

Lake Forest (6-9) -vs- UW-River Falls (10-5)
4/23/2023 at River Falls, Wis. (Ramer Field)

Date: 4/23/2023
Attendance: 250

Score	1	2	3	4	Total
Lake Forest	1	2	0	3	6
UW-River Falls	7	5	3	1	16

Lake Forest Goals: Ryleigh Nelson (2); Ali Graham (1); Emma Sharp (1); Jenna Doctor (1); Abby Meyer (1)
Assists: Krissy Kuwahara (1); Ryleigh Nelson (1); Savannah Frauhiger (1)

UW-River Falls Goals: Grace Hannula (6); Holly Eckers (4); Bailey O'Donovan (3); Kyla Palo (2); Emily Herdine (1)
Assists: Emily Herdine (3); Holly Eckers (1); Grace Hannula (1); Kyla Palo (1); Bailey O'Donovan (1)

Shots	1	2	3	4	Total
Lake Forest	3	2	5	3	13
UW-River Falls	13	9	7	4	33

Shots On Goal

Lake Forest	2	2	4	3	11
UW-River Falls	11	9	6	1	27

Saves

Lake Forest	4	4	3	0	11
UW-River Falls	1	0	4	0	5

Turnovers

Lake Forest	9	6	6	3	24
UW-River Falls	3	4	3	4	14

Clears	1	2	3	4	Total
Lake Forest	2-4	0-4	4-8	4-6	10-22
UW-River Falls	6-6	0-1	5-6	1-1	12-14

Ground Balls

Lake Forest	3	3	3	4	13
UW-River Falls	8	6	8	3	25

Draw Controls

Lake Forest	6	2	4	1	13
UW-River Falls	3	6	0	4	13

Free-Position Shots

Lake Forest	1	0	1	0	2
UW-River Falls	1	2	0	2	5

Fouls

Lake Forest	7	2	1	7	17
UW-River Falls	4	3	4	3	14

Stadium: Ramer Field
Penalties: Abby Meyer 2nd/10:54
Officials: Holly Souza; Jim MacGillis; Chuck Thayer

Lake Forest 6

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
M	2	Ali Graham	1	0	1	2	3	3	4	5		0
M	7	Cass Barbera	0	0	0	0	1	4	0	0		0
A	9	Emma Tryder	0	0	0	0	0	0	0	0		0
G	10	Cecilia Adams	0	0	0	0	0	1	0	0		0
A	12	Bliss Pekkala	0	0	0	0	0	0	0	0		0
D	14	Alex Cook	0	0	0	0	0	0	0	0		0
M	15	Krissy Kuwahara	0	1	1	0	0	1	0	0		0
D	16	Caitlyn Dahut	0	0	0	0	1	1	0	0		0
M	17	Ryleigh Nelson	2	1	3	5	2	3	2	3	1-2	0
M	18	Savannah Frauhiger	0	1	1	1	1	2	0	1		0
M	19	Jenna Doctor	1	0	1	2	0	1	0	0		0
M	20	Abby Meyer	1	0	1	1	3	2	1	2		0
	0	Addison Kennally	0	0	0	0	1	0	0	0		0
	1	Claire Aimone	0	0	0	0	0	0	0	0		0
	3	Isabel Bersie	0	0	0	0	0	0	0	0		0
	5	Daulath Khan	0	0	0	1	0	0	1	0		0
	8	Ashley Carr	0	0	0	0	0	0	0	0		0
	11	Shannon Gibbons	0	0	0	0	0	1	0	1		0
	13	Emma Sharp	1	0	1	1	0	0	0	0		0
	29	Lila Beckwith	0	0	0	0	0	0	0	0		0
Totals			6	3	9	13	13	24	8	13	1-2	17

