

Guelph () -vs- Waterloo ()
1/17/2026 at Waterloo

Date: 1/17/2026
Start: 4:02PM
Time: 1:55
Attendance: 0
Location: Waterloo

Goals By Period	1	2	3	Total
Guelph	0	1	0	1
Waterloo	0	1	3	4

GUE: Katherine Heard (1)
WAT: Keiara Raitt (2); Nikki McDonald (1); Tatum James (1)

Scoring Summary

Period	Time	Team	Scored By	Assisted By	Type	GUE	WAT
2nd	9:54	GUE	Katherine Heard	Reese Coffey,	PP	1	0
2nd	19:53	WAT	Tatum James	Nikki McDonald, Carly Orth	PP	1	1
3rd	11:23	WAT	Keiara Raitt	Carly Orth,	EV	1	2
3rd	16:43	WAT	Nikki McDonald	Gracey Smith,	EV	1	3
3rd	19:56	WAT	Keiara Raitt	Carly Orth, Erika Porter	EN	1	4

Guelph Power Plays

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
1st	14:54	15:28	00:34	0	0	--
2nd	07:43	09:54	02:11	1	0	PPG
2nd	08:58	15:14	26:16	0	2	--
			29:01	1	2	1/3

Waterloo Power Plays

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
1st	08:04	10:04	02:00	0	0	--
1st	16:54	17:28	00:34	0	0	--
2nd	10:06	12:06	02:00	0	0	--
2nd	12:38	14:38	02:00	0	0	--
2nd	16:14		03:46	1	0	PPG
			10:20	1	0	1/5

Penalty Summary

Period	Team	Player	MIN	Offense	Type	Time	PP
1st	GUE	Avery Robinson	02:00	TRIPPING	MINOR	8:04	PP
1st	GUE	Alexie Olivier	02:00	ROUGHING	MINOR	9:47	
1st	WAT	Carly Orth	02:00	INTERFERENCE	MINOR	9:47	
1st	WAT	Tia Lascelle	02:00	TRIPPING	MINOR	14:54	PP
1st	GUE	Maeve Sutherland-Case	02:00	CHARGING	MINOR	15:28	PP
2nd	WAT	Erika Porter	02:00	TRIPPING	MINOR	7:43	PP
2nd	WAT	Keiara Raitt	02:00	BOARDING	MINOR	8:58	PP
2nd	GUE	Deija Houston	02:00	HEAD CONTACT	MINOR	10:06	PP
2nd	GUE	Olivia Knuff	02:00	TRIPPING	MINOR	12:38	PP
2nd	GUE	Katie Dance	02:00	HEAD CONTACT	MINOR	16:14	PP
2nd	GUE	Katie Dance	02:00	HEAD CONTACT	MINOR	18:14	PP
3rd	WAT	Teagan Gray	02:00	HOOKING	MINOR	13:14	PP

Individual

Guelph 1

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
1	Sophie Helfenstein		0	0	0	0	0	0	0	-	-	0
3	Deija Houston		0	0	0	0	0	0	0	-	1-2	0
6	Maeve Sutherland-Case		0	0	0	0	0	0	0	-	1-2	0
8	Michelle Gao		0	0	0	0	0	0	0	-	-	0
9	Myriam Parnell		0	0	0	0	0	0	0	-	-	0
10	Avery Robinson		0	0	0	0	0	0	0	-	1-2	0
11	Brielle Caruso		0	0	0	0	0	0	0	-	-	0
12	Olivia Knuff		0	0	0	0	0	0	0	-	1-2	0
13	Reese Coffey		0	1	0	0	0	0	0	-	-	0
14	Arielle MacDonald		0	0	0	0	0	0	0	-	-	0
15	Maddie Min		0	0	0	0	0	0	0	-	-	0
16	Jayden Calder		0	0	0	0	0	0	0	-	-	0
19	Sarah Callaghan		0	0	0	0	0	0	0	-	-	0
20	Kaitlyn McKenna		0	0	0	0	0	0	0	-	-	0
22	Alexie Olivier		0	0	0	0	0	0	0	-	1-2	0
23	Katie Dance		0	0	0	0	0	0	0	-	2-4	0
25	Teghan MacRae		0	0	0	0	0	0	0	-	-	0
29	Katherine Heard		1	0	0	0	0	0	0	-	-	0
31	Alysse Wilkinson		0	0	0	0	0	0	0	-	-	0
92	Jessica Teskey		0	0	0	0	0	0	0	-	-	0
Totals			1	1	0	0	0	0	0	0-0	7-14	0

Waterloo 4

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
2	Brodi Levitt		0	0	0	0	0	0	0	-	-	0
3	Ashlyn Kroes		0	0	0	0	0	0	0	-	-	0
5	Sarah Hirst		0	0	0	0	0	0	0	-	-	0
6	Erika Porter		0	1	0	0	0	0	0	-	1-2	0
8	Emma Thornton		0	0	0	0	0	0	0	-	-	0
12	Andrea Murray		0	0	0	0	0	0	0	-	-	0
14	Teagan Gray		0	0	0	0	0	0	0	-	1-2	0
16	Carly Orth		0	3	0	0	0	0	0	-	1-2	0
19	Katina Duscio		0	0	0	0	0	0	0	-	-	0
22	Sarah Bestic		0	0	0	0	0	0	0	-	-	0
23	Keiara Raitt		2	0	0	0	0	0	0	-	1-2	0
25	Faith Mitchell		0	0	0	0	0	0	0	-	-	0
27	Nikki McDonald		1	1	0	0	0	0	0	-	-	0
28	Tia Lascelle		0	0	0	0	0	0	0	-	1-2	0
29	Lauryn Busseri		0	0	0	0	0	0	0	-	-	0
33	Kara Mark		0	0	0	0	0	0	0	-	-	0
42	Lyndsy Acheson		0	0	0	0	0	0	0	-	-	0
56	Brooke Williams		0	0	0	0	0	0	0	-	-	0
77	Gracey Smith		0	1	0	0	0	0	0	-	-	0
88	Tatum James		1	0	0	0	0	0	0	-	-	0
Totals			4	6	0	0	0	0	0	0-0	5-10	0

