substitution: Rice, Emily for Eslinger, Avah.                                                                                                                                                                                     |
| 69:06  | WWU | Foul on Mitchell, Triya.                                                                                                                                                                                                              |
| 70:06  | SFU | Foul on Napier-Ganley, Jensa.                                                                                                                                                                                                         |
| 71:11  | WWU | WWU substitution: Hmura, Jane for Potter, Claire.                                                                                                                                                                                     |
| 72:46  | SFU | Foul on Beaudry, Elyse.                                                                                                                                                                                                               |
| 74:15  | SFU | SFU substitution: Scott, Kiera for Crocq, Chelsea.                                                                                                                                                                                    |
| 75:52  | WWU | Shot by WWU Kravtsov, Alina, bottom center, saved by Loewen, Sarah.                                                                                                                                                                   |
| 76:37  | WWU | Foul on Mitchell, Triya.                                                                                                                                                                                                              |
| 77:09  | SFU | Shot by SFU Faremo, Sofia, bottom left, saved by McGowan, Ellie.                                                                                                                                                                      |
| 77:53  | SFU | Corner kick [77:53].                                                                                                                                                                                                                  |
| 78:22  | SFU | Corner kick [78:22].                                                                                                                                                                                                                  |
| 79:11  | WWU | WWU substitution: Holdridge, Emily for Abraham, Bayla.                                                                                                                                                                                |
| 79:11  | WWU | WWU substitution: Holdridge, Audrey for Kravtsov, Alina.                                                                                                                                                                              |
| 79:11  | WWU | WWU substitution: Potter, Claire for Walker, Reese.                                                                                                                                                                                   |
| 83:58  | SFU | Shot by SFU Clark, Alyssa, out top.                                                                                                                                                                                                   |
| 88:19  | WWU | Shot by WWU Holdridge, Audrey, top left, saved by Loewen, Sarah.                                                                                                                                                                      |
| 88:28  | WWU | Shot by WWU Mitchell, Triya, out top.                                                                                                                                                                                                 |
| 89:16  | WWU | Shot by WWU Holdridge, Emily.                                                                                                                                                                                                         |
| 90:00  | 0   | End of period [90:00].                                                                                                                                                                                                                |
| 90:00  | 0   | Start of OT period [90:00].                                                                                                                                                                                                           |
|        |     | FOR SFU: , #24 Loewen, Sarah, #4 Beaudry, Elyse, #5 Smith, Kate, #6 Clark, Alyssa, #9 Scott, Kiera, #11 Simpson, Abbey, #12 Lafontaine, Eve, #17 Sherwood, Kaiden, #10 Napier-Ganley, Jensa, #19 Caravatta, Sarah, #23 Faremo, Sofia. |
| 90:00  | SFU |                                                                                                                                                                                                                                       |
|        |     | FOR WWU: , #27 McGowan, Ellie, #2 Hardin, Asia, #7 Hmura, Jane, #8 Cairns, Mie, #23 Holdridge, Emily, #15 Eslinger, Avah, #10 Potter, Claire, #12 Rice, Emily, #21 Connell, Olivia, #22 Muscutt, Kascia, #18 Walker, Reese.           |
| 90:00  | WWU |                                                                                                                                                                                                                                       |
|        |     | WWU substitution: Eslinger, Avah for Holdridge, Audrey.                                                                                                                                                                               |
| 90:00  | WWU |                                                                                                                                                                                                                                       |
|        |     | WWU substitution: Walker, Reese for Mitchell, Triya.                                                                                                                                                                                  |
| 90:37  | SFU | Shot by SFU Sherwood, Kaiden.                                                                                                                                                                                                         |
| 90:44  | SFU | Shot by SFU Lafontaine, Eve.                                                                                                                                                                                                          |
| 94:18  | SFU | Shot by SFU Scott, Kiera.                                                                                                                                                                                                             |
| 95:37  | SFU | Foul on Clark, Alyssa.                                                                                                                                                                                                                |
| 96:08  | WWU | WWU substitution: Holdridge, Audrey for Holdridge, Emily.                                                                                                                                                                             |