#	Goalkeepers	Minutes	GA	Saves	Dec
10	Cecilia Adams	60:00	16	11	L

UW-River Falls 16

Pos	#	Player	G	A	P	SH	GB	TO	CT	DC	FPS	Fouls
D	4	Aliviah McClinton	0	0	0	1	6	2	0	0		0
M	5	Josie Johnson	0	0	0	3	2	0	0	4	0-1	0
D	10	Cassie Johnson	0	0	0	0	1	1	1	0		0
D	11	Olivia Miller	0	0	0	0	0	0	0	1		0
M	14	Emma Heerey	0	0	0	5	2	0	1	1	0-2	0
G	15	Kayden Hersback	0	0	0	0	1	0	0	0		0
A	18	Holly Eckers	4	1	5	5	1	1	0	1	0-1	0
A	19	Grace Hannula	6	1	7	7	0	2	0	1		0
D	24	Lilah Gilyard	0	0	0	0	5	1	0	0		0
A	29	Kyla Palo	2	1	3	2	2	3	0	0		0
A	30	Emily Herdine	1	3	4	4	2	2	1	0	0-1	0
M	32	Bailey O'Donovan	3	1	4	4	2	0	1	4		0
	2	Kinlee Knutson	0	0	0	2	1	1	0	0		0
	6	Ella Davis	0	0	0	0	0	0	0	0		0
	7	Missa Lunzer	0	0	0	0	0	0	0	0		0
	22	E. Thompson-Witt	0	0	0	0	0	0	0	0		0
Totals			16	7	23	33	25	14	4	13	0-5	14

#	Goalkeepers	Minutes	GA	Saves	Dec
15	Kayden Hersback	60:00	6	5	W

Scoring Summary

Period	Time	Scored By	Assisted By	LFC	UWRF
1st	12:50	Kyla Palo	Unassisted	0	1
1st	11:10	Bailey O'Donovan	Unassisted	0	2
1st	09:58	Holly Eckers	Unassisted	0	3
1st	08:33	Grace Hannula	Bailey O'Donovan	0	4
1st	07:13	Emily Herdine	Unassisted	0	5
1st	04:18	Ryleigh Nelson	Unassisted	1	5
1st	02:50	Grace Hannula	Unassisted	1	6
1st	01:46	Holly Eckers	Unassisted	1	7
2nd	13:57	Emma Sharp	Savannah Frauhiger	2	7
2nd	12:12	Ali Graham	Unassisted	3	7
2nd	11:17	Grace Hannula	Emily Herdine	3	8
2nd	11:05	Bailey O'Donovan	Grace Hannula	3	9
2nd	10:01	Grace Hannula (UP)	Emily Herdine	3	10
2nd	04:34	Holly Eckers	Kyla Palo	3	11
2nd	03:08	Grace Hannula	Unassisted	3	12
3rd	13:43	Grace Hannula	Unassisted	3	13
3rd	11:47	Bailey O'Donovan	Emily Herdine	3	14
3rd	07:42	Kyla Palo	Holly Eckers	3	15
4th	13:33	Abby Meyer	Ryleigh Nelson	4	15
4th	11:35	Holly Eckers	Unassisted	4	16
4th	03:50	Jenna Doctor	Krissy Kuwahara	5	16
4th	02:17	Ryleigh Nelson	Unassisted	6	16

