

Guelph () -vs- Waterloo ()  
1/17/2026 at Waterloo

Date: 1/17/2026  
Start: 4:02PM  
Time: 1:55  
Attendance: 0  
Location: Waterloo

Goals By Period	1	2	3	Total
Guelph	0	1	0	1
Waterloo	0	1	3	4

GUE: Katherine Heard (1)  
WAT: Keiara Raitt (2); Nikki McDonald (1); Tatum James (1)

Scoring Summary

Period	Time	Team	Scored By	Assisted By	Type	GUE	WAT
2nd	9:54	GUE	Katherine Heard	Maeve Sutherland-Case, Arielle MacDonald	PP	1	0
2nd	19:53	WAT	Tatum James	Nikki McDonald, Carly Orth	PP	1	1
3rd	11:23	WAT	Keiara Raitt	Carly Orth, Erika Porter	EV	1	2
3rd	16:43	WAT	Nikki McDonald	Gracey Smith, Katina Duscio	EV	1	3
3rd	19:56	WAT	Keiara Raitt	Carly Orth, Erika Porter	EN	1	4

Guelph Power Plays

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
1st	14:54	15:28	00:34	0	0	--
2nd	07:43	09:54	02:11	1	0	PPG
2nd	08:58	15:14	26:16	0	2	--
			29:01	1	2	1/3

Waterloo Power Plays

Prd	Start	End	Elapsed	Shots	Opp-Shots	PPG
1st	08:04	10:04	02:00	0	0	--
1st	16:54	17:28	00:34	0	0	--
2nd	10:06	12:06	02:00	0	0	--
2nd	12:38	14:38	02:00	0	0	--
2nd	16:14		03:46	1	0	PPG
			10:20	1	0	1/5

Penalty Summary

Period	Team	Player	MIN	Offense	Type	Time	PP
1st	GUE	Avery Robinson	02:00	TRIPPING	MINOR	8:04	PP
1st	GUE	Alexie Olivier	02:00	ROUGHING	MINOR	9:47	
1st	WAT	Carly Orth	02:00	INTERFERENCE	MINOR	9:47	
1st	WAT	Tia Lascelle	02:00	TRIPPING	MINOR	14:54	PP
1st	GUE	Maeve Sutherland-Case	02:00	CHARGING	MINOR	15:28	PP
2nd	WAT	Erika Porter	02:00	TRIPPING	MINOR	7:43	PP
2nd	WAT	Keiara Raitt	02:00	BOARDING	MINOR	8:58	PP
2nd	GUE	Deija Houston	02:00	HEAD CONTACT	MINOR	10:06	PP
2nd	GUE	Olivia Knuff	02:00	TRIPPING	MINOR	12:38	PP
2nd	GUE	Katie Dance	02:00	HEAD CONTACT	MINOR	16:14	PP
2nd	GUE	Katie Dance	02:00	HEAD CONTACT	MINOR	18:14	PP
3rd	WAT	Teagan Gray	02:00	HOOKING	MINOR	13:14	PP

## Individual

### Guelph 1

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
	1	Sophie Helfenstein	0	0	0	0	0	0	0	-	-	0
	3	Deija Houston	0	0	0	0	0	0	0	-	1-2	0
	6	Maeve Sutherland-Case	0	1	0	0	0	0	0	-	1-2	0
	8	Michelle Gao	0	0	0	0	0	0	0	-	-	0
	9	Myriam Parnell	0	0	0	0	0	0	0	-	-	0
	10	Avery Robinson	0	0	0	0	0	0	0	-	1-2	0
	11	Brielle Caruso	0	0	0	0	0	0	0	-	-	0
	12	Olivia Knuff	0	0	0	0	0	0	0	-	1-2	0
	13	Reese Coffey	0	0	0	0	0	0	0	-	-	0
	14	Arielle MacDonald	0	1	0	0	0	0	0	-	-	0
	15	Maddie Min	0	0	0	0	0	0	0	-	-	0
	16	Jayden Calder	0	0	0	0	0	0	0	-	-	0
	19	Sarah Callaghan	0	0	0	0	0	0	0	-	-	0
	20	Kaitlyn McKenna	0	0	0	0	0	0	0	-	-	0
	22	Alexie Olivier	0	0	0	0	0	0	0	-	1-2	0
	23	Katie Dance	0	0	0	0	0	0	0	-	2-4	0
	25	Teghan MacRae	0	0	0	0	0	0	0	-	-	0
	29	Katherine Heard	1	0	0	0	0	0	0	-	-	0
	31	Alysse Wilkinson	0	0	0	0	0	0	0	-	-	0
	92	Jessica Teskey	0	0	0	0	0	0	0	-	-	0
<b>Totals</b>			<b>1</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0-0</b>	<b>7-14</b>	<b>0</b>