| 97:59  | WWU | Corner kick [97:59].                                                                                                                                                                                                                  |
| 98:37  | WWU | Shot by WWU Cairns, Mie.                                                                                                                                                                                                              |
| 100:00 | 0   | End of period [100:00].                                                                                                                                                                                                               |
| 100:00 | WWU |                                                                                                                                                                                                                                       |
|        |     | WWU substitution: Mitchell, Triya for Eslinger, Avah.                                                                                                                                                                                 |
| 100:00 | 0   | Start of OT2 period [100:00].                                                                                                                                                                                                         |
|        |     | FOR SFU: , #24 Loewen, Sarah, #4 Beaudry, Elyse, #5 Smith, Kate, #6 Clark, Alyssa, #9 Scott, Kiera, #11 Simpson, Abbey, #12 Lafontaine, Eve, #17 Sherwood, Kaiden, #10 Napier-Ganley, Jensa, #19 Caravatta, Sarah, #23 Faremo, Sofia. |
| 100:00 | SFU |                                                                                                                                                                                                                                       |
|        |     | FOR WWU: , #27 McGowan, Ellie, #2 Hardin, Asia, #7 Hmura, Jane, #8 Cairns, Mie, #13 Holdridge, Audrey, #14 Mitchell, Triya, #10 Potter, Claire, #12 Rice, Emily, #21 Connell, Olivia, #22 Muscutt, Kascia, #18 Walker, Reese.         |
| 100:05 | WWU |                                                                                                                                                                                                                                       |
|        |     | Shot by WWU Walker, Reese, blocked.                                                                                                                                                                                                   |
| 101:31 | WWU |                                                                                                                                                                                                                                       |
|        |     | Foul on Connell, Olivia.                                                                                                                                                                                                              |
| 107:01 | SFU |                                                                                                                                                                                                                                       |
|        |     | Shot by SFU Scott, Kiera, top left, saved by McGowan, Ellie.                                                                                                                                                                          |
| 107:13 | SFU |                                                                                                                                                                                                                                       |
|        |     | Shot by SFU Sherwood, Kaiden, out left.                                                                                                                                                                                               |
| 108:04 | SFU |                                                                                                                                                                                                                                       |
|        |     | Shot by SFU Faremo, Sofia, top, saved by McGowan, Ellie.                                                                                                                                                                              |
| 109:30 | WWU |                                                                                                                                                                                                                                       |
|        |     | Foul on Mitchell, Triya.                                                                                                                                                                                                              |
| 109:29 | SFU |                                                                                                                                                                                                                                       |
|        |     | SFU substitution: MacAdam, Emi for Beaudry, Elyse.                                                                                                                                                                                    |
| 110:00 | 0   | End of period [110:00].                                                                                                                                                                                                               |
| --     | WWU | Shootout attempt by WWU Potter, Claire MISSED [Loewen, Sarah].                                                                                                                                                                        |
| --     | SFU | Shootout attempt by SFU Faremo, Sofia MADE [McGowan, Ellie].                                                                                                                                                                          |
| --     | WWU | Shootout attempt by WWU Cairns, Mie MADE [Loewen, Sarah].                                                                                                                                                                             |
| --     | SFU | Shootout attempt by SFU Caravatta, Sarah MADE [McGowan, Ellie].                                                                                                                                                                       |

|        |     |                                                                     |
|--------|-----|---------------------------------------------------------------------|
| --     | WWU | Shootout attempt by WWU Muscutt, Kascia MADE [Loewen, Sarah].       |
| --     | SFU | Shootout attempt by SFU Clark, Alyssa MADE [McGowan, Ellie].        |
| --     | WWU | Shootout attempt by WWU Connell, Olivia MADE [Loewen, Sarah].       |
| --     | SFU | Shootout attempt by SFU Napier-Ganley, Jensa MADE [McGowan, Ellie]. |
| --     | WWU | Shootout attempt by WWU Hardin, Asia MADE [Loewen, Sarah].          |
| --     | SFU | Shootout attempt by SFU Lafontaine, Eve MADE [McGowan, Ellie].      |
| 110:00 | 0   | End of period [110:00].                                             |