Penalty Summary

Period	Time	Team	Player	Type
2nd	10:54	LFC	Abby Meyer	YELLOW CARD

Play By Play

Time	Team	Play
15:00	LFC	Cecilia Adams at goalie for LFC.
15:00	UWRF	Kayden Hersback at goalie for UWRF.
--	LFC	Draw control by LFC Ali Graham.
14:40	LFC	Turnover by LFC Ali Graham.
14:26	UWRF	Ground ball pickup by UWRF Bailey O'Donovan.
13:59	UWRF	Shot by UWRF Josie Johnson, SAVE Cecilia Adams.
13:39	LFC	Clear attempt by LFC failed.
13:37	LFC	Turnover by LFC Savannah Frauhiger.
13:29	UWRF	Ground ball pickup by UWRF Lilah Gilyard.
12:50	UWRF	GOAL by UWRF Kyla Palo (FIRST GOAL).
Lake Forest 0, UW-River Falls 1		
--	LFC	Draw control by LFC Ali Graham.
12:32	LFC	Turnover by LFC.
--	LFC	Foul on LFC.
12:06	UWRF	Clear attempt by UWRF good.
11:59	LFC	Ground ball pickup by LFC Cass Barbera.
11:53	LFC	Turnover by LFC Cass Barbera.
11:10	UWRF	GOAL by UWRF Bailey O'Donovan.
Lake Forest 0, UW-River Falls 2		
--	UWRF	Draw control by UWRF Josie Johnson.
10:20	UWRF	Shot by UWRF Bailey O'Donovan WIDE.
09:58	UWRF	GOAL by UWRF Holly Eckers.
Lake Forest 0, UW-River Falls 3		
--	LFC	Draw control by LFC Ali Graham.
--	UWRF	Foul on UWRF.
--	LFC	Foul on LFC.
09:01	LFC	Turnover by LFC.
--	LFC	Foul on LFC.
08:42	UWRF	Clear attempt by UWRF good.
08:33	UWRF	GOAL by UWRF Grace Hannula, Assist by Bailey O'Donovan.
Lake Forest 0, UW-River Falls 4		
08:33	LFC	Timeout by LFC.
--	LFC	Draw control by LFC Shannon Gibbons.
08:00	LFC	Turnover by LFC Ryleigh Nelson.
07:56	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
07:47	UWRF	Clear attempt by UWRF good.
07:13	UWRF	GOAL by UWRF Emily Herdine.
Lake Forest 0, UW-River Falls 5		
--	UWRF	Draw control by UWRF Grace Hannula.
07:02	UWRF	Turnover by UWRF Grace Hannula.
06:56	LFC	Ground ball pickup by LFC.
06:45	UWRF	Turnover by UWRF.
06:38	UWRF	Ground ball pickup by UWRF Kyla Palo.
06:36	UWRF	Shot by UWRF Emily Herdine, SAVE Cecilia Adams.
06:25	LFC	Clear attempt by LFC good.
05:52	LFC	Shot by LFC Ali Graham, SAVE Kayden Hersback.
05:47	UWRF	Ground ball pickup by UWRF Lilah Gilyard.
05:39	UWRF	Clear attempt by UWRF good.
--	LFC	Foul on LFC.
05:33	UWRF	Free position attempt for UWRF.
05:33	UWRF	Shot by UWRF Emily Herdine WIDE {free position shot}.
05:33	UWRF	Shot by UWRF Emily Herdine, SAVE Cecilia Adams.
05:33	LFC	Clear attempt by LFC good.
--	UWRF	Foul on UWRF.
05:29	LFC	Free position attempt for LFC.
04:18	LFC	GOAL by LFC Ryleigh Nelson (FPGOAL) {free position shot}.
Lake Forest 1, UW-River Falls 5		

--	LFC	Draw control by LFC Ali Graham.
--	UWRF	Foul on UWRF.
03:25	LFC	Turnover by LFC.
03:21	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
--	LFC	Foul on LFC.
--	LFC	Foul on LFC.
02:56	UWRF	Clear attempt by UWRF good.
02:50	UWRF	GOAL by UWRF Grace Hannula.

Lake Forest 1, UW-River Falls 6

--	UWRF	Draw control by UWRF Emma Heerey.
01:46	UWRF	GOAL by UWRF Holly Eckers.