### Waterloo 4

Pos	#	Player	G	A	1	2	3	Total	+/-	FO	Pen	BLK
	2	Brodi Levitt	0	0	0	0	0	0	0	-	-	0
	3	Ashlyn Kroes	0	0	0	0	0	0	0	-	-	0
	5	Sarah Hirst	0	0	0	0	0	0	0	-	-	0
	6	Erika Porter	0	2	0	0	0	0	0	-	1-2	0
	8	Emma Thornton	0	0	0	0	0	0	0	-	-	0
	12	Andrea Murray	0	0	0	0	0	0	0	-	-	0
	14	Teagan Gray	0	0	0	0	0	0	0	-	1-2	0
	16	Carly Orth	0	3	0	0	0	0	0	-	1-2	0
	19	Katina Duscio	0	1	0	0	0	0	0	-	-	0
	22	Sarah Bestic	0	0	0	0	0	0	0	-	-	0
	23	Keiara Raitt	2	0	0	0	0	0	0	-	1-2	0
	25	Faith Mitchell	0	0	0	0	0	0	0	-	-	0
	27	Nikki McDonald	1	1	0	0	0	0	0	-	-	0
	28	Tia Lascelle	0	0	0	0	0	0	0	-	1-2	0
	29	Lauryn Busseri	0	0	0	0	0	0	0	-	-	0
	33	Kara Mark	0	0	0	0	0	0	0	-	-	0
	42	Lyndsy Acheson	0	0	0	0	0	0	0	-	-	0
	56	Brooke Williams	0	0	0	0	0	0	0	-	-	0
	77	Gracey Smith	0	1	0	0	0	0	0	-	-	0
	88	Tatum James	1	0	0	0	0	0	0	-	-	0
<b>Totals</b>			<b>4</b>	<b>8</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0-0</b>	<b>5-10</b>	<b>0</b>

### Guelph Goalkeeping

#### Guelph Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
1	Sophie Helfenstein	L	58:21	3	0	6	10	14	30
31	Alysse Wilkinson		0:00	0	0	0	0	0	0
<b>Totals</b>				<b>3</b>	<b>0</b>	<b>6</b>	<b>10</b>	<b>14</b>	<b>30</b>

### Guelph Faceoffs

### Waterloo Goalkeeping

#### Waterloo Goalkeeping

#	Player	De c	Mins	GA	EN	1	2	3	Total
29	Lauryn Busseri	W	20:00	0	0	6	0	0	6
33	Kara Mark		40:00	1	0	10	12	0	22
<b>Totals</b>				<b>1</b>	<b>0</b>	<b>16</b>	<b>12</b>	<b>0</b>	<b>28</b>

### Waterloo Faceoffs

No data to report.

No data to report.