Guelph Goalkeeping

Guelph Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total		
1	Sophie Helfenstein	L	58:21	3	0	6	10	14	30		
31	Alysse Wilkinson		0:00	0	0	0	0	0	0		
Totals						3	0	6	10	14	30

Waterloo Goalkeeping

Waterloo Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total		
29	Lauryn Busseri	W	20:00	0	0	6	0	0	6		
33	Kara Mark		40:00	1	0	10	12	0	22		
Totals						1	0	16	12	0	28

Guelph Faceoffs

Waterloo Faceoffs

No data to report.

No data to report.

Play By Play

Score PP Play

Period #1 Plays

0-0 [08:04] Penalty on Avery Robinson GUE 2 minutes for TRIPPING, (power play opp).
0-0 PP WAT [08:04] Start power play for WAT.
0-0 [09:47] Penalty on Alexie Olivier GUE 2 minutes for ROUGHING.
0-0 [09:47] Penalty on Carly Orth WAT 2 minutes for INTERFERENCE.
0-0 PP GUE [10:04] Avery Robinson (GUE) penalty complete.
0-0 PP GUE [10:04] End power play for WAT.
0-0 [13:17] Alexie Olivier (GUE) penalty complete.
0-0 [13:17] Carly Orth (WAT) penalty complete.
0-0 [14:54] Penalty on Tia Lascelle WAT 2 minutes for TRIPPING, (power play opp).
0-0 PP GUE [14:54] Start power play for GUE.
0-0 [15:28] Penalty on Maeve Sutherland-Case GUE 2 minutes for CHARGING, (power play opp).
0-0 PP GUE [15:28] End power play for GUE.
0-0 PP GUE [16:54] Tia Lascelle (WAT) penalty complete.
0-0 PP GUE [16:54] Start power play for WAT.
0-0 PP GUE [17:28] Maeve Sutherland-Case (GUE) penalty complete.
0-0 PP GUE [17:28] End power play for WAT.

Period #2 Plays

0-0 [07:43] Penalty on Erika Porter WAT 2 minutes for TRIPPING, (power play opp).
0-0 PP GUE [07:43] Start power play for GUE.
0-0 [08:58] Penalty on Keiara Raitt WAT 2 minutes for BOARDING, (power play opp).
0-0 PP GUE [08:58] Start power play for GUE.
0-0 PP GUE [09:43] Erika Porter (WAT) penalty complete.
0-0 [09:54] GOAL by GUE Katherine Heard (POWER PLAY) (FIRST GOAL), Assist by Reese Coffey, On ice for GUE: , On ice for WAT: , goal number 3 for season.

Guelph 1, Waterloo 0

PP
1-0 WAT [09:54] Keiara Raitt (WAT) penalty complete.
PP
1-0 WAT [09:54] End power play for GUE.
1-0 [10:06] Penalty on Deija Houston GUE 2 minutes for HEAD CONTACT, (power play opp).
PP
1-0 WAT [10:06] Start power play for WAT.
PP
1-0 WAT [12:06] Deija Houston (GUE) penalty complete.
PP
1-0 WAT [12:06] End power play for WAT.
1-0 [12:38] Penalty on Olivia Knuff GUE 2 minutes for TRIPPING, (power play opp).
PP
1-0 WAT [12:38] Start power play for WAT.
PP
1-0 WAT [14:38] Olivia Knuff (GUE) penalty complete.
PP
1-0 WAT [14:38] End power play for WAT.
1-0 [16:14] Penalty on Katie Dance GUE 2 minutes for HEAD CONTACT, (power play opp).
PP
1-0 WAT [16:14] Start power play for WAT.
1-0 [18:14] Penalty on Katie Dance GUE 2 minutes for HEAD CONTACT, (power play opp).
PP
1-0 WAT [18:14] Start power play for WAT.
1-0 [19:53] GOAL by WAT Tatum James (POWER PLAY), Assist by Nikki McDonald and Carly Orth, On ice for WAT: , On ice for GUE: , goal number 5 for season.

Guelph 1, Waterloo 1

1-1 PP GUE [19:53] Katie Dance (GUE) penalty complete.

Period #3 Plays

1-1 PP GUE [] Katie Dance (GUE) penalty complete.
1-1 PP GUE [] End power play for WAT.
1-1 [11:23] GOAL by WAT Keiara Raitt, Assist by Carly Orth, On ice for WAT: , On ice for GUE: , goal number 8 for season.

Guelph 1, Waterloo 2

1-2 [13:14] Penalty on Teagan Gray WAT 2 minutes for HOOKING, (power play opp).

1-2 PP GUE [13:14] Start power play for GUE.
1-2 PP GUE [15:14] Teagan Gray (WAT) penalty complete.
1-2 PP GUE [15:14] End power play for GUE.
1-2 [16:43] GOAL by WAT Nikki McDonald, Assist by Gracey Smith, On ice for WAT: , On ice for GUE: , goal number 4 for season.
Guelph 1, Waterloo 3
1-3 [19:56] GOAL by WAT Keiara Raith EMPTY NET GOAL, Assist by Carly Orth and Erika Porter, On ice for WAT: , On ice for GUE: , goal number 9 for season.
Guelph 1, Waterloo 4