Lake Forest 1, UW-River Falls 7

--	LFC	Draw control by LFC Ryleigh Nelson.
01:28	LFC	Shot by LFC Daulath Khan WIDE.
--	LFC	Foul on LFC.
00:57	UWRF	Turnover by UWRF Lilah Gilyard (caused by Ali Graham).
00:50	LFC	Ground ball pickup by LFC Ali Graham.
00:46	LFC	Turnover by LFC Ali Graham.
00:41	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
00:35	UWRF	Clear attempt by UWRF good.
00:30	UWRF	Shot by UWRF Aliviah McClinton, SAVE Cecilia Adams.
00:22	LFC	Clear attempt by LFC failed.
00:15	LFC	Turnover by LFC.
--	UWRF	Foul on UWRF.
00:00	UWRF	Ground ball pickup by UWRF Emma Heerey.
00:00	0	End-of-period.
15:00	0	
--	LFC	Draw control by LFC Abby Meyer.
--	UWRF	Foul on UWRF.
13:57	LFC	GOAL by LFC Emma Sharp, Assist by Savannah Frauhiger.

Lake Forest 2, UW-River Falls 7

--	LFC	Draw control by LFC Abby Meyer.
--	UWRF	Foul on UWRF.
13:00	LFC	Turnover by LFC Savannah Frauhiger (caused by Bailey O'Donovan).
12:52	UWRF	Ground ball pickup by UWRF Bailey O'Donovan.
12:45	UWRF	Clear attempt by UWRF failed.
12:41	UWRF	Turnover by UWRF Cassie Johnson (caused by Daulath Khan).
12:12	LFC	GOAL by LFC Ali Graham.

Lake Forest 3, UW-River Falls 7

--	UWRF	Draw control by UWRF.
11:17	UWRF	GOAL by UWRF Grace Hannula, Assist by Emily Herdine.

Lake Forest 3, UW-River Falls 8

--	UWRF	Draw control by UWRF Josie Johnson.
11:05	UWRF	GOAL by UWRF Bailey O'Donovan, Assist by Grace Hannula.

Lake Forest 3, UW-River Falls 9

--	UWRF	Draw control by UWRF Josie Johnson.
--	LFC	Yellow card on LFC Abby Meyer.
10:01	UWRF	GOAL by UWRF Grace Hannula (MAN-UP), Assist by Emily Herdine.

Lake Forest 3, UW-River Falls 10

--	UWRF	Draw control by UWRF Josie Johnson.
08:43	UWRF	Turnover by UWRF Holly Eckers (caused by Ryleigh Nelson).
08:38	LFC	Ground ball pickup by LFC Addison Kennally.
07:56	LFC	Turnover by LFC.
07:40	UWRF	Ground ball pickup by UWRF Emily Herdine.
07:26	UWRF	Turnover by UWRF Emily Herdine.
07:21	LFC	Ground ball pickup by LFC Abby Meyer.
--	UWRF	Foul on UWRF.
07:14	LFC	Clear attempt by LFC failed.
07:13	LFC	Turnover by LFC Caitlyn Dahut.
07:09	UWRF	Ground ball pickup by UWRF Kyla Palo.
06:04	UWRF	Shot by UWRF Kinlee Knutson, SAVE Cecilia Adams.

05:26 LFC Clear attempt by LFC failed.
 05:24 LFC Turnover by LFC Cass Barbera.
 05:18 UWRF Ground ball pickup by UWRF Lilah Gilyard.
 04:34 UWRF GOAL by UWRF Holly Eckers, Assist by Kyla Palo.

Lake Forest 3, UW-River Falls 11

-- UWRF Draw control by UWRF Olivia Miller.
 -- LFC Foul on LFC.
 03:40 UWRF Free position attempt for UWRF.
 03:40 UWRF Shot by UWRF Emma Heerey, SAVE Cecilia Adams {free position shot}.
 03:38 UWRF Ground ball pickup by UWRF Kinlee Knutson.
 03:08 UWRF GOAL by UWRF Grace Hannula.