## Play By Play

Score	PP	Play
Period #1 Plays		
0-0		[08:04] Penalty on Avery Robinson GUE 2 minutes for TRIPPING, (power play opp).
0-0	PP	
0-0	WAT	[08:04] Start power play for WAT.
0-0		[09:47] Penalty on Alexie Olivier GUE 2 minutes for ROUGHING.
0-0		[09:47] Penalty on Carly Orth WAT 2 minutes for INTERFERENCE.
0-0	PP GUE	[10:04] Avery Robinson (GUE) penalty complete.
0-0	PP GUE	[10:04] End power play for WAT.
0-0		[13:17] Alexie Olivier (GUE) penalty complete.
0-0		[13:17] Carly Orth (WAT) penalty complete.
0-0		[14:54] Penalty on Tia Lascelle WAT 2 minutes for TRIPPING, (power play opp).
0-0	PP GUE	[14:54] Start power play for GUE.
0-0		[15:28] Penalty on Maeve Sutherland-Case GUE 2 minutes for CHARGING, (power play opp).
0-0	PP GUE	[15:28] End power play for GUE.
0-0	PP GUE	[16:54] Tia Lascelle (WAT) penalty complete.
0-0	PP GUE	[16:54] Start power play for WAT.
0-0	PP GUE	[17:28] Maeve Sutherland-Case (GUE) penalty complete.
0-0	PP GUE	[17:28] End power play for WAT.
Period #2 Plays		
0-0		[07:43] Penalty on Erika Porter WAT 2 minutes for TRIPPING, (power play opp).
0-0	PP GUE	[07:43] Start power play for GUE.
0-0		[08:58] Penalty on Keiara Raitt WAT 2 minutes for BOARDING, (power play opp).
0-0	PP GUE	[08:58] Start power play for GUE.
0-0	PP GUE	[09:43] Erika Porter (WAT) penalty complete.
0-0		[09:54] GOAL by GUE Katherine Heard (POWER PLAY) (FIRST GOAL), Assist by Maeve Sutherland-Case and Arielle MacDonald, On ice for GUE: , On ice for WAT: , goal number 4 for season.
Guelph 1, Waterloo 0		
1-0	PP	
1-0	WAT	[09:54] Keiara Raitt (WAT) penalty complete.
1-0	PP	
1-0	WAT	[09:54] End power play for GUE.
1-0		[10:06] Penalty on Deija Houston GUE 2 minutes for HEAD CONTACT, (power play opp).
1-0	PP	
1-0	WAT	[10:06] Start power play for WAT.
1-0	PP	
1-0	WAT	[12:06] Deija Houston (GUE) penalty complete.
1-0	PP	
1-0	WAT	[12:06] End power play for WAT.
1-0		[12:38] Penalty on Olivia Knuff GUE 2 minutes for TRIPPING, (power play opp).
1-0	PP	
1-0	WAT	[12:38] Start power play for WAT.
1-0	PP	
1-0	WAT	[14:38] Olivia Knuff (GUE) penalty complete.
1-0	PP	
1-0	WAT	[14:38] End power play for WAT.
1-0		[16:14] Penalty on Katie Dance GUE 2 minutes for HEAD CONTACT, (power play opp).
1-0	PP	
1-0	WAT	[16:14] Start power play for WAT.
1-0		[18:14] Penalty on Katie Dance GUE 2 minutes for HEAD CONTACT, (power play opp).
1-0	PP	
1-0	WAT	[18:14] Start power play for WAT.
1-0		[19:53] GOAL by WAT Tatum James (POWER PLAY), Assist by Nikki McDonald and Carly Orth, On ice for WAT: , On ice for GUE: , goal number 5 for season.
Guelph 1, Waterloo 1		
1-1	PP GUE	[19:53] Katie Dance (GUE) penalty complete.
Period #3 Plays		
1-1	PP GUE	[ ] Katie Dance (GUE) penalty complete.
1-1	PP GUE	[ ] End power play for WAT.
1-1		[11:23] GOAL by WAT Keiara Raitt, Assist by Carly Orth and Erika Porter, On ice for WAT: , On ice for GUE: , goal number 8 for season.
Guelph 1, Waterloo 2		

1-2		[13:14] Penalty on Teagan Gray WAT 2 minutes for HOOKING, (power play opp).
1-2	PP GUE	[13:14] Start power play for GUE.
1-2	PP GUE	[15:14] Teagan Gray (WAT) penalty complete.
1-2	PP GUE	[15:14] End power play for GUE.
1-2		[16:43] GOAL by WAT Nikki McDonald, Assist by Gracey Smith and Katina Duscio, On ice for WAT: , On ice for GUE: , goal number 4 for season.
<b>Guelph 1, Waterloo 3</b>		
1-3		[19:56] GOAL by WAT Keiara Raitt EMPTY NET GOAL, Assist by Carly Orth and Erika Porter, On ice for WAT: , On ice for GUE: , goal number 9 for season.
<b>Guelph 1, Waterloo 4</b>		