Lake Forest 3, UW-River Falls 12

-- UWRF Draw control by UWRF Bailey O'Donovan.
 -- LFC Foul on LFC.
 01:53 UWRF Free position attempt for UWRF.
 01:53 UWRF Shot by UWRF Josie Johnson, SAVE Cecilia Adams {free position shot}.
 01:53 LFC Clear attempt by LFC failed.
 01:47 LFC Turnover by LFC Cass Barbera.
 01:18 UWRF Turnover by UWRF Kyla Palo (caused by Abby Meyer).
 01:13 LFC Ground ball pickup by LFC Abby Meyer.
 01:10 LFC Clear attempt by LFC failed.
 01:09 LFC Turnover by LFC Abby Meyer.
 01:05 UWRF Ground ball pickup by UWRF Lilah Gilyard.
 00:36 UWRF Shot by UWRF Grace Hannula, SAVE Cecilia Adams.
 00:00 0 End-of-period.
 15:00 0
 -- LFC Draw control by LFC Savannah Frauhiger.
 14:36 LFC Shot by LFC Jenna Doctor, SAVE Kayden Hersback.
 13:46 LFC Clear attempt by LFC good.
 13:43 UWRF GOAL by UWRF Grace Hannula.

Lake Forest 3, UW-River Falls 13

-- LFC Draw control by LFC Ryleigh Nelson.
 12:33 LFC Turnover by LFC Ryleigh Nelson.
 12:28 UWRF Ground ball pickup by UWRF Lilah Gilyard.
 12:22 UWRF Clear attempt by UWRF good.
 11:47 UWRF GOAL by UWRF Bailey O'Donovan, Assist by Emily Herdine.

Lake Forest 3, UW-River Falls 14

-- LFC Draw control by LFC Ryleigh Nelson.
 10:10 LFC Turnover by LFC Ryleigh Nelson (caused by Cassie Johnson).
 10:03 UWRF Ground ball pickup by UWRF Cassie Johnson.
 09:58 UWRF Clear attempt by UWRF good.
 09:51 UWRF Shot by UWRF Emma Heerey, SAVE Cecilia Adams.
 09:37 LFC Clear attempt by LFC good.
 08:51 LFC Turnover by LFC Krissy Kuwahara.
 -- LFC Foul on LFC.
 08:28 UWRF Clear attempt by UWRF good.
 08:12 UWRF Shot by UWRF Emma Heerey, SAVE Cecilia Adams.
 08:00 LFC Clear attempt by LFC failed.
 07:56 LFC Turnover by LFC Cecilia Adams.
 07:46 UWRF Ground ball pickup by UWRF Holly Eckers.
 07:42 UWRF GOAL by UWRF Kyla Palo, Assist by Holly Eckers.

Lake Forest 3, UW-River Falls 15

-- LFC Draw control by LFC.
 05:50 LFC Shot by LFC Savannah Frauhiger BLOCKED.
 05:44 UWRF Ground ball pickup by UWRF Kayden Hersback.
 05:39 UWRF Clear attempt by UWRF good.
 05:34 UWRF Turnover by UWRF Emily Herdine.
 05:29 LFC Ground ball pickup by LFC Savannah Frauhiger.
 05:19 LFC Clear attempt by LFC failed.
 05:15 LFC Turnover by LFC Cass Barbera (caused by Emily Herdine).
 05:10 UWRF Ground ball pickup by UWRF Emily Herdine.

04:17	UWRF	Turnover by UWRF Grace Hannula (caused by Ali Graham).
04:10	LFC	Ground ball pickup by LFC Ali Graham.
04:00	LFC	Clear attempt by LFC failed.
03:57	LFC	Turnover by LFC Ali Graham (caused by Emma Heerey).
03:50	UWRF	Ground ball pickup by UWRF Emma Heerey.
03:43	LFC	Timeout by LFC.
03:20	UWRF	Shot by UWRF Emma Heerey WIDE.
02:52	LFC	Clear attempt by LFC failed.
02:38	LFC	Clear attempt by LFC good.
--	UWRF	Foul on UWRF.
02:20	LFC	Free position attempt for LFC.
02:02	LFC	Shot by LFC Ryleigh Nelson, SAVE Kayden Hersback.
01:50	UWRF	Ground ball pickup by UWRF Josie Johnson.
01:47	UWRF	Clear attempt by UWRF good.
01:45	UWRF	Shot by UWRF Kinlee Knutson, SAVE Cecilia Adams.
--	UWRF	Foul on UWRF.
01:32	LFC	Ground ball pickup by LFC Caitlyn Dahut.
01:20	LFC	Clear attempt by LFC good.
00:47	LFC	Shot by LFC Ryleigh Nelson, SAVE Kayden Hersback.
00:40	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
00:34	UWRF	Clear attempt by UWRF failed.
00:30	UWRF	Turnover by UWRF Aliviah McClinton.
--	UWRF	Foul on UWRF.
--	UWRF	Foul on UWRF.
00:09	LFC	Free position attempt for LFC.
00:07	LFC	Shot by LFC Ryleigh Nelson, SAVE Kayden Hersback {free position shot}.
00:00	0	End-of-period.
15:00	0	
--	UWRF	Draw control by UWRF Holly Eckers.
--	LFC	Foul on LFC.
14:32	UWRF	Free position attempt for UWRF.
14:30	UWRF	Shot by UWRF Emma Heerey WIDE {free position shot}.
13:40	LFC	Clear attempt by LFC good.
13:33	LFC	GOAL by LFC Abby Meyer, Assist by Ryleigh Nelson.

Lake Forest 4, UW-River Falls 15

--	UWRF	Draw control by UWRF Bailey O'Donovan.
11:35	UWRF	GOAL by UWRF Holly Eckers.

Lake Forest 4, UW-River Falls 16

--	UWRF	Draw control by UWRF Bailey O'Donovan.
--	LFC	Foul on LFC.
--	LFC	Foul on LFC.
09:02	UWRF	Free position attempt for UWRF.
08:58	UWRF	Shot by UWRF Holly Eckers WIDE {free position shot}.
--	UWRF	Foul on UWRF.
--	UWRF	Foul on UWRF.
08:12	LFC	Clear attempt by LFC failed.
08:07	LFC	Turnover by LFC Shannon Gibbons.
08:03	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
07:23	UWRF	Turnover by UWRF Kyla Palo (caused by Ali Graham).
07:13	LFC	Ground ball pickup by LFC Abby Meyer.
07:09	LFC	Clear attempt by LFC failed.
07:08	LFC	Turnover by LFC Abby Meyer.
07:02	UWRF	Ground ball pickup by UWRF Aliviah McClinton.
--	LFC	Foul on LFC.
06:56	UWRF	Free position attempt for UWRF.
--	LFC	Foul on LFC.
06:37	UWRF	Free position attempt for UWRF.
06:23	UWRF	Turnover by UWRF Aliviah McClinton (caused by Ali Graham).
06:18	LFC	Ground ball pickup by LFC Ali Graham.
06:09	LFC	Clear attempt by LFC good.
06:00	LFC	Turnover by LFC Jenna Doctor.
05:56	UWRF	Ground ball pickup by UWRF Josie Johnson.

05:52	UWRF	Clear attempt by UWRF good.
--	LFC	Foul on LFC.
04:23	UWRF	Shot by UWRF Josie Johnson WIDE.
04:10	UWRF	Turnover by UWRF Kyla Palo.
04:05	LFC	Ground ball pickup by LFC Ryleigh Nelson.
04:00	LFC	Clear attempt by LFC good.
03:50	LFC	GOAL by LFC Jenna Doctor, Assist by Krissy Kuwahara.
Lake Forest 5, UW-River Falls 16		
--	LFC	Draw control by LFC Ali Graham.
02:17	LFC	GOAL by LFC Ryleigh Nelson.
Lake Forest 6, UW-River Falls 16		
--	UWRF	Draw control by UWRF Bailey O'Donovan.
--	LFC	Foul on LFC.
00:41	UWRF	Turnover by UWRF Kinlee Knutson (caused by Ryleigh Nelson).
00:36	LFC	Ground ball pickup by LFC Ryleigh Nelson.
--	UWRF	Foul on UWRF.
00:26	LFC	Clear attempt by LFC good.
00:00	0	End-of-period.